

# अगराधना

# Gradhana

# A Publication of the Hindu Society of Greater Cincinnati

Devdham of North America

TM

Bhadrapad/Ashvin Vikram Samvat, 2065 /66 September 2009



Happy Navratri Dussehra & Temple MELA



Website:www.cincinnatitemple.com Email: hindusociety@fuse.net Phone: (513)528-3714

## Navratri Festival

It is a festival that is celebrated over 9 days and nights .It is dedicated to the Mother Goddess. Known by other names such as Durga , She represents Shakti, the cosmic energy that animates all beings, and is also considered to be prakriti (nature), the counterpart of purusha. Together, they are responsible for the creation of the world according to the Puranas and Vedas .

A different form of the Mother Goddess is worshipped on each different day. On the first three days, the Goddess Durga (Goddess of Valour) is venerated. The next three days are spent in the worship of the Goddess Lakshmi (Goddess of Wealth). and the last three days are a celebration of the Goddess Saraswati (Goddess of Learning and Arts). People perform havana (symbolic ceremony involving the purifying aspects of fire. Some believers fast (vrat) throughout the nine days. Fasting is considered to be one of the most popular means of self-discipline and spiritual development.

In West Bengal, it takes the form of Durga Puja, an occasion to celebrate the Triumph of Good over Evil. According to legend, a vicious buffalo-demon, Mahishasura, had raised hell at the gates of heaven, causing widespread terror. The Goddess Durga astride a lion, with an assortment of weapons in her 10 hands, slayed Mahishasura In the state of Punjab, people usually fast during this period, for seven days, and on Ashtami, the eighth day, devotees break their fast by worshipping young girls who are supposed to be representatives of the Goddess herself by offering them the traditional puris halwa ,chanas and red chunnis (long scarves). In this region, the festival is predominantly linked with harvest. This is the time of the khetri, (wheat grown in pots in the urban context) that is worshipped in homes, and whose seedlings are given to devotees as blessings from God.

### Dussehra or (Vijaya Dashmi)

Dussehra or Vijaya Dashmi. (literally meaning 'The Day marking the Triumph of Good over Evil') falls on the day after Navratri. It is the day that Lord Rama killed the demon-king Ravana. In the northern parts of India, Ram Lilas draw from the epic, theRamayana, to bring the life and times of Lord Rama back to the common folk through drama. In the South Indian states Women adorn their houses with dolls (Bommai Kolu), draw traditional designs or rangolis and light lamps. Another runaway hit is the sundal, a special sweet made from lentil and brown sugar The festival of Navratri acquires quite a fascinating and colourful dimension in the region of Gujarat, Rajasthan and Bengalln Gujerat, dances of Garbha and Dandiya-Rasa are performed by the men and women to the vibrant rhythm of music. These dances are performed around the traditionally decorated terracotta pot called the garbi that has a small diya (lamp) burning inside signifying knowledge, or light meant to dissipate the ignorance, or darkness.

If you or someone you know, is not receiving ARADHANA, or if you need a change in address, please contact Mohan Chopra at 859-331-2416 or Geeta Mehan at (513)754-0400 email: mehangeeta@gmail.com

Deadline for submission of articles for next Aradhana is September 10.

#### TEMPLE INFORMATION

# EXECUTIVE COUNCIL 2009 President:

Meena Mehta (513) 574-6763

Vice President:

Krutarth Jain (513) 884 1259

Secretary:

Siva Sivaganeshan (513) 563-2901

Treasurer:

Amar Sharma (513) 777-5771

### **COMMITTEE CHAIRPERSONS**

#### Pooja Committee:

Amita Gupta (Chair): (513) 336-8782

Kiran Dayal (Cochair):(513)474-4051

Communications/Editor:

Geeta Mehan (513) 754-0400

email: mehangeeta@gmail.com

#### Membership & Fundraising:

Raneshwar Gupta (513)232-3331

**Property Management & Maintenance:** 

Shiv Sharma (513) 459-9520

**Cultural Activities:** 

Jyoti Desai (513) 745-0876

**Religious Education & Youth Activities:** 

Anisha Singh (513) 469-7432

Long Range Planning

Laxmi S. Srivastava (513) 474-0533

Fund Raising: Raneshwar Gupta

#### Priests:

Senior Priest:

Acharya Kailash Sharma 770-0705

Acharya Chakreshwar Sharma

528-0901

Pandit Srinath Bhattar 528-3714

Attorney:

Aronoff, Rosen & Hunt 241-0400

Temple Manager:

Laxmi Srivastava 474-0533

Accountant: Open

#### RELIGIOUS DISCOURSE

Sundays 12:15 - 12:45 PM

First Sunday: Upanishads

Second Saturday : 1008 Gayatri Jaap Second Sunday : ChildrenProgram Third Sunday : Sunder Kand Path Fourth Sunday : Shri Ganesh

Atharvshirsha Path

Fifth Sunday: Jagannath Puja

Members of the community are invited to speak on topics related to Hindu religion, Philosophy, culture, reformation, Gurus, self-preservation, etc. If you would like to talk or like to suggest someone who may be interested, , please call Amita Gupta at 513–336-8782

Devotees are requested to sit-in Sunday Pooja as well as bring Prasad and Lunch. You may wish to use this occasion to celebrate important events such as wedding anniversaries, birthdays, ishta devata pooja, graduation, and other memorable days. Events can be hosted by individuals, families, groups of families or organizations. Please reserve your Sunday of choice ASAP by putting your name and phone-no in the calendar at the temple & calling Amita Gupta (513) 336-8782 or Meena Sondhi 513-831-9788

### TEMPLE SCHEDULE

Monday - Friday : 9:00AM-12:00 Noon

5:00 PM - 8:00 PM

Suprabhatam

Saturday, Sunday

9:15 - 9:30 A.M.

& US Holidays 9:00 AM - 8:00 PM

#### SPECIAL PROGRAM ON WEEKENDS

9:30 - 11:00 A.M.

Daily pooja of Temple Deities

11:00 - 11:30 A.M

Sponsored Pooja

11:30 - 12:15 A.M

Bhajan

12:15 -12:45 P.M. Religious discourse

12:45-1:00 P.M. Birthday and Anniversary pooja and announcement

1:00 P.M. Aarti

# Please Donate Generously for your Temple

Your Temple needs

- 1. Sponsors for flower \$50/week
- 2. Sponsors for Sunday pooja
- 3. Your temple needs your support

# 2009 POOJA COMMITTEE & RELIGIOUS ACTIVITIES MEMBERS

336 -8782 Amita Gupta (Chairperson): Kiran Dayal (Co-chairperson): 474-4051 Acharya Kailash Sharma 770-0705 Acharya Chakreshwar Sharma 528-0901 Pandit Srinath Bhattar 528-3714 Swarna Chaudhary 232-2343 Madhu Sharma 232-9991 Meena Karamchandani 683-9454 Meena Sondhi 831-9788 Kalpana Srivastava 233-9184 Uma Sanguai 793-9384 Muralee 573-0550 Vasundhra Dasari 777-3353 Sangita Patel 791-0855 Minati Bhattacharya 272-0361 Manju Gupta 232-3331 Anju Saha 474-3922 Purbi Dey 688-1721 Sulbha Midha 573-7012 Suchitra Mishra 573-9775 Raian Odavar 336-6843

## Temple Manager's Committees Laxmi S. Srivastava- Temple Manager 474-0533

#### 1.Office Manager

Mohan Chopra

2. I/C Swami Lectures Laxmi S. Srivastava Vinay Kumar Devdas Mukerjee Meena Mehta

Bobba Choudhary **3. Temple Data Base** 

Nandkumar Khemchandani Mohan Chopra Laxmi S. Srivastava

#### 4. Anniversary & Birthday Data

**R**aj Agarwal Shakuntala Agarwall

**5 E-mail .Data** Pradeep Goyal Nandkumar Khemchandani

6. Gift Shop Meena Sondhi Madhu Sharma

**7.Computer Tech Support** Sreedhar Suvarana

Aashish Shah

8. Financial Data

Amar Sharma Rai Bodalia 9. I/C Temple Web site

Bharat Vala Debasis Dey Krutarth Jain Laxmi S. Srivastava

### 10. I/C Temple Calendar

Meena Mehta Ashvin Mehta

Acharya Kailash Sharma

#### 11. Volunter Services

Rajan Odayar Kedarnath Nambori Dilip Patel

Vijay Kumar Sharma Laxmi S. Srivastava

### 12. Temple Photographers

Krutarth Jain Naba Mishra Hetal Patel Dilip Patel (I/C)

13. Mela Commitee

Anil Jindal Jyoti Desai (Cultural) Raneshwar Gupta (Fund Raising Chairperson)

Raj Bodalia Raising Chairperson)
Laxmi S. Srivastava Krutarth Jain ( V President)

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### **Pooja Information**

### RATES FOR POOJA & PRIEST SERVICES |

SERVICE	IN TEMPLE	OUTSIDE TEMPLE
Abhishekam (All Deities) Aksharabhyas Anna-Prashanam Ashtottharam (108) Archana AyushyaHomam/B'day Celebra. Ground Breaking Ceremony Griha Pravesh Kalayana Uthsava (Lord Ram/ Sita) Kesh Khandan (Churakaran) Naam-Karan Navagraha Pooja Nischitartham (Engagement) Baby Shower Pooja	\$101.00 \$101.00 \$101.00 \$21.00 \$101.00 - - \$121.00 \$101.00 \$101.00 \$101.00 \$151.00	- \$151.00 \$151.00 - \$151.00 \$151.00 \$151.00 \$151.00 \$251.00 \$151.00
Nitya (1 Day) Kainkaryam (Seva) Poolangi Seva (With Flowers)- (Only During Off Winter Season) Regular Archana	\$101.00 \$101.00 \$11.00	
Sahasranama (1008) Archana Sathyanarayana Pooja Seemantham Devi Jagaran Akhand Ramayan Paath Shashti Poorthi (60th B'day Celeb.) Anniversary celebration Suprabhat Seva Unjal (Swing) Seva Upakarma (Thread changing) Upanayam/Brahmopadesham/ Thread Ceremony Vahan Pooja	\$51.00 \$101.00 \$101.00 \$75.00 - \$101.00 \$101.00 \$21.00 \$31.00 \$51.00 \$151.00	\$151.00 \$151.00 \$101.00 \$151.00 \$151.00 \$151.00   \$251.00
Yearly Shradham (Barkhi) Wedding	\$101.00 \$301.00	\$151.00 \$501.00

### **Temple Rental: Lower Floor Only**

	Full day	Half day
Monday -Thursday	\$301	\$151
(except holidays)		
Friday, Saturday & Holidays	\$501	\$351
Sunday after 3PM only	_	\$351

Note: For half day select one of the two:

8:00 AM to 2:00 PM **OR** 4:00PM to 11:00 PM Temple rental applies to all private reservations for those events/poojas that are performed by private parties and not announced in the temple.

<u>Security/ Cleaning deposit</u>: \$151 required. This deposit will be forfeited if the basement hall bathrooms and kitchen area are not cleaned by the party renting the place.

NOTE: To schedule a Pooja or to rent a temple hall (lower level ) please contact pooja Committee chairperson only.

### **Pooja Committee Announcement:**

To schedule a Pooja or to rent a temple hall (lower level ) please contact Amita Gupta at 336-8782 If you have any question or suggestion about temple activities contact Amita Gupta at 336-8782, any EC Members or Temple at 528-3714.

- 1. **Archana** performed during temple hours by sponsorship. No Archana on Sundays between 11 a.m.-1 p.m.
- 2. **Outside poojas** and other religious services will be conducted by appointment only.
- 3. To **schedule any poojas** please contact Pooja Committee chairperson at least one week in advance.
- 4. If you would like to bring **food and prasad** in the temple, Please contact Pooja Committee chairperson .
- 5. **Cancellations** of pooja should be done 3 days in advance or else the full fee for the pooja will be charged.

### SPECIAL POOJA RATE

Rates for Mata Ki Chauki performed at another temple will be 15% of the money collected at the temple or a minimum of \$ 501.00.

- Poojas performed by priests outside the temple will be rated according to the number of poojas performed.
- 2. 40 Cents/Miles for Travel expense to the Priest to per form pooja at your home.

Rates are subject to change without notice. <u>Rates of Poojas</u> out of <u>Greater Cincinnati will be \$100.00 more than the rates of outside pooja within greater Cincinnati area.</u>



You may have noticed this box near the Parking Lot. Please donate generously. Share your blessings with those that need them. Open your hearts to the less fortunate.

### Regular Weekly & Monthly Events at the Temple

### **Monthly Navgrah Pooja**

Every first Saturday of the Month Sponsors needed for Pooja \$51.00 For Details call

Amita Gupta:336-8782; Temple priests:528-3714

### Monthly Murugan Abhishekham / Pooja

Every second Saturday of the Month Sept 12, Saturday 4.00pm Sponsor Murugan Group. Amita Gupta: 336-8782: Temple priests: 528-3714



### **Monthly Satya Narayan Pooja**

On Every Purnima of the Month Sept 4, Wed at 6:30 pm Sponsorship \$51.00

To sponsor pooja call Amita Gupta: 336-8782 Temple priests: 528-3714

### **Monthly Shri Ganesh Pooja &** Shri Ganesh Atharvshirsha Path

Every 4th Sunday of the month Sep 27, 10:30AM This pooja is dedicated to each month's

Sankashti Chaturthi to Lord Ganesh. For more information & Sponsor the pooja please call

Jyoti Divekar: 204-8037 Mangal Nemade: 234-8373 Amita Gupta: 336-8782 Temple Priests:528-3714

### **Monthly ABHISHEKAM/KALYANOTSAVAM** FOR LORD SRI VENKATESWARA

On Sept 26 4th Saturday of each month. from 10:30 AM-12:30PM.

#### To sponsor and details please call any of the following:

Anand Konda:481-4119; Vasundhara Dasari:777-3353 Suseela Paturi:481-8591: Surendra Hanumanthanna:661-8733 Pandit Sri Srinadh Bhattar:528-371

### **Weekly Shiv Mahiman Stotram**

Every Monday at 6:30pm



#### **Weekly Hanuman Chalisa Path**

Every Tuesday at 6:30pm

To sponsor pooja call Amita Gupta: 336-8782 Temple priests: 528-37

### **Weekly Vishnu Sahasranaam Parayana**

Vishnu Sahasranaama Parayana (chanting) will now take place Every Thursday at 7:00 pm in the temple. Please join us for the chanting.

### **Weekly Venkateswar Pooja**

Every Friday at 6:30pm

To sponsor pooja please call Amita Gupta: 336-8782 Temple priests: 528-3714

### OCTOBER EVENTS

### Navgarah Puja Oct 3<sup>rd</sup>;3pm\_Sponsor\_\$51 Bijoya Celebration (Vijaya Dashami)

Sun Oct. 4th 10:30 am to 1pm Sponsored by Agran. For details call Amita Gupta 336-8782 Anju Shah 474-3922. Purbi Day 688-1721.Temple 528-3714.

### Sun Oct 4 12:30-1pm Pravachan

"Importance of Vijay Dashami" by Acharya Kailash Sharma-Satya Narayan puja On Full moon Purnima

Oct. 4th 5:30pm Sponsorship \$51.00

Please call Amita Gupta 336-8782 Temple 528-3714.

### Karwa Chauth Vrat Pooja OCT 7th

Correction from Temple Calender Pl Note correct date is 7th and not 8th Oct

### **Diwali Puja** OCT. 17<sup>th</sup> Saturday 5:00 pm

Ganesh & Laxmi Puja\*\*

6:00 pm Archana Thali \* 7:00 pm Aarti, Prasad, Fire Crackers after Aarti

Sponsorship Laxmi Puja \$101; Archana \$21.00 sponsored by- Dr. Bharat & Sudha Agrawal & family

#### New year Puja (Gujarat) Sun 18th Oct.

11 am Shri Ganesh Puja & Gayatri Havan 1 pm Aarti & Parasad /Lunch

### Shri Venkateshawar Kalyanam Oct. 24th Sat.

10:30am to 12:30pm Sponsorship \$51.00

### Shri Chitragupta Pooja

On Sunday Oct. 25<sup>th</sup> 11am to 1 pm Sponsored by- Tri State Chitragupta Pariwaar. Please call Kiran Dayal 474.4051. Temple 513- 528-3714. Amita Gupta 336-8782.

### KANDA SHASTI PUJA

Sunday oct. 18<sup>th</sup> Muragan Abhishegam (First Day) 4:30pm to 6:30pm

Monday Oct. 19<sup>th</sup>—Oct 23rd Utsava Moorthy Puja Daily from 6;30 to 7:30pm for five days

Saturday Oct. 24<sup>th</sup> Muragan Kalyana Utsavam 5pm to 7:30pm

Second Sunday Oct. 10<sup>th</sup> Muragan Abhishegam is replaced on oct. 18<sup>th</sup>

Sponsorship \$ 101.00 Abhishegam/Kalyanam, Archana \$21.00

For details please call Amita Gupta 336-8782.

Murlee 573-0550, Sri Srinath Bhattar 528-3714. Aradhana, September 2009, Page 4

### **September Events:**

September 4th, Friday -- Shraddha begins.

September 4th, Friday -- Satayanarayan pooja, 6.30PM Sponsorship \$51.00

September 5th, Saturday -- Navgrah pooja, 3PM Sponsorship \$51.00

September 6th, Sunday — Pravachan/Satsang "Bhaktiyoga in Ramayana"

( Acharaya Kailash Sharma, 12noon - 12.45PM

September 12th, Saturday -- 1008 Gayatri Jap, 9.30AM to 1PM

September 12th, Saturday -- Murugan Abhishek, 4.30PM Sponsorship \$101.00

September 12th, Saturday -- Mela, Taste of India 12noon to 8pm

September 19th, Saturday -- Navratri Begins, Kalash Sthapana. 10am

September 19th, Saturday -- Mata Ki Chowki, 4 to 8PM Sponsored by- Jindal family.

September 20th, Sunday -- Sunderkand Path, 10.30AM

September 26th, Saturday -- Balaji Abhishek, 10.30AM Sponsorship \$51.00

September 26th, Saturday – Ashtami /Nav Chandi Yagna 4PM. Sponsorship \$51.00

September 28th, Monday -- Vijaya Dashmi Puja /Havan Sponsorship \$51.00

### Group Shraddha Puja On Amavasya, Sept18th Friday 5:30 to 6:30pm

Sponsorship \$51.00. Please call ahead if you are planning to join.

### NAVRATRI POOJA

Sep 19-Sept 28 \*\*Sponsorship \$51.00 for each puja.

Sep. 19th 10:00am Kalash Sthapana Devi Puja \*\*

Sep. 19<sup>th</sup> 4pm Mata Ki Chauki \*(Chunri Offering by Sponsorship)

Chauki Sponsored by Jindal family (Contact Rani Dhamija 984-5777 or Amita Gupta 336-8782)

During Navratri everyday\*\* Chandi path (Durga saptshati) 9:30 am to 12 noon

Sep.  $20^{\text{th}}$  &  $27^{\text{th}}$  Sunday. \*\*Lalita Shahasranama Parayanam 4pm , weekdays 5:30 to 6:30

Weekly Puja 6:30 to 7:30 . Navratri Garba, Sunday to Thursday (Weekdays) 7:30pm to 9:30pm

Sep. 26th Sat. \*\*Shri Chandi Yagna /Ashtami Puja 4pm to 6:30pm

Sponsorship. \*\*51.00 for each puja .\* Chunri sponsorship \$31:00, \$51.00, \$101.00

Please call Rani Dhamija 513-984-5777 to reserve your Chunari. Chunni will be given back to sponsor family as a blessing. For more details call Amita Gupta 336-8782, Kiran Dayal 474-4051. Acharya Kailash Sharma 652-5382. Temple 513-528-3714.



# **PITRU SHARAAD**

The dark fortnight of Ashwin Month is known as Mahalaya Paksha/ Pitrapaksha especially sacred for offering oblations to the departed ancestors. The last day of this period, the new moon day (Amavasya), is considered as the most important day in the year for performing rites and offerings to our dearly departed ancestors). This year it falls on the 18th September 2008.

In the Garuda Purana Preta khanda II 10.50-55 Lord Visnu says to Sri Garudaji "On the day of Amavasya (new moon day), the airy manes (the ancestors) stand at the door of their descendents in order to receive their food. They remain there till sunset. When they do not receive their food they fall in despair and out of suffering heave long sighs and go back cursing the descendents. Therefore, one should carefully perform shraddha (offer food) to your ancestors on the new moon day (Amavasya).

The final day of Pitrus Paksha is the Mahalaya Amavasya (the dark night before new moon)—September18th in 2008. This takes place when the Sun and Moon conjunct in Virgo. All the ancestors are prayed to on this day. The belief is that they all come down to earth from their abode to join the world of living for a day. It is a good time to honour your departed loved ones with fondness. If you do not know the Tithi of their death, then you could do it on the Amavasya day. Feed the poor, give charity and celebrate their life with a feast to honor their memory and remember them with fondness. The Shraddh performed during Pitru Paksha are not funeral ceremonies. They are Yagyas for the Pitru, worship of the ancestors as deities. They are different from the worship of the God. It is mainly performed for three generations of Pitrus, namely the father, grandfather, and great grandfather. When performed for all the ancestors performer's family benefit from it.

# **Cremation Committee**



This Committee has been formed to help at a time of loss & provide Cremation information.

It will ensure that costs of services are reasonable by negotiating price in advance

Hindu Temple: 513:528:3714

Raneshwar Gupta: 513:232:3331 Tushar Manek: 513:398:7276

Babu Lengade: 513:777:8067 Niranjan Shah: 513:791:7300

Ambikaipakan Balasubramaniam: 513:204:0213 Atul Patel: 513:403:3968

# JOIN KROGER AND MEIJER COMMUNITY REWARDS PROGRAM

The Hindu Society of Greater Cincinnati is now, a partner with Kroger and Meijer in their Community Rewards Program to get the advantage of their good will of community support. They will donate from about 2% to 4% of the total amount we spend as a community to the HSGC.

## HERE IS HOW YOU JOIN KROGER

We have prepaid Kroger cards. You simply, buy the card from us and use it every time, to shop in Kroger for your groceries and you automatically, donate some percent of your grocery bill to your Temple without any additional cost to you. The card you get can be directly, recharged in the store thus it will be a permanent card for you. Help your Temple to help yourself.

# Join Meijer Two Ways

### (1) If you do not have any type of Meijer card follow this:

With Meijer one has to fill out the Application Form on their Website.

Here are the general instructions to do so.

Go to the website: www.Meijer.Com/Rewards

Join for Meijer community Rewards or Meijer Credit Card

Fill out the Application Form

Enter the HSGC Code No. 964616

Complete the form

Meijer will send you a Special Card of Community Rewards Program.

### (2) If you have any type of Meijer Card or Account follow this:

Go to the website and update your Membership

Follow further Instructions

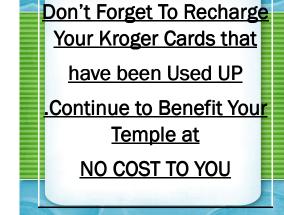
Enter HSGC Code No. 964616 on Item 2, Option A

Submit.

Both these ways Meijer will directly reward the HSGC.

Please go ahead and enroll in this program and donate to your Temple without any cost to you at all. So let us take advantage of this program.

Raneshwar Gupta at 513:232:3331 and Meena Mehta at 513:574:6763.





# TEMPLE NEEDS

### Wheechair

If any one would like to donate a (new or used)

wheelchair to the Temple, please call

Geeta Mehan at 754-0400 or email at mehan101@gmail.com

2)

IT - VOLUNTEER NEEDED

A person with experience in Website Design and maintenance urgently needed

Contact: L.S. Srivatava (513) 474-0533 E-mail: laxmi\_srivastava@yahoo.com







### 22<sup>nd</sup> GANDHI FOOD DRIVE, 2009

### September 1—October 31

Overall Collection Goal: \$10,000	Average Goal per Family: <u>\$30</u>
<b>Every</b> \$ of cashor foodgoes to <u>Free</u>	Store/FoodBank
FreeStore can buy <u>\$7</u> worth of <u>food</u> for ev	very \$1 of cash
All donations are tax-deductible	
You can make your contribution three wa	ys:
CHECK (or Cash)	
Make your <u>check</u> payable to <u>FreeSto</u> <b>OH 45243</b>	ore and <u>Mail</u> your check to: <u>Y. <i>Datta, 7539 Tiki Av, Cincinnati,</i></u>
UNITED WAY Program (corporate spor	nsored)
Get the United Way "2009 Designation	ion Form" ( <u>new</u> form needed <u>every</u> year)
At bottom of Part 3, write FreeStore	e code # ( <u>171</u> for 2009), FreeStore, and (\$)

FOOD Donations Deposit it at Y. Datta's residence Give wholesome <u>vegetarian</u> food only

J. K. Bhattacharjee 513-523-8958 Usha Gandhi 874-2260 Vinay Kumar 528-6189 Rohini Venkatesh 984-2613

-----Cut-off Stub-----

DONATION/PLEDGE FOR THE 22nd GANDHI FOOD DRIVE, 2009 **\$100 \$150** Check \$30 \$50 \$200 **\$Other** ...... United Way Yes, I plan to pledge \$...... for FreeStore/FoodBank (2009 code: # 171). Volunteer **Yes.** I would like to be a volunteer. Name ..... E-mail ..... E-mail .....

### Please make your check payable to FreeStore.

Please return this cut-off to Y. Datta, 7539 Tiki Av, Cincinnati, OH 45243-(513) 984-1032; Datta@nku.edu



One of the most beautiful lessons of Bhagwan Krishnas life is: never lose your smile, never lose your song,never lose yourself due to external circumstances, .Krishnas life was full of trials and tribulations, beginning on the day when He took birth in a locked jail cell and ending in the jungle shot by a hunters arrow. He always maintained His divine smile. He always played His divine flute. He never once said, Im in a bad mood today so I will not play my flute. No. Regardless of what the external world brought and wrought, the Song was on. Frequently we let small, small things upset us and ruin our day. Whenever failure, frustration or fury stares us in the face and we are tempted to let it ruin our mood and our day, let us always remember the sound of Lord Krishnas ever-present flute.

### The Lord Unlocks All Locks in Our Life

we may be bound and chained by so many attachments, temptations, anger, grudges, pains. We may feel ourselves locked into the prison of our own bodies, the prison of duality. However, as soon as we let the Lord live in our own hearts, all chains are broken and all prison doors open freely. Wherever the Lord is, there are no locks.

#### Bliss All the Time

He was always blissful, always joyful, always shining His divine light upon others.

We, on the other hand, may get stuck in one traffic jam and our days are ruined. We have one business failure and we feel dejected and broken. So, what is the Lord teaching us? If He chose His birth and He chose the course of His life on Earth, why did He choose a life full of obstacles, turmoil, trials and tribulations?

Regardless of what insults are hurled at us or what obstacles we face, we must remain immersed in Divine Connection. Then we will not become depressed or frustrated. His life teaches us that we cannot change what happens it happens but we CAN change our reaction to it. The message of His life is "adapt and adjust". Move forward. We cannot stop the wind from blowing, but we can change the direction of our sails, so that instead of capsizing our boat, we use the wind to take us to our destination.

### See Krishna everywhere, in everyone, all the time.

Fearlessnes: Fear does not mean terror. But all that makes us anxious, nervous, tense and in need of controlling our surroundings. The root of fear is distrust. We have been betraved, injured and abused. We decide that the world and those around us cannot be trusted. We lose that faith which is so crucial.

What is the answer? The answer is to firmly root ourselves in God . When we realize that God is always with us, always for us, we will never be afraid. Sure, our family and friends may betray us. But, if we give ourselves to God and renew our faith, we will never be broken .Let us give away our fears, our anxieties. Let us put all our insurance in the Divine Insurance Company. Let us realize that everything is just as it is supposed to be. We are in the lap of our Mother. How can anything go wrong?

### Surrender to the Divine

The teachings of Lord Krishna in the Bhagavad Gita are not applicable on a battlefield, when war is imminent. Rather the true battlefield is within us constantly, and war is being waged every day. The Gita is a divine Map of Life for it shows us clearly both the destination and also the clearest and best path to reach there. Just as the GPS system in our cars is always there to show us the path and to quickly tell us if we have gone astray, so the **Bhagavad** Gita is like the GPS system for our lives. Wherever we want to go, whatever we want to achieve, we simply need to turn to the Gita for the instructions of how to reach our goal. It is surrender and only surrender that allows divine grace to work in our lives.

Adapted from writings of Swami Dayanand Saraswati by Geeta Mehan

# Birthdays and Anniversaries for the Month of September

# Happy Anniversary

Rajeev & Shelley Chopra, Dipankar & Madhumita Das, Ram & Murti Jindal, Pisharath & Veena Krishnan, Naresh & Latha Subramanian, Subodh & Meena Wadhwa

# Happy Birthday

Vidhya Balasubramaniam , Neil BatraV. Rao Bhamidipati , Milan Bhandari Mohini Bhardwaj , Poonam Bhardwaj, Som Bhatara, Jagdish Batí, Simran Bhola Sharad Buddhdev, Ramesh Candadai ,Ashish Chaterjee,Ragini Chaterjee,

Sneha Chavda, Helma Cholera, Sarita Dasari, Archish Desai, Mona Desai, Rashmi Gupta, Vaishali Gupta, Lalitha Hariharan, Param Hariharan, Krutarth Jain, Disha Kalyan, Ansh Khare, Keshav Kode, Rohit Coolí, Tushar Manek,

Vishakha Manek, Bahar Mittal, Alok Narayana, Seema Navalkar, Rajan Odayar,

Preeti Parikh, Mahesh Patel, Sahir Patel, Nivedita Ramji, Srinivas Reddy, Archit Sahay, Srinivas Sahu, Nitin Sekar, Aditi Sharma, Anurag Sharma, Kailash Sharma, Bipin Sheth, Indu Srivastava, Rakhi Shrivastava, Vikas Srivastava, Bipin Shroff, Supriya Srinivas, Narayan Srivastava, Anjali Sudhi, Srinivasan Venkataramani, Sadhana Verma, Shubhana Verma, Gayathtri Vijayasarathy, Halekoti Viswamitra,

- \*(Celebrated on the first Sunday of each month in the temple.)
- \*\*(Celebrated on the second Sunday of each month in the temple.)

# **MEMBER DIRECTORY**

This is an IMPORTANT ANNOUNCEMENT as this Directory is very much needed.

EC will be Publishing a Member Directory.

If you do not wish to be in the Directory, you will be given an option to either not be in the Directory or not have your Ph no or email published .

More Information will be coming up in the next issue of Aradhana.

Advertisers will have an opportunity to put their Ads in the Directory. So Book your Space ASAP since we are expecting all available space to get used up very quickly.

We will be Publishing the Names of the Members (Mr and Mrs if they are married) and also the names of their children. Phone numbers and emails will also be added.

Geeta Mehan 513-754-0400 email mehangeeta@gmail.com



# The Culture Committee will be holding a DANCE COMPETITION

## On Sat 12th Sept 2009 at the Hindu Temple



Performances will be judged within two age groups: 5-11 years, 12-18 years & above 18 **Rules**:

- 1. With each age group, there will be 2 categories: Solo dance and Group dance.
- 2. Only 4 entries per category will be accepted with an age group.

Dancers can not participate in more than two dances (only one performance per category).

Deadline for submitting entries is Aug. 25th. Details to follow.

For info and submitting entries, contact Jivotidesai 1@vahoo.com or rasilaparikh@hotmail.com

### **Competition Rules**

Each item should not be more than 5 min.

Please provide good quality audio cassette or CD. Tape/CD should be labeled and it should indicate the name or dance of the group.

A short synopsis of the dance item should be provided.

Solo items will be judged on the following: **Expression Rhythm Costume Presentation** 

Groups items will be judged on all of the above, plus co-ordination

Each individual and each group will be allowed to perform only one item. However, an individual can perform one solo item and participate in one group item.

We will try to accommodate as many entries as possible on the final day.

Name of dance/Group:	Category (please circle): Solo/Group
Phone/email:	Name of Person in Charge:
Phone/email:	Choreographer (optional):

### **EDITOR"S NOTE**

#### **Dear Readers**

You will notice some changes in Aradhana this month. We have added four more pages. Also, from now onwards, the front page will be colored. The readership is growing and you all have come to depend on Aradhana for timely and detailed information of Temple and Community Events. Also, the demand for Advertisement space has grown. So EC has approved these changes and we hope that it will be an effective improvement.

Also, there are requests for some good articles. We welcome any contributions from readers. I would love to see some contributions from the children and youth.

The Temple needs volunteers. Please see how you can help and commit a couple of hours a month. Share your skills and talents. Children learn more from seeing you ...set a good example of helping others. Let the Indian Community be known for its spirit of "giving back".

EC will be publishing a Directory of Members . Please read details on Page 15.

Thanks and Jai Ho

Geeta Mehan

# VAVRATERI 20

# HINDU SOCIETY OF GREATER CINCINNATI

ANKUR GUJARATI SAMAJ

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# Bollywood Group

RaaS RamzaT Group

Indian Idol fame VISHAL



AT CINCINCINNATI

GARDENS ARENA

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PROVIDED AT

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DATES/TIME:

SATURDAY, SEPT 19

FRIDAY. SEPT 25 SATURDAY, SEPT 26 7:30PM TO 1:00AM

7:30PM TO 1:00AM

7:30PM TO 1:00AM

PLACE: THE CINCINNATI GARDENS ARENA 2250 SEYMOUR AVENUE CINCINNATI OHIO 45212

TICKETS: ALL PROCEEDS BENEFIT HINDU TEMPLE

MINIMUM DONATION: \$10/DAY

ONE WEEKEND PASS: \$16

CHILDREN 5 AND UNDER FREE SPONSORSHIP:

\$101 (2 PASSES ONE WEEKEND) OR \$ 251 (2 PASSES/BOTH WEEKENDS)

FOR THE REMAINING NAVRATRI NIGHTS THE PROGRAM IS AS FOLLOW:

DATES: SEPTEMBER 20, 21, 22, 23, 24, 27, 28

PLACE: HINDU TEMPLE OF GREATER CINCINNATI

PLACE: ANKUR GUJARATI SAMAJ

TIME: 7:30PM TO 9:30PM TIME: 8:00PM TO 9:30PM

TICKETS: NO CHARGE

NAVRATRI HAVANS AT THE TEMPLE:

SATURDAY, SEPT 26: ASHTAMI / NAVACHANDI HAVAN TIME: 4:00PM TO 6:30PM MONDAY, SEPT 28, VUAYADASHMI HAVAN 6:00PM TO 7:30PM; RAAS GARBA 7:30PM TO

NAVCHANDI PATH: EVERYDAY FROM 10:00AM TO 12;00NOON AT THE TEMPLE

NAVRATRI HAVAN AT ANKUR SAMAJ:

SUNDAY, SEPT 27: VUAYADASHMI HAVAN 7:00PM FOLLOWED BY DINNER & RAAS GARBA.

FOR FURTHER INFORMATION CONTACT:

MEENA MEHTA: 574-6763, JITUBHAI PATEL: 459-8900, JYOTI DESAI: 745-0876, RAJ BODALIA: 583-0184, ARVIND PATEL: 791-0855 KHUSH KARAMCHANDANI: 683-9454, BHARTI NOTICEWALA: 563-2007, AASHISH SHAH: 942-8264



# HINDU SOCIETY OF GREATER CINCINNATI

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# AT THE TEMPLE 4920 KLATTE ROAD

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SHOPPING

DANCES

GAMES

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SONGS

PONY RIDES

Contacts

For Culture Program

Jyoti Desai: jyotidesai1@yahoo.com Rasila Parikh: rasilaparikh@hotmail.com

For Booth Sponsor and Rental

Anil Jindal 513-271-7171, ajindal@jindalbuilders.com Jyoti Desai 513-745-0876 Raneshwar Gupta 513-232-3331

# CULTURAL DANCE PROGRAM DANCE COMPETITION

Dance Program - First Session 2:00 PM - 3:30 PM
Dance Program - Second Session 4:30 PM - 6:00 PM
Prize Distribution 7:00 PM
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# HSGC & VHPA — CINCINNATI CHAPTER INVITES ONE AND ALL TO CELEBRATE

# Hindu Awareness Day

@ The Hindu Mandir (4920 Klatte Road, Cincinnati, OH 45244)
Saturday, 3rd October 2009, 5:30 – 9:00 PM

# Enjoy a Free Program and an inspiring lecture by a world-renowned speaker Shree Surendra Tiwari on Events of Ramayana In Present Context

5:30 –66 pm Display Viewing/Socializing 6 pm Welcome Guest of Honour

6:15 - 7:30pm Children's Cultural Prog and Support a Child Presentation

7:30 to 8 pm Dinner ( Available at Nominal Charge)

8 to 9 pm Main Speaker

### Contacts for more information:

Krutarth Jain (513-884-1259, krutarthjain@yahoo.com)

Sandip Shah (513-277-0289, sanrali04@yahoo.com)

Tushar Manek (513-398-7276, tamanek@aol.com)

To all parents and other Hindu study groups - if your children participate in any Hindu learning, we invite them to present shloka, bhajan, and/or geet recitals during this event

To participate, please e-mail Renu Gupta at <a href="mailto:nishved@yahoo.com">nishved@yahoo.com</a> or Sandip Shah at <a href="mailto:sanrali04@yahoo.com">sanrali04@yahoo.com</a>

# **HARMONY 2009**



**CONTACT:** Milind Bapat

513.652.7058

Harmony 2009, on October 10, will be an enriching multi-cultural experience. Harmony 2009 features "Indian Ocean" a world-renowned contemporary fusion music band that plays an an eclectic original mix of various genres - rock, jazz, classical and folk music.

In 2003, Indian Ocean was nominated as MTV's Artists of the Month. Their landmark "Desert Rain" album was number 2 on the iTunes UK world music charts in 2006. Their album "Jhini" won the AVMax Award for best produced album. They have also performed at prestigious events such as the New Zealand Arts Festival, the Melbourne Arts Festival, and the Smithsonian FolkLife Festival (Washington

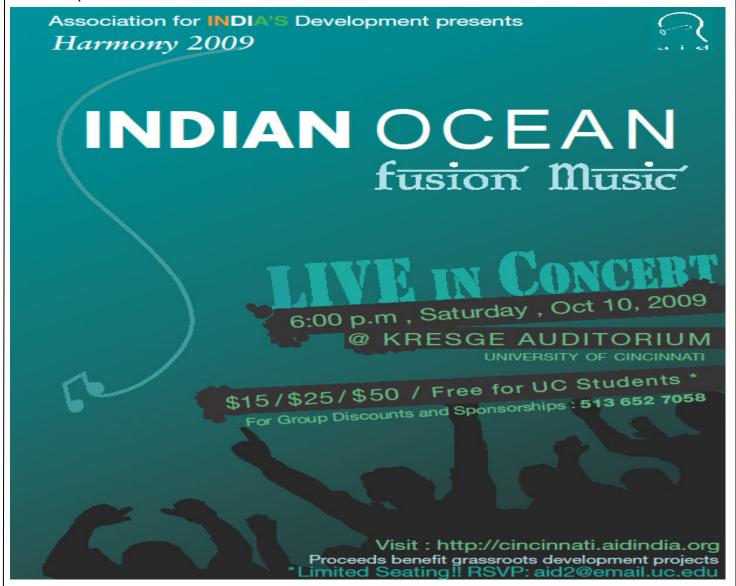
DC).

Harmony 2009 is presented by the Cincinnati chapter of AID (Association for India's Development). AID has been promoting inclusiveness and mutual understanding in the community and has been recognized for its efforts by the Just Community program at University of Cincinnati.

AID has been presenting "Harmony" cross-cultural programs over the years.

Last year, AID presented a tantalizing fusion dance that was highly acclaimed.

Indian Ocean will enthrall the tri-state area with its creative energy and their concert promises to be a richly diverse, cross-cultural experience.





# **DIWALI PROGRAM**SATURDAY, NOVEMBER 7TH 2009



PRINCETON HIGH SCHOOL, 11080 CHESTER RD CINCINNATI, OH-45246

### Jointly Celebrated By Ankur Gujarati Samaj and HSGC

SOCIAL HOUR: 5--6 PM

PROGRAM: 6:30--8:30 PM

**DINNER: 8:30 PM ONWARDS** 

**RULES & REGULATIONS For Entertainment Program** 

- 1) EVERY ENTRY HAS TO BE REGISTERED BY SEPTEMBER 30TH, 2009 AT ankur.RSVP@gmail.com
- 2) NO LATE ENTRIES WILL BE ACCEPTED AT ALL.
- 3) THE ENTRY HAS TO HAVE COMPLETE INFORMATION OF PARTICIPANTS & ALSO SONG/DANCE DETAILS.
- 4) EVERY ENTRY HAS TO HAVE MINIMUM 6 PARTICIPANTS, EXCEPT FOR SINGING/MUSIC PERFORMANCE.
- 5) NO SONG WILL BE ALLOWED TO be REPEATED (EVEN IN A MEDLEY), ALL ITEMS TAKEN ON 1ST COME 1ST SERVED BASIS.
- 6) NO PERFORMER IS ALLOWED TO BE IN MORE THAN ONE ITEM (EXCEPT FOR FOGANA WHERE THE PARTICIPANTS ARE ALLOWED ONE MORE PERFORMANCE ONLY).
- 7) REHEARSAL WILL BE AT ANKUR GUJARATI SAMAJ, BLUE ASH ON SAT, OCT 24TH FROM 3-5 PM.
- 8) ANY QUERIES SHOULD BE SENT TO <u>ankur.activites@gmail.com</u>
- 9) TICKETS WILL BE ON SALE FROM OCT 1ST ON EACH ORGANIZATION'S OFFICIAL WEBSITE ONLY (more details on this later).

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For more information please contact Santosh Patel @ 513.368.0002 or Santosh@sbg01.com

### Minutes of EC Meeting, July 12, 2009

**PRESENT:** Meena Mehta, Krutarth Jain, Siva Sivaganesan, Amar Sharma, Amita Gupta, Raneshwar Gupta, Laxmi Srivastava, Shiv Sharma.

### Priest Shri Chakreswar Sharma's Immigrant Visa

Laxmi Srivastava informed the committee that Priest Shri Chakreswar Sharma's R1 visa needs to be extended, and recommended to the committee that the temple help the priest with this and with the application for permanent residency. The EC voted in favor of the recommendation and approved a sum of up to \$2,500 to cover the cost of both applications.

### Signatures on Checks Drawn on HSGC Bank Account

Meena Mehta proposed that the EC checks drawn on the HSGC account need to be signed by at least two EC members. After discussion, EC voted in favor of the following: checks drawn on the HSGC account for a sum not exceeding \$1,500 will be signed by the treasurer alone, and checks exceeding \$1,500 will be signed by the treasurer and by either the President or the Secretary of EC.

### **Renting Lower Floor Hall**

Meena Mehta brought up the need to streamline the procedure for renting the lower floor hall. EC asked a committee comprising Meena Mehta, Amita Gupta, Laxmi Srivastava and Siva Sivaganesan to look into the issue and make recommendations to EC.

### **GB** and EC meetings

EC voted in favor of holding EC Meeting on Sept. 13, and the GB and EC meetings on October 11.

### Representation at Hindu Mandir Meeting

EC voted in favor of allotting up to \$200 to cover the expenses incurred by President Meena Mehta or whoever is designated in her place to attend the Mandir Meeting Sept. 11-13, 2009 in Baltimore.

### Charges for Priests' Out of Town Service

EC voted to form a committee comprising Pooja Committee Chair, President, and the Long Range Planning Committee Chair, to look into this issue, and report to the EC.

### Covering the rear of the Deity Platform

Meena Mehta expressed a need to cover the rear of the Deity platform. After discussing this issue, EC voted in favor of approving a sum of up to \$500 for this expense &, asked her & Jyoti Desai to take charge of the selection of materials and the installation.

### Web Advertisement

Meena Mehta suggested placing advertisements on the temple web site. EC agreed that it is worth looking into, and asked a committee comprising of the President, Long range Committee Chair, Fund Raising Committee Chair, and the temple web designer Bharat Vala Patel to look into this matter, and report to EC. EC also voted in favor of placing an Ad from Amazon.com on the temple web site.

### Appreciation of Ramesh Dayal's Dedicated Service to Temple

Amita Gupta proposed a vote of thanks to Ramesh Dayal for his great commitment and service to the temple. Raneshwar Gupta seconded. EC unanimously & enthusiastically approved.



#### Ahmit Sachdev

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#### Mickey Ahuja

Wealth Management Relationship Manager 425 Wainut Street Cincinnati, 0H 45202 513-632-4164

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  - Adi Sankara
- ⇒ The Bhagavad-Gita is the most systematic statement of spiritual evolution of endowing value to mankind. It is one of the most clear and comprehensive summaries of perennial philosophy ever revealed; Its enduring value is subject not only to India but to all of humanity. -Aldous Huxley

Join us in understanding and appreciating the timeless wisdom of the

Bhagavad-Geeta.

When: Fourth Sunday of the month, 11am to 12:45pm Where: The Hindu Temple

Taught by: Sri Koti Sreekrishna,

Notes (Sanskrit to English) provided.

Anisha Singh: 469 - 7432; Vasanta Vemuri: 232-5767

### 1008 Gayatri Jaapa

9th May ,9:30am-1pm Followed by Aarti,Prasad and Lunch For details call Temple 528-3714 Amita Gupta 336-8782;Ganesh 857-719-1500;Acharya Kailash Sharma 652-5382

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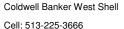
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<u>Directions to HinduTemple</u>From I-275 take Exit 63A (32West) - drive approximately 1/4 mile - turn right onto OLD 74 - turn left at the first Traffic light onto Summerside Road. After approximately one mile turn right onto Klatte Road. Temple is at the end of Klatte Road. From UC: Take E McMillan to Columbia Pkwy to Beechmont Ave to Route 32 East (to Batavia). Turn left on Old SR -74. Follow instructions above from Summerside to Klatte Rd. (Phone No. for the Temple – 528-3714)



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