



आराधना

Aradhana

A Publication of the Hindu Society of Greater Cincinnati
Devdham of North America™

Paush/ Magh
Vikram Samvat, 2068
January, 2012



Happy 2012

Message from President



Website www.cincinnati temple.com
Email: hindusociety@fuse.net
Phone: (513) 528-3714

Dear HSGC Members,

Namaskar. It is my pleasure to update you regarding the Hindu Society of Greater Cincinnati's (HSGC) achievements and future opportunities. 2011 was a very happening year for HSGC.

The HSGC was founded in 1978 and the first temple was started in 1982; we moved to 100+ acre of natural settings in 1995. The primary mission of the HSGC is to propagate the teachings and philosophy of the Hindu religion / Sanatan Dharma. Our Mandir is named "Devdham of America". To truly transform our vision into reality, our Mandir took an inclusive approach by placing "OM" at the center of the Vedic deities. This concept unifies diverse faith groups and strengthens our mission. Due to this inclusive vision, this Mandir is not named after one deity but named as a Devdham of America. We are truly grateful and proud of the noble wisdom and thoughtfulness of the founders who made this a reality.

Since 1995 our community has grown in population and so have our needs for religious, social and cultural activities. To better serve the community, HSGC added deities in two additional wings and added the number of religious celebrations, cultural events and priests to serve our diverse community. To continue our support of these activities, we recently added a commercial kitchen, Yagna Shala, and we are currently working on library of Hinduism, youth education classrooms, landscaping and a master plan. This year we have celebrated "Garbha-Griha Pratishtha". The original Mandir (Temple) design always intended a Girbha Griha (shikhar/dome) on every individual deity. After years of persistent efforts and dedication by our volunteers and with the generous donations, we are proud to see this vision turn into a reality by completing this impressive project. We have also undertaken major maintenance projects to restore the existing building and site to ensure uninterrupted operations in future. **These are significant costs to our general operating budget. We are looking for your financial support to offset these major maintenance costs.**

Our community in the tri-state grew manifold, from a few hundred Hindu, Jain and Sikh families in the 1970s to approximately 6,000 families. Now we have a number of religious organizations catering to our faith and we will see more. HSGC will continue to work with other religious organizations and share resources for the mutual benefit of the community. Over the years HSGC has nurtured and developed relationships with many regional, ethnic, educational and national organizations and local governments to grow, learn, share, benefit and contribute to the larger community.

HSGC's additional objectives are to perform regular services (pooja), observance of major Hindu festivals, promotion of religious, educational and cultural activities and provide a facility for learning Sanskrit and other Indian languages. We recognize the opportunities and challenges ahead. We initiated helpline for victims of domestic abuse with partnering with other local organizations. Moving forward, HSGC will continue to excel and to comprehensively expand in its improvements in **youth education, next generation involvement in management, spiritual development, social initiatives and community service projects**. I invite and insist all devotees to become HSGC members by paying dues and by volunteering to play active roles in shaping our future. If you are already a member, please sign up for Community Directory.

On behalf of all the devotees, I heartily thank all the donors, volunteers, committee members and Executive Council members who have devoted their efforts for the success of HSGC since its inception in 1978. We are looking forward to your continuing support in 2012.

Best wishes for 2012.

Yours Sincerely,

Kratarth H. Jain

President, HSGC, 2011



If you or someone you know, is not receiving ARADHANNA, or if you need a change of address, please contact

Mohan Chopra at 859-331-2416 or Nandkumar Khemchandani : asiindian@aol.com / 513-779-1043

Aradhana (past and present) is also available at temple website: www.cincinnati temple.com

Deadline for submission of articles for next Aradhana is January 10

TEMPLE INFORMATION

EXECUTIVE COUNCIL 2011

President

Krutarth Jain (513) 884-1259
krutarthjain@yahoo.com

Vice President

Ambikaipakan Balasubramaniam
(513) 204-0213
balasua@yahoo.com

Secretary:

Deepak Dixit (513) 769-3556 /348-5310
dndixit@hotmail.com

Treasurer:

Prasad Megada (Chair) (513)779-4582
prasadmegada@yahoo.com

COMMITTEE CHAIRPERSONS

Pooja Committee:

Kiran Dayal(Chair): 513-474-4051
kdayal2@yahoo.com

Communications/Editor:

Geeta Mehan (513) 754-0400
email: mehangeeta@gmail.com

Membership & Fundraising:

Raneshwar Gupta (513) 232-3331
guptama2003@yahoo.com

Property Management & Maintenance:

Dilip Patel 513-947-0861/226-2550
ptldilip1@aol.com

Cultural Activities:

Asit B. Saha (Chair) (513) 489-5720
513-702-1050 ; absaha09@gmail.com

Religious Education & Youth

Activities:

Anisha Singh (513) 469-7432
singhanisha@hotmail.com

Long Range Planning

Laxmi S. Srivastava (513) 474-0533
Laxmi_srivastava@yahoo.com

Youth Member: Open

Priests:

Acharya Kailash Sharma, Senior Priest
(513) 770-0705
Acharya Chakreshwar Sharma
(513) 528-0901
Pandit Srinath Bhattar
(513) 488-2986
Attorney: Aronoff, Rosen & Hunt
(513) 241-0400

Temple Manager: Laxmi Srivastava

Accountant: Open

Raj Bodalia Chair, Special Activities

RELIGIOUS DISCOURSE

Sundays 12:15 - 12:45 PM

First Sunday : Upanishads

Second Saturday : 1008 Gayatri Jaap

Second Sunday : Children Program

Third Sunday : Sunder Kand Path

**Fourth Sunday : Shri Ganesh
Atharvshirsha Path**

Fifth Sunday : Jagannath Puja

Members of the community are invited to speak on topics related to Hindu religion, philosophy, culture, reformation, Gurus, self-preservation, etc. If you would like to talk or like to suggest someone who may be interested, please contact Kiran Dayal.

Devotees are requested to sit-in Sunday Pooja as well as bring Prasad and Lunch. You may wish to use this occasion to celebrate important events such as wedding anniversaries, birthdays, ishta devata pooja, graduation and other memorable days. Events can be hosted by individuals, families, group of families or organizations. Please reserve your Sunday of choice ASAP by putting your name and phone-no in the calendar at the temple & calling pooja committee members Kiran Dayal or Meena Sondhi.

TEMPLE SCHEDULE

Monday - Friday : 9:00AM-12:00 Noon
5:00 PM - 8:00 PM

Saturday, Sunday
& US Holidays: 9:00 AM - 8:00 PM

SPECIAL PROGRAM ON WEEKENDS

9:15 - 9:30 A.M.

Suprabhatam

9:30 - 11:00 A.M.

Daily Pooja of Temple Deities

11:00 - 11:30 A.M.

Sponsored Pooja

11:30 - 12:15 A.M.

Bhajan

12:15 -12:45 P.M.

Religious discourse

12:45-1:00 P.M.

Birthday and Anniversary pooja and announcements

1:00 P.M.— Aarti

EDITORIAL BOARD

- Koti Sreekrishna
- R.R.Pappu
- Meena Mehta (Past Editor)
- Geeta Mehan (Present Editor)

2011 POOJA COMMITTEE &

RELIGIOUS ACTIVITIES MEMBERS

Kiran Dayal (Chair)	474-4051
Amita Gupta (Co-Chair):	336-8782
Sangita Patel (Co-Chair)	791-0855
Swarna Choudhury (Co-Chair)	232-2343
Acharya Kailash Sharma	770-0705
Acharya Chakreshwar Sharma	528-0901
Pandit Srinath Bhattar	528-3714
Meena Sondhi	831-9788
Manju Gupta	232-3331
Anju Saha	474-3922
Meena Karamchandani	683-9454
Kalpna Srivastava	233-9184
Muralee	573-0550
Vasundhra Dasari	777-3353
Suchitra Mishra	573-9775
Rajan Odayar	336-6843
Vilas Patel	947-0861
Triveni Dave	859-371-9645
Mangal Nemade	234-8373
Shanti Sumkherji	755-6009

TREASURER Co- Chair

Amar Sharma 777-5771

Fundraising Co-Chair

Rameshwar Dayal 474-4051

Communications/Editor Co-Chair

Pradeep Goyal 544-7897

Temple Manager's Committees

LaxmiS.Srivastava, Temple Mgr 474-0533

Raj Bodalia, Chair Special Activities583-0184

1.Office Manager

Mohan Chopra

2. I/C Swami Lectures

Vinay Kumar

Devdas Mukerjee

Meena Mehta

Bobba Choudhary

3. Temple Data Base

Nandkumar Khemchandani

Raj Bodalia

Krutarth Jain(President)

Meena Mehta

4. Anniversary & Birthday

Data

Raj Agarwal

Shakuntala Agarwall

5. E-mail .Data

Pradeep Goyal

Nandkumar Khemchandani

6. Gift Shop

Meena Sondhi

Madhu Sharma

7.Security (ADT)

Meena Mehta,

Vinay Kumar

Kailash Sharma

8. Financial Data

Amar Sharma,

Raj Bodalia

Laxmi S. Srivastava

9. I/C Temple Web site

Bharat Vala

Lalit n. Agarwal

Krutarth Jain

10. I/C Temple

Calendar

Meena Mehta

Ashvin Mehta

Achaya Kailash

Sharma

11. Volunter Services

Rajan Odayar

Kedarnath Nambori

Dilip Patel

Vijay Kumar Sharma

12. Temple Photogra-

phers

Naba Mishra

Dilip Patel (I/C)

13. Mela Committee

Anil Jindal

Jyoti Desai

Raneshwar Gupta

(Fund Raising

Chairperson)

Krutarth Jain

(President)

Aradhana is Published Monthly . Circulation: Approx. 1750 Families. **Advertising Rate:** Full Page \$300; Half Page \$150; Quarter Page \$100. and one eighth page \$50. A 10% discount is given for 12 consecutive repetitions of the same advertisement. **Hindu Society of Greater Cincinnati (HSGC)** is a non-profit organization that caters to the needs of a large community. **The views expressed by individual authors in Aradhana are their own and may not reflect the policies of HSGC.**

Pooja Information

RATES FOR POOJA & PRIEST SERVICES

SERVICES	IN TEMPLE	OUTSIDE TEMPLE
Abhishekam (All Deities)	\$101.00	—
Aksharabhyas	\$101.00	\$151.00
Anna-Prashanam	\$101.00	\$151.00
Ashta Prakari Pooja*	\$101.00	\$151.00
Ashtoththaram (108) Archana	\$21.00	—
AyushyaHomam/B'day Celebra.	\$101.00	\$151.00
Ground Breaking Ceremony	—	\$151.00
Griha Pravesh	—	\$151.00
Kalayana Uthsava (Lord Ram/Sita)	\$121.00	---
Kesh Khandan (Churakaran)	\$101.00	\$151.00
Naam-Karan	\$101.00	\$151.00
Navagraha Pooja	\$101.00	\$151.00
Nischitartham (Engagement)	\$151.00	\$251.00
Baby Shower Pooja	—	\$151.00
Nitya (1 Day) Kainkaryam (Seva)	\$101.00	---
Poolangi Seva (With Flowers)- (Only During Off Winter Season)	\$101.00	---
Regular Archana	\$11.00	—
Sahasranama (1008) Archana	\$51.00	---
Sathyanarayana Pooja	\$101.00	\$151.00
Seemantham	\$101.00	\$151.00
Devi Jagaran	\$75.00	\$101.00
Akhand Ramayan Paath	—	\$151.00
Shashti Poorthi (60th B'day Celeb.)	\$101.00	\$151.00
Anniversary celebration	\$101.00	\$151.00
Suprabhat Seva	\$21.00	---
Unjal (Swing) Seva	\$31.00	---
Upakarma (Thread changing)	\$51.00	---
Upanayam/Brahmopadesham/ Thread Ceremony	\$151.00	\$251.00
Vahan Pooja	\$51.00	----
Yearly Shradham (Barkhi)	\$101.00	\$151.00
Wedding	\$301.00	\$501.00

SPECIAL POOJA RATE

Rates for Mata Ki Chauki performed at another temple will be 15% of the money collected at the temple or a minimum of \$ 501.00.

1. Poojas performed by priests outside the temple will be rated according to the number of poojas performed.
2. 50 Cents/Miles for Travel expense to the Priest to perform pooja at your home.

Rates are subject to change without notice. Rates of Poojas out of Greater Cincinnati will be \$100.00 more than the rates of outside pooja within greater Cincinnati area.

CHECK-OUT

<http://newbhagavadgita.blogspot.com/2010/04/shock-treatment-in-bhagavad-gita.html>

Temple Rental: Lower Floor Only

	Full day	Half day
Monday -Thursday (except holidays)	\$301	\$151
Friday, Saturday & Holidays	\$501	\$351

Sunday after 3PM only — \$351

Note: For half day select one of the two:

8:00 AM to 2:00 PM **OR** 4:00PM to 11:00 PM

USE OF KITCHEN \$ 51

Use of Paper Supplies (PS) \$ 101

Use of Kitchen and PS \$125

Temple rental applies to all private reservations for those events/poojas that are performed by private parties and not announced in the temple.

Security/ Cleaning deposit: \$151 required.

This deposit will be forfeited if the basement hall bathrooms and kitchen area are not cleaned by the party renting the place.

NOTE: To schedule a Pooja please contact Pooja Committee :

Kiran Dayal 474-4051 or to rent a temple hall (lower level)

Raneshwar Gupta 232-3331

Pooja Committee Announcement:

To schedule a Pooja or to rent a temple hall (lower level) please contact Kiran Dayal 513-474-4051 or to rent a temple hall (lower level) Raneshwar Gupta 232-3331

If you have any question or suggestion about temple activities contact Kiran Dayal 513-474-4051, any EC Members or Temple at 528-3714.

1. **Archana** performed during temple hours by sponsorship. No Archana on Sundays between 11 a.m.-1 p.m.
2. **Outside Poojas** and other religious services will be conducted by appointment only.
3. To **schedule any poojas** please contact Pooja Committee chairperson at least one week in advance.
4. If you would like to bring **food and prasad** in the temple, Please contact Pooja Committee chairperson .
5. **Cancellations** of pooja should be done 3 days in advance or

POOJA SAMAGRI

For convenience of Devotees, Temple can now provide Pooja Samagri for all inside and outside Poojas.

Donation for Puja Samagri is as follows

\$ 21 for any Pooja

\$ 31 for any Pooja including Havan/Homam

For more details please contact

Kiran Dayal 513-474-4051



IMPORTANT ANNOUNCEMENT

SUNDERKAND CD (sung by **Acharya Kailash Sharma**)



AVAILABLE in Temple Gift Shop for **\$ 10.**

The money raised will go to temple.

Regular Weekly & Monthly Events at the Temple

Monthly Navgrah Pooja

Every first Saturday of the Month

Sponsors needed for Pooja \$51.00

For Details call

Kiran Dayal at 474-4051; Temple priests: 528-3714



Monthly Murugan Abhishekham / Pooja

Every second Sat of the Month

Sat 4pm Sponsor Murugan Group. Kiran

Dayal 474-4051; Temple priests: 528-3714

Monthly ABHISHEKAM/KALYANOTSAVAM FOR LORD SRI VENKATESWARA

4th Saturday of each month ,
from 10:30 AM-12:30PM.

To sponsor and details please call any of the following:

Anand Konda:481-4119; Vasundhara Dasari:777-3353

Suseela Paturi:481-8591; Surendra Hanumanthanna:661-8733

Pandit Sri Srinadh Bhattar:488-2986

1008 Gayatri Jap

Second Saturday of each month at 9.30AM

For details please contact temple priest 528-3714 or Kiran Dayal 474-4051



Monthly Satya Narayan Pooja

On Every Purnima of the Month

6:30 pm

Sponsorship \$ 51.00

To sponsor pooja call Kiran Dayal 474-4051

Temple priests: 528-3714



Weekly Shlv Mahiman Stotram

Every Monday at 6:30 pm



Weekly Hanuman Chalisa Path

Every Tuesday at 6:30 p m To sponsor call Kiran Dayal 474-4051 or Temple Priests 528-3714

Shri Ganesh Pooja & Shri Ganesh Atharvshirsha Path

Every 4th Sunday of the month 10:30AM

This pooja is dedicated to each month's

Sankashti Chaturthi to Lord Ganesh. **For more information & Sponsor the pooja please call**

Jyoti Divekar : 204-8037

Mangal Nemade : 234-8373

Kiran Dayal :474-4051

Temple Priests:528-3714

Weekly Vishnu Sahasranaam Parayana

Vishnu Sahasranaama Parayana (chanting) will now take place

Every Thursday at 7:00 pm . Please join us for the chanting.

Please contact Ganesh Sundaresan 513-752-4025

Weekly Venkateswar Pooja

Every Friday at 6:30pm

To sponsor pooja please call Kiran Dayal 474-4051;

Temple priests: 528-3714

New year Celebration Jan. 1st 2012

Ganesh Puja & Havan 11am
MATA KI CHAUKI 3-7pm



3pm Devi Durga Puja 4pm First aarti

4:15 Mata Bhajans /Bheten

6:30 KANYA PUJA

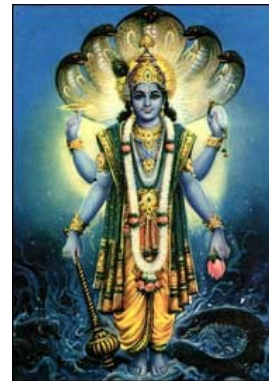
7PM BHOG , AARTI , Prasad & dinner

Sponsored by- Dr. Prem Shankar & Kiran Verma & their families

VAIKUNTHA EKADASHI CELEBRATION

Jan. 4th Wed.

6pm to 7:30pm



Sponsorship \$51, \$11, For details please call Temple 528 -3714 ,
Sri Srinath Bhattar 488- 2986,
Kiran Dayal 474-4051

JAN. 2012 EVENTS

Month	Date	Day	Events
Jan	1 st	Sun	New year's Havan 11am
Jan	1 st	Sun	Mata Ki Chauki 3-7pm Sponsored by-Dr. Prem Shankar & Kiran Verma & Family
Jan.	4 th	Wed.	Vaikunth Ekadashi Puja 6pm Sponsorship \$51.00
Jan.	5 th	Thurs	Mukkti Dwadashi
Jan	7 th	Sat.	Navgrah Puja 3pm Sponsorship \$ 51.00
Jan.	8 th	Sun.	Sunderkand Path 10:30am
Jan	8 th	Sun	Purnima Satya Narayan Puja . 5:30pm Sponsorship \$51.00 Puja Samgri will be provided, Please bring Fruits,Prasad, and 1 coconut
Jan	13 th	Fri	Lohri Celebration 7pm event sponsors needed
Jan.	14 th	Sat.	Makar Sankranti/Uttarayan/ Thai Pongal/
Jan	14 th	Sat	1008 Gayatri Japa 9:30am
Jan	15 th	Sun.	Thai Pongal / Makar Sankranti celebration ,Murgan Abhishek 10am,Sponsorship \$101, \$21
Jan	21 st	Sat.	Bhajan Sandhya 4pm sponsorship \$251, \$101, \$51 Details on flyer
Jan.	22 nd	Sun	Ganesh Puja & Atharvashirsh Path 11am
Jan	27 th	Fri	Vasant Panchami Saraswati Puja 10am & 6:30pm Sponsorship \$51 (Actual day)
Jan	29 th	Sun	Vasant Panchami Celebration 11am Sponsored by - Agrani
Jan.	29 th	Sun	Jagannath Puja 10am

Feb. 2012 EVENTS

Feb	4 th	Sat.	Navgrah Puja 3pm Sponsorship \$51.00
Feb.	6 th	Mon	Thai Poosam
Feb.	7 th	Tue	Purnima Satya Narayan Puja . 6:30pm Sponsorship \$51.00 Puja Samgri will be provided, Please bring Fruits,Prasad, and 1 coconut
Feb.	11 th	Sat	1008 Gayatri Japa 9:30am
Feb.	11 th	Sat.	Murgan Abhishekam 4pm Sponsorship \$101.00
Feb	19 th	Sun	Sunderkand path 10:30am
Feb.	20 th	Mon	MAHA SHIVRATRI PUJA 6pm to 4am all night , Sponsorship \$101, \$251, \$21 Event sponsored by - Dr. Raghvan & Bhargavi Pandalai & their family .
Feb	25 th	Sat	Shri Venkateshwar Kalyanam 10am Sponsorship \$51.00
Feb	26 th	Sun	Shri Ganesh Puja & Atharvashirsha Path 11am

LOHRI CELEBRATION

January 13th Friday 7 pm. At- Hindu Temple

Sponsors needed for this event. For Details call Rani Dhamija 984-5777. Temple 528-3714

Lohri Celebration

Jan. 13th Friday . 7pm Bonfire



Sponsors needed for this event. For details please call Rani Dhamija 984 -5777. Acharya Kailashji 652 5382. Kiran Dayal 474-4051. Temple 513 528 3714.

Significance of Lohri

Lohri is an agricultural festival, filled with merry-making. It is celebrated in the state of Punjab on the 13th of January, which falls one day before Makar Sankranti. While Lohari is essentially a Punjab festival, it is celebrated in some other states of North India as well. Lohari is celebrated to denote the last day of the coldest days of winter. The festival of Lohri is celebrated outdoors. As it is usually very cold on the 13th of January, a bonfire is lit, and friends and relatives gather around. If there has been a happy occasion in the family, like the birth of a child or a marriage, Lohri is celebrated with much greater gusto. The happy family usually hosts a party to celebrate the first Lohri of the new child or couple. Singing and dancing form an intrinsic part of the celebrations. People wear their brightest clothes and come to dance the *bhangra* and *gidda* to the beat of the *dhol*. Punjabi songs are sung, and everybody rejoices prayers are made to Agni, the God of Fire, and Prasad is distributed. The prasad comprises of five main things: til, gazak, gur, moongphali (peanuts), and phuliya or popcorn. An offering is also made of this Prasad to the sacred fire. Lohri is celebrated throughout the country in different forms, as a harvest festival. It is called Pongal in the South, Bhugali Bihu in Assam, Bhogi in Andhra Pradesh and Sankranti in the central part of the country. Modes of celebrating Lohri are also different, but the message conveyed by the festival, that of setting aside differences and rejoicing by celebrating the end of the harvest season and the chilly winter is the same.

Thai Pongal / Makar Sankranti Celebration

Jan. 15th Sunday 10am to 12:30pm



10 am Murgan Abhishekam

11:30 Alankaram

12:00pm Archana

1:00 Aarti & Prasad

Sponsorship \$101. Abhishekam \$21 Archana

For Details please call Murlee 573-0550, Kiran Dayal 474-4051, Sri Srinath Bhattar 488-2986

THE HINDU SOCIETY OF GREATER CINCINNATI
CORDIALLY INVITES YOU TO

BHAJAN SANDHYA

(AN EVENING OF BHAJANS AND DEVOTION)

For the celebration of - **MAKAR SANKRANTI**



Date: Saturday, January 21, 2012
PLACE: 4920 Klatte Rd., Cincinnati, OH 45244
Time: 4:00 to 7:00 PM Bhajans
7:00 to 7:30 PM Discourse by Acharya Kailashji
7:30PM Aarti followed by Maha Prasad Dinner.

The Bhajan Program will be given by Tri-State Singers. Devotees may sing one or two bhajans depending on time availability. All singers are requested to submit their names by 15th of January to Acharya Kailashji at - acharyaksharma@yahoo.com. Bhajan should be with a group, not solo. Please bring copies of your bhajans.

WE NEED SPONSORS: Yajman \$ 251, Sponsors \$ 101

Event is Sponsored by – Tandoor India Restaurant

Contact: Temple (513) 528-3714, Acharya Kailashji (513)652-5382,
Khush Karamchandani(513)259-4016,
Kiran Dayal 474-4051, Kamlesh Kothari.791-5559.

Please Donate Generously : Your Temple needs your support

1. Sponsors for flower \$50/week

2. Sponsors for Sunday pooja

Vasant Panchmi Celebration

Sunday Jan. 29th 2012

10:30 am to 1:00 Pm

10:30 to 11:30 Saraswati Puja

11:30 to 11:45 Vidyarambha Puja (For Children)

11:45 to 12:00 Pushpanjali Offerings

12:00 to 1:00 Bhajans , Pravachan & AartiPrasad (Lunch)

This Event is sponsored by Agrani Bengali Association .

For Details Please call Kiran Dayal 474 4051, Anju Saha 474 3922, Temple:

513-



MAHA SHIVRATRI PUJA

Mon. Feb. 20th 6pm to 4am all night puja

Abhishek sponsorship :

\$101 one time, \$251 all 4 times , \$21 Archana

Event is sponsored by –

Dr. Raghvan & Bhargavi Pandalai & their family .



2011 Gandhi Food Drive ----Completion at the Temple

This year during the months of September and Oct. the 2011 Gandhi Food Drive (GFD) was successfully carried out under the leadership of Vinay Kumar. He was assisted by the following volunteers: Y. Datta, JK Bhattacharjee, Asit Saha, Rohini Venkatesh and Vimala Majeti.

Thanks to the support of the HSGC leadership and generosity of the Indian community in the greater Cincinnati and Oxford, OH area, this year nearly \$5000 was collected for the Freestore Foodbank.. On Sunday Nov. 20, just before the Aarti, a ceremony was held in our temple to hand over this year's collection to Ms. Jennifer Ebelhar, the Vice President at the Freestore Foodbank. After the welcoming remarks by HSGC president Krutarth Jain, the collected funds were handed over to Ms. Ebelhar by Vinay Kumar and Acharya Kailash Sharma ji. In her brief remarks she thanked the Hindu community for their generosity and said that the contribution of the Gandhi Food Drive will be recognized in the Freestore Foodbank's next newsletter.

Every year since 1988 GFD has collected cash and/or canned food for this Organization. Freestore Foodbank is the largest emergency food and services provider to the homeless, unemployed and working poor families in the tri-state area. Over the years the Indian community has donated over \$145,000. If you would like to help with the 2012 drive, please contact Vinay Kumar at 513-528-6189.



INTROSPECTION



Another year has come to an end.... the seasons come to an end, the day comes to an end, the night comes to an endWe are not going to live forever...name, fame, material wealth, brains ,looks, successes , failures will all be gone one day. Even our hopes and dreams, jealousies, grudges, frustrations, to do lists, ambitions...all will be rendered meaningless.

What will matter is how many lives you touched with love and compassion, how much you helped or empowered others, your character and integrity and the memories that you leave in the hearts of others. In nature, there are no rewards or punishments...only consequences...as learnt in Karma Theory.

So at the start of the new year, let us review our priorities in life and put meaning in our daily lives. Let us resolve to touch a life with love and kindness everyday. Let us smile at an unknown face...that may be the only smile he receives that day. When you speak, try to make your words sweeter than silence. Remember that words once out of your mouth, cannot be retrieved so think before you speak.

Always give out loving, positive vibrations...create a beautiful loving aura. When we say somebody is a beautiful person, we are talking about their inner beauty.

Don't try to see what other people should say or do...just work on what is right for you to say and do. You are on this earth to play only your role...let other people play their roles .

We can have any amount of money, fame etc and still be unhappy. Let us work on our thoughts because they alone make us happy or sad...do not give that power away to people or situations. Life is not a series of successes but you can make your life a success story by keeping your mind stable at all times and through all situations and people. Here, I would like to add that we should not be afraid to reach out for help. We all need a helping hand sometimes. The flip side is...reach out and give a helping hand when someone else needs it.

Whatever you do, give it your best effort. Whether it is your studies, your job, your parenting, being a friend, doing volunteer work....That is the way to happiness. Doing your very best at any given moment...that would mean that you are creating happy memories. Sometimes the outcome may not be what you would like but hey, you know you did your best. This reminds me of a short story with a long moral:

"A boy and a girl were playing together. The boy had a collection of marbles. The girl had some sweets with her. The boy told the girl that he will give her all his marbles in exchange for her sweets. The girl agreed.

The boy kept the biggest and the most beautiful marble aside and gave the rest to the girl. The girl gave him all her sweets as she had promised.

That night, the girl slept peacefully. But the boy couldn't sleep as he kept wondering if the girl had hidden some sweets from him the way he had hidden his best marble."

Moral of the story: If you don't give your hundred percent in a relationship, you'll always keep doubting if the other person has given his/her hundred percent.. This is applicable for any relationship like love, employer-employee relationship etc., Give your hundred percent to everything you do and sleep peacefully

We start the year with New Year Resolutions... Losing weight, giving up smoking etc. A lot of these are related to our bodies. How about doing some work on our "insides" ...giving up our vices like anger, greed,lust, overattachment.

Have a fabulous 2012....Make a resolution to do at least one good deed everyday without expecting anything in return.

I have thoroughly enjoyed serving the Temple as Editor of Aradhana .

May God Bless all of us and show us the way.....

Geeta Mehan

YOGASADHANA

HSGC is pleased to announce that we will be offering authentic Yoga lessons at the temple from a qualified Yoga instructor. Dr. Shantala Gangatirkar is a qualified Ayurvedic doctor as well as a certified Yoga instructor. Please email your interest and questions in joining this program to the following email addresses. She will reply back to your questions.

Shantala Gangatirkar – gangatirkar.shantala@gmail.com

You may also send email to: Deepak Dixit – dndixit@hotmail.com

Instructions for Class

Bring Yoga mat, Napkin

Appropriate attire is desired

You should not eat anything at least 4 hours prior to Yoga classes.

You can have liquids after 30 minutes and solid food 60 minutes after the class.



Dr Gangatirkar will start with “Essentials of Yoga” and upon successful completion of this course, will provide **advanced classes for various conditions such as backache, bronchial asthma, arthritis, hypertension, diabetes etc.**

The classes will start on Sunday, February 4th 2011. The classes will be held at the temple (lower level) from 10 am to 11 am. Please fill out the attached form and email it to the above emails addresses.

Fees for the class will be \$10/class for ages 18 and up (adults).

For ages 5 to 18, the fees will be \$5/class (children).

If monthly payments are made, the fees will be \$30/month for adults and \$15/month for children.

The fees will be payable by check to HSGC.

Dr. Shantala Gangatirkar is a graduate in Ayurvedic Medicine and Surgery (BAMS) from Pune, Maharashtra.

She was introduced to Yoga in her childhood by her mother who happens to be a yoga teacher In India.

During her second year of college as a part of the subject ‘Preventive and Social medicine’, she did the systematic study of yogic sciences in depth. After graduation she completed the certification as a yoga teacher from SVYASA (Swami Vivekananda Yoga Anusandhana Samsthana), Bangalore. Since then she has used yoga therapy in her clinical practice successfully at Madiwala, Bangalore for 4 years.



Following things will be covered in the classes

Yogasanas
Suryanamaskar
Pooraka Vyayama
Pranayama
Kriyas ; Omkar
Meditation
Relaxation techniques



Contd: See Form on page 19

REGISTRATION FORM FOR COMMUNITY DIRECTORY

NAME : _____

SPOUSE NAME: _____

CHILDREN'S Names 1) _____

2) _____

3) _____

4) _____

Address : _____

Phone No. : () - -

E-Mail (optional) _____

Signature: _____

Send this form only if you wish your name and above information to be published in Member Directory.

If you do not send the form duly signed, you will not be included in the Directory. The Directory will be available to all.

Email form to cinti.communitydirectory@gmail.com OR Mail to

Geeta Mehan

OR

Raneshwar Gupta

6663 Heritage Club Dr.

6338 Turpin Hill Dr

Mason, OH 45040

Cincinnati, OH 45244

13-754-0400

513-232-3331

Ad Enquiries for Community Directory

Please Call Raneshwar Gupta at 513-232-3331

Back Cover, Inside Cover(Front and Back); Full Page; Half Page and Quarter Page

Important Announcements

PLEASE WELCOME THE HINDU SOCIETY OF GREATER CINCINNATI

EXECUTIVE COUNCIL 2012

	INCOMING	OUTGOING
PRESIDENT	Deepak Dixit	Krutarth Jain
VICE PRESIDENT	Ambi Balasubramaniam	Ambi Balasubramaniam
SECRETARY	Pradeep Gupta	Deepak Dixit
TREASURER	Prasad Megada	Prasad Megada

Committee Chairpersons:

Pooja Committee	Kiran Dayal	Kiran Dayal
Communications/Editor	Sandeep Gupta	Geeta Mehan
Membership & Fundraising	Manish Srivastava	Raneshwar Gupta
Property Management and Maintenance	Rakesh Patel	Dilip Patel
Cultural Activities	Asit B. Saha	Asit B. Saha
Religious Education and Youth Activities	Vaneet Rastogi	Anisha Singh

Community Directory to be Published in Spring : Community and Advertisers

If you have still not sent in the Form for being included in the Community Directory, please do so today. The target is to publish it in Spring of 2012. This will be a comprehensive, all inclusive Directory and all communities are requested to send out this form to their Database.

AD Spaces are available and will be given on First come basis. Please call Raneshwar Gupta (513-232-3331) or Geeta Mehan (513-754-0400) for rates and details. This directory will stay with people for many years so your Ad Dollars will go far.

Domestic Abuse

If any one in the Community needs help, please reach out. You are not alone. Many families have been helped through this program. All situations are respected with complete confidentiality.

Call Geeta Mehan : 513-754-0400

ॐ नया साल मशरक हो ॐ
 बरचित कविता कमलेश सिंह बघुवंशी
 नव वर्ष के नव रंग में हर प्राणी में उमंग है ।
 आओ मिलकर जश्न मनाए जीवन क्या हुडदंग है ॥2
 नये साल की नयी आश में अच्छा अच्छा प्यासा है ।
 जीवन नदियाँ बहती जाए जब तक तन में श्वासा है ॥
 ये जीवन दो दिन का मेला जीवन भी क्या जंग है ।
 आओ मिलकर जश्न मनाए जीवन क्या हुडदंग है ॥
 नव वर्ष के नव रंग में हर प्राणी में उमंग है ।
 आओ मिलकर जश्न मनाए जीवन क्या हुडदंग है ॥
 रूत आयेगी रूत जायेगी पल पल यादें बहलायेगी ।
 नव प्रभात की नयी किरण भी ज्योति धरा पे बिखरायेगी ॥
 नई उमंगे नई तरंगे क्या सुन्दर सतबंग है ॥
 आओ मिलकर जश्न मनाए जीवन क्या हुडदंग है ॥
 नव वर्ष के नव रंग में हर प्राणी में उमंग है ।
 आओ मिलकर जश्न मनाए जीवन क्या हुडदंग है ॥
 जीत गया वो साल पुराना बिखर गए कुछ सपने भी ।
 कुछ छूटे कुछ बिल्कुल बिछडे जो थे साथी अपने भी ॥
 मधुर प्रेम के राही देखो पथ अपना भी तंग है ।
 आओ मिलकर जश्न मनाए जीवन क्या हुडदंग है ॥
 नव वर्ष के नव रंग में हर प्राणी में उमंग है ।
 आओ मिलकर जश्न मनाए जीवन क्या हुडदंग है ॥

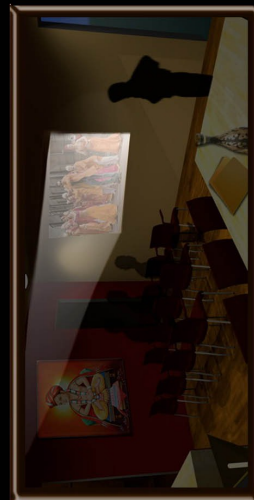
Conceptual idea of Library of Hinduism

In Loving Memory of Mrs. Suryakantham Pappu



Conceptual idea of Library of Hinduism

In Loving Memory of Mrs. Suryakantham Pappu



1. Library



2. Desk



3. Classroom



Entrance

4. Conference



Please donate generously towards equipment, customized bookshelves, computers, etc. Funds for infrastructure development and books were donated by professor Rama Rao Pappu

Lesson Plan 3: Ten Avataar For Children 9 to 14 years (By Renu Gupta)

AVATAAR (Reincarnation of GOD) : Avataar is very unique concept in Hindu Dharma. While in other religions they are called messengers of God or Son of God coming to protect the earth, Hindus believe that God himself reincarnates (or come down) to the earth to protect and restore the Dharma .

Avataar means To come down on the earth

All Avataar are considered the reincarnation of **Bhagwaan Vishnu**, because Bhagwaan Vishnu is the sustainer and the preserver of this world, he takes care of us

Bhagwaan Shri Krishna in Bhagwadgeeta explains the purpose of Reincarnation in following two shlokas.

“yada yada hi dharmasya glanir bhavati Bharatah,

Abhuytthanaam adharmsay, tadatmaanam srijaamaham”

“paritranaaya saadunaam vinashayasa dushkrudham

dharma samsthaba narthaya sambavami yuge yuge”

(Meaning whenever the dharma declines on this earth, I come down to this earth and take birth in every era, To Uplift the Dharma, To protect the Devotees and to Destroy the Evil)

In every scripture there is mention about different numbers of reincarnations coming to this earth in Different forms and by different ways and in different times. If you really see, we all living beings could be the Avataar of God if we devote our life to protect the Dharma. As Swami Vivekananda ji has said “every soul is potentially divine” (meaning we all have Atman (soul) of one supreme Brahmn)

Here we are going to talk about the Ten Avataar mention in Bhagwad Mahapuram. They clearly correspond with the Darwin’s “Theory of Evolution” .

1 Matsya (Fish) life starts in water

2 Koorma (Tortoise) The first amphibians emerge (Came at the time of Samudra Manthan)

3 Varaha (Boar) The first mammals evolve

4 Narasimha (half man half lion) our earliest ancestors, half man half animals (Prahlaad’s story)

5 Vamana (Short Man) Homo Erectus, Upright, yet short and weapon less (Story of King Bali)

6 Parasurama (Parshu means Axe + Ram is name of Bhagwan)

Rishis were involved in spiritual practices , but life was still primitive Bronze age , axe representing the first kind of weapon

7 Bhagwaan Rama (King of Ayodhya) This was the Vedic time, when Vedas were written for the first time and this time is the intersection of Treta and Dwapar Yuga (About 8 thousands year ago)

8 Bhagwaan Krishna(King of Dwarika) (Friend of Pandawas, His time is intersection of Dwapar and Kali-yug)

(Time is about 5 thousand years ago)

9 Bhagwaan Gautam Buddha (Prince of Kapilvastu(Nepal/Bihar) , His followers started the Bouddh Dharma) Time is about 500 BCE

10 Kalki (Avathar yet to come) Avataar to come on white horse, at the end of Kaliyuga)

Note for Parents, each of these Avataar’s story is very inspiring and interesting. They are available on internet also. Ask children to read the stories of each Avataar



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Birthdays and Anniversaries for the Month of January

Happy Anniversary *

Amar and Usha Sharma, Nand Kumar and Rani Khemchandani, Vijay and Madhu Sharma, Dilip and Vilas Patel, Arun and Sudha Mehta, Anand and Pratima Narayana, Niranjana and Nivedita Ramji, Vijaya and Younus Samadi, Prem and Sunita Garg, Mahendra Jain, Malay and Amita Srivastava, Kedar and Bina Verma, Chakreshwar and Shampa Sharma, Deepak and Leena Dixit

Happy Birthday**

Prabha Batra, Vivek Surya Bhamidipati, Niharika Bhatnagar, Rishi Bhatnagar, Gautham Bhoomreddy, Sagoree Chatterjee, Vinoo Cholera, Nithya Devanathan, Suvomita Ghosh, Siddharth Goyal, Babu Gupta, Govind Gupta, Raneshwar Gupta, Ravi Hasandka, Nutan Kamat, Vikas Kothari, Rahul Kukreti, Yash Kumar, Vidya Nagarajan, Mahesh Naik, Maureen Nanavati, Naresh Nayak, Child 1 Patel, T.M. Rajkumar, Eshwar Ramdas, Rohit Rao, Younus Samadi, Balu Sekar, Rekha Shankar, Sonal Shankar, Ashwini Sharma, Pankaj Sharma, Seema Sharma, Sheela Agarwal, Amit Srivastava, Rhea Srivastava, Pooja Vadin, Bharat Vela, Anush Venkatesan, Ashish Verma, Subhodh Wadhwa

*(Celebrated on the first Sunday of each month in the temple.)

** (Celebrated on the second Sunday of each month in the temple.)

If you would like to include your name in the above lists, please call Raj or Shakuntala at 513-733-1537.

JOIN KROGER AND MEIJER COMMUNITY REWARDS PROGRAM

The Hindu Society of Greater Cincinnati is now, a partner with Kroger and Meijer in their Community Rewards Program to get the advantage of their good will of community support. They will donate from about 2% to 4% of the total amount we spend as a community to the HSGC.

HERE IS HOW YOU JOIN KROGER

We have prepaid Kroger cards. You simply, buy the card from us and use it every time, to shop in Kroger for your groceries and you automatically, donate some percent of your grocery bill to your Temple without any additional cost to you. The card you get can be directly, recharged in the store thus it will be a permanent card for you. Help your Temple to help yourself.

Join Meijer Two Ways

(1) If you do not have any type of Meijer card follow this:

With Meijer one has to fill out the Application Form on their Website.

Go to the website: www.Meijer.Com/Rewards

Join for Meijer community Rewards or Meijer Credit Card

Fill out the Application Form

Enter the **HSGC Code No. 964616** & Complete the form

Meijer will send you a Special Card of Community Rewards Program.

(2) If you have any type of Meijer Card or Account follow this:

Go to the website and update your Membership

Follow further Instructions

Enter HSGC Code No. 964616 on Item 2, Option A

Submit.

Both these ways Meijer will directly reward the HSGC.

Please go ahead and enroll in this program and donate to your Temple without any cost to you at all. So let us take advantage of this program.

Raneshwar Gupta at 513:232:3331 and Meena Mehta at 513:574:6763.

Don't Forget To Re-charge Your Kroger Cards that have been Used UP
Continue to Benefit Your Temple at NO COST TO YOU

HSGC – Executive Council Meeting Minutes– November 6, 2011

Present: Krutarth Jain(President), Ambikaipakan Balasubramaniam (Vice President), Deepak Dixit (Secretary), Prasad Megada (Treasurer), Kiran Dayal (Pooja Committee), Laxmi Srivastava (Long Range Planning), Asit Saha (Cultural Committee), Anisha Singh (Religious Education Committee), Raneshwar Gupta (Fundraising Committee), Geeta Mehan (Editor-Aradhana), Dilip Patel (Maintenance)

Absent: Prasad Megada (Treasurer)

Minutes:

Public Relations: The executive committee recognized the need for a public relations committee to advise the president on responding to sensitive issues.

Temple Library: Major progress has been made in the construction of the library. However, some more work remains to be done. Funds are being raised for completing the construction. However, no general funds would be used for this purpose.

Marg Project: Contract has been awarded for cleaning the path marked for the Marg. Roberts Engineering; a well-known engineering company is overseeing the work. In addition, Vithal Nemade, who has overseen many major construction projects, is temple's project manager for this very important project. Laxmi Srivastava will prepare the status of funding and donations for the Marg project and present to the EC.

The EC has decided that all new projects will be explicitly approved before starting any work. Also, there will be a coordinated effort for fundraising for multiple projects. Moreover, chairs of the various projects will be part of the fundraising committee.

Access to the county: The temple has granted access to the Clermont County for a public works project. The only access for this public works site is through the temple property. The county has given written assurance to the temple to restore the temple property to its original condition upon completion of the work.

The EC officially voted by a margin of 8 to 1 against stopping the construction work by the county. **Clermont County was authorized to access temple site to restore creek at the landlocked site to the north east of the temple property.** Upon request, Clermont County agreed to restore the temple site including but not limited to grading, paving and all vegetation. Discussing the situation in detail and understanding due diligent, the EC officially voted by a margin of 8 to 1 against stopping the construction work by the county. The opposition vote was recorded for requesting return favor like exploring some kind of alternative and commitment from the authority to widen Klatte Road. Widening Klatte road involves not only County but Township and DOT. EC confirmed to cooperate with County

Temple Maintenance/Repair: Major maintenance work has been undertaken as we encountered several problems related to water leaking into the temple through the roof. Further investigations revealed that the temple walls, roof, and the shikhars are all leaking. This has been due to faulty design and poor construction in the past. All external walls have been washed and resealed. New joints are being put between the old and new wings of the temple. The windows will be re-caulked. The shikhars will also be examined and fixed for proper positioning and stability. As part of the contract, the company providing the repair services (Houston Brothers) as well as the roofing company will provide free inspection every two years on the mela day.

Front gate: The front gate will also be repaired in near future as it is showing signs of wear and tear.

The road from current entrance to the temple will be blacktopped in near future.

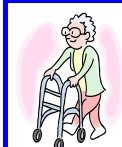
Garbha Griha Pratishtha Update: The ceremony was a big success. The temple has already raised \$70K during this event. An additional \$25K has been pledged. Also, the collection from the Mata ki Chowki at this time helped raise \$18-19K.

Overall, almost \$120K was raised in the month of October. The EC expressed official thanks to the Garbha Griha Committee for their hard work.

The temple will conduct the annual food drive. The check will be presented to the Freestore Food Bank. It was clarified that the checks should be written in the name of the Freestore Food Bank and not in the name of HSGC.

Duties for the Head Priest: The Pooja Committee chair, Kiran Dayal, has created a list of duties for the head priest. She will finalize it in consultation with the president, Krutarth Jain.

The EC approved the purchase of an SLR digital camera for the temple for \$850.



Thank You

A special thanks to Dr. and Mrs. Sushila Singhvi of Dayton, OH for donating a Walker to the Temple for visitors who might need to use one during visits to the Temple.

Income-Expense 1/1/2011 -1/30/11

INCOME	
Advertisement:Aradhana	17,302
Calender sale	25
Festivals Income	80,404
Flower	9,444
General Donation	97,443
Gift Shop	480
Kroger Card	8,964
Puja Income	136,039
Rental Income	2,634
TOTAL INCOME	352,735
EXPENSES	
Aradhana Publication	28,197
Bank Charges	475
Festivals Expense	15,643
Flowers	9,829
Kroger Card Expense	10,000
Mortgage:Mortgage Interest	29,232
Office Expense	3,953
Property Insurance	3,308
Property Tax	10,049
TOTAL Repair & Maintenance	96,305
Security ADT	4,472
Services-Memberships	1,136
TOTAL Supplies	46,538
TOTAL Utilities	39,442
TOTAL Wages & Salary	90,338
TOTAL EXPENSES	388,918

INCOME EXPENSE REPORTS**On left : General Account****Below; Balance in Special Account****Balance in Special Account as of 12/13/11**

Projects	Total
Amazon	138
Barge Salt Run - Marg	50,962
Bricks	10,168
Elevator	501
Garbha Graha	57,940
Garden	4,001
Jagannathji Jewellery	1,339
Kitchen	501
Kroger Giving	5,737
Musical Program	300
Road Repair	13,968
Scholarship	2,000
Swamiji Fund	1,718
Tree Special	1,407
Grand Total	150,679

Contd from pg 10

Personal Information

Name -

Age -

Sex-

Ph No



Address -

Educational qualification -

Type of job -

Hobbies /skills (If any) -

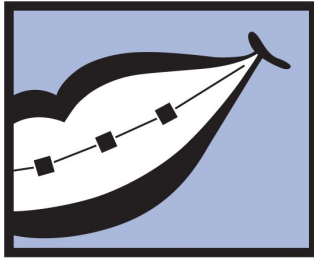
Previous Experience

Have you attended yoga classes before? -(If yes, please give details) -(If No, what you know about yoga?)

Health Information

Diseases (past as well as present)-

Surgeries in past -



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