

# आराधना



### A Publication of the Hindu Society of Greater Cincinnati Devdham of North America ™

Phalgun/Chaitra Vikram Samvat, 2067 March 2011



### MAHA SHIVRATRI HAPPY HOLI



Website www.cincinnatitemple.com Email: hindusociety@fuse.net

Phone: (513) 528-3714

### MAHA SHIVA-RATRI PUJA

March 2<sup>™</sup> Wednesday 2011 (All Night Puja 6pm to 4am)

MAHA SHIVA-RATRI PUJA MARCH 2, 2011 60m - 4am





#### First Puja

6 pm to 7 pm Shivabhishek

6:30 to 7:30 Puja Thali offering (Archana)\*\* Path

7: 30 to 8:00 Shiv Mahimnah Path, Bhajans

8: 00 pm Aarti Followed by Prasad (Dinner)

### Second Puja

9:30 pm to 10:30 pm Shivabhishek

10:30 pm to 1130 pm Shiva Shashranam

Shiva Mahima Path and Bhajans

11:30 pm Arti and Prasad

#### Event is sponsored by Mrs. Vanja Bhaskaran & Family

### Third Puja

12:30am to 1:30 am Shivabhishek \*

### Fourth Puja

2:30 am to 3:30 am Shvabhishek

1:30am to 2:00 am Shiv Mahimnah PathArti & Prasad Prasad 3:30 am to 4 am Shiva Mahimah Path, Arti and

We Need sponsors. Sponsorship:\* Shivabhishek.: \$101.00. ,All Night 4 times Puja: \$251.00\*\* Puja Thali: \$21.00 with Ganga jal & Milk

### Please sponsor one of the Abhishek for lord Shiva on this auspicious day

We also request devotees to bring only very small amount of milk for offering, due to large collection of milk,

which we cannot offer on same night. Please donate money or dry nuts instead of milk .

If you or someone you know, is not receiving ARADHANA, or if you need a change of address, please contact

Mohan Chopra at 859-331-2416 or Nandkumar Khemchandani: asiindian@aol.com/ 513-779-1043

Aradhana (past and present) is also available at temple website: www.cincinnatitemple.com

Deadline for submission of articles for next Aradhana is March 10, 2011

#### TEMPLE INFORMATION

#### **EXECUTIVE COUNCIL 2010**

#### **President**

Krutarth Jain (513) 884-1259 krutarthjain@yahoo.com

#### **Vice President**

Ambikaipakan Balasubramaniam (513) 204-0213

balasua@yahoo.com

#### Secretary:

Deepak Dixit (513) 769-3556 /348-5310 dndixit@hotmail.com

#### Treasurer:

Prasad Megada (Chair) (513)779-4582 prasadmegada@yahoo.com

#### **COMMITTEE CHAIRPERSONS**

#### Pooja Committee:

Kiran Dayal( Chair): 513-474-4051

kdayal2@yaho.com

#### Communications/Editor:

Geeta Mehan (513) 754-0400 email: mehangeeta@gmail.com

### Membership & Fundraising:

Raneshwar Gupta (513) 232-3331 guptama2003@yahoo.com

#### **Property Management & Maintenance:**

Dilip Patel 513-947-0861/226-2550 ptldilip1@aol.com

### **Cultural Activities:**

Asit B. Saha (Chair) (513) 489-5720

513-702-1050

absaha09@gmail.com

#### **Religious Education & Youth Activities:**

Anisha Singh (513) 469-7432 singhanisha@hotmail.com

#### Long Range Planning

Laxmi S. Srivastava (513) 474-0533

Isrivastava81@yahoo.com

Raj Bodalia Chair, Special Activities

Youth Member: Open

#### Priests:

Acharya Kailash Sharma, Senior Priest

(513) 770-0705

Acharya Chakreshwar Sharma

(513) 528-0901

Pandit Srinath Bhattar

(513) 528-3714

Attorney: Aronoff, Rosen & Hunt

(513) 241-0400

Temple Manager: Laxmi Srivastava

Accountant: Open

### RELIGIOUS DISCOURSE

Sundays 12:15 - 12:45 PM

First Sunday: Upanishads

Second Saturday: 1008 Gayatri Jaap Second Sunday: **Children Program** 

Third Sunday: Sunder Kand Path

Fourth Sunday: Shri Ganesh

Atharvshirsha Path

Fifth Sunday: Jagannath Puja

Members of the community are invited to speak on topics related to Hindu religion, philosophy, culture, reformation, Gurus, self-preservation, etc. If you would like to talk or like to suggest someone who may be interested, please contact Kiran Dayal.

Devotees are requested to sit-in Sunday Pooja as well as bring Prasad and Lunch. You may wish to use this occasion to celebrate important events such as wedding anniversaries, birthdays, ishta devata pooja, graduation and other memorable days. Events can be hosted by individuals, families, group of families or organizations. Please reserve your Sunday of choice ASAP by putting your name and phone-no in the calendar at the temple & calling pooja committee members Kiran Dayal or Meena Sondhi.

#### **TEMPLE SCHEDULE**

Monday - Friday : 9:00AM-12:00 Noon

5:00 PM - 8:00 PM

Saturday, Sunday

& US Holidays: 9:00 AM - 8:00 PM

#### **SPECIAL PROGRAM ON WEEKENDS**

9:15 - 9:30 A.M.

Suprabhatam

9:30 - 11:00 A.M.

Daily Pooja of Temple Deities

11:00 - 11:30 A.M.

Sponsored Pooja

11:30 - 12:15 A.M.

Bhajan

12:15 -12:45 P.M.

Religious discourse

12:45-1:00 P.M.

Birthday and Anniversary pooja and announcements

#### **Please Donate Generously**

Your Temple needs

- 1. Sponsors for flower \$50/week
- 2. Sponsors for Sunday pooja
- 3. Your support

### 2010 POOJA COMMITTEE & **RELIGIOUS ACTIVITIES MEMBERS**

Kiran Dayal (Chair) 474-4051 Amita Gupta (Co-Chair): 336-8782 Sangita Patel (Co-Chair) 791-0855 Swarna Chaudhary (Co-Chair) 232-2343 Acharya Kailash Sharma 770-0705 Acharya Chakreshwar Sharma 528-0901 Pandit Srinath Bhattar 528-3714 Meena Sondhi 831-9788 Manju Gupta 232-3331 474-3922 Anju Saha Meena Karamchandani 683-9454 Kalpana Srivastava 233-9184 Muralee 573-0550 Vasundhra Dasari 777-3353 Suchitra Mishra 573-9775 Rajan Odayar 336-6843 Vilas Patel 947-0861 Triveni Dave 859-371-9645 Mangal Nemade 234-8373 Shanti Sumkherjii 755-6009

TREASURER Co- Chair

Amar Sharma 777-5771

Fundraising Co-Chair

Rameshwar Dayal 474-4051

Cultural Co-Chair

Amitava Das 379-9866

### **Temple Manager's Committees**

Laxmi S.Srivastava, Temple Mgr 474-0533 Raj Bodalia, Chair, Special Activities 583-0184

1.Office Manager Mohan Chopra Bharat Vala 2. I/C Swami Lectures Vinay Kumar

Devdas Mukerjee Meena Mehta Bobba Choudhary

3. Temple Data Base Nandkumar Khemchan-

Raj Bodalia Krutarth Jain(President) Meena Mehta

4. Anniversary & Birthday Data

Raj Agarwal Shakuntala Agarwall

5. E-mail .Data Pradeep Goval Nandkumar Khemchan-

6. Gift Shop Meena Sondhi

Madhu Sharma 7. Computer Tech Support

Aashish Shah 8. Financial Data Amar Sharma.

Raj Bodalia Laxmi S. Srivastava 9. I/C Temple Web site

Lalit N. Agarwal Krutarth Jain 10. I/C Temple Calendar

Meena Mehta Ashvin Mehta Achaya Kailash Sharma 11. Volunter Services

Raian Odavar Kedarnath Nambori Dilip Patel

Vijay Kumar Sharma 12. Temple Photogra-

phers Naba Mishra Dilip Patel (I/C)

13. Mela Committee

Anil Jindal Jyoti Desai Raneshwar Gupta (Fund Raising Chairperson) Krutarth Jain

(President)

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### **Pooja Information**

#### **RATES FOR POOJA & PRIEST SERVICES**

| SERVICES  | IN  | OUTSIDE  |
|---|---|--|
|   | TEMPLE  | TEMPLE   |
| Abhishekam (All Deities)<br>Aksharabhyas<br>Anna-Prashanam<br>Ashta Prakari Pooja*  | \$101.00<br>\$101.00<br>\$101.00<br>\$101.00  | <br>\$151.00<br>\$151.00<br>\$151.00   |
| Ashtottharam (108) Archana<br>AyushyaHomam/B'day Celebra.<br>Ground Breaking Ceremony<br>Griha Pravesh<br>Kalayana Uthsava (Lord Ram/Sita<br>Kesh Khandan (Churakaran)<br>Naam-Karan<br>Navagraha Pooja<br>Nischitartham (Engagement)<br>Baby Shower Pooja  | \$21.00<br>\$101.00<br>—<br>—<br>) \$121.00<br>\$101.00<br>\$101.00<br>\$101.00<br>-  | \$151.00<br>\$151.00<br>\$151.00<br>\$151.00<br>\$151.00<br>\$151.00<br>\$251.00<br>\$151.00             |
| Nitya (1 Day) Kainkaryam (Seva)<br>Poolangi Seva (With Flowers)-<br>(Only During Off Winter Season)   | \$101.00<br>\$101.00  |  |
| Regular Archana   | \$11.00   | _  |
| Sahasranama (1008) Archana Sathyanarayana Pooja Seemantham Devi Jagaran Akhand Ramayan Paath Shashti Poorthi (60th B'day Celeb Anniversary celebration Suprabhat Seva Unjal (Swing) Seva Upakarma (Thread changing) Upanayam/Brahmopadesham/ Thread Ceremony Vahan Pooja Yearly Shradham (Barkhi) Wedding | \$51.00<br>\$101.00<br>\$101.00<br>\$75.00<br>—<br>.) \$101.00<br>\$101.00<br>\$21.00<br>\$31.00<br>\$51.00<br>\$151.00<br>\$301.00 | \$151.00<br>\$151.00<br>\$101.00<br>\$151.00<br>\$151.00<br>\$151.00<br>\$251.00<br>\$151.00<br>\$501.00 |

### SPECIAL POOJA RATE

Rates for Mata Ki Chauki performed at another temple will be 15% of the money collected at the temple or a minimum of \$ 501.00.

- Poojas performed by priests outside the temple will be rated according to the number of poojas performed.
- 2. 50 Cents/Miles for Travel expense to the Priest to perform pooja at your home.

Rates are subject to change without notice. <u>Rates of Poojas</u> out of Greater Cincinnati will be \$100.00 more than the rates of outside pooja within greater Cincinnati area.

C H E C K O U T http://newbhagavadgita.blogspot.com/2010/04/shock-treatment-in-bhagavad-qita.html

### **Temple Rental: Lower Floor Only**

|  | Full day | Half day |
|--|----------|----------|
| Monday -Thursday                                 | \$301    | \$151    |
| (except holidays)<br>Friday, Saturday & Holidays | \$501    | \$351    |
|  |          |          |

Sunday after 3PM only — \$351

Note: For half day select one of the two: 8:00 AM to 2:00 PM OR 4:00PM to 11:00 PM

USE OF KITCHEN \$ 51 Use of Paper Supplies (PS) \$ 101

Use of Kitchen and PS

Temple rental applies to all private reservations for those events/poojas that are performed by private parties and not announced in the temple.

\$125

Security/ Cleaning deposit: \$151 required.

This deposit will be forfeited if the basement hall bathrooms and kitchen area are not cleaned by the party renting the place.

NOTE: To schedule a Pooja or to rent a temple hall (lower level ) please contact pooja Committee

Kiran Dayal 474-4051 or Raneshwar Gupta 232-3331

### **Pooja Committee Announcement:**

To schedule a Pooja or to rent a temple hall (lower level ) please contact Kiran Dayal 513-474-4051

If you have any question or suggestion about temple activities contact Kiran Dayal 513-474-4051, any EC Members or Temple at 528-3714.

- 1. **Archana** performed during temple hours by sponsorship. No Archana on Sundays between 11 a.m.-1 p.m.
- 2. **Outside Poojas** and other religious services will be conducted by appointment only.
- 3. To **schedule any poojas** please contact Pooja Committee chairperson at least one week in advance.
- 4. If you would like to bring **food and prasad** in the temple, Please contact Pooja Committee chairperson .
- 5. **Cancellations** of pooja should be done 3 days in advance or else the full fee for the pooja will be charged.

### POOJA SAMAGRI

For convenience of Devotees, Temple can now provide Pooja Samagri for all inside and outside Poojas.

Donation for Puja Samagri is as follows \$ 21 for any Pooja

\$ 31 for any Pooja including Havan/Hom For more details please contact Amita Gupta 513-336-8782

Kiran Dayal 513-474-4051



### **IMPORTANT ANNOUNCEMENT**

SUNDERKAND CD (sung by Acharya Kailash Sharma)

AVAILABLE in Temple Gift Shop for **§ 10**. The money raised will go to temple.



### Regular Weekly & Monthly Events at the Temple

### **Monthly Navgrah Pooja**

Every first Saturday of the Month March 5
Sponsors needed for Pooja \$51.00
For Details call
Kiran Dayal at 474-4051;Temple priests:528-3714



## Monthly Murugan Abhishekham / Pooja

Every second Sat of the Month

March 12 Sat 4pm Sponsor Murugan Group.

## Monthly ABHISHEKAM/KALYANOTSAVAM FOR LORD SRI VENKATESWARA

4th Saturday of each month, from 10:30 AM-12:30 PM.

**To sponsor and details please call any of the following:** Anand Konda: 481-4119: Vasundhara Dasari: 777-3353

Suseela Paturi:481-8591; Surendra Hanumanthanna:661-8733 Pandit Sri Srinadh Bhattar:528-3714

### 1008 Gayatri Jap

Second Saturday of each month at 9.30AM

For details please contact temple priest 528-3714 or Kiran Dayal 474-4051



### **Monthly Satya Narayan Pooja**

On Every Purnima of the Month 6:30 pm

#### Sponsorship \$ 51.00

To sponsor pooja call Kiran Dayal 474-4051 Temple priests: 528-3714



### **Weekly Shiv Mahiman Stotram**

Every Monday at 6:30 pm



### **Weekly Hanuman Chalisa Path**

Every Tuesday at 6:30 p m To sponsor call Kiran Dayal 474-4051 or Temple Priests 528-3714

## Shri Ganesh Pooja & Shri Ganesh Atharvshirsha Path

Every 4<sup>th</sup> Sunday of the month 10:30AM This pooja is dedicated to each month's

Sankashti Chaturthi to Lord Ganesh.For more information & Sponsor the pooja please call

Jyoti Divekar: 204-8037 Mangal Nemade: 234-8373 **Kiran Dayal: 474-4051 Temple Priests: 528-3714** 

### **Weekly Vishnu Sahasranaam Parayana**

Vishnu Sahasranaama Parayana (chanting) will now take place Every Thursday at 7:00 pm . Please join us for the chanting. Please contact Ganesh Sundaresan 513-752-4025

Weekly Venkateswar Pooja Every Friday at 6:30pm

To sponsor pooja please call Kiran Dayal 474-4051;

Temple priests: 528-3714

### 

### Hindu Society of Greater Cincinnati Membership Information

If you are not already a member of HSGC, please join today and participate in all temple activities & enjoy all the festivities. HSGC has inaugurated a new ELITE Membership\* at midlevel as listed below.

The membership donations are as follows:

Receive 'Aradhana' Annually: \$21.00 (Suggested donation)

Annual Individual Membership: \$51.00
Annual Family Membership: \$101.00

Life Membership: \$1001.00 (One year spread, two checks)

\*Elite Membership: \$5001.00 (Three year spread, three checks)

Patron: \$10,000.00 (Three year spread, three checks)

Membership Forms are available at the Gift Shop in the Temple.

You should also use the form to update your address. If you know someone who has moved out of town let us know. We would appreciate it. For more information please call temple at (513) 528-3714

or Any member of Executive Council (See Pg 2 for all names and phone numbers)

Membership and Fundraising Chair is Raneshwar Gupta 513-232-3331

### March 2011

March 2<sup>nd</sup> Wed. Maha Shiva Ratri Puja all night 6pm to 4am

Sponsorship \$251, \$101,\$21

March 5th Sat. Navgrah Puja 3pm Sponsorship -\$51.00

March 5<sup>th</sup> Sat. Mata Ki Chouki 4pm to 8pm Sponsored By-Schachi and Anirudh Singh Sunita & Rakesh Singh, Usha & Om Pal Singh, Jaya& Sudhir Tewari, Kavita &Surendra Sharma, Preeti & Rajesh Kapoor, Vibha & Rajesh Kumar, Niharika & Manoj Singh

March 12<sup>th</sup> Sat. 1008 Gayatri Japa everyone welcome

March 12th Sat. Muragan Abhishekam 4pm Sponsorship \$101.00

March 13th Sun. Halashtak Begins

March 18th Fri Pangkuni Uththiram

March 19th Sat. Holika Dahan 7:30pm (Correction from Temple calendar 18th to 19th)

March 19th Sat. Purnima Satya narayan puja 5:30pm Sponsorship\$51.00

March 26th Sat. Holi Celebration Cultural Program 3pm

March 26th Sat. Venkateshwar Abhishekam 10am Sponsorship \$51.00

March 27th Sun. Ganesh Puja & Athrvashirsha Path 11am

### **April 2011**

April 2nd Sat. 1008 Gayatri Japa 9:30am

April 2nd Sat. Navgarah puja 3pm

April 3rd Sun. Ganesh Puja 7 Athrvasheersha path 11am

Apri 3rd Sun General Body Meeting 2:00 pm

April 4th Mon. Chaitra Navratri Kalash Sthapana 6pm

April 9th Sat. Akhand Ramayan Path Starts 11am

April 10th Sun. Akhand Ramayan Path ;Sponsored By Rameshwar & Kiran Dayal &Family April 12th

Tues Shri Ram Navami 11:30am & 6pm

April 14th Thurs. Vashakhi/ Tamil New year (Actual Day)

April 16<sup>th</sup> Sat. Mahaveer Jayanti (Actual day)

April 17th Sun. Tamil New Year Celebration (Murgan Abhishekam) 10am - 1pm Sponsored By Muragan

Devotees, Abhishekam Sponshorship \$101.00, Archana \$21.00

April 17th Sun. Purnima Satya Narayan Puja 5:30pm Sponsorship \$51.00

April 17th Sun. Hanuman Jayanti Celebration 3pm Sponsors Needed

April 23<sup>rd</sup> Sat. Venkateshwar Kalyanam 10am Sponsorship \$51.00

April 24th Sun. Sitaram Kalyanam 10am

April 24<sup>th</sup> Thus. Vallabhacharya Jayanti (Actul Day)

### LOHRI CELEBRATION AND BHAJAN SANDHYA

Khush Karamchandani

In the month of January, the Hindu temple had two events that were organized for the first time:

- (1) Lohri Celebration on January 14 and
- (2)Bhajan Sandhya (An evening of Bhajan and Devotion) on January 22.

On a very cold evening, a bonfire was lit behind the temple, and devotees gathered around the fire. **Lohri** is celebrated throughout the country in different forms, as a harvest festival. It is called Pongal in the South, Bhugali Bihu in Assam, Bhogi in Andhra Pradesh and Sankranti in the central part of the country. With traditional music in the background, devotees prayed to Agni and Prasad was distributed. Thanks to Mrs. Rani Dhamija for taking the lead role in organizing this celebration. As requested by the devotees, this will now become an annual event.

**Bhajan Sandhya** program was organized on January 22. We had a very good response from the community and more than 30 local tri-state singers sang melodious Bhajans to offer devotion on the auspicious occasion of Makara Sankrati. On behalf of the HSGC, thanks to Tandoor India Restaurant for being the sponsor. We had good support and participation from the Jain Center of Cincinnati, as well. This program was a huge success and we will now have a "Bhajan Sandhya" program a couple of times a year.

Both of these programs were possible and successful because of the initiative takenby Acharya Kailashji and the support of the Puja committee, Temple Executive Council and the volunteers.

Thanks to all of the devotees for your participation, financial support and seva.

### Bhajan Sandhya



### Bhajan Sandhya























### LISTEN to INDIAN MUSIC PROGRAM on WAIF 88.3 FM

Every Sunday from 11 am to 2 pm



Every Saturday from 12 noon to 2pm

### JOIN KROGER AND MEIJER COMMUNITY REWARDS PROGRAM

The Hindu Society of Greater Cincinnati is now, a partner with Kroger and Meijer in their Community Rewards Program to get the advantage of their good will of community support. They will donate from about 2% to 4% of the total amount we spend as a community to the HSGC.

### HERE IS HOW YOU JOIN KROGER

We have prepaid Kroger cards. You simply, buy the card from us and use it every time, to shop in Kroger for your groceries and you automatically, donate some percent of your grocery bill to your Temple without any additional cost to you. The card you get can be directly, recharged in the store thus it will be a permanent card for you. Help your Temple to help yourself.

### Join Meijer Two Ways

### (1) If you do not have any

### type of Meijer card follow this:

With Meijer one has to fill out the Application Form on their Website.

Go to the website: www.Meijer.Com/Rewards

Join for Meijer community Rewards or Meijer Credit Card

Fill out the Application Form

Enter the **HSGC Code No. 964616** ;Complete the form

Meijer will send you a Special Card of Community Rewards Program.

#### (2) If you have any type of Meijer Card or Account follow this:

Go to the website and update your Membership

Follow further Instructions

Enter HSGC Code No. 964616 on Item 2, Option A; Submit.

Both these ways Meijer will directly reward the HSGC.

Please go ahead and enroll in this program and donate to your Temple without any cost to you at all.

Raneshwar Gupta at 513:232:3331 and Meena Mehta at 513:574:6763.

Don't forget to re-charge your Kroger Cards that have been used up. Continue to benefit your Temple at NO COST TO YOU

| REGISTI               | RATION FOF            | RM FOR COMM                   | UNITY DIRECTORY  |
|-----------------------|-----------------------|-------------------------------|--|
|                       |                       |                               |  |
| SPOUSE NAME:          |                       |                               |  |
| CHILDREN'S Names      | -                     |                               |  |
|                       | •                     |                               |  |
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| E-Mail (optional)     |                       |                               |  |
| Signature:            |                       |                               |  |
| lished in Member Dire | ctory.<br>form duly s | igned, you will               | bove information to be pub-<br>not be included in the Directory. |
| Email form            |                       | .communityd<br>R Mail form to | irectory@gmail.com   |
| Geeta Mehan           |                       | OR                            | Raneshwar Gupta  |
| 6663 Heritage Club D  |                       | 6338 Turpin Hill Dr           |  |
| Mason, OH 450         | )40                   |                               | Cincinnati,OH 45244  |
| 513-754-04            | 00                    |                               | 513-232-3331   |

## DEATH AND AFTERLIFE

Prof. S. S. Rama Rao Pappu (Professor of Philosophy and Comparative Religion, Miami University)

"Jatasya hi dhruvo mrityur, dhruvam janma mritasya cha" ("Death is certain for one who is born, and birth is also certain for one who is dead.) Bhagavad Gita.II.27

In Hinduism, death is not the end of life. It is an event in one's life. Just as marriage, parenthood, retirement etc. are events in one's life, death is also another, but more radically transformative, event in one's life. In the Bhagavad Gita, it is more aptly described as a "stage" of life. Sri Krishna says: "dehinosmin yaha dehe, kaumaram yauvanam jara, tatha dehantarapraptir dhiras tatra na muhyati" "Just as childhood, adulthood and old age happen to this body, so also the embodied person acquires another body, and the sage is not deluded by these events". And Sri Krishna continues: vasamsi jirnani yatha vihaya, navani grhnati naroparani, tatha sarirani vihaya jirnany, anyani samyati navani dehi" "Just as we cast away worn out garments and wear new ones, so also after casting away worn out bodies, we encounter other new ones." Note here Sri Krishna does not say the new ones we encounter are the same or better clothes, He only says: "new". Sometimes they may be worse than the ones we are wearing!!!

What is the cause of rebirth? Why are we reborn? Though several anthropological religions and popular sentiment believe in some form of rebirth, what makes rebirth uniquely Hindu is that it is due to karma. It is impossible to exist in this world without performing karmas (actions). Actions are either good or bad. Good actions bring forth good consequences and bad actions bring bad results. A person who does evil, must suffer the evil consequences just as a person who does good actions must enjoy its results, either now or in a future life. We must be reborn to enjoy the results of good karmas, just as the person who does evil must also be reborn to suffer for his actions. In other words, we are condemned to rebirth whether we do good or bad actions. Only those who rise above good and evil will not be reborn. In the doctrine of nishkama karma (desireless action), the Gita suggests a way to go beyond good and evil.

How are we reborn? What is the process of rebirth? The two important constituents of a human person are (a) Atman (Transcendental Self) and (b) Jiva (empirical self, ego). Atman is One, Undifferentiated, Imperishable, neither born nor dies. Atman (Transcendental Self) is Brahman (Absolute). As Atman is imperishable, it is the Jiva who is born, lives, dies and re-born. The Jiva again is constituted of *a sthulasarira* (gross body) and *sukshmasarira* (subtle body). *Sthulasarira* is what we ordinarily call physical body. It consists of material substances like earth, water, air, fire and *akasa* etc. The subtle body or *sukshmasarira* consists of the subtle elements (*tanmatras*) of the gross elemens - air, fire, earth water and *askasa*, mind (*mans*), intellect (buddhi), motor organs and vital energy. It should be understood that the sense organs like eye and ear are only instruments which will enable us to see hear things. But they are not by themselves real senses. The visual organ is not the same thing as an eye ball. In addition to *manas* and *buddhi*, one's subtle body also consists of *samskaras* (traces) and *vasanas* (impressions) which are accumulated by our karmic actions. When one dies, it is one's gross body which is cremated. The subtle body, not being 'material' cannot be destroyed. Just as in a dream, though our sense organs are not functioning, we are conscious and subject to dream-experiences, so also in a post-death state, the subtle body is conscious and continues to have experiences. Because sometimes our dream experiences are a carry-over of our waking experiences before we fall asleep, Hinduism recognizes that near-death experiences must be peaceful and tranquil so that the departed person retains his tranquil state of mind., Subtle body is what is called in modern psychology "psychic dispositions" and popularly known as the "soul".

The Vedic texts distinguish between two paths in which the *jiva* who is dead travels, the driving force behind these paths being one's karmic forces. There are three important *lokas* where the soul dwells. The Gita says: (*tasya stanani drstani trivadhantha sastratah,karmabhumiriyam bhumiratra tisthantijatava*. (According to Sastras, the soul dwells in three places, viz. *Brahmaloka, Pitrloka and Manusyaloka* But in ths world is the one where all living beings dwell). One is the path of the gods *devayana*, it also called the Northern Path which leads to the sun and the other is the path of the forefathers *pitryana* also called the Southern Path, which leads us to the moon. Those who have experienced *Brahma-jnana* or Knowledge of Brahman travel the northern path and are never reborn. They have attained Cosmic *Brahmapuram*. Those who have acquired enough merit (*punya*) through the performance of rituals, etc. travel the southern path leading to the moon. They have attained Mortal *Brahmapuram*. Those who have neither *Brahman-Jnana* or acquired *punya* in their life follow a third path called *samnyamanam* which leads to Yama's world. They are immediately reborn as plants, insects, small animals, etc. and experience the pain caused to them by other animals, humans etc. This is however a quick process after which they are reborn as humans. In passing we should note that the Vedic texts conceive of unity and continuity of life between plants, animals and humans, and that is the reason why animals are born as humans, According to the *Brahadaranyaka Upanishad* the Soul Travels from body to body like a caterpillar travels from leaf to leaf. It should be noted that the "paths" referred to above are not physical roads, or highways, they are states of consciousness.

Except for the few who travel the Northern Path and are never reborn, most of us travel the Southern Path or the path of the forefathers, which is the path to the Moon. Since moon is nearer to than the sun, it is also easier to follow the path of the Moon than that of the Sun. In the Sastric texts, the subtle body I is conceived as an astral body (*lingasarira*) which is in a dream-like existence with feelings of thirst, hunger, etc. similar to the thirst and hunger we feel in our dreams. The *sraddha* and *tarpana* ceremonies we perform to the departed people, expecially the first twelve days after death and the monthly ceremonies till the first anniversary is intended to satisfy the departed person's (dream-like) hunger and thirst. In the Hindu tradition, because the Northern path (*uttarayayana*) is the path to Cosmic Brahmaloka, when wise people die during this time, they attain Brahman. Also, those who attain only the mortal Brahmapuram will be reborn after exhausting their punya, but those who have attained Cosmic Brahmaloka following the Northern Path attain Moksha without rebirth.

# Thought For The Day A Conversation With God

GOD: Hello..Did you call Me?

Me: Called you? No.. who is this?

God: This is GOD. I heard your prayers. So I thought I will chat.

Me: I do pray. Just makes me feel good. I am actually busy now. I am in the midst of something.

God: What are you busy at? Ants are busy too.

Me: Don't know. But I cant find free time. Life has become hectic. It's rush hour all the time.

God: Sure. Activity gets you busy. But productivity gets you results. Activity consumes time. Productivity frees it.

Me: I understand. But I still can't figure out. By the way, I was not expecting YOU to call me!!

God: Well I wanted to resolve your! fight for time, by giving you some clarity. In this net era, I wanted to reach you through the medium you are comfortable with.

Me: Tell me, why has life become complicated now?

God: Stop analyzing life. Just live it. Analysis is what makes it complicated.

Me: why are we then constantly unhappy?

God: Your today is the tomorrow that you worried about yesterday. You are worrying because you are analyzing. Worrying has become your habit. That's why you are not happy.

Me: But how can we not worry when there is so much uncertainty?

God: Uncertainty is inevitable, but worrying is optional.

Me: But then, there is so much pain due to uncertainty. .

God: Pain is inevitable able, but suffering is optional.

Me: If suffering is optional, why do good people always suffer?

God: Diamond cannot be polished without friction. Gold cannot be purified without fire. Good people go through trials, but don't suffer. With that experience their life become better not bitter.

Me: You mean to say such experience is useful?

God: Yes. In every terms, Experience is a hard teacher. She gives the test first and the lessons afterwards.

Me: But still, why should we go through such tests? Why cant we be free from problems?

God: Problems are Purposeful Roadblocks Offering Beneficial Lessons (to) Enhance Mental Strength. Inner strength comes from struggle and endurance, not when you! are free from problems.

Me: Frankly in the midst of so many problems, we don't know where we are heading..

God: If you look outside you will not know where you are heading. Look inside. Looking outside, you dream. Looking inside, you awaken. Eyes provide sight. Heart provides insight.

Me: Sometimes not succeeding fast seems to hurt more than moving in the right direction. What should I do?

God: Success is a measure as decided by others. Satisfaction is a measure as decided by you. Knowing the road ahead is more satisfying than knowing you rode ahead.

Me: In tough times, how do you stay motivated?

God: Always look at how far you have come rather than how far you have to go. Always count your blessing, not what you are missing.

Me: What surprises you about people?

God: when they suffer they ask, "why me?" When they prosper, they never ask "Why me" Everyone wishes to have truth on their side, but few want to be on the side of the truth.

Me: Sometimes I ask, who am I, why am I here. I cant get the answer.

God: Seek not to find who you are, but to determine who you want to be. Stop looking for a purpose as to why you are here. Create it. Life is not a process of discovery but a process of creation.

Me: How can I get the best out of life?

God: Face your past without regret. Handle your present with confidence. Prepare for the future without fear.

Me: One last question. Sometimes I feel my prayers are not answered.

God: There are no unanswered prayers. At times the answer is NO. Keep the faith and drop the

fear. Don't believe your doubts and doubt your beliefs. Life is a mystery to solve not a problem to resolve. Trust me. Life is wonderful if you know how to live.

Geeta Mehan: Hope you enjoy reading it as much as I did!!!!!!

### TWENTY SIXTH ANNUAL THYAGARAJA-PURANDARADASA FESTIVAL April 16 (Saturday), 2011







At the Cincinnati Hindu Temple 4920 Klatte Road, Cincinnati, OH 45244

8:45 AM - 9:00 AM Sri Rama Pooja

9:00 AM - 11:00 AM - Group Pancharatna Singing

11:00 AM - 12:30 PM - Individual Singing

12:30 PM - 1:00 PM - Lunch

1:00 PM- 5:00 PM- Individual Singing Continued

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### BE A PART OF THE TEMPLE HISTORY: ADOPT A PART OF THE NEW ROAD

Good news, we finally got the permit to build a road from the Barg Salt Road gate to the temple parking lot. First, it will help to give us a better access to the temple providing an access from a bigger two lane road. No more worries on how to pass on Klatte Road when two cars are coming. Second, most important is that it will give us a good chance to develop other projects such as retirement homes, Religious Cultural and Educational Center. This center will have a main hall to provide enough space for big functions like Navaratri Festival, Musical Concerts and Religious National conferences. The proposed road has been divided into 20 equal parts. Each part will be identified by a light pole bearing the name of the family, any deity name or any organization name etc.

Guide Lines on How to Adopt the Road

Anyone who is interested in adopting the road must pay at least \$15,000 (fifteen thousands) by April 30th, 2011,
Balance \$20,000 by June 30th, 2011.

Selection of the road (numbered 1 thru 20) will be on first come first basis.

Plaque will read some thing like "Mr. X" ------Marg

Adopted by "X" Family or Group or Group of devotees.

### For adopting the road and more information, please contact one of the following:

Laxmi Shanker Srivastava - (513) 474-0533. Krutarth Jain (513) 884-1259 Raneshwar Gupta (513) 232-3331

Make Chexks Payable to HSGC and mail to Raj Bodalia I/C Special Projects Funds 6493 Ships Cove Loveland, OH 45140

Let's recognize the members of the Long Range Planning Committee who worked very hard for more than a year with Robert Enginnering Co. to achieve this.

Laxmi Shanker Srivastava - Chairperson; Vitthal Nemade, PE; Munoo Patel, PE; Jitu Patel Krutarth Jain; Bobba Choudary; Raneshwar Gupta

LOOK AT THE MAP ON PAGE 12 AND SEE WHICH PART OF THE ROAD YOU WOULD LIKE TO ADOPT RIGHT NOW IS THE RIGHT TIME !!!!!

Section 1, 2, 3 and 5, 6 and 7 are already spoken for.

### MARG PROJECT UPDATE

### THANKS FOR YOUR SUPPORT

1) Lord Hanuman Marg

**Donate Generously** 

- 2) Lord Ganesh Marg
- 3) Lord Venkateshwar Marg
- 4) Lord Murgan Marg
- 5) Srivastava Family Marg
- 6) Tagore Marg
- 7) Dr. Sanat Bhatt Marg



# ADOPT A SECTION OF THE NEW ROAD AND BE A PART OF TEMPLE HISTORY PLAN ALTERNATE ACCESS DRIVE TO TEMPLE HINDU SOCIETY TEMPLE MAR MARG ROAD SIGNAGE MARG ADOPTED BY Manoobhai Patel, P.E. - Co- Project Manager Vithal Nemade, P.E. - Project Manager 19 #7 Dr. Sanat Bhat Marg #6 Tagore Marg #3 Lord Vanketeshwar Marg #5 Srivastava Family Marg #1 Lord Hanuman Marg #2 Lord Ganesh Marg #4 Lord Murgan Marg 0000

# Hindu Temple of Greater Cincinnati



### PERFORMING ARTS Application FORM FOR HSGC Holi Program

| Name of Applicant/Group:   |                     |
|--|---------------------|
| Phone Number(s): Please include all and indicate primary   |                     |
| E-Mail Address:  |                     |
| All Performers are:  | Children Adult Both |
| Does this group represent any organization?  | YesNo               |
| Name, address and contact information of the organization.   |                     |
| Name of the program:   |                     |
| Type of program: (Solo Dance, Group Dance, Drama, vocal, skit etc.)  |                     |
| Duration of the program: Please keep it within 5 minutes due to time constraints.                              |                     |
| Technical requirements: Microphones, CD players, etc   |                     |
| Names of participants: Please indicate choreographers, directors etc. Please include separate sheet if needed. |                     |







# Birthdays and Anniversaries for the Month of March

## Happy Anniversary \*

V. Rao Bhamidipadi & Vidya, Rajesh Bhola & Ritu, Rajesh Bodalia & Sheela, Vinoo Cholera & Helma,

Babu Gupta & Sadhna, Bharat Kalyan & Manisha, Ajay Munsif & Daksha, Kumar Nagrajan & Shanti, Tushar Parikh & Rasila, Bipin Sheth & Kailas, Manish Srivastava & Anisha



Sumita Ahuja, Haridas Balakrishna, Harish Bhardwaj, Sachi Bhati, Rajesh Bhola, Ritu Bhola, Sitadevi Bobba, Sree Pranavi Brahmamdam, Maya Candadai, Amit Chandra, Yogesh Chavda, Babita Choudhury, Ravindra Dasari, Pratima Ghanto, Chandan Gupta, Manisha Kalyan, Dinesh Kamath, Nandkumar Khemchandani, Geetanjali Koul, Pankaj Koul, Debdas Mukerjee, Vijay Natarajan, Meena Pandya, Pinai Ishwar Patel, Ragini Patel, Uma Saligram, Kamila Samadi, Kavita Samadi, Abhimanyu Saraff, Rahul Shankar, Gopika Sharma, Kunal Sharma, Mohit Sharma, Srikrithi Srinivasan, Srinithi Srinivasan, Subramanian, Nikita Subramanian, Vidya Sundaram, Nikita Tandon, Prashant Vala, Pooja Vijayasarathy,

\*(Celebrated on the first Sunday of each month in the temple.)

\*\*(Celebrated on the second Sunday of each month in the temple.)

If you would like to include your name in the above lists, please call Raj or Shakuntala at 513-733-1537.

### **HSGC Holi Celebrations**

#### 2011 Cultural Committee

Advisor

Laxmi Srivastava(513) 474-0533

Laxmi srivastava@yahoo.com

**Cultural Committee** 

Asit Saha - Chairman

(513) 489-5720

absaha09@gmail.com

Amitava Das(Co-Chair)

(513) 379-9866

hsgccultural@gmail.com

Jyoti Desai 513-885-1318

Desaijyoti12@yahoo.com

Sulbha Midha(513) 807-8007

sulbhamidha@gmail.com

Sapna Susarla 289-2975

(sapnachellath@hotmail.com

Ankita Srivastava 513-919-6499

Ankitasri 2011@yahoo.com

Raneshwar Gupta 513-232-3331

**DATE: March 26, 2011** 

TIME: 3:00 PM

AGE REQUIREMENTS: 5 Years or older

OTHER REQUIREMENTS: Each program must be under 5 minutes.

Preference will be given to group performance. Upto 5 solo performance and

20 group performances will be allowed.

**NOTE:** Entries will be taken first come first serve basis.

The Cultural Committee has the right to select items and limit

entries depending upon available time.

ENTRY SUBMISSION DEADLINE: First 25 entries recd before March 10,'11

No exception, please . See Application Form on Page 14

Please send all entries to hsgccultural@gmail.com

EVENT CONTACT: Amitava Das - (513) 379-9866, hsgccultural@gmail.com

Jyoti Desai - (513) 885-1318, desaijyoti12@yahoo.com



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Pramod Jhaveri: 513-295-4456 Arun Gupta: 513-509-1480
Renu Gupta: 513-860-1151 Sandip Shah: 513-277-0289

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### **Important Announcements**

#### **TEMPLE BASEMENT RENTAL**

1. Use of Kitchen \$51

2. Use of Paper Supplies \$ 101

3. Use of both, Kitchen and Paper Supplies \$ 125

For Rental, please contact: Kiran Dayal 513-474-4051; Raneshwar Gupta 513-232-3331

### General Body Meeting will be held on Sunday April 3rd, 2011 at 2:00 pm.

The meeting will be held at the temple right after Sunday lunch in the temple basement. The agenda for the meetings will be as follows:

- 1. Opening remarks by the President
- Report by the Secretary
- 3. Report by the Treasurer (General Account and Special Project Accounts)
- 4. Report by Chairs of all subcommittees (Pooja, Cultural, Religious Education, Fundraising, Maintenance, Special Projects, Long-range Planning, Aradhana Editor and Report by the Temple Manager)
- Question/Answer Session

All HSGC members are encouraged to attend the GBM to review the work of the executive committee and provide constructive comments and support. The last meeting was very poorly attended. The executive committee believes that the temple belongs to the larger Hindu community in Cincinnati. The temple will prosper and thrive only with active participation by the community. Please join us for this meeting. Your participation is vital!

Deepak Dixit HSGC Secretary

### **Community Directory**

We are in the process of finalizing the Community Directory List....If you are still thinking about it, please send in your Registration Form by email or Postal Service.

<u>ADVERTISEMENT RATES</u>: This Directory will reach the entire Community and will stay in homes for a long time ....so if you wish to reach a large audience, here is a great opportunity. Space will be made available on First Come basis. Full Page \$300; Half Page \$150; Quarter Page \$100

If we have an Artist in the Community who would like to design the cover, please give us a call or send an email.

We are also looking for some valuable articles regarding India and Information regarding India that would be valuable to all. Please contact us if you have any suggestions.

### PRIEST SUPPORT AVAILABLE

If you have a loved one in hospital and would like to have Pandit ji come and pray with the patient / family, you can can turn to the Temple for support. You may call the Puja Acting Chair Kiran Dayal 474-4051

### NO PARIKRAMA/PRADAKSHINA

Temple Garbha Griha is under construction . During this period Parikrama/Pradakshina is NOT allowed. Please pardon us for any inconvenience.—Garbha Griha Committee & EC.

#### **SPECIAL ACTIVITY COMMITTEE\***

Looking for committee members

Please contact Raj Bodalia, Chairperson
(513) 583-0184 or rbodalia@hotmail.com

\*Presently responsible for Wellness Center and

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### First Wellness Center Program at Temple

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Tentative schedule:

#### June 1<sup>st</sup> Wednesday:

6.00 - 8.00 PM - INTRODUCTORY WORKSHOP (for all Groups)

### June 2<sup>nd</sup> Thursday & June 3<sup>rd</sup> Friday:

Group A - Diabetes: 10.00 - 12.00 PM

Group B - Blood Pressure and Heart Condition: 12.00 - 2.00 PM

Group C - Pain related (Joint Pains, Arthritis, Body Pain, Migraine, Nervous Disorders, etc): 2.00-4.00 PM

Group D - Depression, Stress, General Relaxation: 4.00 - 6.00 PM

Group E - Weight Loss, Workplace Relationships, and Special Needs including Eye Vision: 6.00-8.00 PM

Each group will be required to listen to specific music therapy for their related group.

Fees: \$30 for both days or \$20 for one day (To receive full benefits, it is preferable to attend both days.)

#### June 4th Saturday

10.00 - 6.00 PM (Vedic Astrology Birth Chart Consultation - One on One Discussion - Sign Ups ONLY)

Fees: \$85 (includes one hour reading session, CD, and print out birth chart)

7.00 - 9.00 PM: Kirtan Chanting and Healing Concert

For Registration, please contact Raj Bodalia 513-583-0184 or <a href="mailto:rbodalia@hotmail.com">rbodalia@hotmail.com</a>



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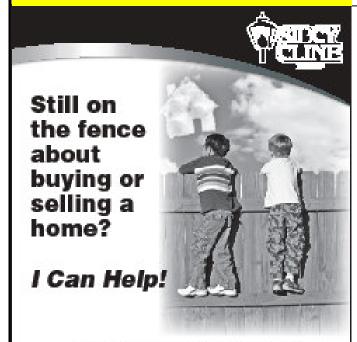
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