

# आराधना

### A Publication of the Hindu Society of Greater Cincinnati Devdham of North America™

Asadh/ Shravan Vikram Samvat 2075/ 2076 **July 2019** 



Navgrah Puja July 6 1008 Gayatri Jaap July 20 Vnkateshwara Abhishekam July 27



http://www.cincinnatitemple.com Email: hindutempleogc@gmail.com Phone: (513) 528-3714



"Mela"

"Naach Sitare"





Other Activites Include: Rides, Games & Shopping

Where: Hindu Society of Greater Cincinnati 720 Barg Salt Run Road, Cincinnati, OH 45244

When: Saturday September 14, 2019 Noon to 8pm

For Booth Sponsors and Rentals, please contact: Raneshwar Gupta (513)477-9372 | rgupta@tapohio.com



### **NAACH SITARE** Dance Competition



Please refer to the following website for online registration, guideline and payment information. Registration will begin July 8, 2019 at 6:00am and will be on a "first come first serve" basis. Registration may close early if all slots are full. www.cincinnatitemple.com

Please contact Naach Sitare Event Coordinator for additional questions:

hsgcnaachsitare1@gmail.com We are looking for volunteers to join our team. For all high school students, this is a great opportunity to obtain service hours.

Naach Sitare Schedule: Dance Competition - 1:00pm-6:00pm | Awards & Certificates: 6:00pm-7:00pm



**EXECUTIVE COUNCIL 2019** 

**President:** Raneshwar Gupta 513-232-3331

rgupta@tapohio.com

**Vice President:** Asit Saha 513-489-5720

absaha09@gmail.com

Anand Konda 732-423-1539 **Secretary:** 

anand.konda@gmail.com

**Treasurer:** Rajesh Padmanabhan 513-226-4279

rajeshspadmanabhan@gmail.com

COMMITTEE CHAIRPERSONS

Puja Committee: Madhu Sharma 513-807-5081

madhu2019sharma@gmail.com

**Communications:** Anand Narayana 513-657-8799

hsgc.communication@gmail.com

Rani Dhamija Membership/ 513-324-0606

shivrani07@gmail.com **Fundraising:** 

**Prop. Management:** Pinakin Bhakta 513-509-9011

pinobhakta@gmail.com

**Cultural Activities:** Manish Srivastava 513-607-7283

msrivastavamd@gmail.com

Priya Dayal 513-508-8866 **Religious Education** 

& Youth activities: priya atl@yahoo.com

Long Range Laxmi Srivastava 513-474-0144

Planning: laxmi srivastava@yahoo.com

**PRIESTS** 

Acharya Kailash Sharma Chief 513-652-5382

**Priest:** acharyaksharma@yahoo.com

**Priest:** Acharya Chakreshwar Sharma 513-376-2982

acharyachakreshwar@yahoo.com

Priest: Pundit Srinath Bhattar 513-488-2986

bhattarsrinath@yahoo.com

Pandit Piyush Joshi **Priest:** 513-655-8360

piyushjoshi251@gmail.com

RELIGIOUS COUNSELOR

Koti Sreekrishna 513-290-3064 tatachar@aol.com

**FAMILY SUPPORT COUNSELOR incl. LAST RITES** 

Khush Karamchandani 513-259-4016 karamch@aol.com

**Co-Chairs of Committees** 

**Long Range Cmte:** Indra Murthy 513-884-8756 Amar Sharma 513-777-5771 **Treasurer Comte:** 

**Property/ Mgmt Comte** Kamlesh Singh 513-206-5848

**TEMPLE SCHEDULE** 

Monday-Friday: 9 AM -12.45 PM and 5 PM -8 PM

Saturday: 9 AM - 8 PM

Sunday: 9 AM - 7 PM (Nov - Mar), 9 AM-8 PM (Apr-Oct)

**Major Hindu Holidays** 9 AM – 8 PM

(Maha Shivratri, Krishna Janamashtmi, Ganesh Chaturthi,

Deepawali and similar)

**RELIGIOUS DISCOURSES** 

12.15-12.45 PM **Every Sunday:** 

Fourth Sunday: Upnishads

1008 Gayatri Jaap & Children Program **Second Sunday:** 

Third Sunday: **Sunder Kand Path** 

Fourth Sunday: Shri Ganesh Atharvshirsha Path

Fifth Sunday: Jagannath Puja

2019 Puja Committee & **Religious Activities Members** 

Religious Activities Mellibe	, I J
Madhu Sharma(Chair)	513-807-5081
Kiran Dayal (In-charge: Temple Events)	513-474-4051
Meena Sondhi (In-charge: Scheduling Private Puja)	513-831-9788
Acharya Kailash Sharma	513-770-0705
Acharya Chakreshwar Sharma	513-376-2982
Pandit Srinath Bhattar	513-528-3714
Pandit Piyush Joshi	513-655-8360
Swarna Choudhury	513-232-2343
Raj Bodalia	513-504-6328
Jyoti Desai	513-885-1318
J.S. Karthikeyan	513-382-2575
Sangita Patel	513-791-0855
Mangala Namade	513-234-8373
Jaya Selvakumar	513-779-5298
Padmaja Patkar	513-847-1918
Vasundhara Dasari	513-777-3353
Suchitra Mishra	513-573-9775
Rajan Odavar	513-336-6843
Vilas Patel	513-226-2154
Purabi Dey	513-688-1721
Triveni Dave	859-371-9645
Latha M. Gowda	513-891-4184
Saravanan Sakthivel	513-376-3050

**Temple Manager's Committees** 

Manager: Laxmi Srivastava 513-474-0144 CFO: Raj Bodalia 513-504-6328

Legal Advisor Pavan Parikh Office Manager: Mohan Chopra

Swami Lectures: Vinay Kumar, Meena Mehta,

Koti Srikrishna, Ganesh Yadlapalli

**Adult Education:** Meena Mehta, Ganesh Yadalapalli, Koti

Sreekrishna, Rama Rao Pappu

Temple Database: Nandkumar Khemchandani,

Raj Badolia, Greg Smith

Community-Mina Karamchandani,

Relations: Meena Mehta E-Mail Data: Pradeep Goyal,

Nandkumar Khemchandani

Meena Sondhi, Vina Bajaj Gift Shop: Greg Smith, Kailash Sharma **Security:** (Dial One) Khush Karamchandani Financial Data:

Nand Kumar Khemchandani, Raj Bodalia, Laxmi Srivastava

Project Manager: Vithal Nemade

Temple Website: Bharat Vala, Greg Smith,

Murali Annamalai

Meena Mehta, Ashvin Mehta, Temple: Calendar: Acharya Kailash Sharma Mohan Chopra, Rajan Odayar, Volunteer

Kedarnath Nambori Services:

Vijay Sharma, Khush Karamchandani

Temple -Greg Smith, Naba Mishra,

Photographer: V G Ramaswamy, Mardav Bakshi, **Mela Committee:** Deepak Dixit, Raneshwar Gupta,

Jyoti Desai

Ramleela Cmte: Kamlesh Singh

#### SPECIAL PROGRAMS ON WEEKENDS

9.15 - 9.30 AM Suprabhatam

9.30 - 11.00 AM **Daily Puja of Temple Dieties** 

11.00-11.30 AM Sponsored Puja

11.30-12.15 PM Bhajans

12.15-12.45 PM **Religious Discourse** 

12.45-1.00 PM Birthdays, Anniversary Puja

& Announcements

### **PUJA INFORMATION**

#### **RATES FOR PUJA & PRIEST SERVICES**

10.112010111007101	TAILOT GLIAVI	<u> </u>	
SERVICES	IN	OUTSIDE	
	TEMPLE	<b>TEMPLE</b>	
Abhishekam (All Deities)	\$101.00	_	
Aksharabhyas	\$101.00	\$151.00	
Anna-Prashanam	\$101.00	\$151.00	
Ashta Prakari Puja (Mahavir)	\$101.00	\$151.00	
Ashtottharam (108) Archana	\$ 11.00	_	
AyushyaHomam/B'day Celeb.	\$101.00	\$151.00	
Ground Breaking Ceremony	_	\$151.00	
Griha Pravesh (House Warming	) <u> </u>	\$151.00	
Griha Pravesh w/SatyaNarayan	Puja —	\$201.00	
Kalayana Uthsava	\$151.00	\$201.00	
Kesh Khandan/Mundan/Churak	rn \$101.00	\$151.00	
Naam-Karan	\$101.00	\$151.00	
Navagraha Puja	\$101.00	\$151.00	
Nischitartham (Engagement)	\$151.00	\$251.00	
Nitya (1 Day) Kainkaryam (Seva	) \$101.00		
Poolangi Seva (With Flowers)			
(Only During Off Winter Season	)\$101.00	_	
Sahasranama (1008) Archana	\$ 51.00		
Sathyanarayana Puja	\$101.00	\$151.00	
Sathayanarayan Puja w/Havan	\$131.00	\$201.00	
Seemantham(Baby Shawer)	\$151.00	\$201.00	
Mata Ki Chauki**	\$251.00	\$301.00**	
Akhand Ramayan Paath	\$251.00	\$501.00	
Shashti Poorthi (60th B'day)	\$201.00	\$251.00	
Anniversary celebration	\$151.00	\$201.00	
Suprabhat Seva	\$ 21.00		
Unjal (Swing) Seva	\$ 31.00		
Upakarma (Thread changing)	\$ 51.00		
Upanayam/Brahmopadesham/			
Thread Ceremony	\$151.00	\$251.00	
Sunderkand Path	\$101.00	\$151.00	
Vahan Puja	\$ 51.00		
Yearly Shradham (Barkhi)	\$101.00	\$151.00	
Wedding (\$ 251.00 Advance Deposit required)			
	\$301.00	\$501.00	
Funeral (Last Rites)		\$ 201.00	

#### Priest Dakshina

The rates for Puja and Priest services <u>DO NOT</u> include Priest Dakshina. Sponsors (devotees) are encouraged to provide Priest Dakshina of their own volition and satisfaction. The dakshina goes directly to the Priest. A reimbursement of travel expenses for the Priest during outside puja is required at 0.50 cents/mile.

\*\* Rates of Mata Ki Chauki performed at another temple will be 50% of the money collected at the temple or a minimum of \$701.00.

Rates are subject to change without notice. Rates of Pujas not listed above and requiring less than four hours of priest's time will normally be \$ 101.00 (inside the temple) and \$ 151.00 ( outside of temple). Rates of Pujas out of Greater Cincinnati will be as follows:

a) Up to 50 miles - \$151.00, b) 50 - 80 miles - \$251.00

- c) 80 110 miles \$351.00, and
- d) More than 110 miles \$501.00.

<b>TEMPLE</b>	<b>RENTAL</b> -	LOWER FL	LOOR ONLY

ı	Full day	Half day
Monday -Thursday (except holidays)	\$ 401.00	\$ 225.00
Friday, Saturday & Holidays	\$601.00	\$401.00
Sunday after 3PM only	not rented	\$401.00
Use of Kitchen	\$ 201.00	\$101.00
Use of Kitchen w/paper products	\$251.00	\$ 151.00

Full Day: 8.00 am-11.00 pm

Half Day: 8.00 am-2.00 pm or 4.00 pm-11.00 pm

#### Note:

All Temple rentals require a \$ 200.00 security deposit. It will be forfeited if the basement hall, upstairs, bathrooms and the kitchen area are not cleaned by the party renting the space.

#### **CONTACTS**

### To Schedule Puja or To rent Lower Level

Meena Sondhi 513-831-9788 meena.sondhi@gmail.com

#### **PUJA COMMITTEE ANNOUNCEMENTS**

[If you have any question or suggestion about temple activities contact **Madhu Sharma** 513-807-5081, or any **EC Member** or the **Temple** at 513-528-3714]

- 1. Archana performed during temple hours by sponsoship.
- 2. No Archana on Sundays between 11 a.m.-1 p.m.
- **3. Outside Pujas** and other religious services will be conducted by appointment only.
- **4.** To **schedule any Puja** please contact Meena Sondhi at least one week in advance.
- **5. Food and Prasad** : To bring to the temple please contact Puja Committee chairperson .
- 6. **Pujas performed outside** the temple will be rated according to the number of Pujas performed
- 7. **Puja Samagri-** for convenience of devotees, the temple can provide Puja Samagri for a donation of \$ 21.00 for any Puja, and \$ 31.00 for any puja including Havan/Homam
- 8. Cancellations of Puja should be done <u>3 days in advance</u>, otherwise full fee for the Puja will be charged.

#### **OPERATING ACCOUNT FINANCIAL SUMMARY**

1/1/2019 to 5/31/2019

Total Revenues: \$ 155,381.00 Total Expenses: \$ 179,125.00 Net Revenue: (\$ 23,744.00)

#### **HSGC LOAN BALANCE:**

As of 1/1/2019: \$ 626,733.74 As of 5/31/2019: \$ 579,039.27

MONTHLY LOAN PAYMENT (P&I): \$ 7,587.11 Add'l Payment (principal) from Devotees: \$9,354.00

HELP TEMPLE BECOME DEBT FREE WITH A TAX
FREE DONATION

### Regular Weekly & Monthly Events at the Temple

### **Monthly Navgrah Puja**

Every first Saturday of the Month Sponsors needed for Puja \$51.00 For Details call

Madhu Sharma 513-807-5081 ;Temple priests:513-528-3714



#### Monthly Murugan Abhishekham / Puja

Normally on 2nd Saturday of the month Refer to Page 5 for Abhishekam Schedule

513-488-2986, Saravanan Sakthivel 513-376-3050 513-795-9868 Jeya Selvakumar 513-807-5081 Madhu Sharma 513-529-3714 Temple Priests



#### **Monthly Satya Narayan Puja**

On Every Purnima of the Month 6:30 pm

### Sponsorship \$ 51.00

To sponsor Puja call Madhu Sharma 513-807-5081 Temple priests: 513-528-3714

#### Shri Ganesh Puja & Shri Ganesh Atharvshirsha Path

Every 4<sup>th</sup> Sunday of the month 10:30AM

This Puja is dedicated to each month's

Sankashti Chaturthi to Lord Ganesh.

For more information & To Sponsor the Puja please call

Padmaja Patkar 513-847-7918, Madhu Sharma 513-807-5081

Temple Priests:528-3714 504-6328

#### **SAI BHAJAN**

Every First Sat. of month 6pm to 7:30pm For details pl. call Dr. Ganesh 857-719-1500. Rajan 331-2058.







#### **Weekly Hanuman Chalisa Path**

Every Tuesday at 6:30 p m To sponsor call Madhu Sharma 513-807-5081or

Temple Priests 513-528-3714

#### **Weekly Vishnu Sahasranaam Parayana**

Vishnu Sahasranaama Parayana (chanting) will now take place Every Thursday at 7:00 pm. Please join us for the chanting. Please contact Ganesh Sundaresan 513-752-4025

#### **Weekly Venkateswar Pula**

Every Friday at 6:30pm

To sponsor Puja please call Madhu Sharma 513-807-5081OR Temple priests: 513-528-3714

#### PURUSHOTTAM NAAM STOTRA PARAYAN



Every 2<sup>nd</sup> Wed. of each month 6pm to 7:30pm For details please call Mina Mehta 513-574-6763

### Monthly ABHISHEKAM/KALYANOTSAVAM FOR LORD SRI VENKATESWARA

4th Saturday of each month -10:30 AM-12:30PM. To sponsor and details please call any of the following: Anand Konda 732-423-1539; Vasundhara Dasari 513-827-5160/777-3353; Suseela Paturi:513-867-8591; Sunitha Manukonda:513-900-0605/770-0255; Pandit Sri Srinath Bhattar:513-488-2986.

#### 1008 Gayatri Jap

Second Saturday of each month at 9.30AM For details please contact temple priest 528-3714 or Madhu Sharma 513-807-5081



#### **Weekly Shiv Mahiman Stotram**

Every Monday at 6:30 pm



#### **Sunder Kand Path**

Every 3rd Sunday of the month 10:30AM - 1:00 PM Contacts: Sangita Patel 513-791-0855 Pt. Kailash Sharma 513-652-5382



#### Shri Jagannath Puja

Every 5thSunday of the month Contacts: Suchitra Mishra 513-573-9775 or Temple 513-528-3714



**CURRENT TEMPLE** CONSOLIDATED **LOAN STATUS - 2019** 

1,365,000 DEC 2014 1,187,705 **DEC 2015** 1,063,593 **DEC 2016 DEC 2017** 983,308 **DEC 2018** 631,114 MAY 2019 591,482



**Please Donate** to the **HSGC - Loan Fund** 

Together we can do it!



### ORIGINAL TEMPLE LOAN DECEMBER 2014

- 1) Marg Project Initial Loan Amount: \$710,000 \$660,000 paid off - \$50,000 balance
- 2) Temple & House Loan: \$510,000
- 3) Parking Lot Loan \$145,000

4) Elevator Loan

Balance of 2, 3 & 4 of \$541,482

**EVEN A PENNY CAN FILL THE BUCKET** 

### Temple Calendar of Events July 2019

July	3rd	Wed	Jagannath Netrotsava Puja 11am
July	4th	Thurs	Rath Yatra Puja 11am, Celebration Sat 6th 3pm
July	6th	Sat.	Jagannath Rath Yatra Celebration 3pm details inside
July	6th	Sat	Navgrah Puja 2pm sponsorship \$51
July	7th	Sun	Sunderkand path 10:30am
July	13th	Sat.	Murugan Ther Festival 10am
July	13th	Sat	Sai Bhajans 6pm
July	14th	Sun	Jagannath Bahuda Yatra 10:30am
July	16th	Tues	Guru Purnima 108 Satya Narayan Puja 6:30pm
July	20th	Sat.	1008 Gayatri Jaap
July	20th	Sat.	Sankashti Chaturthi Puja 6pm
July	21st	Sun	Srinath ji Hindola Utsava 10:30am
July	22nd	Mon	First Shravan Somvaar Shiv Abishek10am and 6:30pm Sponsorship \$101
July	27th	Sat.	Venkateshwar Abhishekam 10am
July	27th	Sat.	Adi Karthikai Puja 6pm
July	28th	Sun	Ganesh Puja and Atharvashirsh Path 11am
July	29th	Mon	Shravan Somvaar Shiv Abhishek10am and 6:30pm Sponsorship \$101

### August 2019

Aug	3rd	Sat.	Rudra Havan 11am
Aug	3rd	Sat.	Hariyali Teej
Aug	3rd	Sat.	Navgarah Puja 3pm Sponsorship \$51
Aug	3rd	Sat.	Mata Ki Chouki 3:30pm
			Sponsored by Harish, Poonam, Nakul, Meeta Bhardwaj.
Aug	3rd	Sat,	Sai Bhajan 6pm
Aug	4th	Sun	Sunderkand Path 10:30am
Aug	5th	Mon	Shrawan Somvaar Shiv Abhishek 10am and 6:30pm
Aug	4th	Sun	Naag Panchami Puja 5pm Sponsorship \$51
			Date change from monday 5th to 4th
Aug	9th	Fri	Vara Maha Lakshmi Puja 6pm Sponsorship \$31
Aug	10th	Sat.	Murugan Abhishekam 4:30pm
Aug	11th	Sun	Ganesh Puja and Atharvashirsh Path 11am
Aug	12th	Mon	Shrawan Somvaar Shiv Abhishek 10am and 6:30pm
Aug	14th	Wed	Rigveda Upakarma 9am
Aug	15th	Thurs	Yajurveda Upakarma 8am ,9am ,10am sponsorship \$51
Aug	15th	Thurs	Purnima Satya Narayan Puja 6:30pm
Aug	15th	Thurs	Balbhadra Janmadin Puja 11am
Aug	17th	Sat.	Shiv Vivah 4pm sponsored by- Shiv Parivaar
Aug	18th	Sun	1008 Gayatri Japa Gayatri Jayanti Celebration 10am
Aug	19th	Mon	Shrawan Somvaar Shiv Abhishek 10am and 6:30pm
Aug	19th	Mon	Sankashti Chaturthi Puja 6pm
Aug	23rd	Fri	Krishna Janmashtami celebration 6pm to midnight
Aug	25th	Sun	Nand Mahotsava 10:30am
Aug	26th	Mon	Shrawan Somvaar Shiv Abhishek 10am and 6:30pm
Aug	31st	Sat.	Mata Ki Chouki 3:30pm Sponsored by Sharma family

# 108 Satya Narayan Puja

GURU PURNIMA
Tuesday, July 16, 2019, 6:30 PM
At the Temple
Program

6:30 PM 7:30 PM: Puja & Satya Narayan Katha 7:30 PM : Aarati/ Mahaprasad ( Dinner)

Pramukh Yajaman \$501.00, Yajaman \$101.00

We need 108 sponsors / Yajaman to sit on puja

Note: Temple will provide all the puja Samagri for puja

**Sponsorship** 

### Shri Nathaji Hindola (Jhoola) Utsava

For details please call:Temple 513-528-3714, Madhu Sharma 513 807-5081, Acharya Kailash Sharma 513-652-5382

Sunday, 21 July 2019 - 10:30 am to 1pm

### Program



10:30am ShriNathaji Pooja 11:30am Stotram and Path Krishna Bhajan

12:30pm Discourse

1:00pm Yamunaji Aarati, Aarati

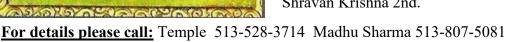
Followed by Mahaprasad

Shriji's puja and Maha Prasad sponsored by Jyotsna Ben and Suresh Bhai Patel

### Mahatmya

Hindola Manorath (Utsava) finds its origin in the streets of Vrundavan about 5000 years ago where the Gopis rocked Lord Balakrishna on a decorated swing of the Kadam-tree.

Traditionally, every year the Hindola Manorath is celebrated during monsoon months of Ashadh Krishna 2nd through Shravan Krishna 2nd.





### Jyoti Desai 513-885-1318 Meena Mehta 513-574-6763

# Shravan Somvar Shivabhishekam

### A 5-day Temple Celebration

Mondays July 22, 29, Aug 5, 12, 19, 26, 2019

### **PROGRAM**



6:30 - 7:15 pm Shiva Abhishek, \*\*Bilva Patra Archana 7:05 - 8:00 pm Shiva Mahimnaha Path, Bhajans & Aarti.

### Sponsorship

Abhishek \$101.00 , Archana \$21.00

\*\*Subject to Availability of Bilva patra



Madhu Sharma 513-807-5081, Acharya Kailash Sharma 513-652-5382, Triveni Dave 859-371-9645, Temple 513-528-3714

### Rudra Yagna/ Havan

Saturday, 3 August 2019



10:00 AM - Abhishekam 11:00 AM - Yagna/ Homa 12:45 PM - Aarti. Followed by

Maha Prasad

Sponsorship \$101, \$51.00

Sponsors needed for Lunch/Prasad

### Vara Maha Lakshmi Vrata

Friday, 9 August 2019 6:00 PM



Sponsorship \$51.00

For details please contact: Temple: 513-528-3714 Madhu Sharma 513 -807-5081 Acharya Srinath Bhattar 513 488-2986

### **TEMPLE LOAN PAYOFF FUND**

HSGC has established a fund specifically for the purpose of paying off the temple loan in an expeditious manner. Devotees are urged to contribute generously to this fund. All funds received in this fund will be used for paying down the principal only. Please add a memo to your contribution check: "Loan Payoff Fund".

### Nag Panchami Puja

Sunday, 4 August 2019

6:00 PM



Sponsorship \$51.00

Nag Panchami is a traditional worship of serpents observed by Hindus throughout India as well as in Nepal. The worship

is offered on the fifth day of bright half of Lunar month of Shravan(August), The abode of snakes is believed to be the patal lok, (the seven realms of the universe located below the earth) and lowest of them is also called Naga-loka, the region of the Nagas, as part of the creation force and their blessings are sought for the welfare of the family. Serpent deity made of silver, stone or wood or the painting of snakes on the wall are given a bath with milk and then revered. According to Garuda Purana offering prayers to snake on this day is auspicious and will usher in good tidings to one's life.

### Gayatri Jayanti Celebration

Sunday, 18 August 2019



1008 Gaytri Jaap and Havan 9:30 AM - 1:00 PM Sponsorship \$51

For details please contact: Temple 513-528-3714, or Madhu Sharma 513 -807-5081

Hindu Temple Celebrates the 6th Annual

# Shiv Vivah / Shiv Kalyanam



Saturday, 17 August, 2019 4 PM - 7 PM Followed by Aarti and Maha Prasad

Sponsorship \$21.00 - \$301 Devotees can also sponsor Maha Prasad

Sponsorship Contact: Triveni Dave 859-371-9645

**For more Information Contact:** 

Kailash Sharma 513-652-5382 Amita Kumar 513-519-0593 Piyush Joshi 513-655-8360 Madhu Sharma 513-807-5081 C. Sharma 513-376-2982 Triveni Dave 859-371-9645 Srinath Bhattar 513-488-2986 Dipali Parmar 513-926-9597

### **Nand Mahotsav**

Sunday, 25 August 2019 10:30 AM



### **Program**

- Shri Bal Krishna Puja,
- Palna Darshan
- Badhai to Nand-Yashoda by -Vraj Vasi
- Shivji comes for Bal Krishna Darshan
- Children Program Dahi--Handi by Children
- Bhajan and Kirtans Thal, Arati and Mahaprasad

Sponsored by- Shrinath ji devotees

### **SELF & SPIRITUALITY**

Pritam L. Ahuja

Nature balanced mind, body and spirit as cocreators of our personal reality. We are both a physical body in a material world, and a non-physical being who can gain access to a higher level. That higher level is within us and is reached through the stages of development. An unknown mechanism hidden in the extremely intricate yet unexplored nervous structure of the body is the spiritual energy called 'Kundalini'. It is the force that lies dormant in every human being. Once awakened, often through meditation and yoga practices, it rises up the spine and finds expression in the form of spiritual knowledge, mystical vision, psychic power, and ultimately enlightenment. The precise nature or source of this energy and how it finds its way into our material world remains unknown. Awakening of our spiritual side, no matter what the circumstances, is always a precursor to greatness. This is seen in leaders such as Albert Einstein, Mahatma Gandhi, mother Teresa and thousands of others. Each felt spiritually awakened and believed that his or her accomplishments were directed by a greater force operating in the universe.

The 4<sup>th</sup> century B.C. Indian sage Patanjali taught that we can see into the distance and know the future by becoming what we wish to see, and creating a single-pointed focus of attention on our desired objective. He tells us that in order to see the world in our mind, we must quiet our mental waves (Vriti). When you reach the level of wholeness with the cosmos, then past, present, and the future become arbitrary illusions. All things, events, objects flow into one another. The spectator and the spectacle are one.

The Ramayana's author, legendary poet Valmiki, states in his opening verse that he did not use his imagination while composing Rama's story. He did not need

imagination, he said, because at dawn each day he took an urn to the nearby river, filled it, carried it to his hut, sat down on an eastward-facing mat, then scooped a little water in his palm: in this tiny body of water Valmiki first saw Rama, then Rama's wife Sita, then every god, demon, and hero, every love dalliance and bloody battle in his epic. The poet simply sang what he saw. All 25,000 Ramayana's verses were enacted, first, in the water in Valmiki's palm.

Spiritual transformation is a mysterious process. It is always a gift, never an entitlement, and it only appears when we stop looking. Neuroscientists now believe that our thoughts and emotions are the result of complex interactions within and between nerve cells in the brain. Yet, there are unsolved puzzles to the point that one feels impelled to invoke divine intervention.





### Arulmighu Pazhamudhircholai Murugan Ther Thiruvizha

Saturday, 13 July 2018 - 10.30 AM to 01.30 PM EST at

### **The Hindu Temple of Greater Cincinnati**



### **Tentative Events Schedule**

10:30 AM	Murugan Suprabhatam
11:00 AM	Moolavar Special Poosai
11:30 AM	Utsava Moorthy poosai with Punyaha Vaachanam
12:00 Noon	Utsava Moorthy Urvalam (Procession) in the temple interior
	and to Charriot (Ther)
12:30 PM	Ther Poosai and Ratharohanam
12:45 PM	The Urvalam including all archana
01:30 PM	Maha Mangala Aarathi with Shatthumorai followed ny lunch
	Maha Prasadam

Devotees are requested to encourage children's participation in Kaavidi Addam Pooja sponsorship details will be announced soon

For more details please contact:

Priest Srinath Bhattar 513-528-3714, Saravanan Sakthivel 513-376-3050 Jeya Salvakumar 513-779-5298, or email: cincymurugan@gmail.com

### ... Bal Vihar exclusive

# Glimpses of the Annual Kids' Day Camp at Our Temple June 1, 2019



This year around 45 kids attended this camp organized by HSGC Bal Vihar and VHPA Cincinnati. Priya Dayal and Itishree Panda were the lead organizers and they were supported by several volunteers, who helped make this camp a huge success. Kids started the camp with yoga, took a temple tour learning about the different deities, recited bhajans, participated in the Ramayan quiz and games, listened to a presentation by Dr. Som Tandon on healthy eating habits and good food choices, performed havan, played games, and engaged in crafts.

### HSGC Cordiully invites you with family & friends to

### **SHRI JAGANNATH RATHA YATRA**



Ratha Sponsorship \$101, Archana \$21.00.
For details please call Temple 528-3714, Swarna Chaudhary 232-2343, Madhu Sharma 513-807-5081
BHAHUDA YATRA Sunday, July 14<sup>th</sup> 2019 10:30 AM

Ratha Yatra or Chariot Festival is associated with Lord <u>Jagannath</u> held at <u>Puri</u> in the state of <u>Orrisha</u>,India. It is the oldest <u>Ratha Yatra</u> taking place in India and the World, whose descriptions can be found in Brahma Purana, Padma Purana, and Skanda Purana. This annual festival is celebrated on Ashadha Shukla Paksha Dwitiya (second day in bright fortnight of Ashadha month

The festival commemorates Jagannath's annual visit to <u>Gundicha Temple</u> via <u>Mausi Maa Temple</u> (aunt's home near Balagandi Chaka, <u>Puri</u>.

As part of Ratha Yatra, the deities of Jagannath,his elder brother <u>Balabhadra</u> and younger sister <u>Subhadra</u> are taken out in a procession to Gundicha Temple and remain there for nine days. They are also accompanied by Sudarshana chakra. Then the deities or Ratha Yatra return to the <u>Main temple</u>. The return journey of Puri Jagannath Ratha Jatra is known as Bahuda Jatra.

Three richly decorated <u>chariots</u>, resembling temple structures, are pulled through the streets of Puri called Badadanda. This commemorates the annual journey of Lord Jagannath, Lord Balabhadra, and their sister Subhadra to their aunt's temple, the <u>Gundicha Temple</u> which is situated at a distance of 2 km from their temple. This is the only day when devotees who are not allowed in the temple premises,

such as non-Hindus and foreigners, can get their glimpse of the deities. During the festival, devotees from all over the world go to Puri with an earnest desire to help pulling the Lords' chariots with the help of other priests pulling the chariots with ropes. They consider this auspicious deed and risk their lives in the huge crowd. The huge processions accompanying the chariots play devotional songs with drums, tambourines, trumpets etc. Children line the streets through which the chariot will pass and add to the mass chorus. The Ratha carts themselves are some approximately 45 feet (14 m) high and are pulled by the thousands of pilgrims who turn up for the event; the chariots are built a new each year only from a particular type of tree. Millions of devotees congregate at Puri for this annual event from all over the country and abroad.

Hindu Temple of greater Cincinnati celebrates Rath-Yatra each year during Rath Yatra festival time with great devotion. This year is scheduled on Saturday, July 6th at 4pm, all releted rituals starts from the privious day. Hundreds of devotees attend and volunteer to pull the Rath of Lord Jagannath while chanting, and dancing along the temple boulward. Deties are kept and worshipped on the Temple basement stage for 9 days and returned to its orginal place upsatairs main Temple 9th day with great Bahuda Yatra celebration scheduled on July 14th at 10am.

# Shrimad Bhagwat Katha at the Hindu Temple, Jun1, 2019 (by Janak Dave)







Temple devotees were treated to a three-day Bhagwat discourse (*katha*) by our own Acharya Kailashji. Katha started with *pothi yatra* on June 1<sup>st</sup> followed by *Bhagwat Mahatmya*.

Several definitions of word *Bhagwat* were given by Panditji: One being the four letters of Bhagwat (अ, ज, ज, त) that respectively stand for *Dharma* (righteousness, moral values), *Aarth* (prosperity, economic values), Kaam (pleasure, love, psychological values) and Moksha (liberation, spiritual values). Together these constitute the four goals or aims of human life. Alternatively, the first letter denotes spiritual light, or strength; the second letter signifies knowledge; followed by fulfilment of dreams and the last one representing increased passion for spiritual bhakti and knowledge.

Bhagwat was given by Vyas as culmination of all of his previous works. (Vedas, 18 Puranas, etc). He was not satisfied with previous works and so the creation of Bhagwat. It shows us a path to God. All we need to do is make our activities God centric rather than self centric.

Panditji also talked about the dialogue between Narad Muni and Bhakti mata and how to train and change our ways of thinking towards activities which lead us to Bhagwan Krishna. Many times our ego stops us from doing the right thing.

On the second and third day we went through all chapters of Bhagwat describing many characters and their stories. Narad Rishi is the intermediary between us and bhagwan. He listens to our difficulties and problems and he explains to us as a guru, how can we overcome those and guides us to better way of life. Guru shows you the way. Panditji explained Chatushloki Bhagawat (Bhagwat in four verses). We should do Bhakti before our senses start to deteriorate. Do not wait to do

till you are old. God is omnipresent everywhere in living or inert objects. We are fortunate to be born as humans so grab the opportunity to be near Bhagwan Krishna. Parikshit realized this and attained moksha in 7 days.

Panditji talked about king Puranjan, Bhakt Prahlad, Bhakt Dhruv, Krishna Birth, Shukdevji etc. In kali yug, Bhakti/devotion, reciting bhagwan's name, bhajans are the best way to reach God. If we pray God with real passion, He is always there to help us like He did to Draupadi or Gajendra Hathi (Elephant). Even Ajamil was saved by God when he said Narayan at the end of his life. We all can experience closeness to God with purity of mind and heart. Having a deity or a picture in front of us helps us focus our mind while praying.

Thank you Acharyaji for providing this wonderful opportunity for all of us.







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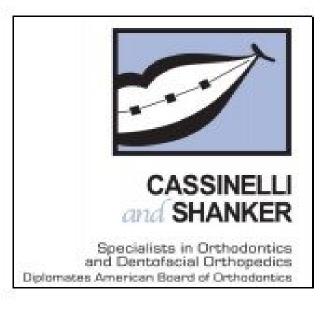
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### Yoga

Ray Nandyal

Yoga comes from the Sanskrit word, "yukta," meaning connection. Love, justice, gratitude, forgiveness, etc. are connections. Hate, bigotry, lack of gratitude and forgiveness, etc. are disconnections. We have "wellness" (and not just fitness) when we increase our connections and decrease disconnections.

What we in the West call yoga is a tiny part of real yoga, properly called "kriya yoga" (yoga activity). The metaphorical (kriya) yoga chair has four legs: Bhakti (devotion), Raja (meditation/concentration), Karma (justice) and Jnana (wisdom). As one does (kriya) yoga, one is supposed to fill one's mind with these four elements. Toward this purpose, yoga philosophers from Patanjali (2nd century BCE) to Swatmarama (14th century CE) encourage yoga practitioners to focus as much on the inner/mental/spiritual dimension as the outer/physical dimension. Many of the postures (asanas) and flows (vinyasas) have spiritual meanings, which when combined with the three physical foundations of yoga --flexibility, balance and strength--produce Shanthi (peace), which is the objective of comprehensive yoga.



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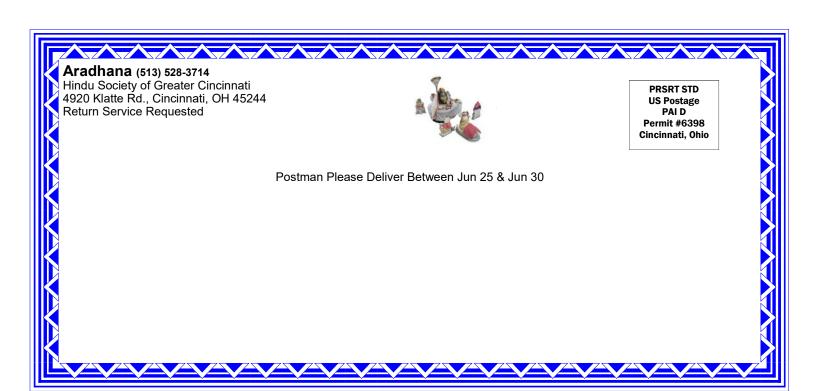
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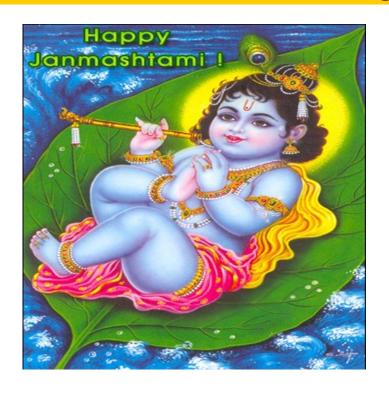
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<u>Directions to the Hindu Temple</u> From I-275 take Exit 63A (32West) - Stay on left at the exit- turn right onto OLD 74 – take first right- after 1/4th mile turn left at the first Traffic light onto Summerside Road. After approximately one mile turn right onto Klatte Road and then right on Barg salt Run Road. About a mile or so turn left into temple road. From UC: Take E McMillan to Columbia Pkwy to Beechmont Ave to Route 32 East (to Batavia). Turn left on Old SR -74. Temple phone no.+1 (513) 528-3714.

### Shri Krishna Janmashtami Celebration

Friday, August 23, 2019 6:00 PM - Midnight at the Temple



### **Program**

6:00pm Shri Krishna Puja and

Abhishek

6:15 pm Archana \*\*

6:45 pm Procession

8:00 pm Aarti & Prasad /Dinner

9:30 pm Bhajans /Keertan / Pravachan (Shree

Krishna Leela)

11:45 Shri Krishna Janmotasav Puja\*\*\*

Aarti & Prasad

### **Sponsorship**

Puja \$101, \*\*Archana \$21 \*\*\*Janmotsav Puja \$251

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For details & to reserve your place, please contact:

Temple 513-528-3714, Madhu Sharma 513-807-5081, Acharya Kailash Sharma 513-652-5382.