



आराधना

Aradhana

A Publication of the Hindu Society of Greater Cincinnati
Devdham of North America™

Bhadrapad/ Ashvin
Vikram Samvat 2075/ 2076
September 2019



Navgrah Puja Sep 7
Anant Chaturdashi Sep 12
Venkateshwar Abhishekam Sep 28



<http://www.cincinnati temple.com>
Email: hindutempleogc@gmail.com
Phone: (513) 528-3714



"Mela"



"Naach Sitare"

The Taste of INDIA Culture, food & dance



Other Activities Include: Rides, Games & Shopping

Where: Hindu Society of Greater Cincinnati
720 Barg Salt Run Road, Cincinnati, OH 45244

When: Saturday September 14, 2019 Noon to 8pm

For Booth Sponsors and Rentals, please contact:
Deepak Dixit (513)348-5496 | dixitdnoh@gmail.com - Raneshwar Gupta (513)477-9372 | rgupta@tapohio.com
Khush Karamchandani (513)259-4016 | karamch@aol.com

NAACH SITARE Dance Competition

Please refer to the following website for online registration, guideline and payment information. Registration will begin July 8, 2019 at 6:00am and will be on a "first come first serve" basis. Registration may close early if all slots are full.

www.cincinnati temple.com

Please contact Naach Sitare Event Coordinator for additional questions:

hsgcnaachsitare1@gmail.com

We are looking for volunteers to join our team. For all high school students, this is a great opportunity to obtain service hours.

Naach Sitare Schedule: Dance Competition - 1:00pm-6:00pm | Awards & Certificates: 6:00pm-7:00pm

EXECUTIVE COUNCIL 2019

President:	Raneshwar Gupta	513-232-3331
	rgupta@tapohio.com	
Vice President:	Asit Saha	513-489-5720
	absaha09@gmail.com	
Secretary:	Anand Konda	732-423-1539
	anand.konda@gmail.com	
Treasurer:	Rajesh Padmanabhan	513-226-4279
	rajeshpadmanabhan@gmail.com	

COMMITTEE CHAIRPERSONS

Puja Committee:	Madhu Sharma	513-807-5081
	madhu2019sharma@gmail.com	
Communications:	Anand Narayana	513-657-8799
	hsgc.communication@gmail.com	
Membership/ Fundraising:	Rani Dhamija	513-324-0606
	shivrani07@gmail.com	
Prop. Management:	Pinakin Bhakta	513-509-9011
	pinobhakta@gmail.com	
Cultural Activities:	Manish Srivastava	513-607-7283
	msrivastavamd@gmail.com	
Religious Education & Youth activities:	Priya Dayal	513-508-8866
	priya_atl@yahoo.com	
Long Range Planning:	Laxmi Srivastava	513-474-0144
	laxmi_srivastava@yahoo.com	

PRIESTS

Chief	Acharya Kailash Sharma	513-652-5382
Priest:	acharyaksharma@yahoo.com	
Priest:	Acharya Chakreshwar Sharma	513-376-2982
	acharyachakreshwar@yahoo.com	
Priest:	Pundit Srinath Bhattar	513-488-2986
	bhattarsrinath@yahoo.com	
Priest:	Pandit Piyush Joshi	513-655-8360
	piyushjoshi251@gmail.com	

RELIGIOUS COUNSELOR

Koti Sreekrishna	513-290-3064	tatachar@aol.com
FAMILY SUPPORT COUNSELOR incl. LAST RITES		
Khush Karamchandani	513-259-4016	karamch@aol.com

Co-Chairs of Committees

Long Range Cmte:	Indra Murthy	513-884-8756
Treasurer Comte:	Amar Sharma	513-777-5771
Property/ Mgmt Comte	Kamlesh Singh	513-206-5848

TEMPLE SCHEDULE**Monday-Friday:** 9 AM -12.45 PM and 5 PM -8 PM**Saturday :** 9 AM – 8 PM**Sunday:** 9 AM - 7 PM (Nov - Mar), 9 AM-8 PM (Apr-Oct)

Major Hindu Holidays 9 AM – 8 PM
(Maha Shivratri, Krishna Janamashtmi, Ganesh Chaturthi, Deepawali and similar)

RELIGIOUS DISCOURSES

Every Sunday:	12.15-12.45 PM
Fourth Sunday:	Upnishads
Second Sunday:	1008 Gayatri Jaap & Children Program
Third Sunday:	Sunder Kand Path
Fourth Sunday:	Shri Ganesh Atharvshirsha Path
Fifth Sunday:	Jagannath Puja

2019 Puja Committee & Religious Activities Members

Madhu Sharma(Chair)	513-807-5081
Kiran Dayal (In-charge: Temple Events)	513-474-4051
Meena Sondhi (In-charge: Scheduling Private Puja)	513-831-9788
Acharya Kailash Sharma	513-770-0705
Acharya Chakreshwar Sharma	513-376-2982
Pandit Srinath Bhattar	513-528-3714
Pandit Piyush Joshi	513-655-8360
Swarna Choudhury	513-232-2343
Raj Bodalia	513-504-6328
Jyoti Desai	513-885-1318
J.S. Karthikeyan	513-382-2575
Sangita Patel	513-791-0855
Mangala Namade	513-234-8373
Jaya Selvakumar	513-779-5298
Padmaja Patkar	513-847-1918
Vasundhara Dasari	513-777-3353
Suchitra Mishra	513-573-9775
Rajan Odavar	513-336-6843
Vilas Patel	513-226-2154
Purabi Dey	513-688-1721
Triveni Dave	859-371-9645
Latha M. Gowda	513-891-4184
Saravanan Sakthivel	513-376-3050

Temple Manager's Committees

Manager:	Laxmi Srivastava	513-474-0144
CFO:	Raj Bodalia	513-504-6328
Legal Advisor	Pavan Parikh	
Office Manager:	Mohan Chopra	
Swami Lectures:	Vinay Kumar, Meena Mehta, Koti Srikrishna, Ganesh Yadlapalli	
Adult Education:	Meena Mehta, Ganesh Yadlapalli, Koti Sreekrishna, Rama Rao Pappu	
Temple Database:	Nandkumar Khemchandani, Raj Badolia, Greg Smith	
Community-Relations:	Mina Karamchandani, Meena Mehta	
E-Mail Data:	Pradeep Goyal, Nandkumar Khemchandani	
Gift Shop:	Meena Sondhi, Vina Bajaj	
Security:	Greg Smith, Kailash Sharma	
(Dial One)	Khush Karamchandani	
Financial Data:	Nand Kumar Khemchandani, Raj Bodalia, Laxmi Srivastava	
Project Manager:	Vithal Nemade	
Temple Website:	Bharat Vala, Greg Smith, Murali Annamalai	
Temple:	Meena Mehta, Ashvin Mehta,	
Calendar:	Acharya Kailash Sharma	
Volunteer	Mohan Chopra, Rajan Odayar,	
Services:	Kedarnath Nambori, Vijay Sharma, Khush Karamchandani	
Temple -	Greg Smith, Naba Mishra,	
Photographer:	V G Ramaswamy, Mardav Bakshi,	
Mela Committee:	Deepak Dixit, Raneshwar Gupta, Jyoti Desai	
Ramleela Cmte:	Kamlesh Singh	

SPECIAL PROGRAMS ON WEEKENDS

9.15 - 9.30 AM	Suprabhatam
9.30 - 11.00 AM	Daily Puja of Temple Dieties
11.00-11.30 AM	Sponsored Puja
11.30-12.15 PM	Bhajans
12.15-12.45 PM	Religious Discourse
12.45-1.00 PM	Birthdays, Anniversary Puja & Announcements

PUJA INFORMATION

RATES FOR PUJA & PRIEST SERVICES

SERVICES	IN TEMPLE	OUTSIDE TEMPLE
Abhishekam (All Deities)	\$101.00	—
Aksharabhyas	\$101.00	\$151.00
Anna-Prashanam	\$101.00	\$151.00
Ashta Prakari Puja (Mahavir)	\$101.00	\$151.00
Ashtottharam (108) Archana	\$ 11.00	—
Ayushya Homam/B'day Celeb.	\$101.00	\$151.00
Ground Breaking Ceremony	—	\$151.00
Griha Pravesh (House Warming)	—	\$151.00
Griha Pravesh w/Satya Narayan Puja	—	\$201.00
Kalayana Uthsava	\$151.00	\$201.00
Kesh Khandan/Mundan/Churakrn	\$101.00	\$151.00
Naam-Karan	\$101.00	\$151.00
Navagraha Puja	\$101.00	\$151.00
Nischitartham (Engagement)	\$151.00	\$251.00
Nitya (1 Day) Kaikaryam (Seva)	\$101.00	---
Poolangi Seva (With Flowers)		
(Only During Off Winter Season)	\$101.00	---
Sahasranama (1008) Archana	\$ 51.00	---
Sathyanarayana Puja	\$101.00	\$151.00
Sathyanarayan Puja w/Havan	\$131.00	\$201.00
Seemantham (Baby Shower)	\$151.00	\$201.00
Mata Ki Chauki**	\$251.00	\$301.00**
Akhand Ramayan Paath	\$251.00	\$501.00
Shashti Poorthi (60th B'day)	\$201.00	\$251.00
Anniversary celebration	\$151.00	\$201.00
Suprabhat Seva	\$ 21.00	---
Unjal (Swing) Seva	\$ 31.00	---
Upakarma (Thread changing)	\$ 51.00	---
Upanayam/Brahmopadesham/		
Thread Ceremony	\$151.00	\$251.00
Sunderkand Path	\$101.00	\$151.00
Vahan Puja	\$ 51.00	----
Yearly Shradham (Barkhi)	\$101.00	\$151.00
Wedding (\$ 251.00 Advance Deposit required)	\$301.00	\$501.00
Funeral (Last Rites)		\$ 201.00

Priest Dakshina

The rates for Puja and Priest services **DO NOT** include Priest Dakshina. Sponsors (devotees) are encouraged to provide Priest Dakshina of their own volition and satisfaction. The dakshina goes directly to the Priest. A reimbursement of travel expenses for the Priest during outside puja is required at 0.50 cents/mile.

** Rates of Mata Ki Chauki performed at another temple will be 50% of the money collected at the temple or a minimum of \$701.00.

Rates are subject to change without notice. Rates of Pujas not listed above and requiring less than four hours of priest's time will normally be \$ 101.00 (inside the temple) and \$ 151.00 (outside of temple). Rates of Pujas/ wedding out of Greater Cincinnati area are as follows:

- a) Up to 50 miles - \$151.00, b) 50 - 80 miles - \$251.00
c) 80 - 110 miles - \$351.00, d) More than 110 miles - \$501.00.
e) Wedding - \$1,001.00

TEMPLE RENTAL - LOWER FLOOR ONLY

	Full day	Half day
Monday -Thursday (except holidays)	\$ 401.00	\$ 225.00
Friday, Saturday & Holidays	\$601.00	\$401.00
<u>Sunday after 3PM only</u>	not rented	\$401.00
Use of Kitchen	\$ 201.00	\$101.00
Use of Kitchen w/paper products	\$251.00	\$ 151.00

Full Day: 8.00 am-11.00 pm

Half Day: 8.00 am-2.00 pm or 4.00 pm—11.00 pm

Note:

All Temple rentals require a \$ 200.00 security deposit. It will be forfeited if the basement hall, upstairs, bathrooms and the kitchen area are not cleaned by the party renting the space.

CONTACTS

To Schedule Puja or To rent Lower Level

Meena Sondhi 513-831-9788

meena.sondhi@gmail.com

PUJA COMMITTEE ANNOUNCEMENTS

[If you have any question or suggestion about temple activities contact **Madhu Sharma** 513-807-5081, or any **EC Member** or the **Temple** at 513-528-3714]

1. **Archana** performed during temple hours by sponsoship.
2. **No Archana** on Sundays between 11 a.m.-1 p.m.
3. **Outside Pujas** and other religious services will be conducted by appointment only.
4. To **schedule any Puja** please contact Meena Sondhi at least one week in advance.
5. **Food and Prasad** : To bring to the temple please contact Puja Committee chairperson .
6. **Pujas performed outside** the temple will be rated according to the number of Pujas performed
7. **Puja Samagri**- for convenience of devotees, the temple can provide Puja Samagri for a donation of \$ 21.00 for any Puja, and \$ 31.00 for any puja including Havan/Homam
8. **Cancellations of Puja should be done 3 days in advance**, otherwise full fee for the Puja will be charged.

OPERATING ACCOUNT FINANCIAL SUMMARY

1/1/2019 to 7/31/2019

Total Revenues:	\$ 234,820.00
Total Expenses:	\$ 259,092.00
Net Revenue:	(\$ 24,272.00)

HSGC LOAN BALANCE:

As of 1/1/2019:	\$ 626,733.74
As of 7/31/2019:	\$ 564,269.56

MONTHLY LOAN PAYMENT (P&I): \$ 7,587.11
Add'l voluntary principal Payment: \$ 753.00

**HELP TEMPLE BECOME DEBT FREE
WITH A TAX FREE DONATION**

Regular Weekly & Monthly Events at the Temple

Monthly Navgrah Puja

Every first Saturday of the Month
Sponsors needed for Puja \$51.00
For Details call

Madhu Sharma 513-807-5081 ; Temple priests: 513-528-3714



Monthly Murugan Abhishekham / Puja

Normally on 2nd Saturday of the month
Refer to Page 5 for Abhishekam Schedule

Pandit Bhattar 513-488-2986,
Saravanan Sakthivel 513-376-3050
Jeya Selvakumar 513-795-9868
Madhu Sharma 513-807-5081
Temple Priests 513-529-3714

Monthly Satya Narayan Puja

On Every Purnima of the Month
6:30 pm

Sponsorship \$ 51.00

To sponsor Puja call

Madhu Sharma 513-807-5081
Temple priests: 513-528-3714

Shri Ganesh Puja & Shri Ganesh Atharvshirsha Path

Every 4th Sunday of the month 10:30AM

This Puja is dedicated to each month's

Sankashti Chaturthi to Lord Ganesh.

For more information & To Sponsor the Puja please call

Padmaja Patkar 513-847-7918, Madhu Sharma 513-807-5081

Temple Priests: 528-3714 504-6328

SAI BHAJAN

Every First Sat. of month 6pm to 7:30pm

For details pl. call Dr. Ganesh 857-719-1500 ,
Rajan 331-2058.



Weekly Hanuman Chalisa Path

Every Tuesday at 6:30 p m To sponsor call

Madhu Sharma 513-807-5081 or

Temple Priests 513-528-3714

Weekly Vishnu Sahasranaam Parayana

Vishnu Sahasranaama Parayana (chanting) will now take place
Every Thursday at 7:00 pm . Please join us for the chanting.
Please contact Ganesh Sundaresan 513-752-4025

Weekly Venkateswar Puja

Every Friday at 6:30pm

To sponsor Puja please call Madhu Sharma 513-807-5081 OR

Temple priests: 513-528-3714

PURUSHOTTAM NAAM STOTRA PARAYAN



Every 2nd Wed. of each month
6pm to 7:30pm

For details please call

Mina Mehta 513-574-6763

Monthly ABHISHEKAM/KALYANOTSAVAM FOR LORD SRI VENKATESWARA

4th Saturday of each month -10:30 AM-12:30PM.

To sponsor and details please call any of the following:

Anand Konda 732-423-1539; Vasundhara Dasari 513-827-5160/777-3353; Suseela Paturi: 513-867-8591; Sunitha Manukonda: 513-900-0605/770-0255; Pandit Sri Srinath Bhattar: 513-488-2986.

1008 Gayatri Jap

Second Saturday of each month at 9.30AM

For details please contact temple priest 528-3714 or
Madhu Sharma 513-807-5081



Weekly Shlv Mahlman Stotram

Every Monday at 6:30 pm



Sunder Kand Path

Every 3rd Sunday of the month 10:30AM - 1:00 PM

Contacts: Sangita Patel 513-791-0855

Pt. Kailash Sharma 513-652-5382



Shri Jagannath Puja

Every 5th Sunday of the month 11:00AM

Contacts: Suchitra Mishra 513-573-9775 or

Temple 513-528-3714

2019 EC MEMBERS



Appeal to the Community

For Generous
Donations Towards a
Loan Free Temple

EC Members (from Left to Right):

Raneshwar Gupta, Asit Saha, Anand Konda, Rajesh Padmanabha,
Madhu Sharma, Anand Narayana, Manish Srivastava, Priya Dayal,
Rani Dhamija, Pinakin Bhakta, Laxmi Srivastava

Temple Calendar of Events

September 2019

Sep	1st	Sun	Hartalika Teej 6 pm
Sep	1st	Sun	1008 Gayatri Jaap 9:30am
Sep	2nd	Mon	Ganesh Chaturthi (Actual Day) Temple hours 9am to 8pm Archana all day with sponsorship \$21, Puja 10am and 6pm \$51
Sep	7th	Sat.	Navgrah Puja 3pm sponsorship \$51
Sep	7th	Sat.	Sai Bhajans 6pm
Sep	8th	Sun	Ganesh Chaturthi Celebration 10am to 1pm Sponsored by- Triveni Mitra Mandal
Sep	12th	Thur	Anant Chaturdashi .
Sep	13th	Fri	Purnima Satya Narayan Puja 6:30pm Sponsorship \$51
Sep	14th	Sat.	Mela / Naach Sitare Taste of India 12to 8pm
Sep	15th	Sun	Sunday puja 11am Aarti 1pm sponsors needed
Sep	17th	Tues	Sankashti Chaturthi puja 6pm
Sep	21st	Sat.	Murugan Abhishekam 4:30pm Sponsorship \$101,\$21
Sep	22nd	Sun	Sunderkand Path 10:30 am
Sep	23rd	Mon	Matri Navami
Sep	28th	Sat.	Venkateshwar Abhishekam 10am Sponsorship \$51
Sep	28th	Sat.	Group Shraddha Puja 11am sponsorship \$51 . Samagri will be provided. Last Day of Shraddha
Sep	29th	Sun	Navratri Kalash Sthapana 10:30am
Sep	29th	Sun	Jagannath Puja 11am
Sep	29th	Sun	Mata Ki Chouki 3pm to 7pm

October 2019

Oct	1st	Tues	Navratri festival Garba 7:30pm to 9:30 during Navratri Tuesday Hanuman Chalisa path 6pm
Oct	5th	Sat.	Mata Ki Chouki 3:30 to 7:30 Sponsored by Jindal family
Oct.	6th	Sun	Sunderkand Path 10:30am
Oct	6th	Sun	Ashtami Puja havan 5pm Followed by Garba
Oct	8th	Tues	Dussehara Havan 6pm
Oct.	12th	Sat.	1008 Gayatri Jaap 9:30am
Oct.	12th	Sat.	Dussehara Celebration , Ravan Dahan ,
Oct.	13th	Sun	Ganesh Puja & Atharvashirsh Path 11am
Oct.	13th	Sun	Sharad Purnima Satya Naryana Puja 5:30pm
Oct.	13th	Sun	Sharad Purnima Raas Garba 7pm
Oct.	17th	Thurs	Karwa Chouth vrat Puja 4pm , 5pm and 6Pm
Oct.	17th	Thurs	Sankashti Chaturthi Puja 6:30pm
Oct.	19th	Sat.	Mata Ki Chouki 4pm Sponsored by -Sharma Family
Oct.	20th	Sun	Vijoya Celebration10:30am Sponsored by- Agrani Group .
Oct.	26th	Sat.	Dhanvantri Puja 6pm Dhan Teras
Oct.	27th	Sun	Deewali Mahalaxmi Puja 6pm Sponsorship \$101
Oct.	27th	Sun	Murugan Abhishekam 10am
Oct.	28th	Mon	Gujarat New year .
Oct.	29th	TUES	Bhai Dooj , Yam Dwiteeya

Hartalika Vrat Puja

Sunday, 1 September 2019



6:00 PM

At the Hindu Temple

For Details contact:

Temple- 513-528-3714,
Madhu Sharma 513-807-5081, or

Acharya Chakreshwar Sharma- 513-376-2982

Mata ki Chouki

Sunday, 29 September 2019



3:00-4:00 PM Devi Puja

4:30-7:00 PM Mata bhetein

7:00 PM Bhog, Aarti.

Followed by Prasad (Dinner)

Sponsored by:

Deepti & Nitin, Renu & Rakesh, Reena & Sumit, Sarita & Sachin,
Shiksha & Manish, Smriti & Samir, Varsha & Manish, Parul &
Neeraj Apneet & Kuljeet Families .

Shri Ganesh Chaturthi Celebration

Sunday, 8 September 2019



10:00 am to 1pm

10:00 AM Procession

11:00 AM Ganesh Puja /Atharvashirsh Path

12 Noon Bhajans

1:00 PM Aarti /Prasad /Lunch

2:30 PM Visarjan

Sponsorships:

Pramukh Yajman \$251, Yajman \$101
Sponsors \$51, Archana \$21

For details Please Contact: Temple 528-3714 or
Mashu Sharma 513-807-5081

Acharya Kailash Sharma 513-652-5382

Mangala Nemade 234-8373

Sponsored by Triveni Mitra Mandal

ॐ श्री गणेशाय नमः

Immediate Attention Needed

Dear devotees:

The adjoining notice has been posted near the Klatte Rd entrance to the temple to make everyone aware of the residents' concern and, and that we must respect the safety of all who travel this road. Recently some incidents happened that could have become very serious and would bring bad name to our community.

HSGC urges all who attend temple ceremonies to be extra cautions when driving in and around our Temple.

WARNING

**KLATTE
ROAD**

**YOUR SPEED IS
BEING MONITORED**

25 MPH

Ashtami Chandi Havan

Sunday, 6 October 2019

5:00 PM

Sponsorship: \$51



Vijaya Dashmi Puja/ Havan

Tuesday, 8 October 2018



Karwa Chauth Puja

Thursday, 17 October 2019

4:00, 5:00 & 6:00 PM (three Sessions)

Sponsorship: \$51

Significance of Karwa Chauth



Karwa Chauth (करवा चौथ) is celebrated in North India by the married women. It usually falls nine days before Diwali. The festival is marked by an auspicious fast observed by the married women dedicated to the long life, well being, and prosperity of their husbands and their families. The women strictly adhere to the guidelines laid down for the fast and refrain from any food and water for one full day.

Mata ki Chowki

Saturday, 19 October 2019

3:30-4:30 PM Devi Puja

4:50-7:30 PM Mata Bhajans
/Bheten

7:30 PM Bhog, Aarti.

Followed by Prasad(Dinner)



Bijoya Celabration

(Vijaya Dashmi)

Sunday, 20 October

2019

11 AM-1PM: Puja & Bhajans

1:00 PM: Aarti, Prasad, Lunch

Sponsored by

Agrani Bengali Group



Lord Dhanvantari Puja

(God of Medicine)

Sat., 26 October 2019

6:00 PM Puja Havan, Aarti

Followed by Prasad(Dinner)

Sponsorship



Pramukh Yajaman \$251, Abhishek \$51, Havan \$51

Contacts: Temple 513-528-3714, Madhu Sharma 513-807-5081,
Ach Kailash Sharma 513-652-5382, Raj Bodalia 513-504-6328, Ach
Srinath Bhattar 513-488-2986, Dr. Ganesh Yadlapalli 857-719-1500

Kartik Somvar Shivabhishek

28 Oct, and 4 Nov, 11 Nov 2019

6:30pm Shivabhishek

7:00pm Shiv Mahimnah Stotra

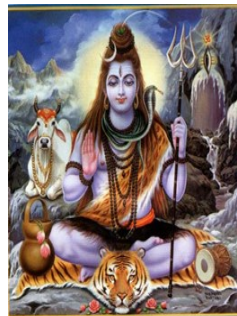
7:30om Aarti

Sponsorship: \$101

Contacts:

Temple 513-528-3714,

Ach Kailash Sharma 513-652-5382



Diwali Maha Laxmi Puja

Sunday, 27 October 2019

5:30 pm Shri Ganesh & Maha
Laxmi Puja*

7:00 pm Archana Thali*

7:30 pm Aarti, Prasad

Sponsorship

Maha Laxmi Puja \$101, Archana \$21, Event Sponsosr \$501 plus

Contacts: Temple 513-528-3714,



HSGC GENERAL BODY MEETING

DATE
CHANGE!

Sunday, 15 September
2019

12:00 Noon - 1:00 PM

AGENDA

- President's report
- Open discussions & Q&A

All HSGC Members are requested to kindly participate in this meeting and bring their questions/ concerns/ suggestions to this meeting.

Contact: Reneshwar Gupta 513-232-3331



Group Shraddha Puja

(Last day of Mahalaya Amavasya)

Saturday, 28 September 2019 11:00am

Sponsorship \$51.00.

Please call ahead of time for better planning.

For more details call Temple 513-528-3714, Acharya Kailash Sharma 513 652-5382. Madhu Sharma 513-807-5081.

Puja Samagri will be provided.

Significance and importance of Shraddha

The performance of *Shraddha* during Pitru Paksha is compulsory. The scriptures preach that a householder should propitiate ancestors (*Pitris*), Markandeya Purana says that if the ancestors are content with the shraddhas, they will bestow health, wealth, knowledge and longevity, and ultimately heaven and salvation (moksha) upon the performer.

The performance of *Sarvapitri amavasya* rites can also compensate a forgotten or neglected annual Shraddha ceremony, which should ideally coincide with the death anniversary of the deceased. Shraddha involves oblations to three preceding generations—by reciting their names—as well as to the mythical lineage ancestor (Gotra).

Sarvapitri amavasya (all ancestors' new moon day) is intended for all ancestors, irrespective of the lunar day they died. It is the most important day of the Pitru Paksha. Those who have forgotten to perform shraddha can do so on this day. A shraddha ritual performed on this day is considered as fruitful as one conducted in the holy city of Gaya.



Navratri Puja

Sunday, 29 Sep - Tuesday, 8 Oct, 2019

Everyday during Navratri
29 September - 8 October, 2019

Chandi path**(Durga Saptshati)

Garba during Navratri

9:30 am to 11:30am

Sep 29 6:00 PM Kalash Sthapana Devi Puja **

Sep 29 4:00 PM Mata Ki Chauki (Chunri Offering by Sponsorship)

Oct 04 6:00 PM Saraswati Puja ** (Akharabhayas/Vidyarambha)

Oct 05 4:00 PM Mata Ki Chouki * Chunri /Saree Sponsorship available

Oct 06 5:00 PM Chandi Havan /Ashtami Puja **

Oct 08 6:00 PM Vijaya Dashami Puja /Havan **

Sponsorship. **\$51.00 for each puja .

*Chunri sponsorship \$31, \$51, \$101, \$1001, \$2501 and above . Please call Rani Dhamija 984-5777 to reserve your Chunri. Offered Chunri will be given back to the sponsor family as a blessing.

For more details contact: Madhu Sharma 513-807-5081,. Acharya Kailash Sharma 513-652-5382. Temple 513-528-3714.



Hindu Society of Greater Cincinnati



PRESENTS

2019 NAVRATRI CELEBRATION

Venue: Hindu Temple of Greater Cincinnati
720 Barg Salt Run Road, Cincinnati, OH 45244

FREE
ADMISSION



RAAS GARBA SCHEDULES

Dates: September 29 & 30

Times: 7:30pm - 9:00pm

Dates: October 1, 2, 3, 4, 5, 6, 7

Times: 7:30pm - 9:00pm (4th & 5th - 8pm - 11pm)

***Sharad Purnima Garba* - Date: October 12th, Time: 8pm - 11pm**



featuring

DJ by Bizsquads DJ Jeet Group (all nine days)

Sponsorship for any day Garba or any questions call from the following:

Hindu Temple: 513-528-3714 | Acharya Kailash Sharma: 513-652-6382 | Madhu Sharma: 513-807-5081

Kanubhai Patel: 513-290-6107 | Sangeeta Patel: 513-252-7543 | Jyoti Desai: 513-885-1318

Bal Vihar News ...

Speaking Hindi & Sanskrit Classes forming Now!



Bal Vihar is going to start offering Hindi and Sanskrit speaking classes at the Hindu temple starting in September.

Time: 11:30am – 12:30pm

**Hindi classes – First Sundays of the Month
Sanskrit classes – Third Sundays of the Month**

Open to kids and adults

**Contact Priya Dayal at
hsgceducationcincy@gmail.com
for registration and more details.
*Classes will start based on enrollment***

Health Corner...

Ultraviolet Safety

Dr. Chandan Gupta¹

Sunlight is essential for synthesis of vitamin D and has beneficial effects on mood. However it has some acute and chronic detrimental effects on skin and body. It penetrates into cells and can alter the DNA, which can lead to conditions, e.g.

- Photo aging-increased wrinkles and skin looking old
- Genetic mutations in cell can lead to skin cancers
- Melanocyte production gets stimulated
- Corneal haziness, also known as snow blindness.
- Increased risk of developing cataracts

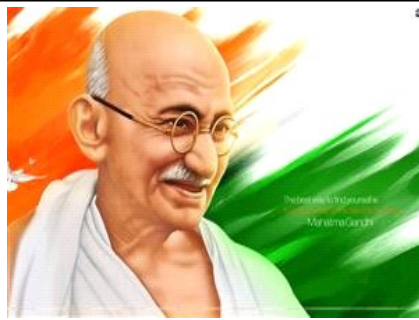
Photo protection strategies

1. Avoid sun during peak hours
2. Sun protective clothing
UPF indicates ultraviolet protection factor by the fabric. UPF rating of the fabric is dependent on the yarn composition and tightness of the weave, color, stretch, moisture, finish and see how much it has been worn. Darker colors have better UV protection.
3. Sunscreens- these are topical preparations containing filters that could reflect or absorb radiation in the ultraviolet wavelength. Some tips for choosing the right sunscreens are:

1. Broad-spectrum sunscreens which have protection against UV A1, A2 and UVB radiation
2. Minimal SPF 30 or higher should be used. However in light skinned individuals and in higher altitudes, use higher SPF.
3. The “teaspoon rule”-apply approximately 1 teaspoon of sunscreen to the face and neck area, total of 2 teaspoons to the front and back and torso, 1 teaspoon to each upper extremity, and 2 teaspoons to each lower extremity
4. Apply sunscreen 15-30 minutes before sun exposure to allow the protective film formation on the skin. Reapply at least every 2 hours. Reapplication after each water exposure as needed even for sunscreen products labeled as water resistant or very water resistant
5. All skin types (1-6) should use sunscreen

Enjoy the sun but be safe !!

¹Dr Gupta is a Family Physician with Special interest in Women's Health Care. She believes Knowledge is the real Wealth and strives to empower everyone with good medical information.



2019 GANDHI FOOD DRIVE; 31st year

An Appeal for your Support

Dear Members of the Indian Community:

During September, October the volunteers of Gandhi Food Drive (GFD) will request you for your contribution for the food drive. Every year we collect funds for the poor and needy people in the tri-state area. The entire proceeds of the GFD are handed over to Freestore Foodbank, the tri-state's largest provider of emergency food to poor families in several counties in Ohio, Indiana and Kentucky. You are requested to contribute generously toward this noble cause. With your generous financial support we would like to collect \$10,000 this year.

Please mail your tax-deductible contributions to Asit Saha, or Vinay Kumar or any one of the volunteers listed below. Make checks payable to Freestore Foodbank.

Please return the following cut-off stub with your check. Thanks.

Check one: ☐\$30 ☐\$50 ☐\$100 ☐\$150 ☐\$200 ☐ Other \$

Your Name **Phone:**.....

Email.....

You can also make your contribution via United Way Program:

Get the United Way "2019 Pledge Form" from your employer and designate your donation to FreeStore Foodbank.

Sincerely,

Vinay Kumar; co-coordinator; email: kumar@nku.edu

Asit Saha; co-coordinator; 11186 Huntwicke Pl, Cincinnati, OH 45241; tel. 513-702-1050; email: asit.saha@ptsied.com

Team of volunteers: Rohini Venkatesh; 8050 Spiritwood Ct., Cincinnati, OH 45243; rohven2004@gmail.com; tel. 513-984- 2613; Geeta Mehan; 6663 Heritage Club Dr., Mason, OH 45040; mehangeeta@gmail.com 513-754-0400; Prem Garg; 6786 Treeridge Dr., Cincinnati, OH 45244; premgarg@yahoo.com; 513-232-5333; Amit Shukla; shuklaa@miamioh.edu; 513-255-4268; Niket Yadav; yadavnt@mail.uc.edu; 513-364-4779.

We need more volunteers: If you would like to join our team of volunteers, please contact Vinay Kumar or Asit Saha. Thanks.

SHARMA & CO.

CERTIFIED PUBLIC ACCOUNTANTS
4030 MT. CARMEL TOBASCO ROAD, SUITE #117
CINCINNATI OHIO 45255

We provide the following services:

⇒ ⇒ Accounting
⇒ ⇒ Payroll taxes
⇒ ⇒ Business tax Returns
⇒ ⇒ Individual tax Returns
⇒ ⇒ Electronic Filing

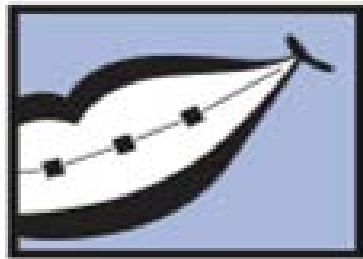
⇒ ⇒ Business Acquisition
⇒ ⇒ Loans: Business or
Residential
⇒ ⇒ IRS or State Audits Financial
Consultations

FOR A NO OBLIGATION - FREE CONSULTATION

CALL: (513) 528-1040

***Member - American Institute of Certified Public Accountants**

***Member - Ohio Society of Certified Public Accountants**



**CASSINELLI
and SHANKER**

Specialists in Orthodontics
and Dentofacial Orthopedics
Diplomates American Board of Orthodontics

**CREATING BEAUTIFUL
SMILES EVERY DAY**

**Orthodontics for adults
And children**

- Board certified orthodontists
- State of the art digital x-rays and diagnostic software
- Flexible payment plans
- Invisalign certified
- Offering traditional, ceramic and Wild Smiles brackets

West Chester Location
7242 Tylers Corner Drive
West Chester, Ohio 45069
513-777-7060

Cincinnati Location
9505 Montgomery Road
Cincinnati, Ohio 45242
513-777-7060

Visit www.westchesterorthodontic.com for more information.

Face book.com /westchesterorthodontics



Pujya Muni Maharaj

Muni Seva Charitable Foundation

A Non-Profit registered under article 501(c)3 of the US

SHRI KAILASH CANCER HOSPITAL & RESEARCH CENTER



Pujya Anuben Thakkar
Founder

Presents...



Dr. Vikram Patel
Chairman

Kal, Aaj aur Kal

"Celebrating the Past, Present & Future"

Stimulating Evening with



TUSHAR SHUKLA

A Poet, Radio Personality,
Author, Lyricist, And Journalist



KAAJAL OZA VAIDYA

An Author, Screenwriter,
Radio Personality, And Journalist

Date

Sunday, September 15, 2019

Time

4:30 to 9:00 p.m.
(Dinner Included)

Venue

Sharonville Hotel & Event Centre,
11320 Chester Rd.,
Cincinnati, Ohio 45246

Contact

Kirit Patel : 765-977-2500
Kenny Patel : 513-348-9052
Herry Patel : 513-257-1804

To Book Tickets Online,
Please Visit

www.greenashram.org

\$20
Per Person

MUNI SEVA ASHRAM

(Established in 1980 by Anuben Thakkar in Goraj)

Email: mscf@greenashram.org

'Bollywood Music & Masala' & 'Swaranjali'

LISTEN to INDIAN MUSIC PROGRAM on WAIF 88.3 FM Plus LIVE—Internet Streaming on www.WAIF883.Org:

Every Saturday from 12 Noon to 3 PM 'Bollywood Music and Masala' &

Every Sunday from 11 AM to 2 PM Swaranjali



Changing lives, one smile at a time. . .



RINALDI

ORTHODONTICS



- Orthodontic Specialists
- Diplomats of the American Board of Orthodontics
- The Latest in Orthodontic Technology
- Invisalign Providers
- State-of-the-Art Offices
- Convenient Office Hours
- Flexible Payment Options

With two locations to serve you:

MASON

513-234-7890
Mona R. Rinaldi, DDS, MS
6406 Thornberry Court #210
Mason, OH 45040

MILFORD

513-831-6160
Anthony L. Rinaldi, DDS, MS
5987 Meijer Drive
Milford, OH 45150

www.rinaldiorthodontics.com



The Sharma Law Firm

PROVIDING LEGAL SERVICES FOR SOUTHWEST OHIO IN HAMILTON, BUTLER, WARREN, & CLERMONT COUNTIES.

CENTRALLY LOCATED IN MASON BETWEEN I-75 AND I-71 FOR ALL CLIENTS IN THE GREATER CINCINNATI AREA.

FREE INITIAL CONSULTATION.

EVENING AND WEEKEND HOURS AVAILABLE.

WE CAN MEET AT OUR OFFICE OR ANY LOCATION CONVENIENT FOR YOU.

FLUENT IN HINDI AND PUNJABI



CONTACT RAVI TODAY
AT (513) 701-1699

WE HANDLE THE FOLLOWING:

- REAL ESTATE
- SIMPLE DIVORCE / DISSOLUTIONS
- ESTATE AND MEDICARE PLANNING
- WILLS & TRUSTS
- PERSONAL INJURY
- PLEASE CALL IF YOU NEED A REFERRAL FOR OTHER AREAS OF LAW.

THE SHARMA LAW FIRM, LLC
5750 GATEWAY BLVD. SUITE 101
MASON, OH 45040
OFFICE: (513) 701-1699
MOBILE: (513) 478-9703

RSHARMA@THESHARMALAWFIRM.COM



1-800-875-8820 Ask for the Branded Group.

THESE BRANDS TRUST LYKINS



CALL JAGDISH AT 513-793-7526 (PLAN)
FOR CONSULTATION

Aradhana (513) 528-3714

Hindu Society of Greater Cincinnati
4920 Klatte Rd., Cincinnati, OH 45244
Return Service Requested



PRSRT STD
US Postage
PAID
Permit #6398
Cincinnati, Ohio

Postman Please Deliver Between Aug 26 & Aug 31

Kantha Shasti Celebrations

Sunday, Oct 27 - Saturday, Nov 2, 2019

Sunday, Oct 27 10:30 AM – 1:00 PM	Abhishekam	Kantha Shasti Begins: Angkurapanam,
<i>Monday, Oct 28, 6:00-7:00 PM</i>	<i>Pooja*</i>	<i>Kantha Shashti Pooja/ Abhishekam to Small Utsavar</i>
<i>Tuesday, Oct 29, 6:00-7:00 PM</i>	<i>Pooja*</i>	<i>Kantha Shashti Pooja/ Abhishekam to Small Utsavar</i>
<i>Wednesday, Oct 30, 6:00-7:00 PM</i>	<i>Pooja*</i>	<i>Kantha Shashti Pooja/ Abhishekam to Small Utsavar</i>
<i>Thursday, Oct 31, 6:00-7:00 PM</i>	<i>Pooja*</i>	<i>Kantha Shashti Pooja/ Abhishekam to Small Utsavar</i>
<i>Friday, Nov 1, 6:00-7:00 PM</i>	<i>Pooja*</i>	<i>Kantha Shashti Pooja/ Abhishekam to Small Utsavar</i>
Saturday, Nov 2 4:30-7:30 PM	Thiru Kalyanam	End of Katha Shasti Viratham

**Please call Srinathji Bhattar (513 488 2986) or any priest (513 528 3714) for specific Pooja times and details*