



आराधना

Aradhana

A Publication of the Hindu Society of Greater Cincinnati
Devdham of North America™

Kartik/ Agrahan
Vikram Samvat 2075/ 2076
November 2019



Navgrah Puja Nov 2
Sai Bhajans Nov 5
Annakoot/ Govardhan Puja Nov 10



<http://www.cincinnati temple.com>
Email: hindutempleogc@gmail.com
Phone: (513) 528-3714

Hindu Temple of Greater Cincinnati

presents

Diwali

NOVEMBER 2, 2019

THE SENSATIONAL MUSICAL GROUP FROM MUMBAI



NEELAM KUMAR SINGER
YASH PANGE SINGER



SANJAY MORE
THE ENTERTAINER



AMAN SINGER
SHREYA MORE SINGER



SANJEEV UPPAL
OCTOPAD PLAYER



VEER GALA
DHOL & DHOLAK PLAYER



PRAVIN SALVI
KEYBOARDIST



CHETAN VAIDYA
DRUMMER

Venue: Princeton High School, 100 Viking Way, Cincinnati, OH 45246

Dinner: 5:30pm - 7:30pm | Seating: 7:00pm - 7:30pm | Concert: 7:30pm - 11:00pm

Donation Tickets (includes dinner): \$100 (Front Seats), \$50 (Middle Seats), \$40 (General Seats)

Event Tickets Contact

Raneshwar Gupta: 513-232-3331, Manish Srivastava: 513-607-7283, J.S. Karthikeyan: 513-382-2575,
Rani Dhamija: 513-324-0606, Jyoti & Bhal Desai: 513-885-1318, Asit B. Saha: 513-702-1050

EXECUTIVE COUNCIL 2019

President:	Raneshwar Gupta rgupta@tapohio.com	513-232-3331
Vice President:	Asit Saha absaha09@gmail.com	513-489-5720
Secretary:	Anand Konda anand.konda@gmail.com	732-423-1539
Treasurer:	Rajesh Padmanabhan rajeshpadmanabhan@gmail.com	513-226-4279

COMMITTEE CHAIRPERSONS

Puja Committee:	Madhu Sharma madhu2019sharma@gmail.com	513-807-5081
Communications:	Anand Narayana hsgc.communication@gmail.com	513-657-8799
Membership/ Fundraising:	Rani Dhamija shivrani07@gmail.com	513-324-0606
Prop. Management:	Pinakin Bhakta pinobhakta@gmail.com	513-509-9011
Cultural Activities:	Manish Srivastava msrivastavamd@gmail.com	513-607-7283
Religious Education & Youth activities:	Priya Dayal priya_atl@yahoo.com	513-508-8866
Long Range Planning:	Laxmi Srivastava laxmi_srivastava@yahoo.com	513-474-0144

PRIESTS

Chief	Acharya Kailash Sharma	513-652-5382
Priest:	acharyaksharma@yahoo.com	
Priest:	Acharya Chakreshwar Sharma acharyachakreshwar@yahoo.com	513-376-2982
Priest:	Pundit Srinath Bhattar bhattersrinath@yahoo.com	513-488-2986

RELIGIOUS COUNSELOR

Koti Sreekrishna	513-290-3064	tatachar@aol.com
<u>FAMILY SUPPORT COUNSELOR incl. LAST RITES</u>		
Khush Karamchandani	513-259-4016	karamch@aol.com

Co-Chairs of Committees

Long Range Cmte:	Indra Murthy	513-884-8756
Treasurer Cmte:	Amar Sharma	513-777-5771
Property/ Mgmt Cmte	Kamlesh Singh	513-206-5848

TEMPLE SCHEDULE**Monday-Friday:** 9 AM -12.45 PM and 5 PM -8 PM**Saturday :** 9 AM – 8 PM**Sunday:** 9 AM - 7 PM (Nov - Mar), 9 AM-8 PM (Apr-Oct)**Major Hindu Holidays** 9 AM – 8 PM
(Maha Shivratri, Krishna Janamashtmi, Ganesh Chaturthi, Deepawali and similar)**RELIGIOUS DISCOURSES**

Every Sunday:	12.15-12.45 PM
Fourth Sunday:	Upnishads
Second Sunday:	1008 Gayatri Jaap & Children Program
Third Sunday:	Sunder Kand Path
Fourth Sunday:	Shri Ganesh Atharvshirsha Path
Fifth Sunday:	Jagannath Puja

2019 Puja Committee & Religious Activities Members

Madhu Sharma(Chair)	513-807-5081
Kiran Dayal (In-charge: Temple Events)	513-474-4051
Meena Sondhi (In-charge: Scheduling Private Puja)	513-290-7541
Acharya Kailash Sharma	513-770-0705
Acharya Chakreshwar Sharma	513-376-2982
Pandit Srinath Bhattar	513-528-3714
Pandit Piyush Joshi	513-655-8360
Swarna Choudhury	513-232-2343
Raj Bodalia	513-504-6328
Jyoti Desai	513-885-1318
J.S. Karthikeyan	513-382-2575
Sangita Patel	513-791-0855
Mangala Namade	513-234-8373
Jaya Selvakumar	513-779-5298
Padmaja Patkar	513-847-1918
Vasundhara Dasari	513-777-3353
Suchitra Mishra	513-573-9775
Rajan Odavar	513-336-6843
Vilas Patel	513-226-2154
Purabi Dey	513-688-1721
Triveni Dave	859-371-9645
Latha M. Gowda	513-891-4184
Saravanan Sakthivel	513-376-3050

Temple Manager's Committees

Manager:	Laxmi Srivastava	513-474-0144
CFO:	Raj Bodalia	513-504-6328
Legal Advisor	Pavan Parikh	
Office Manager:	Mohan Chopra	
Swami Lectures:	Vinay Kumar, Meena Mehta, Koti Srikrishna, Ganesh Yadlapalli	
Adult Education:	Meena Mehta, Ganesh Yadlapalli, Koti Sreekrishna, Rama Rao Pappu	
Temple Database:	Nandkumar Khemchandani, Raj Badolia, Greg Smith	
Community- Relations:	Mina Karamchandani, Meena Mehta	
E-Mail Data:	Pradeep Goyal, Nandkumar Khemchandani	
Gift Shop:	Meena Sondhi, Vina Bajaj	
Security:	Greg Smith, Kailash Sharma	
(Dial One)	Khush Karamchandani	
Financial Data:	Nand Kumar Khemchandani, Raj Bodalia, Laxmi Srivastava	
Project Manager:	Vithal Nemade	
Temple Website:	Bharat Vala, Greg Smith, Murali Annamalai	
Temple:	Meena Mehta, Ashvin Mehta,	
Calendar:	Acharya Kailash Sharma	
Volunteer	Mohan Chopra, Rajan Odavar,	
Services:	Kedarnath Nambori Vijay Sharma, Khush Karamchandani	
Temple -	Greg Smith, Naba Mishra,	
Photographer:	V G Ramaswamy , Mardav Bakshi,	
Mela Committee:	Deepak Dixit, Raneshwar Gupta, Jyoti Desai	
Ramleela Cmte:	Kamlesh Singh	

SPECIAL PROGRAMS ON WEEKENDS

9.15 - 9.30 AM	Suprabhatam
9.30 - 11.00 AM	Daily Puja of Temple Dieties
11.00-11.30 AM	Sponsored Puja
11.30-12.15 PM	Bhajans
12.15-12.45 PM	Religious Discourse
12.45-1.00 PM	Birthdays, Anniversary Puja & Announcements
1.00 PM	Aarti & Prasad

PUJA INFORMATION

RATES FOR PUJA & PRIEST SERVICES

SERVICES	IN TEMPLE	OUTSIDE TEMPLE
Abhishekam (All Deities)	\$101.00	—
Aksharabhyas	\$101.00	\$151.00
Anna-Prashanam	\$101.00	\$151.00
Ashta Prakari Puja (Mahavir)	\$101.00	\$151.00
Ashtottharam (108) Archana	\$ 11.00	—
AyushyaHomam/B'day Celeb.	\$101.00	\$151.00
Ground Breaking Ceremony	—	\$151.00
Griha Pravesh (House Warming)	—	\$151.00
Griha Pravesh w/SatyaNarayan Puja	—	\$201.00
Kalayana Uthsava	\$151.00	\$201.00
Kesh Khandan/Mundan/Churakrn	\$101.00	\$151.00
Naam-Karan	\$101.00	\$151.00
Navagraha Puja	\$101.00	\$151.00
Nischitartham (Engagement)	\$151.00	\$251.00
Nitya (1 Day) Kaikaryam (Seva)	\$101.00	---
Poolangi Seva (With Flowers)		
(Only During Off Winter Season)	\$101.00	---
Sahasranama (1008) Archana	\$ 51.00	---
Sathyanarayana Puja	\$101.00	\$151.00
Sathyanarayan Puja w/Havan	\$131.00	\$201.00
Seemantham(Baby Shower)	\$151.00	\$201.00
Mata Ki Chauki**	\$251.00	\$301.00**
Akhand Ramayan Paath	\$251.00	\$501.00
Shashti Poorthi (60th B'day)	\$201.00	\$251.00
Anniversary celebration	\$151.00	\$201.00
Suprabhat Seva	\$ 21.00	---
Unjal (Swing) Seva	\$ 31.00	---
Upakarma (Thread changing)	\$ 51.00	---
Upanayam/Brahmopadesham/		
Thread Ceremony	\$151.00	\$251.00
Sunderkand Path	\$101.00	\$151.00
Vahan Puja	\$ 51.00	----
Yearly Shradham (Barkhi)	\$101.00	\$151.00
Wedding (\$ 251.00 Advance Deposit required)	\$301.00	\$501.00
Funeral (Last Rites)		\$ 201.00

Priest Dakshina

The rates for Puja and Priest services **DO NOT** include Priest Dakshina. Sponsors (devotees) are encouraged to provide Priest Dakshina of their own volition and satisfaction. The dakshina goes directly to the Priest. A reimbursement of travel expenses for the Priest during outside puja is required at 0.50 cents/mile.

** Rates of Mata Ki Chauki performed at another temple will be 50% of the money collected at the temple or a minimum of \$701.00.

Rates are subject to change without notice. Rates of Pujas not listed above and requiring less than four hours of priest's time will normally be \$ 101.00 (inside the temple) and \$ 151.00 (outside of temple). *Rates of Pujas/ wedding out of Greater Cincinnati area are as follows:*

- a) Up to 50 miles - \$151.00, b) 50 - 80 miles - \$251.00
c) 80 - 110 miles - \$351.00, d) More than 110 miles - \$501.00.
e) Wedding - \$1,001.00

TEMPLE RENTAL - LOWER FLOOR ONLY

	Full day	Half day
Monday -Thursday (except holidays)	\$ 401.00	\$ 225.00
Friday, Saturday & Holidays	\$601.00	\$401.00
<u>Sunday after 3PM only</u>	not rented	\$401.00
Use of Kitchen	\$ 201.00	\$101.00
Use of Kitchen w/paper products	\$251.00	\$ 151.00

Full Day: 8.00 am-11.00 pm

Half Day: 8.00 am-2.00 pm or 4.00 pm—11.00 pm

Note:

All Temple rentals require a \$ 200.00 security deposit. It will be forfeited if the basement hall, upstairs, bathrooms and the kitchen area are not cleaned by the party renting the space.

CONTACTS

To Schedule Puja or To rent Lower Level

Meena Sondhi 513-831-9788

meena.sondhi@gmail.com

PUJA COMMITTEE ANNOUNCEMENTS

[If you have any question or suggestion about temple activities contact **Madhu Sharma** 513-807-5081, or any **EC Member** or the **Temple** at 513-528-3714]

1. **Archana** performed during temple hours by sponsoship.
2. **No Archana** on Sundays between 11 a.m.-1 p.m.
3. **Outside Pujas** and other religious services will be conducted by appointment only.
4. To **schedule any Puja** please contact Meena Sondhi at least one week in advance.
5. **Food and Prasad** : To bring to the temple please contact Puja Committee chairperson .
6. **Pujas performed outside** the temple will be rated according to the number of Pujas performed
7. **Puja Samagri**- for convenience of devotees, the temple can provide Puja Samagri for a donation of \$ 21.00 for any Puja, and \$ 31.00 for any puja including Havan/Homam
8. **Cancellations of Puja should be done 3 days in advance**, otherwise full fee for the Puja will be charged.

OPERATING ACCOUNT FINANCIAL SUMMARY

1/1/2019 to 9/30/2019

Total Revenues:	\$ 335,942.79
Total Expenses:	\$ 350,507.04
Net Revenue:	(\$ 14,,564.25)

HSGC LOAN BALANCE:

As of 1/1/2019:	\$ 626,733.74
As of 9/30/2019:	\$ 547,038.81

MONTHLY LOAN PAYMENT (P&I): \$ 7,587.11
Add'l voluntary principal Payment: None

**HELP TEMPLE BECOME DEBT FREE
WITH A TAX FREE DONATION**

Regular Weekly & Monthly Events at the Temple

Monthly Navgrah Puja

Every first Saturday of the Month
Sponsors needed for Puja \$51.00
For Details call

Madhu Sharma 513-807-5081 ; Temple priests: 513-528-3714



Monthly Murugan Abhishekham / Puja

Normally on 2nd Saturday of the month
Refer to Page 5 for Abhishekam Schedule

Pandit Bhattar 513-488-2986,
Saravanan Sakthivel 513-376-3050
Jeya Selvakumar 513-795-9868
Madhu Sharma 513-807-5081
Temple Priests 513-529-3714

Monthly Satya Narayan Puja

On Every Purnima of the Month
6:30 pm

Sponsorship \$ 51.00

To sponsor Puja call

Madhu Sharma 513-807-5081
Temple priests: 513-528-3714

Shri Ganesh Puja & Shri Ganesh Atharvshirsha Path

Every 4th Sunday of the month 10:30AM

This Puja is dedicated to each month's

Sankashti Chaturthi to Lord Ganesh.

For more information & To Sponsor the Puja please call

Padmaja Patkar 513-847-7918, Madhu Sharma 513-807-5081

Temple Priests: 528-3714 504-6328

SAI BHAJAN

Every First Sat. of month 6pm to 7:30pm

For details pl. call Dr. Ganesh 857-719-1500 ,
Rajan 331-2058.



Weekly Hanuman Chalisa Path

Every Tuesday at 6:30 p m To sponsor call

Madhu Sharma 513-807-5081 or

Temple Priests 513-528-3714

Weekly Vishnu Sahasranaam Parayana

Vishnu Sahasranaama Parayana (chanting) will now take place
Every Thursday at 7:00 pm . Please join us for the chanting.
Please contact Ganesh Sundaresan 513-752-4025

Weekly Venkateswar Puja

Every Friday at 6:30pm

To sponsor Puja please call Madhu Sharma 513-807-5081 OR

Temple priests: 513-528-3714

PURUSHOTTAM NAAM STOTRA PARAYAN



Every 2nd Wed. of each month
6pm to 7:30pm

For details please call

Mina Mehta 513-574-6763

Monthly ABHISHEKAM/KALYANOTSAVAM FOR LORD SRI VENKATESWARA

4th Saturday of each month -10:30 AM-12:30PM.

To sponsor and details please call any of the following:

Anand Konda 732-423-1539; Vasundhara Dasari 513-827-5160/777-3353; Suseela Paturi: 513-867-8591; Sunitha Manukonda: 513-900-0605/770-0255; Pandit Sri Srinath Bhattar: 513-488-2986.

1008 Gayatri Jap

Second Saturday of each month at 9.30AM

For details please contact temple priest 528-3714 or
Madhu Sharma 513-807-5081



Weekly Shlv Mahlman Stotram

Every Monday at 6:30 pm



Sunder Kand Path

Every 3rd Sunday of the month 10:30AM - 1:00 PM

Contacts: Sangita Patel 513-791-0855

Pt. Kailash Sharma 513-652-5382



Shri Jagannath Puja

Every 5th Sunday of the month 11:00AM

Contacts: Suchitra Mishra 513-573-9775 or

Temple 513-528-3714

2019 EC MEMBERS



Appeal to the Community

For Generous
Donations Towards a
Loan Free Temple

EC Members (from Left to Right):

Raneshwar Gupta, Asit Saha, Anand Konda, Rajesh Padmanabha,
Madhu Sharma, Anand Narayana, Manish Srivastava, Priya Dayal,
Rani Dhamija, Pinakin Bhakta, Laxmi Srivastava

Temple Calendar of Events

November 2019

Nov	2nd	Sat.	HSGC Diwali Celebration details Inside
Nov	2nd	Sat.	Navgrah Puja 3pm Sponsorship \$51
Nov	2nd	Sat.	Sai Bhajans 6pm
Nov	2nd	Sat.	Murugan Thiru Kalyanam 4:30pm
Nov	3rd	Sun	Chitrugupt Puja 11am Sponsored by -Chitrugupt Parivar
Nov	4th	Mon	Karthik Somvaar Shivbhishekam 6:30pm
Nov	9th	Sat.	1008 Gayatri Japa 9:30am
Nov	10th	Sun	Annakoot Govardhan Puja/ Tulsi Vivah 10:30am Sponsored by -Srinathji Devotees
Nov	11th	Mon	Karthik Somvaar Sivabhishek 6:30pm Sponsorship \$101
Nov.	12th	Tues	Dev Divali . Purnima Satya Narayan Puja 6:30pm
Nov	16th	Sat.	Sankashti Chaturthi Puja 6pm
Nov	17th	Sun	Sunderkand Path 10:30am
Nov	23rd	Sat.	Venkateshwar Abhishekam 10am
Nov	23rd	Sat.	Mata Ki Chouki 4pm Sponsored by Shiv Parivaar
Nov	24th	Sun	Ganesh Puja And Atharvashirsh Path 11am
Nov	30th	Sat.	Mata Ki Chouki 4pm Sponsored by HSGC. In honor of late Shri Bhagwati Charan Sharma ji. Bade Pandit ji

December 2019

Dec	1st	Sun	1008 Gayatri Jaap 9:30am
Dec.	7th	Sat.	108 Hanuman Chalisa Path 8am
Dec.	7th	Sat	Sai Bhajans 6pm
Dec.	8th	Sun	Gita Jayanti Celebration whole Gita Path 10am
Dec.	12th	Thurs	Purnima Satya Narayan Puja 6:30pm
Dec.	14th	Sat.	Murugan Abhishekam 4pm
Dec.	15th	Sun	Sunderkand Path 10:30am
Dec.	15th	Sun	Sankashti Chaturthi Puja 6pm
Dec.	16th	Mon	Dhanurmaas Begins
Dec.	22nd	Sun	Ganesh Puja & Atharvashirsh Path 11am
Dec.	28th	Sat.	Venkateshwar Kalyanam Sponsorship \$51
Dec.	29th	Sun	Jagannath Puja 11am
Dec.	31st	Tues	Hanuman Chalisa 6:30pm New Year's eve .
Jan	1st	Wed	New Years day Temple open All day 9am to 8pm

Shri Chitrugupta Puja

(Kalam Dawat Puja)

Sunday, 3 November 2019

11 AM-1PM

Sponsored by

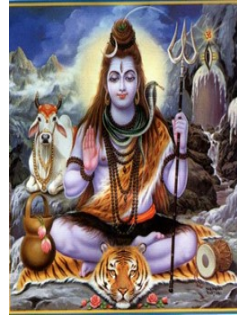
Chitrugupta Parivaar



Contacts: Temple 513-528-3714, Ach Kailash Sharma 513-652-5382, Madhu Sharma 513-807-5081, Priya Dayal 513-508-8866

Kartik Somvar Shivabhishek

Mondays 4 & 11 Nov 2019



6:30pm Shivabhishek
7:00pm Shiv Mahimnah Stotra
7:30om Aarti

Sponsorship: \$101

Contacts:

Temple 513-528-3714,
Madhu Sharma 513-807-5081
Ach Kailash Sharma 513-652-5382

Mata ki Chowki

Saturday, 23 November 2019



3:30-4:30 PM Devi Puja
5:00-8:00 PM Mata Bhajans
/Bheten
7:30-7:45 PM Kanya Puja
8:00 PM Bhog, Aarti.
Followed by Prasad(Dinner)

Sponsored by: Shiv Parivar & Shiv Yogis

For details and sponsorship please contact:

Amita/ Darshan Kumar 513-519-0430, Praveen Sharma, 513-560-9504, Nitu/ Rajiv Verma 937-475-6543, Madhu Sharma 513-807-5081, Janak Dave 659-371-9645, Acharya Kailash Sharma 513-652-5382, Temple 513-528-3714.

Geeta Jayanti Celebration

(Geeta Path)

Sunday, 8 December 2019



10:00 am Shri Krishna Puja
10:30 am-12:30 pm: Whole Geeta Recital
12:30 pm Pravachan on Geeta
1:00 pm Aarti & Prasad

Sponsorship for Puja \$51

Opportunities open to sponsor this event.
Lunch/Prasad sponsors needed

For details Contact:

Acharya Kailash Sharma 652-5382, Koti Sreekrishna 290-3064, Madhu Sharma 513-807-5081.

108 Hanuman Chalisa Path

Saturday, 7 December 2019

8 AM-1PM



We will recite HANUMAN CHALISA 108 times from 8am to 1pm followed by Aarti prasad & Lunch.

Devotees are encouraged to be present from the beginning to the end.

Sponsorship for Puja \$51, Archana \$21

Contacts:

Temple 513-528-3714, Madhu Sharma 513-807-5081.

Importance of Hanuman Chalisa

Hanuman Chalisa is a very powerful devotional work that has been left to posterity by Goswami Tulsidas. **Hanuman Chalisa** has been found to be highly effective in controlling the negative effects of Saturn Shani transit. Those who are under such influences will get benefitted by chanting the Chalisa for 108 times on Saturdays. **Hanuman Chalisa** praises Lord Hanuman the Foremost Devotee of Lord Shri Rama. Shri Hanuman is the epitome of Selfless Service, Courage, Humble disposition, and Bhakti all rolled into one. Venerating that noble Devotee of Rama is sure to benefit us.

Kantha Shashti Celebrations

Fri.1 Nov & Sat. 2 Nov 2019

(continuing since Oct 27)

Friday, Nov 1 6:00 - 7:00 PM	Pooja*	Kantha Shashti Pooja/ Abhishekam to Small Utsavar
Saturday, Nov 2 6:00 - 7:00 PM	Thiru Kalyanam	End of Kantha Shashti virat-ham

**Please call Srinathji Bhattar (513 488 2986) or any priest (513 528 3714) for specific Pooja times and details.*



Govardhan Pooja, Annakut Mahotsav Tulsi Vivah Celebration

Sunday, November 10, 2019, 10:30 am-1:30 pm



Organized by Shrinathji's Devotees
Pooja and Mahaprasad Sponsored by Jyoti and Jayesh Mehta

Program

10:30 AM -11:30 AM	Govardhan Pooja and Abhishekam
11:00 AM	Annakoot Darshan Opens/ Tulsi Vivah Ceremony
11:30 AM -12:00 PM	Annakoot Pooja and Darshan
12:00 PM - 1:00 PM	Bhajans, kirtans
1:00 PM - 1:30 PM	Yamunaji Aarti, Aarti, Shri Girirajaji Parikrama
Followed by Maha Prasad	

For details, please call: Temple 513-528-3714, Madhu Sharma 513-807-5081, Jyoti Desai 513-885-1318, Meena Mehta 513-574-6763

Hindu Society of Greater Cincinnati Presents

Annual Mata Ki Chouki

In honor of our Beloved and Respected Late Shri Bhagwati Charan Sharma



Head Priest

May 14, 1988 - December 24, 2006

At the Hindu Temple of Greater Cincinnati

Sat., Nov 30, 2019 4:00 PM - 8:00 PM

Contact: Madhu Sharma 807-5082 • Acharya Kailash Sharma 652-5382 • Meena & Ramesh Sondhi 831-9788 • Usha & Amar Sharma 77-5771 • Mina & Khush Karamchandani 259-4015

Sponsored by Hindu Society of Greater Cinti.

Patanjali Yoga Darshana - Part 3

by Dharendra Sharma

[Continued from the Oct. 2019 Aradhana]

Yoga means controlling or restraining all the thought waves of the mind related to sight, smell, hearing, taste and touch or the state of desires, anger, greed, delusion, jealousy, fear etc. Those, who practice it, are on the true path to God. And those who don't practice it, stay attached to the repeat cycles of births and deaths, where they enjoy the false pleasures of pains and miseries.

In this issue, we will study and learn on the types of thought waves, that rise in our mind and describe them.

Chapter 1, Sutra 5: Vrutayah panchatayyah klishtaaklishtaah.

Sutra Meaning: There are five categories of activities (thought waves) in the mind, which are either *Klista* (afflicting, tangled) or *Aklista* (non-afflicting, or untangled).

Description: All the waves that rise in the mind are known as *Vrittis*. They are many, but can be simplified into five (5) types: 1. *Pra-maana* (correct knowledge); 2. *Viparayaya* (false knowledge, error); 3. *Vikalpa* (wrong imagination, conceptualization); 4. *Nidra* (sleep, day dreaming); 5. *Smriti* (memory).

Each one of these five categories can be further divided into *Klista* (troubling, affliction) and *Aklista* (non-troubling or non-affliction). The *Vritti* causing tension and depression (*Klesas*) is known as *Klista*. They (the *Klista vrittis*) generate feelings of ignorance (*Avidya*), ego, attachment, aversion and clinging to physical life. They are the cause of attachments to the repeat cycles of births and deaths of the human being.

The *Vrittis* which eradicate *Klesa* are known as *Aklista*. These *Ak-lista Vrittis* become the cause of *Moksha* (freedom from the birth and death cycles) and attain permanent bliss of the Supreme Soul (God).

Chapter 1, Sutra 6: Pramaanaviparyayavikalpanidraasmrtayah.

Sutra Meaning: They (mental activities) are *Pramaana* (factual proof), *Viparyaya* (false knowledge, misconception), *Vikalpa* (wrong imagination), *Nidra* (day-dreaming, sleep) and *Smrti* (memory).

Description: *Prammaana* is the mental activity that deals with accurate understanding of facts. *Viparyaya* is understanding something in a way, that is not true. *Vikalpa* creates mental images based solely on language. *Nidra* is more specifically day-dreaming or sleeping. *Smriti* is the activity of accurately recollecting, what has been experienced before. These five activities (*Vrittis*) will be discussed further in the coming sutras.

Chapter 1, Sutra 7: Pratyaksaanumaanagamaah pramanaani.

Sutra Meaning: The *Vritti* named as *Pramaana* has three forms: *Pratyaksha* (direct perception through senses), *Anumaan* (inference or deduction) and *Aagama* (learnt or reliable testimony).

Description: The word "*Pramaana*" means factual knowledge and is of three types: *Pratyaksha*, *Anumaana*, and *Aagma*. They take the following forms:

1. *Pratyaksa*: The factual knowledge acquired from our eye, ear contact with any object is known as *Prayaksha Pramaana Vritti*.
2. *Anumaana*: The factual knowledge acquired from the inference of relationship between the cause-effect, ends-means, symbol-symbolized one is known as *Anumaana Pramaana Vritti*.
3. *Aagama*: The factual knowledge acquired from hearing about the worldly and non-worldly (*Alaukika*) objects from axiomatic sources such as *Yogis* and *Rishis* is known as *Aagama Pramaana Vritti*.

[TBC in the next issue of Aradhana]



Hindu Society Presents new a program

SATSANG-SUDHA

सत्संग-सुधा

With **Acharya Kailash Ji**



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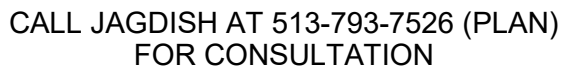
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General Body Meeting & EC Election Sunday, Dec 8, 2019, 12:00 Noon

NOMINATIONS SOUGHT for Executive Council 2020

The term of the Current Executive Council expires on Dec 31, 2019, and the elections for the 2020 Executive Council will be conducted during the **General Body Meeting on Sunday, December 08, 2019 at 12:00 Noon**. The **Election Commission** invites nominations for the following positions:

- | | |
|--|--|
| <ul style="list-style-type: none">• President• Vice-President• Secretary• Treasurer | <ul style="list-style-type: none">• Religious Education and Youth Activities• Puja and Religious Activities• Communications• Membership & Fund Raising• Property Management and Maintenance• Cultural• Long Range Planning |
|--|--|

Nominations are also invited for the positions of Chairpersons for the following committees:

All nominations must include the following information:

- * Candidate(s) name and phone no.
- * Name and phone no. of the person proposing
- * Name and phone no. of the person seconding

HSGC Election Commission:

Mohan Chopra, Chairperson	859-331-2416
Meena Mehta	513-574-6763
Amar Sharma	513-777-5771

Nomination(s) can be submitted on plain paper, or phoned in to any member of the election commission.

All candidates must be members of the Hindu Society of Greater Cincinnati in good standing for at least 12 months prior to Dec 1, 2018. For the position of the President, a candidate must have actively served the Hindu Society in an executive capacity for at least one year.

In addition, **youth group** is requested to nominate a Youth representative (22 yrs max.) to serve on the Executive Council. This nomination must be endorsed by at least ten youth members.