



आराधना

Aradhana

A Publication of the Hindu Society of Greater Cincinnati
Devdham of North America™

Magh/Phalgun
Vikram Samvat, 2069
February, 2013



Happy
Vasant Panchami



<http://www.cincinnati temple.com>
Email: hindusociety@fuse.net
Phone: (513) 528-3714



Vasant Panchmi Celebration Sunday Feb. 17th 2013

10:30 am to 1:00 Pm

10:30 to 11:30 Saraswati Puja

11:30 to 11:45 Vidyarambha Puja (For Children)

11:45 to 12:00 Pushpanjali Offerings

12:00 to 1:00 Bhajans , Pravachan & Aarti Prasad (Lunch)

Event is sponsored by- Agrani Bengali Association .

For Details Please call Sangita Patel 791-0855, Anju Saha 474 3922,
Temple: 513-528-3714.

The Gayatri Mantra

Om Bhoor Bhuvah Svah
Tat Savitur Varenyam
Bhargo Devasya Dheemahi
Dhiyo Yonah Prachodayaat.

ॐ भूर्भुवः स्वः
तत्सवितुर्वरेण्यं
भर्गो देवस्य धीमहि
धियो यो नः प्रचोदयात् ।

Oh Creator of the Universe!
We meditate upon thy supreme
splendor.
May thy radiant power
illuminate our intellects,
destroy our sins, and guide us
in the right direction!

If you or someone you know, is not receiving ARADHANA, or if you need a change of address, please contact
Mohan Chopra at 859-331-2416 or Nandkumar Khemchandani : asiindian@aol.com / 513-779-1043
Aradhana (past and present) is also available at temple website: www.cincinnati temple.com
Deadline for submission of articles for next Aradhana is February 10th

TEMPLE INFORMATION

EXECUTIVE COUNCIL 2012

President

Jitu Patel 513-836-0606 jpatel5@live.com

Vice President

Sudhakar Vinod 513-573-0305
vinodemail@gmail.com

Secretary:

Murali Muraleetharan 513-573-0550
mmuraleetharan@cinci.rr.com

Treasurer:

Amar Sharma 513-777-5771
ushaamar@aol.com

COMMITTEE CHAIRPERSONS

Pooja Committee: Sangita Patel(Chair):
513-791-0855 ptsp27@aol.com

Communications/Editor:

Geeta Mehan 513-754-0400
mehangeeta@gmail.com

Membership & Fundraising:

Manish Srivastava (513) 503-2825
mansriva@hotmail.com

Property Management & Maintenance:

Rakesh Patel (513) 892-1830
rockypatel1968@yahoo.com

Cultural Activities:Asit B. Saha

(513) 489-5720 absaha09@gmail.com

Religious Education & Youth Activities:

Vinit Rastogi (513) 398-3216
rastogivk@gmail.com

Long Range Planning

Laxmi Srivastava 513-474-0533

Cultural Activities:

Asit B. Saha (Chair) (513) 489-5720
absaha09@gmail.com

Religious Education & Youth Activities:

Vinit Rastogi (513) 398-3216
rastogivk@gmail.com

Youth Member: Mahima Devarajan

(513)-646-9311 arcubedgd@yahoo.com

Priests: Acharya Kailash Sharma,

Chief Priest (513) 770-0705

Acharya Chakreshwar Sharma

(513) 528-0901

Pandit Srinath Bhattar (513) 488-2986

Religious Counselor

Dr. Koti Sreekrishna (513)-290-3064
tatachar@aol.com

RELIGIOUS DISCOURSE

Sundays 12:15 - 12:45 PM

First Sunday : Upanishads

Second Saturday : 1008 Gayatri Jaap

Second Sunday : Children Program

Third Sunday : Sunder Kand Path

Fourth Sunday : Shri Ganesh

Atharvshirsha Path

Fifth Sunday : Jagannath Puja

Members of the community are invited to speak on topics related to Hindu religion, philosophy, culture, reformation, Gurus, self-preservation, etc. If you would like to talk or like to suggest someone who may be interested, please contact Kiran Dayal.

Devotees are requested to sit-in Sunday Pooja as well as bring Prasad and Lunch. You may wish to use this occasion to celebrate important events such as wedding anniversaries, birthdays, ishta devata pooja, graduation and other memorable days. Events can be hosted by individuals, families, group of families or organizations. Please reserve your Sunday of choice ASAP by putting your name and phone-no in the calendar at the temple & calling pooja committee members Kiran Dayal or Meena Sondhi.

TEMPLE SCHEDULE

Monday - Friday : 9:00AM-12:00 Noon
5:00 PM - 8:00 PM

Saturday, Sunday

& US Holidays: 9:00 AM - 8:00 PM

SPECIAL PROGRAM ON WEEKENDS

9:15 - 9:30 A.M.

Suprabhatam

9:30 - 11:00 A.M.

Daily Pooja of Temple Deities

11:00 - 11:30 A.M.

Sponsored Pooja

11:30 - 12:15 A.M.

Bhajan

12:15 -12:45 P.M.

Religious discourse

12:45-1:00 P.M.

Birthday and Anniversary pooja and announcements

1:00 P.M.— Aarti

Attorney: Aronoff, Rosen & Hunt
(513) 241-0400

Accountant: Open

2012 POOJA COMMITTEE & RELIGIOUS ACTIVITIES MEMBERS

Sangita Patel (Chair)	791-0855
Kiran Dayal (Co-Chair)	474-4051
Amita Gupta (Co-Chair)	336-8782
Swarna Choudhury (Co-Chair)	232-2343
Acharya Kailash Sharma	770-0705
Acharya Chakreshwar Sharma	528-0901
Pandit Srinath Bhattar	528-3714
Meena Sondhi	831-9788
Meena Karamchandani	683-9454
Kalpna Srivastava	233-9184
Vasundhra Dasari	777-3353
Suchitra Mishra	573-9775
Rajan Odayar	336-6843
Vilas Patel	947-0861
Triveni Dave	859-371-9645
Mangal Nemade	234-8373
Purabi Dey	688-1721
Murali Annamalai	513-827-5450
Yasothea Subarajan	513-754-0578

TREASURER Co- Chair

Raj Bodalia 583-0184

Temple Manager's Committees

LaxmiS.Srivastava, Temple Mgr. 474-0533
Raj Bodalia, ,Chair Special Activities583-0184

1.Office Manager Mohan Chopra	9. I/C Temple Web site Bharat Vala
2. I/C Swami Lectures Vinay Kumar	Sudhakar Vinod
Meena Mehta	10. I/C Temple Calendar
Koti Sreekrishna	Meena Mehta
3. Temple Data Base Nandkumar Khemchandani	Ashvin Mehta
Raj Bodalia	Achaya Kailash Sharma
Meena Mehta	11. Volunter Services
4. Anniversary & Birthday Data Raj Agarwal	Rajan Odayar
Shakuntala Agarwall	Kedarnath Nambori
5. E-mail .Data Pradeep Goyal	Dilip Patel
Nandkumar Khemchandani	Vijay Kumar Sharma
6. Gift Shop Meena Sondhi	12. Temple Photographers
Madhu Sharma	L. Ram Kumar
7.Security (ADT) Meena Mehta	Naba Mishra
Vinay Kumar	VG Ramaswamy
Ramesh Sondhi	13. Mela Committee
Kailash Sharma	Anil Jindal
8. Financial Data Amar Sharma	Jyoti Desai
Raj Bodalia	Raneshwar Gupta
Laxmi S. Srivastava	Krutarth Jain

Please Donate Generously

Your Temple needs
1. Sponsors for flower \$50/week
2. Sponsors for Sunday pooja
3. Your support

Aradhana is Published Monthly . Circulation: Approx. 1750 Families. **Advertising Rate per month:** Full Page \$300; Half Page \$150; Quarter Page \$100. and one eighth page \$50. A 10% discount is given for 12 consecutive repetitions of the same advertisement. **Hindu Society of Greater Cincinnati (HSGC)** is a non-profit organization that caters to the needs of a large community. **The views expressed by individual authors in Aradhana are their own and may not reflect the policies of HSGC.**

Pooja Information

RATES FOR POOJA & PRIEST SERVICES

SERVICES	IN TEMPLE	OUTSIDE TEMPLE
Abhishekam (All Deities)	\$101.00	—
Aksharabhyas	\$101.00	\$151.00
Anna-Prashanam	\$101.00	\$151.00
Ashta Prakari Pooja*	\$101.00	\$151.00
Ashtottharam (108) Archana	\$21.00	—
AyushyaHomam/B'day Celebra.	\$101.00	\$151.00
Ground Breaking Ceremony	—	\$151.00
Griha Pravesh	—	\$151.00
Kalayana Uthsava (Lord Ram/Sita)	\$121.00	---
Kesh Khandan (Churakaran)	\$101.00	\$151.00
Naam-Karan	\$101.00	\$151.00
Navagraha Pooja	\$101.00	\$151.00
Nischithartham (Engagement)	\$151.00	\$251.00
Baby Shower Pooja	—	\$151.00
Nitya (1 Day) Kainkaryam (Seva)	\$101.00	---
Poolangi Seva (With Flowers)- (Only During Off Winter Season)	\$101.00	---
Regular Archana	\$11.00	—
Sahasranama (1008) Archana	\$51.00	---
Sathyanarayana Pooja	\$101.00	\$151.00
Seemantham	\$101.00	\$151.00
Devi Jagaran	\$75.00	\$101.00
Akhand Ramayan Paath	—	\$151.00
Shashti Poorthi (60th B'day Celeb.)	\$101.00	\$151.00
Anniversary celebration	\$101.00	\$151.00
Suprabhat Seva	\$21.00	---
Unjal (Swing) Seva	\$31.00	---
Upakarma (Thread changing)	\$51.00	---
Upanayam/Brahmopadesham/ Thread Ceremony	\$151.00	\$251.00
Vahan Pooja	\$51.00	----
Yearly Shradham (Barkhi)	\$101.00	\$151.00
Wedding	\$301.00	\$501.00

SPECIAL POOJA RATE

Rates for Mata Ki Chauki performed at another temple will be 15% of the money collected at the temple or a minimum of \$ 501.00.

1. Poojas performed by priests outside the temple will be rated according to the number of poojas performed.
2. 50 Cents/Miles for Travel expense to the Priest to perform pooja at your home.

Rates are subject to change without notice. Rates of Poojas out of Greater Cincinnati will be \$100.00 more than the rates of outside pooja within greater Cincinnati area.

CHECK-OUT

<http://newbhagavadgita.blogspot.com/2010/04/shock-treatment-in-bhagavad-gita.html>

Temple Rental: Lower Floor Only

	Full day	Half day
Monday -Thursday (except holidays)	\$301	\$151
Friday, Saturday & Holidays	\$501	\$351
Sunday after 3PM only	— \$351	

Note: For half day select one of the two:

8:00 AM to 2:00 PM **OR** 4:00PM to 11:00 PM

USE OF KITCHEN \$ 51

Use of Paper Supplies (PS) \$ 101

Use of Kitchen and PS \$125

Temple rental applies to all private reservations for those events/poojas that are performed by private parties and not announced in the temple.

Security/ Cleaning deposit: \$151 required.

This deposit will be forfeited if the basement hall bathrooms and kitchen area are not cleaned by the party renting the place.

NOTE: To schedule a Pooja please contact Pooja Committee :

Kiran Dayal 474-4051 or to rent a temple hall (lower level)

Raneshwar Gupta 232-3331

Pooja Committee Announcement:

To schedule a Pooja **or to rent a temple hall (lower level)** please contact Kiran Dayal 513-474-4051 or to rent a temple hall (lower level) Raneshwar Gupta 232-3331

If you have any question or suggestion about temple activities contact Kiran Dayal 513-474-4051, any EC Members or Temple at 528-3714.

1. **Archana** performed during temple hours by sponsorship. No Archana on Sundays between 11 a.m.-1 p.m.
2. **Outside Poojas** and other religious services will be conducted by appointment only.
3. To **schedule any poojas** please contact Pooja Committee chairperson at least one week in advance.
4. If you would like to bring **food and prasad** in the temple, Please contact Pooja Committee chairperson .
5. **Cancellations** of pooja should be done 3 days in advance or else the full fee for the pooja will be charged.

POOJA SAMAGRI

For convenience of Devotees, Temple can now provide Pooja Samagri for all inside and outside Poojas.

Donation for Puja Samagri is as follows

\$ 21 for any Pooja

\$ 31 for any Pooja including Havan/Homam

For more details please contact

Kiran Dayal 513-474-4051



IMPORTANT ANNOUNCEMENT

SUNDERKAND CD (sung by Acharya Kailash Sharma)



AVAILABLE in Temple Gift Shop for **\$ 10.**

The money raised will go to temple.

Regular Weekly & Monthly Events at the Temple

Monthly Navgrah Pooja

Every first Saturday of the Month
Sponsors needed for Pooja \$51.00

For Details call

Kiran Dayal at 474-4051; Temple priests: 528-3714

Monthly Murugan Abhishekham /Pooja

Every second Sat of the Month

Sat 4pm Sponsor Murugan Group.

Kiran Dayal 474-4051;

Temple Priests 528-3714



Monthly Satya Narayan Pooja

On Every Purnima of the Month

6:30 pm

Sponsorship \$ 51.00

To sponsor pooja call Kiran Dayal 474-4051

Temple priests: 528-3714



Shri Ganesh Pooja & Shri Ganesh Atharvshirsha Path

Every 4th Sunday of the month 10:30AM

This pooja is dedicated to each month's

Sankashti Chaturthi to Lord Ganesh. **For more information &**

Sponsor the pooja please call

Jyoti Divekar : 204-8037

Mangal Nemade : 234-8373 **Kiran**

SAI BHAJAN

Every First Sat. of month 6pm to 7:30pm

For more details please call Dr. Ganesh 857-719-1500 ,
Rajan 331-2058.



Monthly ABHISHEKAM/KALYANOTSAVAM FOR LORD SRI VENKATESWARA

4th Saturday of each month ,
from 10:30 AM-12:30PM.

To sponsor and details please call any of the following:

Anand Konda: 481-4119; Vasundhara Dasari: 777-3353

Suseela Paturi: 481-8591; Surendra Hanumanthanna: 661-8733

Pandit Sri Srinadh Bhattar: 488-2986

1008 Gayatri Jap

Second Saturday of each month at 9.30AM

For details please contact temple priest 528-3714 or
Kiran Dayal 474-4051



Weekly Shiv Mahiman Stotram

Every Monday at 6:30 pm



Weekly Hanuman Chalisa Path

Every Tuesday at 6:30 p m To sponsor call
Kiran Dayal 474-4051 or Temple Priests 528-3714

Weekly Vishnu Sahasranaam Parayana

Vishnu Sahasranaama Parayana (chanting) will now take place
Every Thursday at 7:00 pm . Please join us for the chanting.

Please contact Ganesh Sundaresan 513-752-4025

Weekly Venkateswar Pooja

Every Friday at 6:30pm

To sponsor pooja please call Kiran Dayal 474-4051;

Temple priests: 528-3714

PURUSHOTTAM NAAM STOTRA PARAYAN



Every 2nd Wed. of each month
6pm to 7:30pm

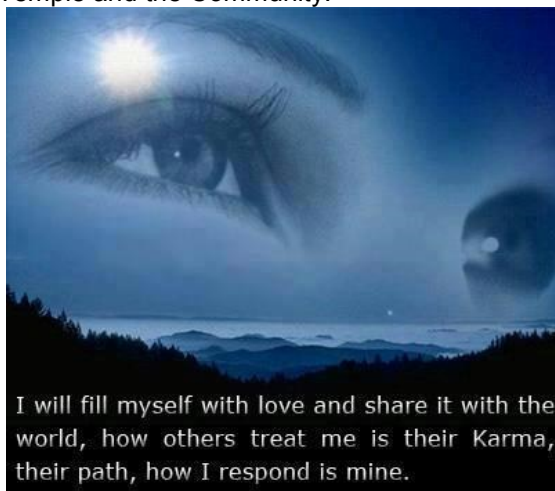
details please call Mina Mehta 574-6763

Dear Devotees

I want to re-introduce myself. I am back as Editor of Aradhana. As always, please feel free to contact me with any comments, articles or information that would be of interest to the community.

I look forward to serving the Temple and the Community.

Geeta Mehan



I will fill myself with love and share it with the world, how others treat me is their Karma, their path, how I respond is mine.



**Welcome to
The Karma Cafe.
There are no menus.
You will get served
what you deserve.**

Jewels

FEBRUARY EVENTS 2013

Feb.	2 nd	Sat	Navgrah Puja 3pm Sponsorship \$51.00
Feb	2 nd	Sat.	Sai Bhajans 6pm
Feb.	9 th	Sat	1008 Gayatri Japa 9:30am
Feb.	9 th	Sat.	Murgan Abhishekam 4pm Sponsorship \$101.00
Feb.	10 th	Sun.	Sunderkand Path 10:30am, Schedule changed from 3 rd Sun to 2 nd Sun. Pannaben Patel, Paresh & Sarla Majmumdar
Feb.	15 th	Fri.	Vasant Panchami puja 10am (actual Day)
Feb.	17 th	Sun	Vasant Panchami Celebration 10:30am Event Sponsored by -Agrani.
Feb.	23 rd	Sat.	Venkateshwar Kalyanam 10am Sponsorship\$51
Feb.	24 th	Sun	Ganesh Puja & Atharvashirsh Path 11am
Feb.	25 th	Mon.	Purnima Satya Narayan Puja 6:30pm Sponsorship \$51 Puja Samagri will be provided, Please bring Fruits,Prasad, and 1 coconut.

MARCH 2013MARCH 2013

March	2 nd	Sat.	Navgrah Puja 3pm Sponsorship \$51.00
March	2 nd	Sat.	Sai Bhajan 6pm
March	9 th	Sat.	1008 Gayatri Japa 9:30am
March	9 th	Sat.	Maha Shivratri Puja 6pm to all night 5am
March	16 th	Sat.	Murgan Abhishekam 4pm Sponsorship\$101.00
March	17 th	Sun.	Sunderkand Path 10:30am
March	19 th	Tues	Holashtak Begins
March	23 rd	Sat	Venkateshwar Kalyanam 10am Sponsorship\$51
March	24 th	Sun	Ganesh Puja & Atharvashirsh Path 11am
March	26 th	Tues	Holika Dahan 7:30pm
March	26 th	Tues	Purnima Satya Narayan Puja 6:30pm Sponsorship \$51 Puja Samagri will be provided, Please bring Fruits,Prasad, and 1 coconut.
March	31 st	Sun	Jagannath Puja 11am
March	30 th	Sat.	Holi celebration Cultural Program 4pm Holi Color playing after program if whether permits. Please bring dry colors (Abil Gulal) only and play outside in backyard of Temple.

Important announcement

Temple Hours for Sundays : November 1 to March 31 :
Temple will close at 7pm on Sundays

HIGHER CONSCIOUSNESS

Pritam L. Ahuja

The purpose of life is to awaken our instinctive body consciousness to a stage where one can see and do what is necessary without any indication of mental thought. (Sri Aurobindo)

Consciousness is the quality or state of being aware of an external object or something within ourselves. Higher consciousness goes beyond and outside the ordinary range of human experience or understanding. When you succeed in breaking the identification with your body, senses, and thought, you merge into pure consciousness--- Universal Energy. True knowledge commences only when our consciousness can pass beyond its present normal limits. It is only when we cease to reason and go deep into ourselves, into the secrecy where the activity of mind is stilled that this other consciousness manifests to us. The basic aim of silencing the thinking mind is to shift awareness from the rational to the intuitive mode of consciousness.

All things and events we perceive are creations of the mind, arising from a particular state of consciousness and dissolving again if this state is transcended. (Upanishads)

The Ramayana's author---the legendary poet Valmiki--- states in his opening verses that he did not use his imagination while composing Rama's story. He did not need imagination, he said, because at dawn each day he took an urn to the nearby river, filled it, carried it to his hut, sat down on an eastward-facing mat, then scooped a little water in his palm: in this tiny body of water Valmiki first saw Rama, then Rama's wife Sita, then every god, demon, and hero, every love dalliance and bloody battle, in his epic. The poet simply sang what he saw. All 25,000 Ramayana's verses enacted, first in the water in Valmiki's palm.

When you are inspired by some great purpose, some extraordinary project, all your thoughts break their bonds: your mind transcends limitations, your consciousness expands in every direction.

Dormant forces, faculties, and talents become alive, and you discover yourself to be a greater person by far than you ever dreamed yourself to be. (Patanjali)

The kundalini type experience, the dormant spiritual energy which can be aroused via chakras by some yogic practices, and that exhibited by athletes and artists at their peak performance level may entail the release of bodily forces involving restructuring of the cells at the subatomic level beyond the comprehension of modern science. Modern-day scientists are of the opinion that our consciousness is based on the phenomena occurring in the neurons and other cells, and that the brain and mind are not two separate, independently existing entities. Dependence of consciousness on the body, and more particularly on the brain, is the weightiest argument against incarnation. But the best argument that the memories can survive the destruction of physical tissues comes from the reincarnation cases witnessed in many parts of the world. There might be a non-physical process of storage of memories. It might be in some dimension of which we are just beginning to form crude ideas through the study of paranormal phenomena.



Notice of First GBM of 2013

Place : The Temple Date: March 17, 2013 Time: 2 pm

The attendance at the temple is increasing. To cater to the needs of the growing number of devotees as well as to provide additional facilities and services at the temple, the President, Long Range Committee members and EC members have been evaluating this problem and considering several alternatives since last year. A key recommendation of this exercise is that the temple needs to embark on an aggressive expansion plan. This plan will consist of completing the Marg project, creating additional parking space, installing an elevator, and constructing a multi-purpose hall in the temple premises in a short time frame. This may involve borrowing funds taking advantage of the current low interest rates as well as low construction costs. The detailed plans are being drawn up and more details will be available next month. The details will be published in the March issue of Aradhana as well as on the temple website. Please attend the general body meeting and shape the future of your temple.



www.ekal.org

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Swar Sanjeevani



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Artists

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Chirag Panchal - Sa Re Ga Ma winner
with

Mohit Shastry - Keyboard and flute

Amit Mehta - Tabla, dholak

Rupesh Rane - Percussion

\$20 Per Person (Advance)

\$25 per person (Door)

\$10 per children under 14

***Open Seating**

***Complimentary Light Snacks**

SATURDAY, March 22, 2013 at 7:30 PM

Mason Middle School

6370 Mason-Montgomery Rd. Mason, OH 45040

For tickets please contact your Indian grocery stores or:

Ambrish Bansal 513-227-7211

Pramod Zaveri 513-295-4456

Geeta Mehan 513-754-0400

Vishakha Manek 513-850-1576

Sandip Shah 513-277-0289

Arun Gupta 513-509-1480

93% of the Ekal Charity Concert Proceeds Go Directly Towards Supporting a School
Ekal's Mission: To Eradicate Illiteracy from Rural and Tribal India with Holistic Empowerment
Ekal Vidyalaya Foundation of USA is a 501(c)3 Charitable Organization – Tax ID 77-0554248



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Amelia, OH 45102
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RAISE MONEY FOR OUR TEMPLE!



Kroger has changed their Neighborhood Rewards Program. Please be sure to enroll in the new "Kroger Plus Card" program immediately. As of May 1, 2012, if you only reload your existing Kroger Gift Card, your purchases will NO LONGER earn our Temple any funds.

Easy Steps for Enrollment: (takes less than 5 minutes)

1. Visit www.krogercommunityrewards.com and select "Register" unless you already have an account. Sign up for a Kroger rewards account by entering your Kroger Plus card number or your primary phone number.
2. Confirm your registration through your email account.
3. Sign in to Kroger Community Rewards website (the link on the confirmation email will take you there). Proceed to Edit "My Account;" enter your Kroger Card Number and confirm personal information
4. Click to "Community Rewards" at the bottom of the page and type in our NPO number **81567**. Select "Hindu Society of Greater Cincinnati."

Congratulations! Now a portion of every shopping trip you make will go towards our wonderful Temple. Remember to swipe your registered Kroger Plus Card or use the phone number that is related to your card when shopping to benefit the Temple.

Once you are enrolled and when you make purchases at Kroger, you will see at the bottom of each paid receipt, "At your request, Kroger is donating to the Hindu Society of Greater Cincinnati".

Please contact Raneshwar Gupta (Kroger Coordinator) at 513-232-3331 or Manish Srivastava (Fund Raising Chair) at 513-503-2825 if you have further questions/concerns.

Contd from page 11 Why do we ring the bell in a temple?

Is it to wake up the God? Is it to let God know we have come? It is certainly not, because God is ever alert and aware. Is it a form of seeking permission to enter temple? No, because it is a homecoming and therefore entry needs no permission. God welcomes us at all times. Then why do we ring the bell?

The ringing of the bell produces what is regarded as an auspicious sound. It produces the sound *Om*, the universal name of the Lord. There should be auspiciousness within and without, to gain the vision of the God who is all-auspiciousness.

Even while doing the *aarati*, we ring the bell. It is sometimes accompanied by the auspicious sounds of the conch and other musical instruments. An added significance of ringing the bell, conch and other instruments is that they help to drown any inauspicious or irrelevant noises and comments that might disturb or distract the worshippers. As we start the daily worship (*pooja*) we ring the bell, chanting:
āgamārthantu devānām gamanārthantu rākṣasām |

National Domestic Violence Hotline:
1-800-799-SAFE (7223) www.ndvh.org

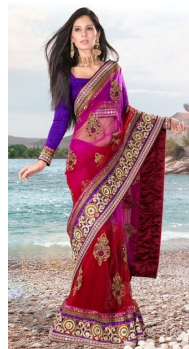
Ohio Domestic Violence 24 hour
toll free: 1-216-823-7223

Ohio Domestic Violence Hotline:
1-800-618-6523

Domestic Violence

Locally, Call
Geeta Mehan : 513-754-0400

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We are located at 6725
Parklake Dr. Mason, OH

For any queries please
write at
pooja@indusvastra.com



Notice of First GBM of 2013

Place : The Temple Date: March 17, 2013
Time: 2 pm

HOLI PROGRAM

March 30th : at The Temple Holi program will start at 4-30 PM to 6-30. Two hour program of dance

Deadline for entries is 18th March. First 20 Entries will be accepted. Solo or Group: Age 5 and Above

Information required : Full Name of participants(last and First); Name of Song, Name of Choreographer. Send information by email to Jyoti Desai : jyotidesai@yahoo.com

For questions, please call Asit at 513-702-1050 or Jyoti Desai at 513-885-1318

Holi Committee is inviting Volunteers of all ages.

Please communicate with Asit Saha (Chairperson of Cultural Committee) at 513-702-1050

Or Jyoti Desai Co-Chairperson Cultural Committee at 513-885-1318

Your participation will be greatly appreciated

MAHA SHIVA-RATRI

CELEBRATION

March 9th Saturday 2013

6 pm to 5 am (All Night) Puja



First Puja

6 pm to 7 pm Shivabhishek

6:30 to 7:30 Puja Thali offering (Archana)**

7:30 to 8:00 Shiv Mahimnah Path, Bhajans

8:00 pm Aarti Followed by Prasad (Dinner)

Second Puja

9:30pm to 10:30pm Shivabhishek *

10:30pm to 11:30pm Shiva Shahashranam Path, Shiva Mahimnah Path & Bhajans

11:30pm Aarti & Prasad

Third Puja

12:30am to 1:30 am Shivabhishek *

1:30am to 2:00 am Shiv Mahimnah Path, Aarti & Prasad

Fourth Puja

2:30am to 3:30am Shivabhishek *

3:30am to 4:00am Shiva Mahimnah Path, Aarti & Prasad

We need sponsors * Shivabhishek.: \$101.00. All Night 4 times Puja: \$251.00** Puja Thali: \$21.00 with Ganga jal & Milk

Please sponsor Abhishek for lord Shiva on this auspicious day.

We also request devotees to bring only very small amount of milk for offering due to large collection of milk, which we cannot be offered on same night. Please donate money instead of milk or bring dry nuts for Prasad.

EVENT IS SPONSORES NEEDED

For Details Please call Sangita Patel 791-0855, Janak Dave: 859-371-9645, Acharya Kailash Sharma 652-5382, Temple 528-3714.

	Name	Phone no.	SPONSORSHIP
1.	Mrs Vanja Bhaskaran		
2.			

DOMESTIC VIOLENCE

COPING STRATEGIES UTILIZED BY SOUTH ASIAN SURVIVORS OF PARTNER VIOLENCE

Domestic Violence Survivors are invited to take part in a research study being conducted by Shreya Bhandari, Ph.D., MSW, of the Wright State University Department of Social Work. This research is being done to find out more about how South Asian survivors of intimate partner violence (or domestic violence) have coped with their experiences. She is asking you to participate in this study because you are of South Asian origin. Total Confidentiality is assured. Your input will help the researcher better understand this largely understudied topic and thereby help other immigrant women stay safe in future.

Shreya's Phone No : 573-823-7609/ For more information please call Geeta Mehan : 513-754-0400

Hindu Rituals and Routines and why do we follow them?

Paraphrased from:

<http://www.scribd.com/doc/103846498/Swami-Chinmayananda-Hindu-Rituals-and-Routines>

Contributed by Koti Sreekrishna

Why do we fast?

Many Hindus fast regularly and/or on special occasions like festivals. On such days they do not eat at all, eat once or make do with fruits or a special diet of simple food. Fasting in Sanskrit is called *upavaasa*. *Upa* means "near" + *vaasa* means "to stay". *Upavaasa* therefore means staying near (the Lord), meaning the attainment of close mental proximity with the Lord. Then what has *upavaasa* to do with food?

A lot of our time and energy is spent in procuring food items, preparing, cooking, eating and digesting food. While food is basic for our sustenance, over indulgence in it can have many harmful effects to our body and mind. "Eat to live" in general is preferable to "live to eat". However, we do of course at times over indulge! Just as we over indulge at times, it is also good thing to balance it out by keeping fast. That is good for both body and mind. By keeping fast on prescribed days with some spiritual motive attached to it, makes it a regulated healthy habit with spiritual implications as well. Hence on certain days one decides to eat either simple, light food or totally abstaining from eating.

Also every system needs a break and an overhaul to work at its best. Rest and a change of diet during fasting is very good for the digestive system and the entire body.

The more we indulge the sense organs, the more they make their demands. Fasting helps us to cultivate control over our senses, sublimate our desires and guide our minds to be poised and at peace.

Fasting should not make us weak, irritable or create an urge to indulge later. This happens when there is no noble purpose behind fasting. The Bhagavad-Gita urges us moderation in eating (*yuktaahar*) – neither too less nor too much and favors of a *saatvik* diet (Foods that promote longevity, vitality, stamina, health, happiness, and contentment and foods that are tasty, mild, nourishing, and pleasant).

Why do we do Pradakshina (go around clockwise)?

When we go around a temple or a mountain or a deity or a cow or tree or elders or just around our self, that means we have given a central position (respect) to whatever we are going around. God is the cosmic center, source and essence of our lives. Recognizing God or divinity as the focal point in our lives, we go about doing our daily chores. This is the significance of *pradakshina*. Also every point on the circumference of a circle is equidistant from the center. This means that wherever or whoever we may be, we are equally close to object of worship. We also go around in clock wise, that way the object of reverence is always to our right.

Hindu scriptures enjoin – *matrudevo bhava*, *pitrudevo bhava*, *acharyadevo bhava*, *atithidevo bhava* (Let us honor mother, father, teacher, guest as we would honor God). Keeping this in mind we also do pradakshina around our parents, gurus and guests.

After the completion of traditional worship (pooja), we customarily do *pradakshina* around ourselves (*atma pradakshina*). In this way we recognize and remember the supreme divinity right within us.

kurvet ghaṇṭāravam tatra devatāvāhana lakṣaṁ ||

I ring this bell indicating the invocation of divinity, So that virtuous and noble forces enter (my home and heart); and the demonic and evil forces from within and without, depart.

Why do we regard trees and plants as sacred?

The Lord, the life in us, pervades all living beings, be they plants or animals. Hence, they are all regarded as sacred. Human life on earth depends on plants and trees. They give us the vital factors that make life possible on earth: food, oxygen, clothing, shelter, medicines etc. Hence, we are taught to regard trees and plants as sacred. Hindu scriptures tell us to plant ten trees, if for any reason, we have to cut one. We are advised to use parts of trees and plants only as much as is needed for food, fuel, shelter etc. we are also urged to make apologies (ask for forgiveness) from a plant or tree before cutting it. We are also not to cut or harvest parts of plants after sun set or before sun rise. That is as if disturbing a person in sleep. In construction projects, even plans are altered to reduce number of trees to be cleared and as many trees as possible are accommodated in the construction. It is not uncommon to see a coconut tree within many buildings in India.

Certain trees and plants like tulasi, peepal, banyan etc., are specially sacred. It is believed that divine beings manifest as trees and plants, and many people worship them to fulfill their desires or to please the Lord.

Contd on page 9



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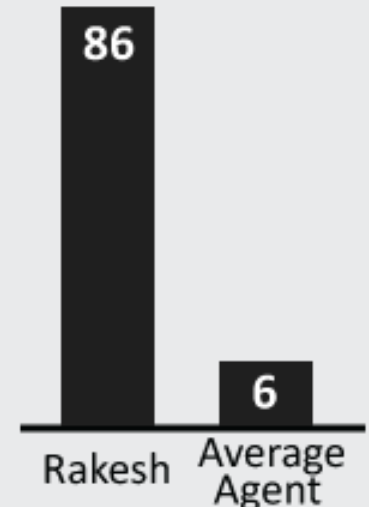
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Family Marg

42 GAM
PATEL SAMAJ

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PHASE THREE

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Laxmi S. Srivastava, Project Chair - (513) 774-0533
Vital Nemade, P.E., Project Manager - (513) 834-8375
Manu Patel, P.E. - (513) 571-8469
Krutarth Jain, LEED AP BD+C - (513) 884-1259
Jitu Patel, Long Range Planning - (513) 836-0606
Bill Fiedler - (513) 851-3812

Contractors
Project Clearing By:
Price Wood Products
Loveland, OH
Roadway Subgrade Construction By:
Ron Roberts, P.E.
Charlie Rowe, E.I.

I-275

TEMPLE EXPENSES FOR 2012
GEN A/C

Items	TOTAL \$ Jan 2012	TOTAL \$ Feb 2012	TOTAL \$ Mar 2012	TOTAL \$ Apr 2012	TOTAL \$ May 2012	TOTAL \$ Jun 2012	TOTAL \$ Jul 2012	TOTAL \$ Aug 2012	TOTAL \$ Sep 2012	TOTAL \$ Oct 2012	TOTAL \$ Nov 2012	TOTAL \$ Dec 2012	TOTAL \$ 2012 Cumulative	2012 Expenses %
EXPENSES														
Aradhana Publication	3568.01	5953.98	1987.76	1987.76	2005.20	2013.92	4548.20	2385.92	2377.11	2081.58	2100.09	4149.81	35159.34	8.4
Bank Charges (safe deposit vault)	38.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	73.90	0.00	0.00	111.90	0.0
Calendar	4743.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	4743.00	1.1
Canopy	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.0
Festival Expense														
Anniversary	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.0
Diwali	0.00	0.00	0.00	0.00	0.00	0.00	0.00	500.00	0.00	0.00	2907.57	200.00	3607.57	0.9
Mela	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	16607.01	845.00	450.00	0.00	17902.01	4.3
Navratri	0.00	0.00	0.00	0.00	0.00	0.00	1000.00	0.00	0.00	841.00	0.00	0.00	1841.00	0.4
Ram Kalyanam	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.0
Rath Yatra	0.00	0.00	0.00	0.00	0.00	132.00	30.00	0.00	0.00	0.00	0.00	0.00	162.00	0.0
Janmastami	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	200.00	0.00	0.00	0.00	200.00	0.0
Ganesh Chaturthi	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	200.00	0.00	200.00	0.0
Vekateswara Abhishekam	0.00	0.00	0.00	0.00	0.00	0.00	500.00	0.00	0.00	0.00	0.00	0.00	500.00	0.1
Murugan Abhishekam	0.00	0.00	0.00	0.00	1100.00	400.00	450.00	0.00	0.00	330.00	0.00	0.00	2280.00	0.5
Cultural Activities	101.07	300.00	0.00	0.00	0.00	0.00	0.00	0.00	2325.70	0.00	0.00	0.00	2726.77	0.7
Gift Shop	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	518.50	0.00	0.00	0.00	518.50	0.1
Flowers	185.42	463.46	1905.84	210.27	1489.36	1319.20	586.23	2485.92	1100.97	1410.42	181.09	3295.96	14634.14	3.5
Havan Shala	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	703.55	0.00	703.55	0.2
Kroger Card	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.0
Mortgage	2589.62	4407.68	4410.00	4410.00	4410.00	4410.00	4410.00	4410.00	4410.00	4410.00	4410.00	4410.00	51097.30	12.2
Office Expenses	668.41	725.47	211.98	167.97	512.42	45.00	0.00	545.00	1545.24	717.92	-5.00	124.62	5259.03	1.3
Property Insurance	973.00	0.00	0.00	973.00	0.00	0.00	0.00	975.00	0.00	0.00	1129.75	0.00	4050.75	1.0
Property Tax	0.00	5077.33	0.00	0.00	0.00	0.00	5077.33	0.00	0.00	0.00	0.00	0.00	10154.66	2.4
Library Project	1465.77	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1465.77	0.4
Repair & Maintenance														
Grass Cutting & Lawn Care	0.00	37.28	106.34	368.00	600.00	0.00	1493.00	68.00	1150.00	1118.00	1578.00	0.00	6518.62	1.6
Pest Control	54.32	54.32	54.32	56.45	56.45	56.45	56.45	56.45	56.45	56.45	56.45	56.45	671.01	0.2
Repair & Maintenance - Unassigned	18306.76	308.19	13787.59	9770.93	1041.08	474.00	8693.29	2350.47	0.00	267.85	1052.14	639.03	56691.33	13.6
Snow Removal	0.00	600.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	600.00	0.1
Temple Cleaning	1400.00	1400.00	1400.00	1400.00	1400.00	1450.00	1420.00	1400.00	1400.00	1570.00	1400.00	1525.00	17165.00	4.1
Security Tyco (ADT)	1056.30	0.00	200.00	48.97	8043.35	0.00	0.00	1006.66	0.00	0.00	0.00	2096.52	12451.80	3.0
Membership	0.00	0.00	0.00	0.00	100.00	0.00	0.00	501.00	0.00	0.00	0.00	0.00	601.00	0.1
Supplies														
Paper Products		710.10	0.00	502.97	1716.00	0.00	0.00	669.22	1361.14	0.00	2716.08	0.00	7675.51	1.8
Food	685.00	2800.00	0.00	0.00	0.00	0.00	3441.38	0.00	103.00	104.25	0.00	0.00	7133.63	1.7
Pooja	2213.54	530.50	118.46	37.50	0.00	0.00	360.00	258.25	150.00	425.61	0.00	0.00	4093.86	1.0
Temple Supplies	4138.81	246.37	0.00	0.00	0.00	104.67	0.00	0.00	0.00	0.00	0.00	0.00	4489.85	1.1
Utilities														
Garbage Removal	280.61	110.84	110.93	111.81	112.50	112.11	111.52	113.66	114.52	115.87	0.00	230.00	1524.37	0.4
Gas & Electric	2179.55	4687.95	4232.70	5305.47	2196.74	2199.28	1317.17	1650.60	1365.11	1320.53	1194.99	3574.42	31224.51	7.5
Telephone Bill	149.84	157.53	156.19	145.07	146.86	146.69	146.76	146.56	154.33	146.72	146.97	146.97	1790.49	0.4
Water & Sewer	0.00	645.07	0.00	133.32	0.00	181.41	0.00	189.15	0.00	295.73	0.00	225.60	1670.28	0.4
Wages and Salaries														
Bonus	1503.00	0.00	0.00	0.00	1803.00	0.00	153.00	0.00	0.00	0.00	3503.00	0.00	6962.00	1.7
City Income Tax	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.0
Federal Income Tax	1181.58	1172.62	1172.58	1172.62	1172.58	1172.62	1172.58	0.00	2345.20	1172.62	1172.58	1172.62	14080.20	3.4
Health Care	3894.66	0.00	3894.66	3894.66	3894.66	3894.66	3894.66	3894.66	3894.66	3894.66	3894.66	3894.66	42841.26	10.3
Housing Allowance	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.0
Life Insurance	0.00	383.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	383.00	0.1
Net Pay	3734.06	0.00	3730.07	7460.16	3730.07	3730.09	3730.07	0.00	3730.07	3730.09	3730.07	3730.09	41034.84	9.8
State Income Tax	0.00	0.00	0.00	0.00	0.00	528.00	0.00	0.00	0.00	396.00	0.00	0.00	924.00	0.2
Zoning	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.0
TOTAL EXPENSES	55110.33	30771.69	37479.42	38156.93	35530.27	22370.10	42591.64	23606.52	44909.01	25324.20	32521.99	29471.75	417843.85	100.0
Year to Date	55110.33	85882.02	123361.44	161518.37	197048.64	219418.74	262010.38	285616.90	330525.91	355850.11	388372.10	417843.85		

**TEMPLE INCOME FOR 2012
GEN A/C**

Items	TOTAL \$ Jan 2012	TOTAL \$ Feb 2012	TOTAL \$ Mar 2012	TOTAL \$ Apr 2012	TOTAL \$ May 2012	TOTAL \$ Jun 2012	TOTAL \$ Jul 2012	TOTAL \$ Aug 2012	TOTAL \$ Sep 2012	TOTAL \$ Oct 2012	TOTAL \$ Nov 2012	TOTAL \$ Dec 2012	TOTAL 2012 Cumulative	2012 Incomes %
Gen Donations	15656.00	10705.00	4708.74	8389.00	13391.00	8169.00	12668.19	9006.00	9804.41	11055.00	1550.00	24714.00	129816.34	30.2
Memberships	0.00	527.00	101.00	321.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	949.00	0.2
Pooja Income														
Archana	540.00	576.00	714.00	727.00	1275.00	668.00	886.00	0.00	2191.00	87.00	617.00	1454.00	9735.00	2.3
Mala ki Chowki	1547.00	0.00	0.00	1075.00	0.00	1152.00	1102.00	0.00	6881.00	23943.00	0.00	0.00	35700.00	8.3
Outside Pooja	2026.00	1357.00	2814.00	3428.00	5136.00	1776.00	3845.00	0.00	12739.00	2931.00	1682.00	9667.00	47401.00	11.0
Satyanarayana Katha	0.00	0.00	0.00	0.00	0.00	407.00	0.00	0.00	0.00	0.00	0.00	0.00	407.00	0.1
Special Pooja & Archana	2189.00	1511.00	3504.00	2773.00	2524.00	1366.00	4643.00	0.00	8165.00	2691.00	2446.00	17687.00	49499.00	11.5
Havanshala	0.00	0.00	0.00	0.00	0.00	0.00	0.00	998.00	0.00	125.00	102.00	650.00	1875.00	0.4
Advertisement Aradhana	2340.00	0.00	150.00	0.00	0.00	11500.00	3510.00	0.00	0.00	4590.00	0.00	295.00	22385.00	5.2
Calendar Sale	60.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	60.00	0.0
Festivals Income														
New Year Celebration	3480.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	3480.00	0.8
Anniversary	0.00	0.00	0.00	0.00	0.00	11816.00	0.00	0.00	0.00	0.00	0.00	0.00	11816.00	2.8
Chitragnpta Yagna	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.0
Diwali	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.0
Ganesh Chaturthi	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.0
Hanuman Jayanti	0.00	0.00	0.00	0.00	2039.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	2039.00	0.5
Janmashthami	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	2198.59	0.00	0.00	0.00	2198.59	0.5
Maha Shivratri	0.00	0.00	12156.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	12156.00	2.8
Mela	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	28252.00	875.00	1000.00	0.00	30127.00	7.0
Nand Mahotsav	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	983.00	0.00	0.00	0.00	983.00	0.2
Navaratri	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	13675.46	0.00	0.00	13675.46	3.2
Ram Navmi	0.00	0.00	0.00	152.00	0.00	2000.00	0.00	0.00	0.00	0.00	0.00	0.00	2152.00	0.5
Ramayan Path	0.00	0.00	0.00	1305.00	0.00	204.00	1400.00	0.00	101.00	52.00	0.00	301.00	3363.00	0.8
Rath Yatra	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	152.00	0.00	0.00	0.00	152.00	0.0
Saraswati Pooja	0.00	1095.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1095.00	0.3
Venkateshwara (Balaji) Kalyanam	0.00	0.00	1399.00	284.00	582.00	930.00	439.00	0.00	866.00	0.00	265.00	1294.00	6059.00	1.4
Murugan Abhishekam	0.00	0.00	2086.00	1824.00	2378.00	428.00	2038.00	0.00	5193.00	0.00	297.00	1289.00	15533.00	3.6
Gift Shop	8.00	0.00	45.00	106.00	243.00	12.00	87.00	0.00	37.00	0.00	65.00	63.00	666.00	0.2
Hall Rent + Paper Products	0.00	151.00	0.00	0.00	0.00	401.00	0.00	0.00	302.00	701.00	701.00	350.00	2606.00	0.6
Kroger Card	0.00	0.00	0.00	450.00	471.00	50.00	0.00	0.00	0.00	0.00	0.00	0.00	971.00	0.2
Flowers	4051.00	101.00	2100.00	0.00	70.00	875.00	1528.00	0.00	0.00	198.00	105.00	35.00	9063.00	2.1
Bhajan Sandhya	0.00	280.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	201.00	0.00	0.00	491.00	0.1
Cultural Activities	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	5710.00	20.00	0.00	5730.00	1.3
Insurance Claims/Tax Refunds	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.0
TOTAL DEPOSITS	31897.00	16313.00	29777.74	20834.00	28109.00	41754.00	32146.19	10004.00	77855.00	70421.46	8850.00	61453.00	429424.39	100.0
Year to Date	31897.00	48210.00	77987.74	98821.74	126930.74	168684.74	200830.93	210834.93	288699.93	359121.39	367971.39	429424.39		

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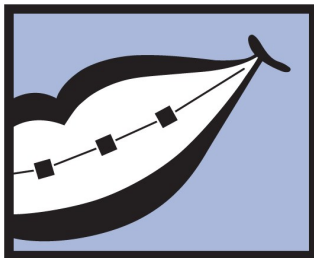
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