



# आराधना

*Aradhana*

A Publication of the Hindu Society of Greater Cincinnati  
Devdham of North America™

Ashvin/ Kartik  
Vikram Samvat 2075/ 2076  
October 2019



Sai Bhajans Oct 2  
Karwa Chouth Oct 17  
Bhai Duj Oct 29



<http://www.cincinnati temple.com>  
Email: hindutempleogc@gmail.com  
Phone: (513) 528-3714

Hindu Temple of Greater Cincinnati  
presents

# Diwali

NOVEMBER 2, 2019

THE SENSATIONAL MUSICAL GROUP FROM MUMBAI

*Rang Rasiya*

NEELAM KUMAR SINGER YASH PANGE SINGER  
AMAN SINGER SHREYA MORE SINGER  
SANJAY MORE THE ENTERTAINER  
SANJEEV UPPAL OCTOPAD PLAYER VEER GALA DHOL & DHOLAK PLAYER  
PRAVIN SALVI KEYBOARDIST CHETAN VAIDYA DRUMMER

Venue: Princeton High School, 100 Viking Way, Cincinnati, OH 45246  
Dinner: 5:30pm - 7:30pm | Seating: 7:00pm - 7:30pm | Concert: 7:30pm - 11:00pm  
Donation Tickets (includes dinner): \$100 (Front Seats), \$50 (Middle Seats), \$40 (General Seats)

Event Tickets Contact  
Raneshwar Gupta: 513-232-3331, Manish Srivastava: 513-607-7283, J.S. Karthikeyan: 513-382-2575,  
Rani Dhamija: 513-324-0606, Jyoti & Bhal Desai: 513-885-1318, Asit B. Saha: 513-702-1050

**EXECUTIVE COUNCIL 2019**

<b>President:</b>	Raneshwar Gupta rgupta@tapohio.com	513-232-3331
<b>Vice President:</b>	Asit Saha absaha09@gmail.com	513-489-5720
<b>Secretary:</b>	Anand Konda anand.konda@gmail.com	732-423-1539
<b>Treasurer:</b>	Rajesh Padmanabhan rajeshpadmanabhan@gmail.com	513-226-4279

**COMMITTEE CHAIRPERSONS**

<b>Puja Committee:</b>	Madhu Sharma madhu2019sharma@gmail.com	513-807-5081
<b>Communications:</b>	Anand Narayana hsgc.communication@gmail.com	513-657-8799
<b>Membership/ Fundraising:</b>	Rani Dhamija shivrani07@gmail.com	513-324-0606
<b>Prop. Management:</b>	Pinakin Bhakta pinobhakta@gmail.com	513-509-9011
<b>Cultural Activities:</b>	Manish Srivastava msrivastavamd@gmail.com	513-607-7283
<b>Religious Education &amp; Youth activities:</b>	Priya Dayal priya_atl@yahoo.com	513-508-8866
<b>Long Range Planning:</b>	Laxmi Srivastava laxmi_srivastava@yahoo.com	513-474-0144

**PRIESTS**

<b>Chief</b>	Acharya Kailash Sharma	513-652-5382
<b>Priest:</b>	acharyaksharma@yahoo.com	
<b>Priest:</b>	Acharya Chakreshwar Sharma acharyachakreshwar@yahoo.com	513-376-2982
<b>Priest:</b>	Pundit Srinath Bhattar bhattersrinath@yahoo.com	513-488-2986

**RELIGIOUS COUNSELOR**

Koti Sreekrishna	513-290-3064	tatachar@aol.com
<b><u>FAMILY SUPPORT COUNSELOR incl. LAST RITES</u></b>		
Khush Karamchandani	513-259-4016	karamch@aol.com

**Co-Chairs of Committees**

<b>Long Range Cmte:</b>	Indra Murthy	513-884-8756
<b>Treasurer Comte:</b>	Amar Sharma	513-777-5771
<b>Property/ Mgmt Comte</b>	Kamlesh Singh	513-206-5848

**TEMPLE SCHEDULE****Monday-Friday:** 9 AM -12.45 PM and 5 PM -8 PM**Saturday :** 9 AM – 8 PM**Sunday:** 9 AM - 7 PM (Nov - Mar), 9 AM-8 PM (Apr-Oct)**Major Hindu Holidays** 9 AM – 8 PM

(Maha Shivratri, Krishna Janamashtmi, Ganesh Chaturthi, Deepawali and similar)

**RELIGIOUS DISCOURSES**

<b>Every Sunday:</b>	12.15-12.45 PM
<b>Fourth Sunday:</b>	Upnishads
<b>Second Sunday:</b>	1008 Gayatri Jaap & Children Program
<b>Third Sunday:</b>	Sunder Kand Path
<b>Fourth Sunday:</b>	Shri Ganesh Atharvshirsha Path
<b>Fifth Sunday:</b>	Jagannath Puja

**2019 Puja Committee &  
Religious Activities Members**

Madhu Sharma(Chair)	513-807-5081
Kiran Dayal (In-charge: Temple Events)	513-474-4051
Meena Sondhi (In-charge: Scheduling Private Puja)	513-831-9788
Acharya Kailash Sharma	513-770-0705
Acharya Chakreshwar Sharma	513-376-2982
Pandit Srinath Bhattar	513-528-3714
Pandit Piyush Joshi	513-655-8360
Swarna Choudhury	513-232-2343
Raj Bodalia	513-504-6328
Jyoti Desai	513-885-1318
J.S. Karthikeyan	513-382-2575
Sangita Patel	513-791-0855
Mangala Namade	513-234-8373
Jaya Selvakumar	513-779-5298
Padmaja Patkar	513-847-1918
Vasundhara Dasari	513-777-3353
Suchitra Mishra	513-573-9775
Rajan Odavar	513-336-6843
Vilas Patel	513-226-2154
Purabi Dey	513-688-1721
Triveni Dave	859-371-9645
Latha M. Gowda	513-891-4184
Saravanan Sakthivel	513-376-3050

**Temple Manager's Committees**

<b>Manager:</b>	Laxmi Srivastava	513-474-0144
<b>CFO:</b>	Raj Bodalia	513-504-6328
<b>Legal Advisor</b>	Pavan Parikh	
<b>Office Manager:</b>	Mohan Chopra	
<b>Swami Lectures:</b>	Vinay Kumar, Meena Mehta, Koti Srikrishna, Ganesh Yadlapalli	
<b>Adult Education:</b>	Meena Mehta, Ganesh Yadlapalli, Koti Sreekrishna, Rama Rao Pappu	
<b>Temple Database:</b>	Nandkumar Khemchandani, Raj Badolia, Greg Smith	
<b>Community- Relations:</b>	Mina Karamchandani, Meena Mehta	
<b>E-Mail Data:</b>	Pradeep Goyal, Nandkumar Khemchandani	
<b>Gift Shop:</b>	Meena Sondhi, Vina Bajaj	
<b>Security:</b>	Greg Smith, Kailash Sharma	
<b>(Dial One)</b>	Khush Karamchandani	
<b>Financial Data:</b>	Nand Kumar Khemchandani, Raj Bodalia, Laxmi Srivastava	
<b>Project Manager:</b>	Vithal Nemade	
<b>Temple Website:</b>	Bharat Vala, Greg Smith, Murali Annamalai	
<b>Temple:</b>	Meena Mehta, Ashvin Mehta,	
<b>Calendar:</b>	Acharya Kailash Sharma	
<b>Volunteer</b>	Mohan Chopra, Rajan Odayar,	
<b>Services:</b>	Kedarnath Nambori Vijay Sharma, Khush Karamchandani	
<b>Temple -</b>	Greg Smith, Naba Mishra,	
<b>Photographer:</b>	V G Ramaswamy , Mardav Bakshi,	
<b>Mela Committee:</b>	Deepak Dixit, Raneshwar Gupta, Jyoti Desai	
<b>Ramleela Cmte:</b>	Kamlesh Singh	

**SPECIAL PROGRAMS ON WEEKENDS**

9.15 - 9.30 AM	Suprabhatam
9.30 - 11.00 AM	Daily Puja of Temple Dieties
11.00-11.30 AM	Sponsored Puja
11.30-12.15 PM	Bhajans
12.15-12.45 PM	Religious Discourse
12.45-1.00 PM	Birthdays, Anniversary Puja & Announcements

# PUJA INFORMATION

## RATES FOR PUJA & PRIEST SERVICES

SERVICES	IN TEMPLE	OUTSIDE TEMPLE
Abhishekam (All Deities)	\$101.00	—
Aksharabhyas	\$101.00	\$151.00
Anna-Prashanam	\$101.00	\$151.00
Ashta Prakari Puja (Mahavir)	\$101.00	\$151.00
Ashtottharam (108) Archana	\$ 11.00	—
Ayushya Homam/B'day Celeb.	\$101.00	\$151.00
Ground Breaking Ceremony	—	\$151.00
Griha Pravesh (House Warming)	—	\$151.00
Griha Pravesh w/Satya Narayan Puja	—	\$201.00
Kalayana Uthsava	\$151.00	\$201.00
Kesh Khandan/Mundan/Churakrn	\$101.00	\$151.00
Naam-Karan	\$101.00	\$151.00
Navagraha Puja	\$101.00	\$151.00
Nischitartham (Engagement)	\$151.00	\$251.00
Nitya (1 Day) Kaikaryam (Seva)	\$101.00	---
Poolangi Seva (With Flowers)		
(Only During Off Winter Season)	\$101.00	---
Sahasranama (1008) Archana	\$ 51.00	---
Sathyanarayana Puja	\$101.00	\$151.00
Sathyanarayan Puja w/Havan	\$131.00	\$201.00
Seemantham (Baby Shower)	\$151.00	\$201.00
Mata Ki Chauki**	\$251.00	\$301.00**
Akhand Ramayan Paath	\$251.00	\$501.00
Shashti Poorthi (60th B'day)	\$201.00	\$251.00
Anniversary celebration	\$151.00	\$201.00
Suprabhat Seva	\$ 21.00	---
Unjal (Swing) Seva	\$ 31.00	---
Upakarma (Thread changing)	\$ 51.00	---
Upanayam/Brahmopadesham/		
Thread Ceremony	\$151.00	\$251.00
Sunderkand Path	\$101.00	\$151.00
Vahan Puja	\$ 51.00	----
Yearly Shradham (Barkhi)	\$101.00	\$151.00
Wedding (\$ 251.00 Advance Deposit required)	\$301.00	\$501.00
Funeral (Last Rites)		\$ 201.00

### Priest Dakshina

The rates for Puja and Priest services **DO NOT** include Priest Dakshina. Sponsors (devotees) are encouraged to provide Priest Dakshina of their own volition and satisfaction. The dakshina goes directly to the Priest. A reimbursement of travel expenses for the Priest during outside puja is required at 0.50 cents/mile.

\*\* Rates of Mata Ki Chauki performed at another temple will be 50% of the money collected at the temple or a minimum of \$701.00.

Rates are subject to change without notice. Rates of Pujas not listed above and requiring less than four hours of priest's time will normally be \$ 101.00 (inside the temple) and \$ 151.00 ( outside of temple). *Rates of Pujas/ wedding out of Greater Cincinnati area are as follows:*

- a) Up to 50 miles - \$151.00, b) 50 - 80 miles - \$251.00  
c) 80 - 110 miles - \$351.00, d) More than 110 miles - \$501.00.  
e) Wedding - \$1,001.00

## TEMPLE RENTAL - LOWER FLOOR ONLY

	Full day	Half day
Monday -Thursday (except holidays)	\$ 401.00	\$ 225.00
Friday, Saturday & Holidays	\$601.00	\$401.00
<u>Sunday after 3PM only</u>	not rented	\$401.00
Use of Kitchen	\$ 201.00	\$101.00
Use of Kitchen w/paper products	\$251.00	\$ 151.00

Full Day: 8.00 am-11.00 pm

Half Day: 8.00 am-2.00 pm or 4.00 pm—11.00 pm

### Note:

All Temple rentals require a \$ 200.00 security deposit. It will be forfeited if the basement hall, upstairs, bathrooms and the kitchen area are not cleaned by the party renting the space.

## CONTACTS

### To Schedule Puja or To rent Lower Level

Meena Sondhi 513-831-9788

meena.sondhi@gmail.com

## PUJA COMMITTEE ANNOUNCEMENTS

[If you have any question or suggestion about temple activities contact **Madhu Sharma** 513-807-5081, or any **EC Member** or the **Temple** at 513-528-3714]

1. **Archana** performed during temple hours by sponsoship.
2. **No Archana** on Sundays between 11 a.m.-1 p.m.
3. **Outside Pujas** and other religious services will be conducted by appointment only.
4. To **schedule any Puja** please contact Meena Sondhi at least one week in advance.
5. **Food and Prasad** : To bring to the temple please contact Puja Committee chairperson .
6. **Pujas performed outside** the temple will be rated according to the number of Pujas performed
7. **Puja Samagri**- for convenience of devotees, the temple can provide Puja Samagri for a donation of \$ 21.00 for any Puja, and \$ 31.00 for any puja including Havan/Homam
8. **Cancellations of Puja should be done 3 days in advance**, otherwise full fee for the Puja will be charged.

## OPERATING ACCOUNT FINANCIAL SUMMARY

1/1/2019 to 8/31/2019

Total Revenues:	\$ 267,820.00
Total Expenses:	\$ 298,928.00
Net Revenue:	( \$ 30,942.00)

### HSGC LOAN BALANCE:

As of 1/1/2019:	\$ 626,733.74
As of 8/31/2019:	\$ 552,553.84

**MONTHLY LOAN PAYMENT (P&I): \$ 7,587.11**  
**Add'l voluntary principal Payment: None**

**HELP TEMPLE BECOME DEBT FREE  
WITH A TAX FREE DONATION**



# Regular Weekly & Monthly Events at the Temple

## Monthly Navgrah Puja

Every first Saturday of the Month  
Sponsors needed for Puja \$51.00  
For Details call

Madhu Sharma 513-807-5081 ; Temple priests: 513-528-3714



## Monthly Murugan Abhishekham / Puja

Normally on 2nd Saturday of the month  
Refer to Page 5 for Abhishekam Schedule

Pandit Bhattar 513-488-2986,  
Saravanan Sakthivel 513-376-3050  
Jeya Selvakumar 513-795-9868  
Madhu Sharma 513-807-5081  
Temple Priests 513-529-3714

## Monthly Satya Narayan Puja

On Every Purnima of the Month  
6:30 pm

**Sponsorship \$ 51.00**

To sponsor Puja call

Madhu Sharma 513-807-5081  
Temple priests: 513-528-3714

## Shri Ganesh Puja & Shri Ganesh Atharvshirsha Path

Every 4<sup>th</sup> Sunday of the month 10:30AM

This Puja is dedicated to each month's

Sankashti Chaturthi to Lord Ganesh.

**For more information & To Sponsor the Puja please call**

Padmaja Patkar 513-847-7918, Madhu Sharma 513-807-5081

**Temple Priests: 528-3714 504-6328**

## SAI BHAJAN

Every First Sat. of month 6pm to 7:30pm

For details pl. call Dr. Ganesh 857-719-1500 ,  
Rajan 331-2058.



## Weekly Hanuman Chalisa Path

Every Tuesday at 6:30 p m To sponsor call

Madhu Sharma 513-807-5081 or

Temple Priests 513-528-3714

## Weekly Vishnu Sahasranaam Parayana

Vishnu Sahasranaama Parayana (chanting) will now take place  
Every Thursday at 7:00 pm . Please join us for the chanting.  
Please contact Ganesh Sundaresan 513-752-4025

## Weekly Venkateswar Puja

Every Friday at 6:30pm

To sponsor Puja please call Madhu Sharma 513-807-5081 OR

Temple priests: 513-528-3714

## PURUSHOTTAM NAAM STOTRA PARAYAN



Every 2<sup>nd</sup> Wed. of each month  
6pm to 7:30pm

For details please call

Mina Mehta 513-574-6763

## Monthly ABHISHEKAM/KALYANOTSAVAM FOR LORD SRI VENKATESWARA

4th Saturday of each month -10:30 AM-12:30PM.

To sponsor and details please call any of the following:

Anand Konda 732-423-1539; Vasundhara Dasari 513-827-5160/777-3353; Suseela Paturi: 513-867-8591; Sunitha Manukonda: 513-900-0605/770-0255; Pandit Sri Srinath Bhattar: 513-488-2986.

## 1008 Gayatri Jap

Second Saturday of each month at 9.30AM

For details please contact temple priest 528-3714 or  
Madhu Sharma 513-807-5081



## Weekly Shlv Mahlman Stotram

Every Monday at 6:30 pm



## Sunder Kand Path

Every 3rd Sunday of the month 10:30AM - 1:00 PM

**Contacts:** Sangita Patel 513-791-0855

Pt. Kailash Sharma 513-652-5382



## Shri Jagannath Puja

Every 5th Sunday of the month 11:00AM

**Contacts:** Suchitra Mishra 513-573-9775 or

Temple 513-528-3714

## 2019 EC MEMBERS



## Appeal to the Community

For Generous  
Donations Towards a  
*Loan Free Temple*

EC Members (from Left to Right):

Raneshwar Gupta, Asit Saha, Anand Konda, Rajesh Padmanabha,  
Madhu Sharma, Anand Narayana, Manish Srivastava, Priya Dayal,  
Rani Dhamija, Pinakin Bhakta, Laxmi Srivastava

# Temple Calendar of Events

## October 2019

Oct	1st	Tues	Navratri festival Garba 7:30pm to 9:30 during Navratri Tuesday Hanuman Chalisa path 6pm
Oct	2nd	Wed.	Sai Bhajan, 6:00 PM
Oct	5th	Sat.	Mata Ki Chouki 3:30 to 8:00 Sponsored by Jindal family
Oct.	6th	Sun	Sunderkand Path 10:30am
Oct	6th	Sun	Ashtami Puja havan 5pm Followed by -Garba
Oct	8th	Tues	Dussehara Vijay Dashmi puja Havan 6pm
Oct.	12th	Sat.	1008 Gayatri Jaap 9:30am
Oct.	12th	Sat.	Dussehara Celebration , Ravan Dahan ,
Oct.	13th	Sun	Ganesh Puja & Atharvashirsh Path 11am
Oct.	13th	Sun	Sharad Purnima Satya Naryana Puja 5:30pm
Oct.	13th	Sun	Sharad Purnima Raas Garba 7pm
Oct.	17th	Thurs	Karwa Chouth vrat Puja 4pm , 5pm and 6Pm
Oct.	17th	Thurs	Sankashti Chaturthi Puja 6:30pm
Oct.	19th	Sat.	Mata Ki Chouki 4pm Sponsored by -Sharma Family
Oct.	20th	Sun	Vijoya Celebration 10:30am Sponsored by- Agrani Group .
Oct.	26th	Sat.	Dhanvantri Puja 6pm Dhan Teras
Oct.	27th	Sun	Deewali Mahalaxmi Puja 6pm Sponsorship \$101
Oct.	27th	Sun	Murugan Abhishekam 10am
Oct.	28th	Mon	Gujarat New year .
Oct.	29th	Tues	Bhai Dooj , Yama Dwiteeya

## November 2019

Nov	2nd	Sat.	HSGC Diwali Celebration details on the front page
Nov	2nd	Sat.	Navgrah Puja 3pm Sponsorship \$51
Nov	2nd	Sat.	Murugan Thiru Kalyanam 4:30pm
Nov	3rd	Sun	Chitragupt Puja 11am Sponsored by -Chitragupt Parivar
Nov	4th	Mon	Karthik Somvaar Shivbhishekam 6:30pm
Nov.	5th	Tues	Sai Bhajan, 6:00 PM
Nov	9th	Sat.	1008 Gayatri Japa 9:30am
Nov	10th	Sun	Annakoot Govardhan Puja 10:30am Sponsored by -Srinathji Devotees
Nov	11th	Mon	Karthik Somvaar Sivabhishek 6:30pm Sponsorship \$101
Nov.	12th	Tues	Dev Divali . Purnima Satya Narayan Puja 6:30pm
Nov	16th	Sat.	Sankashti Chaturthi Puja 6pm
Nov	17th	Sun	Sunderkand Path 10:30am
Nov	23rd	Sat.	Venkateshwar Abhishekam 10am
Nov	24th	Sun	Ganesh Puja And Atharvashirsh Path 11am

## Ashtami Chandi Havan

Sunday, 6 October 2019

5:00 PM

Sponsorship: \$51



## Vijaya Dashmi Puja/ Havan

Tuesday, 8 October 2018

6:00 PM

Sponsorship: \$51



## Karwa Chauth Puja

Thursday, 17 October 2019

4:00, 5:00 & 6:00 PM (three Sessions)

Sponsorship: \$51

Significance of Karwa Chauth



Karwa Chauth (करवा चौथ) is celebrated in North India by the married women. It usually falls nine days before Diwali. The festival is marked by an auspicious fast observed by the married women dedicated to the long life, well being, and prosperity of their husbands and their families. The women strictly adhere to the guidelines laid down for the fast and refrain from any food and water for one full day.

Contact: Temple 513-528-3714, Ach. Kailash Sharma 513-652-5382

## Mata ki Chowki

Saturday, 19 October 2019

4:00-5:00 PM Devi Puja

5:30-8:00 PM Mata Bhajans  
/Bheten

8:00 PM Bhog, Aarti.  
Followed by Prasad(Dinner)



Sponsored by: Sharma family

## Bijoya Celabration

(Vijaya Dashmi)

Sunday, 20 October 2019

11 AM-1PM: Puja & Bhajans

1:00 PM: Aarti, Prasad, Lunch

Sponsored by

Agrani Bengali Group



For details please call Temple 513-528-3714, Puraby Day 513-688-1721. Madhu Sharma 513-807-5081.

या देवी सर्वभूतेषु शक्तिरूपेण संस्थिता ।

नमस्तस्यै नमस्तस्यै नमस्तस्यै नमो नमः ॥

*HSTC Cordially Invites you, with family & friends to*



## Mata ki Chowki

Sat., 5 October 2019

3:00 PM Devi Puja

5:00 PM Mata Bheten

7:30 PM Kanya Puja

8:00 PM Bhog, Aarti.

Followed by Prasad(Dinner)

**Chunri sponsorship** available: \$31, \$51, \$101, 1001, \$2501 & above  
**Chunri will be given back to sponsor family as a blessing.**  
To reserve your Chunri in advance Please call Rani Dhamija 513-984-5777.

For more details please call Madhu Sharma 513-807-5081, Acharya Kailash Sharma 513-652-5382. Or Temple 513-528-3714.

Sponsored by: Jindal family

## Lord Dhanvantari Puja

(God of Medicine)

Sat., 26 October 2019

6:00 PM Puja Havan, Aarti

Followed by Prasad(Dinner)



**Sponsorship**

**Pramukh Yajaman \$251, Abhishek \$51, Havan \$51**

**Contacts:** Temple 513-528-3714, Madhu Sharma 513-807-5081, Ach Kailash Sharma 513-652-5382, Ach Srinath Bhattar 513-488-2986, Dr. Ganesh Yadlapalli 857-719-1500

## Kartik Somvar Shivabhishek

28 Oct, and 4 Nov, 11 Nov 2019



6:30pm Shivabhishek

7:00pm Shiv Mahimnah Stotra

7:30om Aarti

**Sponsorship: \$101**

**Contacts:**

Temple 513-528-3714,

Ach Kailash Sharma 513-652-5382

Madhu Sharma 513-807-5081

## Diwali Maha Laxmi Puja

Sunday, 27 October 2019



5:30 pm Shri Ganesh & Maha  
Laxmi Puja\*

7:00 pm Archana Thali\*

7:30 pm Aarti, Prasad

**Sponsorship**

**Maha Laxmi Puja \$101, Archana \$21, Event Spomsor \$501 plus**  
**Event Sponsorship: \$501** **Contacts:** Temple 513-528-3714,  
Ach Kailash Sharma 513-652-5382, Madhu Sharma 513-807-5081



# Shri Chitrugupta Puja

(Kalam Dawat Puja)

Sunday, 3 November 2019

11 AM-1PM

**Sponsored by**

Chitrugupta Parivaar



Contacts: Temple 513-528-3714,  
Ach Kailash Sharma 513-652-5382, Priya Dayal 513-508-8866

# Mata ki Chowki

Saturday, 23 November 2019



3:30-4:30 PM Devi Puja

5:00-8:00 PM Mata Bhajans  
/Bheten

7:30-7:45 PM Kanya Puja

8:00 PM Bhog, Aarti.

Followed by Prasad(Dinner)

**Sponsored by**

Shiv Parivaar

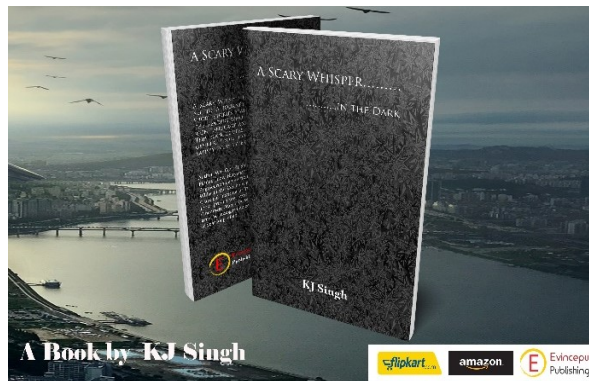
For details and sponsorship please call Madhu Sharma  
513-807-5081. Acharya Kailash Sharma 513-652-5382.  
Temple 513-528-3714. Darshan Kumar 513-519-0 430

*A gift for short story lovers...*

# "A Scary Whisper in the Dark"

by KJ Singh\*\*

An anthology of eight Short Stories



This book is available on Amazon For \$10.00  
(printed copy) and \$2.11 for the Kindle version.

\*\* West Chester, Ohio



# Navratri Puja

Sunday, 29 Sep - Tuesday, 8 Oct, 2019

Everyday during Navratri  
Chandi path\*\*(Durga Saptshati)

9:30 AM-11:30 AM

Garba during Navratri

7:30 pm to 9:00 pm

Sun., Sep 29	10:30 AM Kalash Sthapana Devi Puja **
Sun., Sep 29	3:00 PM Mata Ki Chauki (Chunri Offering by Sponsorship)
Fri., Oct 04	6:00 PM Saraswati Puja ** (Akharabhayas/Vidyarambha)
Sat., Oct 05	4:00 PM Mata Ki Chouki * Chunri /Saree Sponsorship available
Sun., Oct 06	5:00 PM Chandi Havan /Ashtami Puja **
Tue., Oct 08	6:00 PM Vijaya Dashami Puja /Havan **

**Sponsorship. \*\*\$1.00 for each puja .**

\*Chunri sponsorship \$31, \$51, \$101,1001and above . Please call Rani Dhamija 984-5777 to reserve your Chunri. Offered Chunri will be given back to the sponsor family as a blessing.

For more details contact: Madhu Sharma 513-807-5081,. Acharya Kailash Sharma 513-652-5382. Temple 513-528-3714.

# Patanjali Yoga Darshana - Part 2

by Dharendra Sharma

[Continued from the Aug. 2019 Aradhana]

Presently, the human beings are loving and living the life of *Bhautika Vaada* (worldly life), enjoying the false pleasures of pains and miseries. This is because of the attachment of us (the eternal souls) with our own *Indriyaas*, which are the natural homes for *Kleshas* such as *Avidya* (incorrect knowledge), ego, attachments, aversion and fear of death. To free this attachment and start walking truly on the path to God, we need to practice *Kriya Yoga* (austerity, *Swaadhya* & meditation) and also live the life of eight steps of *Ashtaang Yoga* to attain *Moksha* (salvation).

In this issue, we will study "What is *Yoga* and what is the state of the soul, when the thought waves in the mind are not controlled."

## **Chapter 1, Sutra 2:** *Yogashcittavrttinirodhah.*

Sutra Meaning: *Yoga* means restraining the activities of the mind.

Description: "*Citta*" means mind. This mind is influenced by the constantly active waves related to sight, smell, hearing, taste and touch, or the mind is in a state of desire, anger, greed, delusion, jealousy, fear, etc. These thought-waves and these states of mind are embedded in *Raaga* (attachments), etc. are known as "*vrittis*". When the mind is restrained from these attractions (moods, movements and impulses) of senses and other attachments, i.e. when these thought-waves are stilled, this state is known as "*Yoga*, i.e. *Samaadhi*".

## **Chapter 1, Sutra 3:** *Tadaa drashtuha svarupee vasthaanam.*

Sutra Meaning: When the thought waves of the mind are stilled, the soul (seer) rests in its own pure form.

Description: When the activities or the thought-waves (*vrittis*) of the mind are stilled (stopped), the soul (seer) rests in its own place or the soul is established in its own pure conscious nature. The person reaches the state of *Samaadhi*. The consciousness stops identifying with the activities of the mind and the body, and attains complete independence and bliss. It is important to note that the function of the physical body does not stop. It is,

like in a deep sleep state. Our breathing and involuntary functions continue.

## **Chapter 1, Sutra 4:** *Vrittisaaruupyamitaratra.*

Sutra Meaning:

Question: What is the state of the soul (the seer, consciousness), when the *vrittis* of the mind are not restrained?

Answer: At other times, it the soul (the seer, consciousness) takes the same form as the body's mind activities.

Description: When activities of the mind are not restrained, the consciousness identifies with the activities of the mind – that is, it feels like a person with certain qualities. Thus, when our mind is undisciplined (not restrained), we further identify with the things we think and do. For example, if one has a bad day at work, he or she may feel bad. If someone says nice things to a person, he or she may feel happy. In fact, the person is the same all the time: however, his or her moods change depending upon the person's circumstances. However, the core consciousness does not change, it is the mind, that changes depending on the mental processes that happen at any given point of time. (to be continued)

Note:

*In the following issues of Aradhana, will bring the simple explanations of Yoga Sutras or Darshan - by egreat sage Maharshi Patanjali. [Ed.]*



## **Temple Bulletin**

*Pundit Piyush Joshi, who has been serving as a Temple Priest has resigned his position. He was relieved of his charge effective September 2, 2019.*





Hindu Society of Greater Cincinnati



PRESENTS

# 2019 NAVRATRI CELEBRATION

Venue: Hindu Temple of Greater Cincinnati  
720 Barg Salt Run Road, Cincinnati, OH 45244

**FREE**  
ADMISSION



## RAAS GARBA SCHEDULES

Dates: September 29 & 30

Times: 7:30pm - 9:00pm

Dates: October 1, 2, 3, 6, 7

Times: 7:30pm - 9:00pm

Dates: October 4 & 5

Times: 4th, 8pm-11pm / 5th, 9pm-12pm

**Sharad Purnima Garba - Date: October 12th, Time: 8pm - 11pm**

featuring



DJ by Bizsquads DJ Jeet Group (all nine days)

Sponsorship for any day Garba or any questions call from the following:

Hindu Temple: 513-528-3714 | Acharya Kailash Sharma: 513-652-6382 | Madhu Sharma: 513-807-5081

Kanubhai Patel: 513-290-6107 | Sangeeta Patel: 513-252-7543 | Jyoti Desai: 513-885-1318

**General Body Meeting & EC Election**  
**Sunday, Dec 8, 2019, 12:00 Noon**

**NOMINATIONS SOUGHT for Executive Council 2020**

The term of the Current Executive Council expires on Dec 31, 2019, and the elections for the 2020 Executive Council will be conducted during the **General Body Meeting on Sunday, December 08, 2019 at 12:00 Noon**. The **Election Commission** invites nominations for the following positions:

- President
- Vice-President
- Secretary
- Treasurer

Nominations are also invited for the positions of Chairpersons for the following committees:

- Religious Education and Youth Activities
- Puja and Religious Activities
- Communications
- Membership & Fund Raising
- Property Management and Maintenance
- Cultural
- Long Range Planning

All nominations must include the following information:

- \* Candidate(s) name and phone no.
- \* Name and phone no. of the person proposing
- \* Name and phone no. of the person seconding

**HSGC Election Commission:**

Mohan Chopra, Chairperson	859-331-2416
Meena Mehta	513-574-6763
Amar Sharma	513-777-5771

Nomination(s) can be submitted on plain paper, or phoned in to any member of the election commission.

All candidates must be members of the Hindu Society of Greater Cincinnati in good standing for at least 12 months prior to Dec 1, 2018. For the position of the President, a candidate must have actively served the Hindu Society in an executive capacity for at least one year.

In addition, **youth group** is requested to nominate a Youth representative (22 yrs max.) to serve on the Executive Council. This nomination must be endorsed by at least ten youth members.



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# ***Govardhan Pooja, Annakut Mahotsav Tulsi Vivah Celebration***

Sunday, November 10, 2019, 10:30 am-1:30 pm



Organized by Shrinathji's Devotees  
Pooja and Mahaprasad Sponsored by Jyoti and Jayesh Mehta

## **Program**

10:30 AM -11:30 AM	Govardhan Pooja and Abhishekam
11:00 AM	Annakoot Darshan Opens/ Tulsi Vivah Ceremony
11:30 AM -12:00 PM	Annakoot Pooja and Darshan
12:00 PM - 1:00 PM	Bhajans, kirtans
1:00 PM - 1:30 PM	Yamunaji Aarti, Aarti, Shri Girirajaji Parikrama
<b>Followed by Maha Prasad</b>	

For details, please call: Temple 513-528-3714, Madhu Sharma 513-807-5081, Jyoti Desai 513-885-1318, Meena Mehta 513-574-6763

***Hindu Society of Greater Cincinnati Presents***

# **Annual Mata Ki Chouki**

In honor of our Beloved and Respected Late Shri Bhagwati Charan Sharma



**Head Priest**

**May 14, 1988 - December 24, 2006**

**At the Hindu Temple of Greater Cincinnati**

**Sat., Nov 30, 2019 4:00 PM - 8:00 PM**

Contact: Madhu Sharma 807-5082 • Acharya Kailash Sharma 652-5382 • Meena & Ramesh Sondhi 831-9788 • Usha & Amar Sharma 77-5771 • Mina & Khush Karamchandani 259-4015

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## 2019 GANDHI FOOD DRIVE; 31<sup>st</sup> year

### An Appeal for your Support

#### Dear Members of the Indian Community:

During September, October the volunteers of Gandhi Food Drive (GFD) will request you for your contribution for the food drive. Every year we collect funds for the poor and needy people in the tri-state area. The entire proceeds of the GFD are handed over to Freestore Foodbank, the tri-state's largest provider of emergency food to poor families in several counties in Ohio, Indiana and Kentucky. You are requested to contribute generously toward this noble cause. With your generous financial support we would like to collect \$10,000 this year.

**Please mail your tax-deductible contributions to Asit Saha, or Vinay Kumar or any one of the volunteers listed below. Make checks payable to Freestore Foodbank.**

Please return the following cut-off stub with your check. Thanks.

Check one: ☐\$30 ☐\$50 ☐\$100 ☐\$150 ☐\$200 ☐ Other \$ .....

**Your Name** ..... **Phone:**.....

**Email**.....

You can also make your contribution via United Way Program:

Get the United Way "2019 Pledge Form" from your employer and designate your donation to FreeStore Foodbank.

Sincerely,

***Vinay Kumar; co-coordinator; email: kumar@nku.edu***

***Asit Saha; co-coordinator; 11186 Huntwicke Pl, Cincinnati, OH 45241; tel. 513-702-1050; email: asit.saha@ptsied.com***

**Team of volunteers:** Rohini Venkatesh; 8050 Spiritwood Ct., Cincinnati, OH 45243; rohven2004@gmail.com; tel. 513-984- 2613; Geeta Mehan; 6663 Heritage Club Dr., Mason, OH 45040; mehangeeta@gmail.com 513-754-0400; Prem Garg; 6786 Treeridge Dr., Cincinnati, OH 45244; premgarg@yahoo.com; 513-232-5333; Amit Shukla; shuklaa@miamioh.edu; 513-255-4268; Niket Yadav; yadavnt@mail.uc.edu; 513-364-4779.

**We need more volunteers:** If you would like to join our team of volunteers, please contact Vinay Kumar or Asit Saha. Thanks.

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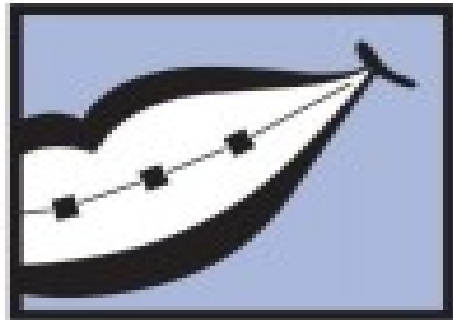
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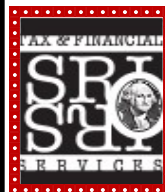


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# ***Kantha Shasti Celebrations***

## **Sunday, Oct 27 - Saturday, Nov 2, 2019**

<b>Sunday, Oct 27</b> <b>10:30 AM – 1:00 PM</b>	<b>Abhishekam</b>	<b>Kantha Shasti Begins:</b> <b>Angkurapanam,</b>
<i>Monday, Oct 28, 6:00-7:00 PM</i>	<i>Pooja*</i>	<i>Kantha Shashti Pooja/ Abhishekam to Small Utsavar</i>
<i>Tuesday, Oct 29, 6:00-7:00 PM</i>	<i>Pooja*</i>	<i>Kantha Shashti Pooja/ Abhishekam to Small Utsavar</i>
<i>Wednesday, Oct 30, 6:00-7:00 PM</i>	<i>Pooja*</i>	<i>Kantha Shashti Pooja/ Abhishekam to Small Utsavar</i>
<i>Thursday, Oct 31, 6:00-7:00 PM</i>	<i>Pooja*</i>	<i>Kantha Shashti Pooja/ Abhishekam to Small Utsavar</i>
<i>Friday, Nov 1, 6:00-7:00 PM</i>	<i>Pooja*</i>	<i>Kantha Shashti Pooja/ Abhishekam to Small Utsavar</i>
<b>Saturday, Nov 2</b> <b>4:30-7:30 PM</b>	<b>Thiru Kalyanam</b>	<b>End of Katha Shasti</b> <b>Viratham</b>

*\*Please call Srinathji Bhattar (513 488 2986) or any priest (513 528 3714) for specific Pooja times and details*