



आराधना

Aradhana

A Publication of the Hindu Society of Greater Cincinnati
Devdham of North America™

Ashada / Shravan
Vikram Samvat, 2068 / 2069
July, 2012



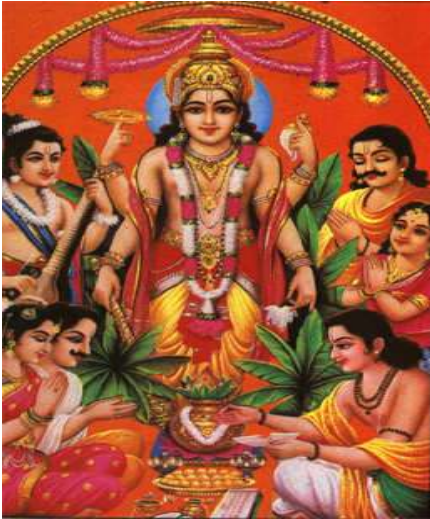
**Guru Purnima
Murugan Abhishekam**



Website www.cincinnati temple.com
Email: hindusociety@fuse.net
Phone: (513) 528-3714

108 Satya Narayan Puja

On
GURU PURNIMA CELEBRATION



July 6th Friday, 2012, 6:30 pm

Program:

6:30pm to 7:30pm Puja & Satya Narayan Katha
7:30pm to 8:00pm Bhajans / Keertan
8:00pm Aarati/ Mahaprasad (Dinner)

Sponsorship - Pramukh Yajaman \$501.00,
Yajaman \$101.00

**PLACE: - HINDU TEMPLE OF GREATER CINCINNATI
4920 Klatte Rd.Cincinnati OH-45244**

We need 108 sponsors / Yajmans to sit in puja.

**For details & to reserve your place Please call- Temple 513-528-3714,
Kiran Dayal 513- 474-4051, Acharya Kailash Sharma 513-652-5382.
Temple will provide all the puja samagri for puja.**

EVENT IS SPONSORED BY - Raneshwar, Manju Gupta & their family.

If you or someone you know, is not receiving ARADHANA, or if you need a change of address, please contact
Mohan Chopra at 859-331-2416 or Nandkumar Khemchandani : asiindian@aol.com / 513-779-1043
Aradhana (past and present) is also available at temple website: www.cincinnati temple.com
Deadline for submission of articles for next Aradhana is July 10

TEMPLE INFORMATION

EXECUTIVE COUNCIL 2012

President

Deepak Dixit (513) 400-4258
dndixit@hotmail.com

Vice President

Ambikaipakan Balasubramaniam
(513) 204-0213
balasua@yahoo.com

Secretary:

Pradeep Gupta (513) 342-2005
pgupta@cszinc.com

Treasurer:

Prasad Megada (Chair) (513) 779-4582
prasadmegada@yahoo.com

COMMITTEE CHAIRPERSONS

Pooja Committee:

Kiran Dayal(Chair): (513) 474-4051
kdayal2@yaho.com

Communications/Editor:

Sandeep Gupta (513) 336-8782
sandeep.guptas@gmail.com

Membership & Fundraising:

Manish Srivastava (513) 503-2825
mansriva@hotmail.com

Property Management & Maintenance:

Rakesh Patel (513) 892-1830
rockypatel1968@yahoo.com

Cultural Activities:

Asit B. Saha (Chair) (513) 489-5720
absaha09@gmail.com

Religious Education & Youth Activities:

Vinit Rastogi (513) 398-3216
rastogivk@gmail.com

Long Range Planning

Jeetu Patel (513) 836-0606
jpatel5@live.com

Youth Member:

Mahima Devarajan (513)-646-9311
arcubedgd@yahoo.com

Priests:

Acharya Kailash Sharma, Chief Priest
(513) 770-0705
Acharya Chakreshwar Sharma
(513) 528-0901
Pandit Srinath Bhattar
(513) 488-2986

Religious Counselor

Dr. Koti Sreekrishna (513)-290-3064
tatachar@aol.com

RELIGIOUS DISCOURSE

Sundays 12:15 - 12:45 PM

First Sunday : Upanishads

Second Saturday : 1008 Gayatri Jaap

Second Sunday : Children Program

Third Sunday : Sunder Kand Path

Fourth Sunday : *Shri Ganesh*

Atharvshirsha Path

Fifth Sunday : Jagannath Puja

Members of the community are invited to speak on topics related to Hindu religion, philosophy, culture, reformation, Gurus, self-preservation, etc. If you would like to talk or like to suggest someone who may be interested, please contact Kiran Dayal.

Devotees are requested to sit-in Sunday Pooja as well as bring Prasad and Lunch. You may wish to use this occasion to celebrate important events such as wedding anniversaries, birthdays, ishta devata pooja, graduation and other memorable days. Events can be hosted by individuals, families, group of families or organizations. Please reserve your Sunday of choice ASAP by putting your name and phone-no in the calendar at the temple & calling pooja committee members Kiran Dayal or Meena Sondhi.

TEMPLE SCHEDULE

Monday - Friday : 9:00AM-12:00 Noon
5:00 PM - 8:00 PM

Saturday, Sunday
& US Holidays: 9:00 AM - 8:00 PM

SPECIAL PROGRAM ON WEEKENDS

9:15 - 9:30 A.M.

Suprabhatam

9:30 - 11:00 A.M.

Daily Pooja of Temple Deities

11:00 - 11:30 A.M.

Sponsored Pooja

11:30 - 12:15 A.M.

Bhajan

12:15 -12:45 P.M.

Religious discourse

12:45-1:00 P.M.

Birthday and Anniversary pooja and announcements

1:00 P.M.— Aarti

Attorney: Aronoff, Rosen & Hunt
(513) 241-0400

Accountant: Open

2012 POOJA COMMITTEE & RELIGIOUS ACTIVITIES MEMBERS

Kiran Dayal (Chair	474-4051
Amita Gupta (Co-Chair):	336-8782
Sangita Patel (Co-Chair)	791-0855
Swarna Choudhury (Co-Chair)	232-2343
Acharya Kailash Sharma	770-0705
Acharya Chakreshwar Sharma	528-0901
Pandit Srinath Bhattar	528-3714
Meena Sondhi	831-9788
Manju Gupta	232-3331
Anju Saha	474-3922
Meena Karamchandani	683-9454
Kalpna Srivastava	233-9184
Muralee	573-0550
Vasundhra Dasari	777-3353
Suchitra Mishra	573-9775
Rajan Odayar	336-6843
Vilas Patel	947-0861
Triveni Dave	859-371-9645
Mangal Nemade	234-8373
Shanti Sumkherjii	755-6009

TREASURER Co- Chair

Amar Sharma 777-5771

Temple Manager's Committees

LaxmiS.Srivastava, Temple Mgr 474-0533
Raj Bodalia, ,Chair Special Activities583-0184

1. Office Manager Mohan Chopra	9. I/C Temple Web site Bharat Vala
2. I/C Swami Lectures Vinay Kumar Devdas Mukerjee Meena Mehta	Lalit n. Agarwal Krutarth Jain
3. Temple Data Base Nandkumar Khemchandani Raj Bodalia Krutarth Jain Meena Mehta	10. I/C Temple Calendar Meena Mehta Ashvin Mehta Achaya Kailash Sharma
4. Anniversary & Birthday Data Raj Agarwal Shakuntala Agarwall	11. Volunter Services Rajan Odayar Kedarnath Nambori Dilip Patel
5. E-mail .Data Pradeep Goyal Nandkumar Khemchandani	Vijay Kumar Sharma
6. Gift Shop Meena Sondhi Madhu Sharma	12. Temple Photographers Naba Mishra Dilip Patel (I/C)
7.Security (ADT) Meena Mehta, Vinay Kumar Kailash Sharma	13. Mela Committee Anil Jindal Jyoti Desai Raneshwar Gupta Krutarth Jain

Please Donate

Generously

Your Temple needs
1. Sponsors for flower \$50/week
2. Sponsors for Sunday pooja
3. Your support

Aradhana is Published Monthly . Circulation: Approx. 1750 Families. **Advertising Rate:** Full Page \$300; Half Page \$150; Quarter Page \$100. and one eighth page \$50. A 10% discount is given for 12 consecutive repetitions of the same advertisement. **Hindu Society of Greater Cincinnati (HSGC)** is a non-profit organization that caters to the needs of a large community. **The views expressed by individual authors in Aradhana are their own and may not reflect the policies of HSGC.**

Pooja Information

RATES FOR POOJA & PRIEST SERVICES

SERVICES	IN TEMPLE	OUTSIDE TEMPLE
Abhishekam (All Deities)	\$101.00	—
Aksharabhyas	\$101.00	\$151.00
Anna-Prashanam	\$101.00	\$151.00
Ashta Prakari Pooja*	\$101.00	\$151.00
Ashtoththaram (108) Archana	\$21.00	—
AyushyaHomam/B'day Celebra.	\$101.00	\$151.00
Ground Breaking Ceremony	—	\$151.00
Griha Pravesh	—	\$151.00
Kalayana Uthsava (Lord Ram/Sita)	\$121.00	---
Kesh Khandan (Churakaran)	\$101.00	\$151.00
Naam-Karan	\$101.00	\$151.00
Navagraha Pooja	\$101.00	\$151.00
Nischithartham (Engagement)	\$151.00	\$251.00
Baby Shower Pooja	—	\$151.00
Nitya (1 Day) Kainkaryam (Seva)	\$101.00	---
Poolangi Seva (With Flowers)- (Only During Off Winter Season)	\$101.00	---
Regular Archana	\$11.00	—
Sahasranama (1008) Archana	\$51.00	---
Sathyanarayana Pooja	\$101.00	\$151.00
Seemantham	\$101.00	\$151.00
Devi Jagaran	\$75.00	\$101.00
Akhand Ramayan Paath	—	\$151.00
Shashti Poorthi (60th B'day Celeb.)	\$101.00	\$151.00
Anniversary celebration	\$101.00	\$151.00
Suprabhat Seva	\$21.00	---
Unjal (Swing) Seva	\$31.00	---
Upakarma (Thread changing)	\$51.00	---
Upanayam/Brahmopadesham/ Thread Ceremony	\$151.00	\$251.00
Vahan Pooja	\$51.00	----
Yearly Shradham (Barkhi)	\$101.00	\$151.00
Wedding	\$301.00	\$501.00

SPECIAL POOJA RATE

Rates for Mata Ki Chauki performed at another temple will be 15% of the money collected at the temple or a minimum of \$ 501.00.

1. Poojas performed by priests outside the temple will be rated according to the number of poojas performed.
2. 50 Cents/Miles for Travel expense to the Priest to perform pooja at your home.

Rates are subject to change without notice. Rates of Poojas out of Greater Cincinnati will be \$100.00 more than the rates of outside pooja within greater Cincinnati area.

CHECK-OUT

<http://newbhagavadgita.blogspot.com/2010/04/shock-treatment-in-bhagavad-gita.html>

Temple Rental: Lower Floor Only

	Full day	Half day
Monday -Thursday (except holidays)	\$301	\$151
Friday, Saturday & Holidays	\$501	\$351
Sunday after 3PM only	— \$351	

Note: For half day select one of the two:

8:00 AM to 2:00 PM **OR** 4:00PM to 11:00 PM

USE OF KITCHEN \$ 51

Use of Paper Supplies (PS) \$ 101

Use of Kitchen and PS \$125

Temple rental applies to all private reservations for those events/poojas that are performed by private parties and not announced in the temple.

Security/ Cleaning deposit: \$151 required.

This deposit will be forfeited if the basement hall bathrooms and kitchen area are not cleaned by the party renting the place.

NOTE: To schedule a Pooja please contact Pooja Committee :

Kiran Dayal 474-4051 or to rent a temple hall (lower level)

Raneshwar Gupta 232-3331

Pooja Committee Announcement:

To schedule a Pooja **or to rent a temple hall (lower level)** please contact Kiran Dayal 513-474-4051 or to rent a temple hall (lower level) Raneshwar Gupta 232-3331

If you have any question or suggestion about temple activities contact Kiran Dayal 513-474-4051, any EC Members or Temple at 528-3714.

1. **Archana** performed during temple hours by sponsorship. No Archana on Sundays between 11 a.m.-1 p.m.
2. **Outside Poojas** and other religious services will be conducted by appointment only.
3. To **schedule any poojas** please contact Pooja Committee chairperson at least one week in advance.
4. If you would like to bring **food and prasad** in the temple, Please contact Pooja Committee chairperson .
5. **Cancellations** of pooja should be done 3 days in advance or else the full fee for the pooja will be charged.

POOJA SAMAGRI

For convenience of Devotees, Temple can now provide Pooja Samagri for all inside and outside Poojas.

Donation for Puja Samagri is as follows

\$ 21 for any Pooja

\$ 31 for any Pooja including Havan/Homam

For more details please contact

Kiran Dayal 513-474-4051



IMPORTANT ANNOUNCEMENT
SUNDERKAND CD (sung by Acharya Kailash Sharma)



AVAILABLE in Temple Gift Shop for **\$ 10.**

The money raised will go to temple.

Regular Weekly & Monthly Events at the Temple

Monthly Navgrah Pooja

Every first Saturday of the Month
Sponsors needed for Pooja \$51.00

For Details call

Kiran Dayal at 474-4051; Temple priests: 528-3714

Monthly ABHISHEKAM/KALYANOTSAVAM FOR LORD SRI VENKATESWARA

4th Saturday of each month ,
from 10:30 AM-12:30PM.

To sponsor and details please call any of the following:

Anand Konda: 481-4119; Vasundhara Dasari: 777-3353

Suseela Paturi: 481-8591; Surendra Hanumanthanna: 661-8733

Pandit Sri Srinadh Bhattar: 488-2986

1008 Gayatri Jap

Second Saturday of each month at 9.30AM

**For details please contact temple priest 528-3714 or
Kiran Dayal 474-4051**



Monthly Murugan Abhishekham / Pooja

Every second Sat of the Month
Sat 4pm Sponsor Murugan Group. Kiran
Dayal 474-4051; Temple priests: 528-3714



Monthly Satya Narayan Pooja

On Every Purnima of the Month

6:30 pm

Sponsorship \$ 51.00

To sponsor pooja call Kiran Dayal 474-4051
Temple priests: 528-3714



Weekly Shiv Mahlman Stotram

Every Monday at 6:30 pm



Weekly Hanuman Chalisa Path

Every Tuesday at 6:30 p m To sponsor call Kiran Dayal
474-4051 or Temple Priests 528-3714

Shri Ganesh Pooja & Shri Ganesh Atharvshirsha Path

Every 4th Sunday of the month 10:30AM

This pooja is dedicated to each month's

Sankashti Chaturthi to Lord Ganesh. **For more information &**

Sponsor the pooja please call

Jyoti Divekar : 204-8037

Mangal Nemade : 234-8373

Kiran Dayal : 474-4051 Temple Priests: 528-3714

Weekly Vishnu Sahasranaam Parayana

Vishnu Sahasranaama Parayana (chanting) will now take place
Every Thursday at 7:00 pm . Please join us for the chanting.

Please contact Ganesh Sundaresan 513-752-4025

Weekly Venkateswar Pooja

Every Friday at 6:30pm

To sponsor pooja please call Kiran Dayal 474-4051;
Temple priests: 528-3714

EDITOR'S NOTE

Namashkar to All Devotees,

You will be proud to know that **Our Temple was featured in Two National Newspapers.**

INDIA ABROAD featured an article titled "Cincinnati Temple celebrates OM Installation Anniversary" in the May 28th issue on page A-35. It contains a picture of Acharya Kailashji in front of OM and 3 dieties. **INDIA TRIBUNE** featured an article on "16 Gold Plated Garbhagrihas installed at Cincinnati Temple". The URL for the article is http://www.indiatribune.com/index.php?option=com_content&view=article&id=7306:16-gold-plated-garbhagrihas-installed-at-cincinnati-templ&catid=25:community&Itemid=457.

Most Indian communities and Temple goes in America now know the uniqueness of our beautiful temple. We are most thankful to our generous devotees and most dedicated volunteers, as well as highly committed priests who make the events so beautiful and full of religious activities.



Kroger has made it easy to earn rewards for the Hindu Temple. If you still haven't registered your Kroger Plus Card, please do it now. We have simplified the instructions in this Aradhana. Also, you don't lose any benefits of Gas Points or the cashback/miles benefit on your personal credit card. Our temple generates extra income whenever we use our Kroger Plus Card. After registration, when you use your Kroger Plus card, please make sure at the bottom of the receipt it says **"You requested Kroger to donate to Hindu Society of Greater Cincinnati"**. See the sample picture.

- Sandeep Gupta

JULY 2012 EVENTS

July	1 st	Sun	Bahuda Yatra (Jagannathji) 10am
July	3 rd	Tue	Guru Purnima Satya Narayan Puja . 6:30pm Sponsorship \$51.00 Puja Samagri will be provided, Please bring Fruits,Prasad, and 1 coconut.
July	6 th	Fri	108 Satya Narayan Puja (Guru Purnima Celebration) 6:30pm Sponsorship \$501,Pramukh Yajman , \$101,Yajman. We need 108 families in puja . Puja samgri will be provided.
July	7 th	Sat	Navgrah Puja 3pm Sponsorship \$51
July	7 th	Sat	Mata Ki Chauki 4pm - 8pm Sponsored by - Sondhi, Soni, Khanna & Varma families.
July	9 th	Mon	Shravan Somvaar Shivabhishek 10am & 6:30pm Sponsorship \$101
July	14 th	Sat.	1008 Gayatri Japa 9:30am
July	14 th	Sat	Murgan Abhishekam 4pm Sponsorship \$101
July	15 th	Sun	Sunderkand Path sponsored by - Bhal & Jyoti Desai, Minalben Patel & family
July	16 th	Mon	Shravan Somvaar Shivbhishek 10am & 6:30pm Sponsorship \$101
July	21 st	Sat	Sunderkand Path 5pm sponsored by—Jyoti, Kailash Sharma & Family
July	22 nd	Sun	Ganeshpuja & Atharvashirsh Path 11am
July	23 rd	Mon	Shravan Somvaar Shivabhishek 10am & 6:30pm Sponsorship \$101
July	28 th	Sat	Mata Ki Chowki , 4-8pm Ramakant Jaiswal & Family
July	28 th	Sat	Shri Venkateshwar Abhishekam 10am
July	29 th	Sun	Jagannath Puja 11am
July	30 th	Mon	Shravan Somvaar Shivbhishek 10am & 6:30pm Sponsorship \$101

AUGUST 2012 EVENTS

Aug.	1 st	Wed	Upakarma (sacred Tread Changing) 7am ,8am & 9am Sponsorship\$51
Aug.	1 st	Wed	Purnima Satya Narayan Puja 6:30pm Sponsorship \$51 Puja Samagri will be provided, Please bring Fruits,Prasad, and 1 coconut.
Aug	1 st	Wed	Balbhadra Janmdin puja 11:00am , Raksha Bandhan
Aug.	2 nd	Thurs	Gayatri Jayanti (Actual Day)
Aug	4 th	Sat.	Navgrah Puja 3pm Sponsorship \$51.00
Aug	5 th	Sun	Gayatri Jayanti Cele. 1008 Gayatri japa & Homa 9:30am Sponsorship \$51
Aug .	6 th	Mon	Shravan Somvaar Shivbhishek 10am & 6:30pm Sponsorship \$101
Aug.	5 th	Mon	Nag Panchami
Aug.	10 th	Fri	Shri Krishna Janmashtami 6pm to midnight. Event sponsored by Sankalp restaurant. puja Sponsorships , \$251,\$ 101, \$21
Aug.	11 th	Sat.	Murgan Abhishekam 4pm Sponsorship \$101
Aug.	12 th	Sun.	Nand Mahotsava 10:30am Sponsored by- Shrinathji Devotees
Aug.	13 th	Mon	Shravan Somvaar(Last) Shivbhishek 10am & 6:30pm Sponsorship \$101
Aug.	18 th	Sat	Adhik Mas Begins (Bhadrapada)
Aug.	19 th	Sun	Sunderkand Path 10:30am Sponsors Needed
Aug.	25 th	Sat.	Mata Ki Chauki 4 8pm Sponsored by Pradeep & Nidhi Nagar, Sandeep & Amita Gupta, Vipul & Namita Saran, Vinay & Reena Kumar & Rajesh & Mudita Bhageria families
Aug.	25 th	Sat.	Ganesh Puja & atharvashirsha Path 11am
Aug.	31 st	Fri	Purnima Satya Narayan Puja 6:30pm Sponsorship \$51 Puja Samagri will be provided, Please bring Fruits,Prasad, and 1 coconut.

FIRST TIME EVER IN THE USA



Lord Murugan Chariot Festival



To Mark the Eighth Kumbabishekhham Anniversary and Adi Kirthikai

HINDU TEMPLE OF GREATER CINCINNATI SATURDAY JULY 14, 2012 9 AM - 1 PM

9:00 AM	MURUGAN SUPRABHATHAM
9:30 AM	MOOLAVAR SPECIAL POOSAI
10:00 AM	UTSAVA MOORTHY POOSAI WITH PUNYAH VAACHANAM
10:45 AM	UTSAVA MOORTHY URVALAM (PROCESSION) IN THE TEMPLE INTERIOR AND TO CHARIOT (THER)
11:15 AM	THER POOSAI AND RATHAROHANAM
11:30 AM	THER URVALAM INCLUDING ALL ARCHANA
1:00 PM	MAHA MANGALA AARATHI WITH SHATTHUMORAI FOLLOWED BY LUNCH MAHA PRASADAM

POOJA SPONSORSHIPS

1. MURUGAN SUPRABHATHAM	\$21
2. MOOLAVAR AND UTSAVAMOORTHY POOSAI	\$51
3. THER POOSAI AND RATHAROHANAM	\$101
4. THER FESTIVAL SPONSORSHIP (INCLUDES ITEMS 2, 3 AND INTERIOR URVALAM)	\$151
5. THER ARCHANA	\$21

Need sponsors for Poojas and Prasad.

Please call Priests at 513-528-3714 or Murali at 513-573-0550 for more information.

SUNDERKAND PATH



July 21st Sat. 5pm to 7pm
Followed by Aarti & Prasad (dinner)

Sponsored by - Jyoti,
Acharya Kailash Sharma
& family

SHRAWAN SOMVAR SHIV-ABHISHEK PUJA

July 9th, 16th, 23rd, 30th, Aug. 6th, & 13th

10:00am to 11:30am Shiva Abhishek & Aarti

6:15pm to 7:15pm Shiva Abhishek ,

*Bilva Patra Archana

7:15pm to 8:00pm Shiva Mahimnaha Path,
Bhajans & Aarti

Sponsorship- Abhishek \$101.00 , Archana \$11.00

*Bilva patra Archana (Depends on Availability of Bilva patra)



For details please call Kiran Dayal 474 4051, Acharya Kailash Sharma
652-5382, Janak Dave 859-371-9645. Temple 528-3714

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1-800-799-SAFE (7223) www.ndvh.org
Ohio Domestic Violence 24 hour
toll free: 1-216-823-7223
Ohio Domestic Violence Hotline:
1-800-618-6523

Domestic Violence

Locally, Call
Geeta Mehan : 513-754-0400

Office For Lease

For Professional/Business
In Montgomery/Kenwood
Montgomery Rd. at Reagan Hwy.
5 rooms+ large waiting room
Call Manju for details

513-509-1758

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|--|---------------------|
| 1) Krutarth Jain | 513-884-1259 |
| 2) Manish Srivastava | 513-469-7432 |
| 3) Ambi Subraniam | 513-256-4483 |
| 4) Laxmi Shanker Srivastava ... | 513-474-0533 |



तत् पुरुषाय विद्महे महादेवाय धीमहि

तन्नो रुद्रः प्रचोदयात्।



नमो भगवते रुद्राय। *** रुद्र महा यज्ञ।



Hindu Temple of Greater Cincinnati

(DEV DHAM OF NORTH AMERICA)

is pleased to invite you for the first regional

Maha Rudra Yagna

(Sponsored by The Nepali Hindu Community of Greater Cincinnati)

in the **New Yagna Shala** at the **Hindu Temple**

4920 Klatte Rd. Cincinnati, OH 45244

Saturday August 18, 2012 10 AM

Pramukh Yajaman (Ghrit Ahuti) : \$51.00

Yajaman (Havan Samagri Ahuti) : \$21.00

Please contact any of the following for further information: Temple Priests (513) 528-3714; Koti Sreekrishna (513) 290-3064; Amar Sharma (513) 777-5771; Kiran Dayal (513) 474-4051; Vinay Kumar (513) 528-6189; Hem Raj Joshi (513) 793-3824; Saroj Tamrakar (513) 861-1459; Pramod Varma (513) 398-4435; Leena Dixit (513) 769-3556; Renu Gupta (513) 860-1151; Sudhakar Vinod (513) 607-5760; Raj Bodalia (513) 583-0184; Janak Dave (859) 371-9645; Ganesh Yadlapalli (857) 719-1500; Laxmi S. Srivastava (513) 474-0533

All are cordially invited.

Please come and join in this auspicious yagna for welfare of one and all!

MATA KI CHAUKI

July 7th Sat. 4-8 pm



4pm Devi Durga Puja
5pm First aarti
5:15 Mata Bhajans / Bheten
8pm BHOG , AARTI , Prasad & dinner

Sponsored by **Sondhi, Soni, Khanna & Varma & families**

MATA KI CHAUKI

July 28th Sat. 4-8 pm



4pm Devi Durga Puja
5pm First aarti
5:15 Mata Bhajans / Bheten
8pm BHOG , AARTI , Prasad & dinner

Sponsored by **Rama Kant, Neelam, Siddharth and Rohit Jaiswal**

Update from President

Namaskar,

From May 18th to May 20th, the temple observed 15th anniversary. The event was marked by very elaborate poojas including Vishnu Sahasra Naama and havans as well as procession accompanied by Bal Zanki with children dressed in lovely costumes. The event was very successful with over 450 devotees attending the event on Sunday. The pooja is truly something to be seen as it is so elaborate and beautifully conducted. If you missed it this year, please make it a point to come and see it next year. A lot of hard work went into making this event successful. An exceptionally dedicated group of volunteers worked tirelessly and with devotion. I want to congratulate and thank the pooja committee and all other volunteers for all their hard work.

There are many exciting things happening at the temple. But what I am most excited about is that we now have a youth member serving on the executive committee. I want to welcome Mahima Devarajan to the executive committee. She is a junior in Sycamore High School. She already made excellent contributions on the anniversary day by enrolling many devotees into the Kroger Rewards program. I want to encourage all our youth to participate in the temple activities. Like Mahima, you will also benefit enormously by developing your leadership abilities, gaining understanding of real world issues, and getting your community service points while working in a wholesome, spiritual environment and developing an excellent understanding of your religious and cultural heritage.

We have had some significant developments of late. One of these is the change in the **Kroger Rewards** program. The new program is simpler. It calls for registration of your Kroger Plus card at a Kroger website. It is a simple 3 step process. Now you do not have to and should not use the temple issued gift cards. Please be sure to look for the detailed instructions published in Aradhana. This is an extremely easy way to help the temple. Please register your Kroger Plus card at the earliest and help spread the message about this program. If we all do our part, we could pay a sizable portion of our operating budget through the commission received from this program.

We are also starting another exciting rewards program from **Office Depot**. This program is even easier than the Kroger Rewards program. There are many benefits of this program to our members including 15-30% rebates on a standard list of 100 commonly used items. Please be sure to read the details published in this issue of Aradhana. The temple gets 4% of the total sales proceeds using our temple id. This program will also help us raise significant funds to pay for future expansion and additional services.

Another major step that we have taken in fund raising is establishment of a brokerage account. This account will help the temple accept donations of stocks. Instead of giving straight cash donations to the temple, if you donate stocks, there can be significant positive tax implications for the donors. For more information, please contact me.

We are continuing to see growing response to the spiritual lectures by Dr. Anil Srivastava. There is an increasing demand for having more of his lectures. We may consider adding more in-depth lectures in the future. Like every year, the VHPA-Cincinnati chapter organized a children's camp at the temple in May, 2012. This year, over 60 children participated in a day long fun activities coupled with religious experience at the temple. Close to 30 children from the Bhutani refugee community also participated. The Bhutani refugees, who are Hindus, are being resettled around USA and many have come to Cincinnati. The temple supports the initiative to help these refugees feel at home and maintain their religious identity.

A lot of important events will be happening at the temple soon. The temple will be hosting a number of havans and yagnas at the new yagna shala. We will have the annual Jagannath Ratha Yatra on Saturday, June 23rd. Also, Pujya Swami Chidananda Saraswati ji is coming to the temple on July 6th. It is a matter of great pride to us all. I would request the entire community to attend all these major events in large numbers.

Last, but not least, is that our preparations for a grand Mela event on September 8th are seriously underway. This year, we are combining the highly acclaimed Naach Sitare program with the Mela. Please get ready for this mega event at the temple. So see you all in large numbers at all temple events!

Sincerely,

Deepak Dixit
President, HSGC

HH PUJYA SWAMI CHIDANAND SARASWATIJI

Satsang

July 5th 6:00 pm

Hindu Temple of Greater Cincinnati

invites you to an extraordinary
evening with one of India's most
revered and beloved spiritual teachers,
Pujya Swami Chidanand Saraswatiiji

*6:00 pm: Darshan, Satsang,
Kirtan, Blessings & Maha Aarti*

8:00 pm: Mahaprasad (dinner)

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please see: www.parmarth.com,
www.ihrf.com, www.gangaaction.com

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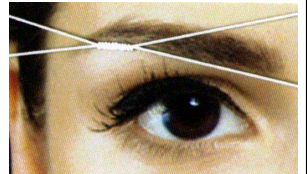
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Annual Day Camp 2012 in Cincinnati



The annual Kid's Day Camp sponsored by HSGC (Hindu Society of Greater Cincinnati) and VHP of America (Cincinnati Chapter) on June 02, 2012, Saturday at the Hindu Temple of Greater Cincinnati was a huge success. The camp started at 10 am and lasted till 4 pm was a learn-fun packed day with yoga, pooja, tour of the temple, introduction of various deities and shloka and bhajan singing and storytelling. The learning's were followed by Art & Craft with no less than perfect weather for outdoor exciting games and kite-flying. Some of the highlights included, (a) the largest turnout so far with 60+ kids of ages 5-17, (b) several children of Nepalese/Bhutanese descent with few of them visiting the Hindu Temple of Greater Cincinnati for the first time, (c) the camp focus on the life of Vivekananda and (d) selfless help by many volunteers. Each camper received a book on Swami Vivekananda ji to study during summer. Our priest directed children to do Durga Pooja, explaining the process and significance of Mother worship.

I would like to sincerely thank all the core and parent volunteers, particularly, Renu Gupta, Kiran Dayal, Anisha Singh, Neha Shetigar, Amit Dixit, Rajendra Kelkar and many more volunteers who provided rides to the children, without whom the camp would not have been possible. We extend special appreciation to the Cincinnati Mandir for the books and the Pizza.

The date has been fixed for the camp every year, first Saturday of June. Parents please mark the calendar. Parents and participants, we welcome your suggestions for improvement of the camp in future. Please feel free to email me at rastogivk@gmail.com.

Vinit Rastogi, rastogivk@gmail.com
Camp Coordinator

IMPORTANT ANNOUNCEMENTS

General Body Meeting

The next General Body meeting will be held
on Sunday August 5, 2012 at 2:30pm at the Temple.

Shrinathji Hindola Utsav

The Shrinathji Hindola Utsav scheduled for Sunday, July 8th has been postponed.
A new date will be published as soon as it is finalized.

COLORED ARADHANA

Did you know that the Aradhana Magazine is also available online? You can read the
COLORED copy with pictures on the temple's website <http://www.cincinnatiatemple.com> .



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Vijay Sharma 513-232-9991

desaijyoti12@yahoo.com

Raneshwar Gupta 513-232-3331, Ramesh Sondhi 513-831-9788

Contacts

For Culture Program

Sulbha Midha naachsitare@gmail.com

Asit Saha 513-702-1050 absaha09@gmail.com



Naach Sitare

Cultural Program - 1:30 PM - 6:00 PM

Awards & Certificates 6:00 PM - 7PM

!!!! FUN FOR THE WHOLE FAMILY !!!!

Fireworks (At Dusk)





Dance is one of the most beautiful forms of art that has grown in leaps and bounds. Every dance form has its own unique identity. Each dance is beautiful in its own way and has a different appeal to it.

With focus on different styles of dancing

HSGC is bringing Naach Sitare jointly with Mela 2012

Date: September 8th 2012

***Venue: Hindu Temple of Greater Cincinnati
(On a 24x24 ft solid outdoor stage with ample seating)***

Mela Time: 12.00 PM- 8.00 PM

Cultural program: 1.30PM - 6PM

Award Ceremony: 6PM - 7PM

Free admission, No ticket required.

Come with your friends and family and enjoy this fun filled day of Indian culture and talent.

Please see the rules and regulations and registration form for participation.

Naach Sitare Leadership Group

Email Contact: Sulbha Midha (naachsitare@gmail.com) (Event Coordinator)

Asit B Saha (absaha09@gmail.com) (513)702-1050 (Chair)

Jyoti Desai (desaijyoti12@yahoo.com) (513)885-1318

Ankita Srivastava (ankitasri_2011@yahoo.com) (513)919-6499

Committee Members: Kamini Jain, Rajeev Arora

NAACH SITARE REGISTRATION FORM

Hindu Temple
of Greater Cincinnati



PARTICIPATION FORM FOR HSGC NAACH SITARE DANCE COMPETITION - 2012

Name of Applicant/Contact Person	
HSGC Membership Status:	<input type="checkbox"/> Member <input type="checkbox"/> Non-Member
Naach Sitare Registration Fee: The fee is nonrefundable. Please send your check by August 5th, 2012 payable to HSGC and mail it to: <div style="text-align: center;"> Asit B Saha 11186 Huntwicke Place Blue Ash, Ohio 45241 </div>	<div style="text-align: center;"> <input type="checkbox"/> \$10/Solo <input type="checkbox"/> \$20/Group </div>
Phone Number(s): Please include all and indicate primary	
E-Mail Address:	
<u>Dance Styles:</u> (Circle One) Kathak, Kathakali, Mohiniattam, Bharatnatyam, Odissi, Kuchipudi, Manipuri, Sattriya, Bhangra, Lavani, Garba, Dekhni, Bollywood Dance, Breakdance, Salsa, Hip Hop Dance, Quickstep, Cha-Cha-Cha, Rumba, Samba, Swing Dance, Ballet Dance, Step Dance, Tap Dance, Folk Dance, Other _____	Solo: <input type="checkbox"/> Minor (Ages 6-9 yrs) <input type="checkbox"/> Juniors (Ages 9-14 yrs) <input type="checkbox"/> Seniors (Ages 14-19 yrs) <input type="checkbox"/> Adults (Ages 19+ yrs)
Name of song/songs:	
Duration of the program:	
Names of participants: Please indicate choreographers, directors etc. Include separate sheet if needed.	Directors/Choreographers: Participants:

(Disclaimer: HSGC is not responsible for any personal injury to participants or damages to their belongings. Participant will be liable of any damage that may cause to property (rental property) due to their negligence. Cultural Committee, HSGC reserves all rights to revise the rules within a short notice to participants before the event.)

Rules and Regulations for Naach Sitare:

Participation requirements:

Entries will be taken on first come first basis.

- ◆ The committee keeps the right to select items depending on the time, logistics and to have maximum community participation.
- ◆ Repetition of the same songs will not be permitted to keep the program entertaining.
- ◆ No exceptions will be made.
- ◆ No specific age group for group performance.
- ◆ One participant can participate in one solo and one group dance at the most.
- ◆ Each team must have a minimum of 3 participants for group dance.

Solo Dance:

- ◆ A total of up to 20 solo entries will be taken. Auditions may be required. Preference will be given to different dance styles.

Group Dance:

- ◆ A total of up to 20 group entries will be taken, preference will be given to groups with more number of participants and new dance styles.

Timings and Scheduling:

- ◆ Each dance item will be limited 6 minutes. If the time limit is exceeded, team will not qualify for awards.
- ◆ Only 2 minutes are allowed for stage preparation (includes general introductions) before the dance performance, and only 1 minute allowed after performance to clean the stage.

Props and Lighting:

- ◆ Props hanging from the ceiling will not be allowed.
- ◆ Each team should have a representative overseeing audio playback and other arrangements.

Judges:

- ◆ Professional judges will be selected by the committee.
- ◆ Judges will refrain from discussion.
- ◆ All judges will be in receipt of the rules and regulations.
- ◆ For fairness, judges will disclose participants of immediate family members in the competition item.
- ◆ The judge's decision will be final.
- ◆ No grievances will be entertained.

Awards:

- ◆ Best Solo Performance (ages 6-9 / 9-14 / 14-19 / 19+)
- ◆ Best Group Performance
- ◆ Best Costume/Jewelry (solo/group)
- ◆ Best Originality/Innovation (solo/group)
- ◆ Best Action /Facial Expression (solo/group)
- ◆ Best Choreography (Solo/Group)
- ◆ Best Synchronized Group
- ◆ Best Song/Songs Selection (Solo/Group)

Judging Criteria - Judges will score each competitor in five different categories:

- ◆ Choreography - 25 Points
- ◆ Technique/Facial Expression - 25 Points
- ◆ Difficulty/Originality - 20 Points
- ◆ Stage Presence / Personality - 20 Points
- ◆ Costume, Jewelry, Hair & Makeup - 10 Points

The organizing committee would like to stress appropriateness in costume, song, and dance style that is consistent with the temple setting and Indian heritage. Entries not meeting these criteria may be disqualified.

Disclaimer: HSGC is not responsible for any personal injury to participants or damages to their belongings. Participant will be liable of any damage that may cause to property (rental property) due to their negligence. Cultural Committee, HSGC reserves all rights to revise the rules within a short notice to participants before the event.

Temple's 15th Anniversary



Temple's 15th Anniversary



Celebrate
India's

Independence Day

INDIA'S 66th INDEPENDENCE DAY

AID (Association for India's Development) and other community organizations will celebrate India's Independence Day on **Wednesday, August 15, 2012** at the VOA Park in West Chester, OH. The main event from 7-8 pm will feature a fancy dress show by kids, a patriotic-themed cultural program and remarks by the AID founder, Ravi Kuchimanchi.

For participation by kids in the fancy dress show, please email smitha.upadya@gmail.com

This event will be preceded by fun activities such as games and races for kids at 5 pm and FREE REFRESHMENTS at 6-30 pm.

Also, there are related activities for kids before August 15 – an essay competition (essays should be submitted July 1-31; contact - aid.cinci@gmail.com) and a math competition on Aug 11, 9-10 am (register before July 31 by emailing admin@aplusadvancedlearning.com). There is no entry fee to participate. There are attractive prizes for participants and winners.

For more details, please email srimirle@yahoo.com or visit <http://cincinnati.aidindia.org>

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Raise Money For Our Temple!

Thanks to all members who have used their Kroger Gift Card to raise money for the Temple. This program has raised over \$6000!



Kroger has changed their Neighborhood Rewards Program.

Please be sure to enroll in the new "Kroger Plus Card" program immediately. As of May 1, 2012, if you only reload your existing Kroger Gift Card, your purchases will NO LONGER earn our Temple any funds.

Easy Steps for Enrollment: (takes less than 5 minutes)

1. Visit www.krogercommunityrewards.com and select "Register" unless you already have an account. Sign up for a Kroger rewards account by entering your Kroger Plus card number or your primary phone number.
2. Confirm your registration through your email account.
3. Sign in to Kroger Community Rewards website (the link on the confirmation email will take you there). Proceed to Edit "My Account;" enter your Kroger Card Number and confirm personal information
4. Click to "Community Rewards" at the bottom of the page and type in our NPO number **81567**. Select "Hindu Society of Greater Cincinnati."

Congratulations! Now a portion of every shopping trip you make will go towards our wonderful Temple. Remember to swipe your registered Kroger Plus Card or use the phone number that is related to your card when shopping to benefit the Temple.

Once you are enrolled and when you make purchases at Kroger, you will see at the bottom of each paid receipt, "At your request, Kroger is donating to the Hindu Society of Greater Cincinnati".

Please contact Raneshwar Gupta (Kroger Coordinator) at 513-232-3331 or Manish Srivastava (Fund Raising Chair) at 513-503-2825 if you have further questions/concerns.

Office Depot Rewards Program



The temple has joined the Office Depot Rewards Program, also known as the Affinity Program.

This program is very easy to use and very exciting for us. Office Depot has issued an id to the temple (xxxx-xxx-xxxx) that can be used in any of the 1,100 Office Depot stores as well as at Office Depot website. Office Depot will issue a store purchasing card bearing this number. It will be posted on our website. You will be able to print the card and use it at any store. Office Depot will provide between 15 to 30% discount to anyone using the temple id on items from a TOP 100 item list. Members will get a 5% discount on all other items including furniture. The temple will receive a 4% residual (commission) each quarter on all purchases made using our discount id. In addition, for businesses using this program, Office Depot can set up customized programs. You can get free delivery for orders over \$50.

We stand to benefit very significantly from this program. The success of this program is truly in the hands of our members. So please support your temple in a very big way by using the temple discount id at Office Depot stores for all your office supplies needs. Your help will go a very long way towards making the temple become financially healthy and embark on many more programs for the benefit of our community.

HSGC – Executive Committee

Meeting Minutes– May 6, 2012

Executive Committee: Deepak Dixit (President), Ambi Balasubramaniam (Vice President), Prasad Megada (Treasurer), Pradeep Gupta (Secretary), Asit Saha* (Cultural Committee), Jeetu Patel* (Long Range Planning), Kiran Dayal (Pooja Committee), Manish Srivastava (Fundraising Committee), Rakesh Patel (Maintenance Committee), Sandeep Gupta* (Editor-Aradhana), and Vinit Rastogi* (Religious Education Committee) (*Not present)

Meeting Minutes:

1. Ms. Mahima Devarajan joined the HSGC Executive Committee as a Youth Member.
2. Significant work was done in 2011 on building maintenance, roof repairs, and securing Shikhar/Dome.
3. Kroger has initiated a new system that will not require you to buy a prepaid card. Please register your Kroger Plus Card on a Kroger website and use it every time you make a purchase from Kroger.
4. The Marg project is going well. There are total of 20 sections or Margs of the project, 11 of them have already been committed. It is expected that we will start paving gravel road before end of the year.
5. Upcoming temple anniversary is very important event for the temple, we recommend all EC members to be present on all three days. According to Kiran Dayal, all arrangements have been made including lunch and dinner servings. The Sunday lunch has been sponsored by 42 Gam Samaj. The 42 Gam Samaj sponsors one lunch every year during Temple Anniversary celebrations.
6. It was decided that it is Secretary's responsibility to make sure that the information on the temple website is correct. Pradeep will review website contents, identify gaps, discuss with Deepak Dixit, and request Mr. Bharat Vala to update the website. Mr. Bharat Vala maintains temple website.
7. We have received bricks with names for those who have donated to the temple; a construction of the wall with these bricks will start shortly.
8. Temple has installed some additional security cameras now.
9. There have been a number of email lists at different locations with different owners. Deepak, Manish, and Pradeep will look into this issue and find a solution to consolidate to one list.
10. This is the time to update Temple telephone book. Pradeep will work Deepak to find out who has the book and update in 2012 before publishing by end of the year.
11. Deepak Dixit will contact other temples for a sample of Temple Manager job description.
12. Rakesh Patel introduced Mr. Kirit Patel to be our new Maintenance Committee Co-chair which was approved by the EC members unanimously.
13. Idea of charging for Aradhana copy was turned down by all members.
14. Deepak and Pradeep will draft a policy on temple hall rentals, fees from all occasions and from various organizations such as educational, non-profit, co-sponsoring, etc.
15. Rakesh Patel will follow up with Prasad Megada on lowering the cost of Lawn maintenance, ADT, Paper products, Utilities, and purchasing maintenance supplies.
16. Clermont County has completed the restoration work. Prem Garg and Deepak Dixit walked through the work and stated that the county has done what was expected and it looks good.
17. It was suggested that all future authorization for work or commitments must be done through Executive Committee. There should be some guidelines and must be communicated to all.
18. Rakesh Patel will work with Prem Dhamija and Deepak Dixit to identify estimated cost of installing a fountain in the circle in front of the temple before starting the work. This will be done out of donation received from Dr. Nayak and Dr Prabhu.
19. Rakesh and Kirit Patel will provide shoe racks outside of front gate during anniversary celebrations.
20. Deepak Dixit and Manish Srivastava are exploring for a fund raising cultural event.
21. Manish Srivastava will explore additional lectures on personal health.
22. Next meeting will be on June 3, 2012 at 10:30am.



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& Every Sunday from 11 AM to 2 PM 'Swaranjali'





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Birthdays and Anniversaries for the Month of July

Happy Anniversary *

Rajkumar & Shakuntala Agarwal, Pradeep & Arpana Ambe, Rajappa & Chandra Asthagiri, Sharad & Arti Buddhev, Ramesh & Niranjana Candadai, Param & Laliitha Hariharan, Jagmohan & Shashi Khanna, Shankar & Nithya Krishnan Vishwanathan

Happy Birthday**

Poonam Agarwal, Rajkumar Agarwal, Deepak Bhandari, Sonia Bhati, Kishore Bobba, Sheela Bodalia, Ranga Brahmandam, Pratima Dayal, Mitul Desai, Geetika Gupta, Viswamitra Halekote, Rohan Hemani, Neerja Jindal, Pawan Kedia, Amit Khemchandani, Ami Kothari, Nishir Kumar, Reena Kumar, Sreyas Mahadevan, Vikranth Mirla, Jagdish Nawani, Vithal Nemade, Hansaben Patel, Minal Patel, Sonika Patel, Asha Sundaram Ramarathnam, Srinath Ramarathnam, Karthik Rathuri, Suresh Saxena, Sydney Saxena, Ashish Sharma, Madhu Sharma, Kailas Sheth, Ravi Sheth, Shalini Sreekrishna, Santhanam Srinivasan, Sunil Srivastava, Nalini Vala, Lola White, Chakreshwar Sharma

*(Celebrated on the first Sunday of each month in the temple.)

** (Celebrated on the second Sunday of each month in the temple.)

If you would like to include your name in the above lists, please call Raj or Shakuntala at 513-733-1537.

BRICK ENGRAVING STARTED

We are happy to inform you that the first brick with " OM " is already in the temple lobby and you can see the quality of work. Other bricks will be arriving very soon in installment. As soon they arrive we will be in touch with you and ask you to check them for the correctness. Engraving could not be started earlier as we needed certain number of bricks to start putting them on the wall.

If you have any question please get in touch with one of the following.

Laxmi Shanker srivastava - (513) 474-0533

Anand Narayana - (513) 793-8199

LAST CHANCE - A FEW BRICKS ARE STILL AVAILABLE.



Mysore: Cincinnati's Newest Sister City - Cincinnati Reaches out to India

Cincinnati is signing a formal sister city agreement with heritage rich Mysore city in India. The Signing will take place on the 11th of July at 9:00 AM in the council chambers at city hall between the Mayor and the commissioner of Mysore. All are invited. Let us show our support for this event with numbers filling the halls and the gallery with color and dance.

India's ambassador Mrs. Nirupama Rao has been invited by the India sister city association and is honoring us with a visit to coincide with this event. A gala will be held in her honor. We have also invited senators Portman and Brown to attend. Three Indian choirs participating in the World Choir Games being held in Cincinnati at the same time have been requested to perform at the ambassador's gala at her request.

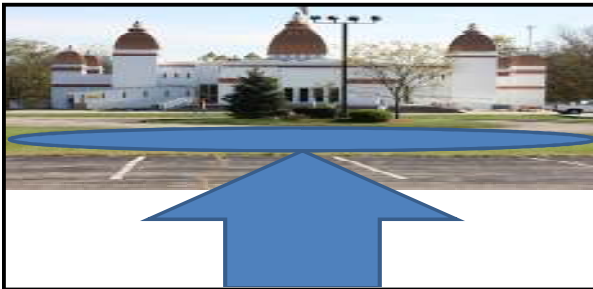
The commissioner is looking forward to meeting with the Indian community and forging new economic, cultural and educational ties with Cincinnati.

Please volunteer your time to make this event successful and grace both the events with your presence.

Please check us out at www.indiacincinnati.org. Follow us on Twitter and our blog. Also look us up on Face book and offer your thoughts and comments.

You may contact the event organizers Koti Sreekrishna (tatachar@aol.com), P. M. Niskode (niskodeus1@fuse.net) or Ratee Apana (ratee.apana@uc.edu) for more information.

We look forward to seeing you at the Sister City signing ceremony and at the Ambassador's Gala.



PLEASE DONATE TEMPLE FLAGS PROJECT

Please make all checks to : "Hindu Society of Greater Cincinnati" and state it is to "Support the Flags Project".

Amount : \$100, \$50, \$25 (or any amount you choose) to cover estimated project cost of \$3000.

Mailing Address: 4637 Forest Ridge Drive, Mason, OH 45040

Temple Flags: What is the goal?

Namaste, my name is Aman Kumar from Mason, OH. My fellow scouts and I need your help and generosity to install three, gorgeous flags in front of the temple: The American flag, the Indian flag, and the Ohio flag. Your assistance will help me earn the Eagle Scout badge.



For more information Please call

Aman Kumar: **513-900-0218**

Email: aman.kumarmason@yahoo.com

Or visit my Facebook page: **Cincinnati Hindu Temple Eagle Scout Project**

**PLEASE DONATE TODAY.
THANK YOU FOR SUPPORT.**

With your charitable donations, we can help raise these three beautiful flags at the Temple by summer 2012.

HELP ME EARN MY "EAGLE SCOUT"

YOGASADHANA

Vaidya Mrs. Shantala Gangatirkar, BAMS

HSGC is pleased to announce that we are now offering authentic Yoga lessons at the temple from a qualified Yoga instructor. Dr. Shantala Gangatirkar is a qualified Ayurvedic doctor as well as a certified Yoga instructor. Dr. Gangatirkar is a graduate in Ayurvedic Medicine and Surgery (BAMS) from Pune, Maharashtra. During her second year of college as a part of the subject 'Preventive and Social medicine', she did the systematic study of yogic sciences in depth. After graduation she completed the certification as a yoga teacher from SVYASA (Swami Vivekananda Yoga Anusandhana Samsthana), Bangalore. Since then she has used yoga therapy in her clinical practice successfully at Madiwala, Bangalore for 4 years.

The classes are held every Saturday from 10 am to 11am at the temple in the lower level.

Following things will be covered in the classes

- ◆ Yogasanas
- ◆ Suryanamaskar
- ◆ Pooraka Vyayama
- ◆ Pranayama
- ◆ Kriyas
- ◆ Omkar
- ◆ Meditation
- ◆ Relaxation techniques



Instructions for the class

1. Bring Yoga mat, Napkin
2. Appropriate attire is desired
3. You should not eat anything at least 4 hours prior to Yoga classes.
4. You can have liquids after 30 minutes and solid food after 60 minutes after the class.

Fees for the class will be \$10/calendar month for ages 18 and up. For ages 5 to 18, the fees will be \$5/calendar month. The first calendar month will be free on trial basis. The fees will be payable by check to HSGC.

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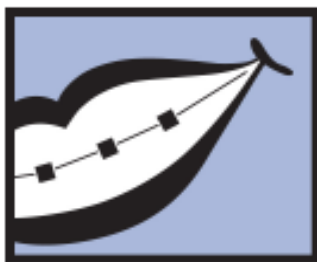


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Directions to Hindu Temple From I-275 take Exit 63A (32West) - drive approximately 1/4 mile - turn right onto OLD 74 - turn left at the first Traffic light onto Summerside Road. After approximately one mile turn right onto Klatte Road. Temple is at the end of Klatte Road. From UC: Take E McMillan to Columbia Pkwy to Beechmont Ave to Route 32 East (to Batavia). Turn left on Old SR - 74. Follow instructions above from Summerside to Klatte Rd. (Phone No. for the Temple - 528-3714)

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