



# आराधना

*Aradhana*

A Publication of the Hindu Society of Greater Cincinnati  
Devdham of North America™

Chaitra/Vaisakha  
Vikram Samvat 2073  
April, 2017



**Akhand Ramayan Path**  
April 1st-April 2nd



<http://www.cincinnati temple.com>  
Email: hindutempleogc@gmail.com  
Phone: (513) 528-3714  
(513)-245-4994

## AKHAND RAMAYAN PATH

April 1st - 2nd Sat. & Sun (24hours)

## TAMIL NEW YEAR CELEBRATION

April 16<sup>th</sup> Sun 10 am to 1pm

## 20<sup>th</sup> Anniversary Celebration

**Rudra Yagna, Mata Ki Chouki**

**Sarvadev Gayatri Yagna, Procession Kalash Yatra**

**May 19<sup>th</sup>, 20<sup>th</sup>, 21<sup>st</sup> 2017**

Aradhana is Published Monthly and Circulated to community by mail and weekly email to approximately 3000 Families and is available on the website too.

We get about 60000 hits per month

Your comments or suggestions to improve Aradhana or website are always welcome

Please email at [usha.wc@gmail.com](mailto:usha.wc@gmail.com)

Articles from Community including children are welcome and encouraged

Advertising Rates/month:

Aradhana: Full Page-\$300: Half Page-\$150,

Quarter Page- \$100, & 1/8th page- \$50

Temple Website: 101/month

A 10% discount is given for 12 consecutive repetitions of the same ad.

Hindu Society of Greater Cincinnati (HSGC) is a non-profit organization that caters to the needs of a large community.

## **EXECUTIVE COUNCIL 2017**

**President:** Deepak Dixit : 513-348-5496  
dixitdnoh@gmail.com  
**Vice President:** J. S. Karthikeyan: 513-382-2575  
jskarthikeyan@gmail.com  
**Secretary:** Narayan Surabhi: 513-240-3061  
nsurabhi1@gmail.com  
**Treasurer:** Mina Karamchandani: 513-259-4015  
Mina.karamchandani@gmail.com

## **COMMITTEE CHAIRPERSONS**

**Puja Committee:** Mangala Nemade :513-234-8373:  
mangalanemade@gmail.com  
**Communications:** Usha Aggarwal:513-252-1040  
usha.wc@gmail.com  
**Membership/Fundraising:** Mardav Bakshi: 513-328-1928  
mardavbakshi@gmail.com  
**Property Management:** Mantu Patel: 859-409-9745  
**Cultural Activities:** Amitava Das : 513-497-7972  
Hsgccultural@gmail.com  
**Religious Education  
& Youth activities:** Jai Bikchandani: 859-512-7521  
jai\_9c@yahoo.com  
**Long Range Planning:** Chair- Raneshwar Gupta:513-232-3331  
rgupta@tapohio.com  
Co-Chair- Indira Murthy

## **PRIESTS**

**Chief Priest:** Acharya Kailash Sharma: 513-652-5382  
acharyaksharma@yahoo.com  
**Priest:** Acharya Chakreshwar Sharma: 513-376-2982  
achayachakreshwar@yahoo.com  
**Priest:** Pandit Srinath Bhattar: 513-488-2986  
bhattarsrinath@yahoo.com  
**Priest- Pandit Piyush Joshi:** 513-655-8360  
piyushjoshi251@gmail.com

## **RELIGIOUS COUNSELOR**

Dr. Koti Sreekrishna: 513-290-3064 tatachar@aol.com

**Family Support Counselor including Last Rites**  
**Khush Karamchandani 513-259-4016:karamch@aol.com**

## **2017 Puja Committee & Religious Activities Members**

Mangala Nemade(Chair) 513-234-8373  
Kiran Dayal (Co-Chair) 513-474-4051  
Sangita Patel (Co-Chair) 513-791-0855  
Acharya Kailash Sharma 513-770-0705  
Acharya Chakreshwar Sharma 513-376-2982  
Pandit Srinath Bhattar 513-528-3714  
Pandit Piyush Joshi 513-655-8360  
Swarna Choudhury 513-232-2343  
Rani Dhamija 513-984-5777  
Meena Sondhi 513-831-9788  
Padmaja Patkar 513-847-1918  
Jyoti Desai 513-885-1318  
Vasundhara Dasari 513-777-3353  
Suchitra Mishra 513-573-9775  
Rajan Odavar 513-336-6843  
Vilas Patel 513-226-2154  
Jayshree Mathur 513-889-2906  
Purabi Dey 513-688-1721  
Triveni Dave 859-371-9645  
Murali Annamalai 513-827-5450  
Latha M. Gowda 513-891-4184  
Anitha Panchanathan 513-328-9680

## **Treasurer Co-Chair**

Amar Sharma 513-777-5771

## **Property/ Management Co-Chair**

Kamlesh Singh 513-206-5848

## **Temple Manager's Committees**

**Manager: Laxmi Srivastava 513-474-0533**

**Chief Financial Officer : Raj Bodalia 513-583-0184**

**Office Manager:** Mohan Chopra  
**I/C Swami Lectures:** Vinay Kumar, Meena Mehta,  
Koti Srikrishna, Ganesh Yadlapalli  
**Temple Database:** Nandkumar Khemchandani,  
Raj Badolia, Greg Smith  
**Anniversary & Birthdays Data:** Manju Gupta  
**E-Mail Data:** Pradeep Goyal,  
Nandkumar Khemchandani  
**Gift Shop:** Meena Sondhi, Madhu Sharma  
**Security:(ADT):** Mohan Chopra, Greg Smith,  
Kailash Sharma, Laxmi Srivastava  
**Financial Data:** Nand Kumar Khemchandani,  
Raj Bodalia, Laxmi Srivastava  
**Project Manager:** Vithal Nemade  
**I/C Temple Website:** Bharat Vala, Greg Smith,  
Sudhakar Vinod,  
**I/C Temple Calender:** Meena Mehta, Ashvin Mehta,  
Acharya Kailash Sharma  
**Volunteer Services:** Mohan Chopra, Rajan Odayar,  
Kedarnath Nambori, Dilip Patel, Vij  
ay Sharma, Khush Karamchandani  
**Temple Photographer:** Greg Smith, Naba Mishra,  
V G Ramaswamy , Mardav Bhakshi  
**Mela Committee:** Anil Jindal, Anisha Jindal,  
Jyoti Desai, Raneshwar Gupta  
**Ramleela Committee** Sudhakar Vinod , Kamlesh Singh

## **TEMPLE SCHEDULE**

**Monday-Friday:** 9.00 AM-12.00 Noon & 5.00 PM-8.00 PM  
**Saturday & Major Hindu Holidays (Maha Shivratri, Krishna  
Janamashtmi, Ganesh Chaturthi, Deepawali)** 9.00 AM- 8PM

**Sunday:** 9.00 AM- 7.00 PM (NOV.-MAR), 9AM-8PM (APR-OCT)

## **SPECIAL PROGRAMS ON WEEKENDS**

9.15 - 9.30 AM: Suprabhatam  
9.30 - 11.00 AM: Daily Puja of Temple Dieties  
11.00-11.30 AM: Sponsored Puja  
11.30-12.15 PM: Bhajans  
12.15-12.45 PM: Religious Discourse  
12.45-1.00 PM: Birthdays, Anniversary Pujas  
& Announcements  
1.00 PM: Aarti & Prasad

## **RELIGIOUS DISCOURSE**

**Sundays:** 12.15-12.45 PM  
**Fourth Sunday:** Upnishads  
**Second Sunday:** 1008 Gayatri Jaap & Children Program  
**Third Sunday:** Sunder Kand Path

Members of Community are invited to speak on topics related to Hindu religion, philosophy, culture, reformation, Gurus, self-preservation, etc. If you would like to talk or like to suggest someone who be interested, please contact Mangala Nemade

Devotees are requested to sit-in Sunday Puja as well bring Prasad & Lunch. You wish to use this occasion to celebrate important events such as wedding anniversaries, birthdays, ishta devta puja, graduation and other memorable days. Events can be hosted by individuals, families, groups of families or organizations. Please reserve your Sunday of choice ASAP by putting your name & phone number on the calendar at the temple & calling Puja Committee members Kiran Dayal/ Meena Sondhi

Please donate generously. Your temple needs: SPONSORS FOR FLOWERS \$ 50/WEEK, SUNDAY PUJAS, AND YOUR SUPPORT

# Puja Information

## RATES FOR PUJA & PRIEST SERVICES

SERVICES	IN TEMPLE	OUTSIDE TEMPLE
Abhishekam (All Deities)	\$101.00	—
Aksharabhyas	\$101.00	\$151.00
Anna-Prashanam	\$101.00	\$151.00
Ashta Prakari Puja (Mahavir)	\$101.00	\$151.00
Ashtoththaram (108) Archana	\$ 11.00	—
AyushyaHomam/B'day Celeb.	\$101.00	\$151.00
Ground Breaking Ceremony	—	\$151.00
Griha Pravesha (House Warming)	—	\$151.00
Griha Pravesha w/SatyaNarayan Puja	—	\$201.00
Kalayana Uthsava	\$151.00	\$201.00
Kesh Khandan/Mundan/Churakr	\$101.00	\$151.00
Naam-Karan	\$101.00	\$151.00
Navagraha Puja	\$101.00	\$151.00
Nischitartham (Engagement)	\$151.00	\$251.00
Nitya (1 Day) Kainkaryam (Seva)	\$101.00	---
Poolangi Seva (With Flowers)		
(Only During Off Winter Season)	\$101.00	—
Sahasranama (1008) Archana	\$ 51.00	---
Sathyanarayana Puja	\$101.00	\$151.00
Sathyanarayan Puja w/Havan	\$131.00	\$201.00
Seemantham(Baby Shower)	\$151.00	\$201.00
Mata Ki Chauki*	\$251.00	\$301.00
Akhand RaOctoberan Paath	\$251.00	\$501.00
Shashti Poorthi (60th B'day)	\$201.00	\$251.00
Anniversary celebration	\$151.00	\$201.00
Suprabhat Seva	\$ 21.00	---
Unjal (Swing) Seva	\$ 31.00	---
Upakarma (Thread changing)	\$ 51.00	---
Upanayam/Brahmopadesham/		
Thread Ceremony	\$151.00	\$251.00
Sunderkand Path	\$101.00	\$151.00
Vahan Puja	\$ 51.00	----
Yearly Shradham (Barkhi)	\$101.00	\$151.00
Wedding (\$ 251.00 Advance Deposit required)	\$301.00	\$501.00
Funeral (Last Rites)		\$ 201.00

### Priest Dakshina

All puja rates amounts do not include Priest Dakshina. Sponsors (devotees) are encouraged to provide Dakshina to Priest at their will and satisfaction. This dakshina directly goes to the Priest. A reimbursement of travel expenses for the Priest during outside puja will be required at 0.50 cents/mile .

\* Rates of Mata Ki Chauki performed at another temple will be 50% of the money collected at the temple or a minimum of \$ 701.00.

Rates are subject to change without notice. Rates of Pujas not listed above and requiring less than four hours of priest's time will normally be \$ 101.00 (inside the temple) and \$ 151.00 ( outside of temple). Rates of Pujas out of Greater Cincinnati will be \$100.00 more than the rates of outside Puja within greater Cincinnati area.

## Temple Rental: Lower Floor Only

	Full day	Half day
Monday -Thursday (except holidays)	\$ 401.00	\$ 225.00
Friday, Saturday & Holidays	\$601.00	\$401.00
<u>Sunday after 3PM only</u>	not rented	\$401.00
Use of Kitchen	\$ 201.00	\$101.00
Use of Kitchen w/paper products	\$251.00	\$ 151.00

Full Day: 8.00 am-11.00 pm

Half Day: 8.00 am-2.00 pm or 4.00 pm—11.00 pm

### Note:

All Temple rentals require a \$ 200.00 security deposit. It will be forfeited if the basement hall, upstairs, bathrooms and the kitchen area are not cleaned by the party renting the space.

### CONTACTS:

To Schedule Puja— Mangala Nemade –513-234-8373  
(mangalanemade@gmail.com)

To rent Lower Level –Raneshwar Gupta 232-3331

## Puja Committee Announcements

If you have any question or suggestion about temple activities contact Mangala Nemade 513-234-8373 any EC Members or Temple at 528-3714.

- 1 Archana performed during temple hours by sponsorship.
2. No Archana on Sundays between 11 a.m.-1 p.m.
3. Outside Pujas and other religious services will be conducted by appointment only.
4. To schedule any Pujas please contact Puja Committee chairperson at least one week in advance.
5. Food and Prasad : To bring to temple please contact Puja Committee chairperson .
6. Pujas performed outside the temple will be rated according to the number of Pujas performed
7. Puja Samagri- for convenience of devotees, the temple can provide Puja Samagri for a donation of \$ 21.00 for any puja and \$ 31.00 for any puja including Havan/Homam
8. Cancellations of Puja should be done 3 days in advance or else the full fee for the Puja will be charged.

## Important Announcement

**Sunderkand CD**  
(sung by Acharya Kailash Sharma)  
is available at the temple gift shop for \$ 10.00/each.

**The money raised will go to temple.**

## Regular Weekly & Monthly Events at the Temple

### Monthly Navgrah Puja

Every first Saturday of the Month  
Sponsors needed for Puja \$51.00  
For Details call

Mangala Nemade [234-8373](tel:234-8373) ; Temple priests: [528-3714](tel:528-3714)

### Monthly Murugan Abhishekham /Puja

Every second Sat of the Month  
Sat 4pm Sponsor Murugan Group.

Pandit Bhattar 488-2986,  
Murali Annamali 827-5450,  
Yasotha Subarajan [754-0578](tel:754-0578)

Priests : 529-3714; Mangala Nemade [234-8373](tel:234-8373)



### Monthly Satya Narayan Puja

On Every Purnima of the Month  
6:30 pm

Sponsorship \$ 51.00

To sponsor Puja call  
Mangala Nemade [234-8373](tel:234-8373)  
Temple priests: 528-3714



### Shri Ganesh Puja & Shri Ganesh Atharvshirsha Path

Every 4<sup>th</sup> Sunday of the month 10:30AM

This Puja is dedicated to each month's

Sankashti Chaturthi to Lord Ganesh.

For more information & To Sponsor the Puja please call

Padmaja Patkar 513-847-7918, Mangala Nemade [234-8373](tel:234-8373)

Temple Priests: [528-3714](tel:528-3714)

### SAI BHAJAN

Every First Sat. of month 6pm to 7:30pm  
For more details please call Dr. Ganesh 857-719-1500 ,  
Rajan 331-2058.



### Monthly ABHISHEKAM/KALYANOTSAVAM FOR LORD SRI VENKATESWARA

4th Saturday of each month -10:30 AM-12:30PM.

To sponsor and details please call any of the following:

Anand Konda: [732-423-1539](tel:732-423-1539); Vasundhara Dasari: [513-827-5160](tel:513-827-5160)/777-3353; Suseela Paturi: [513-867-8591](tel:513-867-8591); Sunitha Manu-konda: [513-900-0605](tel:513-900-0605)/770-0255; Pandit Sri Srinath Bhat-tar: [513-488-2986](tel:513-488-2986).

### 1008 Gayatri Jap

Second Saturday of each month at 9.30AM

For details please contact temple priest [528-3714](tel:528-3714) or  
Mangala Nemade [234-8373](tel:234-8373)

### Weekly Shlv Mahiman Stotram

Every Monday at 6:30 pm



### Weekly Hanuman Chalisa Path

Every Tuesday at 6:30 p m To sponsor call

Mangala Nemade [234-8373](tel:234-8373) or Temple Priests  
[528-3714](tel:528-3714)



### Weekly Vishnu Sahasranaam Parayana

Vishnu Sahasranaama Parayana (chanting) will now take place

Every Thursday at 7:00 pm . Please join us for the chanting.

Please contact Ganesh Sundaresan [513-752-4025](tel:513-752-4025)

### Weekly Venkateswar Puja

Every Friday at 6:30pm

To sponsor Puja please call Mangala Nemade [234-8373](tel:234-8373)

Temple priests: [528-3714](tel:528-3714)

### PURUSHOTTAM NAAM STOTRA PARAYAN

Every 2<sup>nd</sup> Wed. of each month

6pm to 7:30pm

details please call Mina Mehta 574-6763



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Your comments or suggestions to improve Aradhana or website are always welcome  
Please email at [usha.wc@gmail.com](mailto:usha.wc@gmail.com)

National Domestic Violence Hotline:

1-800-799-SAFE (7223) [www.ndvh.org](http://www.ndvh.org)

Ohio Domestic Violence 24 hour

toll free: 1-216-823-7223

Ohio Domestic Violence Hotline: 1-800-618-6523

Project HOPE helpline : [513-535-4976](tel:513-535-4976)

**Domestic Violence**

Geeta Mehan : [513-754-0400](tel:513-754-0400)  
YOU ARE NOT ALONE



## APRIL 2017

April	1st	Sat.	Akhand Ramayan Path 11am begins
April	2nd	Sun.	Ramayan Path ends 12:30pm
April	1st	Sat.	Sai Bhajans 6pm
April	2nd	Sun	Umiya Mata Puja 4pm
April	3rd	Mon	Ashtami Havan 6pm
April	4th	Tues	Ram Navami Puja 11:30am
April	8th	Sat.	Sita Rama Kalyanam 10:30am
April	9th	Sun.	Ganesh Puja 11am
April	9th	Sun	Panguni Uttiram 6pm
April	10th	Mon	Hanuman Jayanti 5:30pm
April	10th	Mon	Purnima Satya Narayan Puja 6:30pm
April	12th	Wed	Purushottam Naam Stotram parayan 6pm
April	13th	Thur	Mesha Sankranti/Vaishakhi/Tamil/Bengali New Yr
April	14th	Fri	Sankashti Chaturthi 6pm
April	15th	Sat.	1008 Gayatri Jaap 9:30am
April	16th	Sun	Tamil New year Cele. Murugan abhishekam 10am
April	22nd	Sat.	Venkateshwara Kalyanam 10am
April	23rd	Sun	Vallabhacharya Jayanti Celebration 10:30am
April	28th	Fri	Akshaya Tritheeya/ Parashuram Jayanti
April	29th	Sat.	Thayagraja Purandardasa Festival
April	30th	Sun.	Jagannatha Puja 11am

## MAY 2017

May	6th	Sat.	Navagrah Puja 3pm Sponsorship \$51
May	6th	Sat.	Sai Bhajans 6pm
May	7th	Sun	Mahavir Jayanti Celebration 11am: Sponsored by- Jain center of Cincinnati Dayton.
May	10th	Wed	Purnima Satya Narayan Puja 6:30pm <b>Sponsorship \$51. Puja Samagri will be provided, please call ahead, come with one coconut, flowers , fruits and Prasad.</b>
May	7th	Sun	Umiya Mata Puja 4pm
May	10th	Wed	Purushottam Naam Stotram parayan 6pm
May	13th	Sat.	1008 Gaytri jaap 9:30am
May	13th	Sat.	Murugan Abhishekam 4pm Sponsorship \$101
May	14th	Sun	Sunderkand Path 10:30am
May	14th	Sun	Sankashti Chaturthi Puja 6pm
May	19th	Fri	Temple's 20th Anniversary Celebration 5pm Day 1
May	20th	Sat.	Temple's 20th Anniversary Celebration day- Rudra Yagna 10am, Mata ki Chouki 4pm
May	21st	Sun	Anniverasary celebration 9-1pm day 3
May	25th	Thur	Vat Savitri Vrat puja 11am
May	27th	Sat.	Venkateshwara Abhishekam 10am
May	28th	Sun	Ganesh Puja 11am

# AKHAND RAMAYAN PATH

(Shri Ramcharit Manas)

April 1st - April 2nd Sat. & Sunday 24hours  
11:00am to 12:30 pm next day

Sponsorship:

- \$251.00: Akhand Ramayan Path
- \$101.00: Sunderkand Path, Shri Ram Janma,  
Shri Ram Vivah,
- \$21.00: Archana .

**We need volunteers to read Ramayana.**  
**Temple will be open 24hours for this event .**

Please call Temple (513)528-3714. Kiran Dayal 513 474 - 4051,  
to give your name & preferred time to read Ramayan.



**Event is sponsored by: Rameshwar, Kiran Dayal & family.**

Hindu society cordially invites millennial generation with family and friends to participate in

## Laxmi-Narayan Puja

(worship for Goddess Laxmi and Lord Vishnu)

April 5th Sunday: 11:30am Puja followed by  
Aarti and Prasad

This puja is organized to encourage younger generation to  
take active part in Temple activities.

Please register by Email [acharyaksharma@yahoo.com](mailto:acharyaksharma@yahoo.com)

For more details call: Temple 513-528-3714,  
Mangala Nemade 234-8373.

**Sponsorship \$31.00**

**Lunch Prasad sponsor needed.**

**Required puja items will be provided by temple**



# CHAITRA NAVRATRI PUJA

April 28th to April 3rd 2017



April 28th Tuesday 6:00 pm KALASH STHAPANA

April 29th to April 3rd CHANDI PATH & DEVI PUJA:  
everyday 9:30 am to 11:00pm and 5.00pm to 6:00pm

April 3rd Monday 6:00 pm Durga Ashtami Puja & Havan

Sponsorships: Chandi path \$51.00, Havan \$51.00.  
Chandi Path all days of Navratri \$251.00

# Mahavir Jayanti Celebration

May 1st - 11am to 1pm



11.00 AM Ashta prakari Puja

12:30 Bhajans ,

1:00 Mangal Aarti followed by  
Prasad and Lunch

sponsored by -Jain center of Cincinnati , Dayton

## Sri Bhu Neela Samet

## Sri Venkateshwara Swamy

Utsava Moorthy 15<sup>th</sup> Anniversary: April 22<sup>nd</sup> Saturday 2017



**Program:** 9 am Suprabhatam, 10 am Sri Vishnu Sahasra Namam Chanting, 1 pm Maha Mangal Arti followed by Lunch Maha Prasadam.

**Sponsorships;-** Event Sponsors \$501, All 10 Utsavam \$251, Each Utsavam \$ 101, Archana \$21

For more details- contact Temple 513-528-3714, Pandit Srinath Bhattar 513-488-2986, Vasundhara Dasari 513-777-3353, Anand Konda 732-423-1539, Mangala Memade 513-234-8373



## SHRI RAM NAVAMI CELEBRATION

### SITA RAMA KALYANAM.

Wedding of Shri Ram Sita

April 8<sup>th</sup> Sat. 2017: 10am to 1pm

Place:- Hindu Temple of Greater Cincinnati  
4920 Klatte Rd. Cincinnati, OH 45244

Sponsorships: \$1016.00 Grand Sponsors,  
\$116.00 Sponsors, \$21.00 Archana

Event Sponsored by- TARANGINI

For more details please contact Temple 528-  
3714, Mangala Nemade 234-8373, Vasundhara

Dasari 777-3353. Aanad Konda 732-423-1539, Pandit Srinath Bhattar 513-488-2986



## SHRI HANUMAN JAYANTI CELEBRATION

April 10th Monday 2017



5:00pm Shri Hanuman Puja & Hanuman Chalisa Path

5:30pm Sunderkand Path

7:30pm Aarti & followed by Maha Prasad (lunch )

Sponsorship: \$101.00 Puja & Path, \$11.00

Archana.

Event Sponsored by :- Oxford Mason Group

## TAMIL NEW YEAR CELEBRATION

April 16<sup>th</sup> Sunday 10 am to 1pm

10am Murgan Abhishekam 12pm Archana  
1pm Mangala aarti followed by Prasad & lunch

Sponsored By- Murgan Devotees  
Sponsorship \$101.00 Abhishekam, Archana \$21.00.

No Murgan Abhishekam on 2nd Sat. April 9<sup>th</sup>.

For more details:

Call Temple 513-528-3714, Mangala Nemade 234-8373  
,Murli Annamalai 513-827-5450.







Hindu Society of Greater Cincinnati cordially invites you with family & friends  
On the occasion of Temple's

# 20<sup>th</sup> Anniversary Celebration

## Rudra Yagna, Mata Ki Chouki

Sarvadev Gayatri Yagna, Procession Kalash Yatra

May 19<sup>th</sup>, 20<sup>th</sup>, 21<sup>st</sup> 2017

**Fri.19<sup>th</sup> 5:30 to 8pm**

**5:30 pm** Anugya, Swastivachan, Shri Ganesh Puja,  
Punayah-Vachan, Ritvik Varan, Raksha-Bandhan,  
**6:30pm** Kalash Sthapana, Mandal, Aaradhana,  
**7:30pm** Aarti & Prasad. (Dinner)



**Sat. 20<sup>th</sup> 9:00am to 1pm**

**Rudra Yagna**

**9:00 am** Nitya Puja  
**10:00am** Utsava Murti Abhishekam  
**11:00am** Yagna ShalaPravesh, Rudra Yagna  
**12:30am** Purnahuti  
**1:00 pm** Maha Mangal Aarti



**Saturday 20<sup>th</sup> 4 to 8pm** **MATA KI CHOUKI**

**4:00pm** Devi Durga Puja  
**5:00pm** First Devi Durga aarti  
**5:15pm** Mata Bhajans  
**7:30pm** Kanya Puja  
**8:00pm** Bhog , Aarti Followed by Dinner  
**Sunday 21<sup>st</sup> 9am to 1pm** **SARVDEV GAYATRI YAGNA**  
**09:00am** Nitya (Daily)Puja  
**10:00am** Sarvadev Gayatri Yagna  
**11:30am** Kalash Yatra (Procession in temple blvd with-  
devotional chanting & bhajans)  
**12:00am** Dhwaja Puja & Arohan  
**12:15pm** Special Archanas for all the Deities, Bhajans  
Appreciation of Priests & Volunteers  
**1:00pm** Aarti & Prasad (Lunch).

### Sponsorships:

\$1001.00 All Three days pujas (excludes Mata Ki Chauki)  
\$ 501.00 Dhwaj Puja/Aarohan, Sarvadev Gayatri Yagna  
Kalash Yatra, Rudra Yagna  
\$ 501.00 Special Archana, Sarvadev Gayatri Yagna,  
Kalash Yatra. Rudra Yagna,  
Utsav Murti Abhishekam  
\$ 251.00 Rudra Yagna, Sarvadev Gayatri Yagna,  
Kalash Yatra  
\$101.00 Sarvadev Gayatri Yagna, Kalash Yatra,  
\$ 101.00 Rudra yagna , Kalash Yatra  
\$ 51.00 Sarvadev Gayatri Yagna .  
\$ 51.00 Rudra Yagna  
\$ 21.00 Kalash Yatra.

**Sponsors for Mata Ki Chouki will receive blessed  
SAREES, dupattas or suhag things.**

\$501.00, \$251.00, \$101.00 -Sarees, \$51.00 Dupattas,

### **Rudra Yagna**

**For universal peace and prosperity and for the  
fulfillment of all wishes.**

Lord Rudra is a ferocious aspect of Lord Shiva, who is the embodiment of  
destruction and unlimited love. *Rud* means sorrow. *Ra* means destroyer.

Rudra is the One who destroys your sorrows.

**Devotees are requested to sponsor one or more items listed  
below, for various pujas. All items are needed by May 17th  
Thursday.**

Coconuts 121ct, Havan Samgri - 100 pack , Ghee - 100lb , Dry  
fruits 100lb.(Almonds,Cashew,Raisins) Camphor250gram, Milk  
5gallons, Yogurt 5pack, Fruits 5 Varieties,Saffron 1 Box, Mango  
leaves, Pan leaves 20 Haldi, Kumkum, Mauli/ Nadachadi, Sarees  
for each deity, Jewelry for each deity.

Grand Sponsors - Ramneni Family.  
Mata Ki Chauki - open  
Rudra Yagna - Open

**Place: - 4920 Klatte Road Cincinnati OH-45244**

For details please contact Temple 513-528-3714, Mangala Nemade 513-234-8373, Acharya Kailash Sharma 513-652-5382.  
Acharya Chakreshwar Sharma 513-528-0901, Pundit Srinath Bhattar 513-488-2986, Pundit Piyush Joshi 513-655-8360



# Ancient Method for Elemental Purification: Source of Ultimate Health

When we look at what determines health and wellbeing, we may think in terms of our diet or weight, the amount of exercise we engage in, or the results of our medical tests. We may control our diet, exercise, or take medications to manage our health but health can also be addressed more fundamentally. Sadhguru, a realized yogi and foremost authority on yoga, looks at how the process of Bhuta Shuddhi can transform a human being in miraculous ways, by imprinting the right kind of information on each of the elements.

**S**adhguru: "What you call as my body is just a manifestation of five elements - earth, water, fire, air, and space. If you know how to organize these five elements properly, if you know how to keep these five elements within yourself then there is nothing more to life in terms of health, well-being, and perception. Everything is handled if only you know how to keep these five elements properly. The most fundamental practice in the yogic system which is the basis of everything else that we are doing is called as bhuta shuddhi. Bhuta means the five elements. Shuddhi means to cleanse that. If you learn to cleanse the five elements in the system, that is all there is. If you do a certain level of cleansing for the elements then you attain to what's called as bhuta siddhi. That means you have mastery over the elements. If you have mastery over the elements, you have mastery over the body, over the mind, and over the very creation.

So knowing this we produced a system through which you can take charge of the five elements within you. If you do an asana, Surya Namaskar, Surya Kriya, pranayama or a kriya—in a way, you are doing bhuta shuddhi. In other words, you address life in its most fundamental form, which is the five elements. You can address life just as body. You can address life as prana or life energy. You can address life on the cellular level. You can even address life on the atomic level. Or you can address life on the elemental level, which is most fundamental. Yoga is an attempt towards that. If these five elements are in your control, just the whole life process is in your control.

The whole system of bhuta shuddhi has evolved from the knowledge that the five elements can take in and hold information. If information is properly put into anything, it also creates an intention. Depending upon what kind of information you hold about something, you naturally develop a certain intention towards that something. Once you have an intention, you start moving in that direction. It is this basis that gives bhuta shuddhi its effectiveness and its ability to transform a human being in miraculous ways."

Every practice taught at Isha contains bhuta shuddhi, which directly correlates to the phenomenal health benefits experienced by the participants of the program.

Sadhguru will be personally offering the Inner Engineering program in Tampa, April 29th-30th at the Tampa Convention Center. As Sadhguru rarely conducts this program, it is a unique opportunity to learn Shambhavi Mahamudra Kriya, a life-transforming practice, directly from him.

To learn more:  
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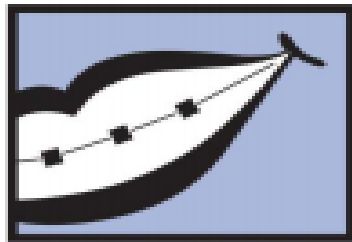
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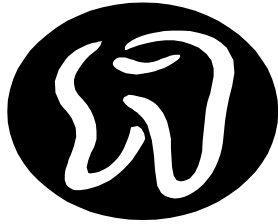
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## How the Temple Benefits from Kroger Plus Enrollment

Kroger gives *Hindu Temple of Greater Cincinnati* a percentage of the sales from purchases by customers who have registered their Kroger Plus Card and declared our *Temple* their "Community Organization" in the Kroger Community Rewards Program. **There is no cost for you to join the program**, you keep all your Kroger gas points and there is no extra cash out of your pocket, however, *Hindu Temple of Greater Cincinnati* could potentially earn up to \$50,000 per quarter from Kroger Customers who use their Kroger Plus Card after registering the *Temple* as their Community Organization. Kroger's new and improved program pays quarterly rewards based on a formula that includes each organization's use and the overall use by all participating organizations enrolled in the program. Even earning 1/10th of the potential quarterly reward would be a significant windfall for the Here's how to register your Kroger Plus Card:

### Existing Krogers Plus Card Users With Established Online Account

- Sign into your account at [kroger.com](http://kroger.com). Click the logo for Kroger Community Rewards program.
- You will be prompted to find your organization. Type in *Hindu Temple of Greater Cincinnati* and click return. Click the circle by the Temple. The Temple's NPO number is 81567.) You can select only one organization per card. After clicking on *HTGC*, save your selection.

### New Kroger Plus Card Users or Users Wishing to Register for the First Time

- Get a Kroger Plus Card at the customer service desk of any Kroger.
- Register for the Kroger Community Rewards Program online at [krogercommunityrewards.com](http://krogercommunityrewards.com)
- Click on Sign In/Register. Click on "Sign Up Today" in the "New Customer?" box.
- Have your Kroger Plus Card handy so you can edit your account information. You will be asked to enter your zip code, click on a favorite store, enter telephone number, enter your e-mail address, create a password and agree to the terms and conditions. (Note: Remember which telephone number you associate with your account because you can use it instead of the actual card at checkout.)
- You will then get a confirmation message in your email inbox. Click on the link within the body of the email to confirm your account.
- Click on My Account and use your email address and password to proceed to the next step. Click the logo for Kroger Community Rewards program.
- You will be prompted to find your organization. Type in *Hindu Temple of Greater Cincinnati* and click return. Click the circle by the Temple. *Hindu Temple of Greater Cincinnati*'s NPO number is 81567. After clicking on *HTGC*, save your selection. To verify you are enrolled correctly, you will see *Hindu Temple of Greater Cincinnati* listed under the Community Rewards tab as your "Community Organization."

*Hindu Temple of Greater Cincinnati*. Important: You must register your card every year before April 1st.

**Aradhana (513) 528-3714**

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