



आराधना

Aradhana

A Publication of the Hindu Society of Greater Cincinnati
Devdham of North America™

Jyeshtha

Vikram Samvat, 2064/2065
June 2008

Congratulations to all new Graduates

Website: www.cincinnatitemple.com

Email: hindusociety@fuse.net

Phone: 513-528-3714



ॐ

भू. भुवः स्वः

तत् सवितुर्वरेण्यं

भर्गो देवस्य धीमहि

धियो यो नः प्रचोदयात् ॥

AUM

BHUR BHUVAHA SWAHA

TAT SAVITUR VARENYAM

BHARGHO DEVASYA DHIMAHİ

DHIYO YO NAHA PRACHODAYAT .

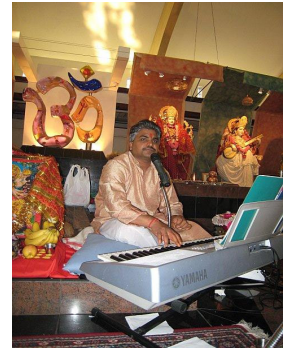
The meaning of the Gayatri mantra is as follows:

I invoke the Earth Plane, The Astral Plane, The Celestial Plane, (The Plane of Spiritual Balance, The Plane of Human Spiritual Knowledge, The Plane of Spiritual Austerities, and The Plane of Ultimate Truth). Oh, great Spiritual Light which is the brilliance of all Divinity, we meditate upon You. Please illumine our minds."

In other words, "We contemplate the glory of Light illuminating the three worlds: gross, subtle, and causal. I am that vivifying power, love, radiant illumination, and divine grace of universal intelligence. We pray for the divine light to illumine our minds".

Dear Devotees:

We celebrated 11th anniversary of our Temple on a grand scale with full of festivities for full three days. Our Panditajis inaugurated the festivities with Ganesh Pooja and Kalash Sthapan followed by NavGrah Pooja, Suvasini pooja, Mata ki



Chouki and Kalash yatra. Although the Gayatri Yagya was the special feature of the celebration with 24 Havan Kund. It was performed with Sava Lakshya Japa of Gayatri Mantra. Here are few glimpses of all ceremonies. Thousands of devotees attended whole programs. We thank all the volunteers and sponsors for their generous support. whole programs. We thank all the volunteers and sponsors for their generous support.

HSGC Temple Information

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Note: If you or someone you know, is not receiving ARADHANA, or if you need a change in address, please contact Mr. Mohan Chopra at 859-331-2416 or Meena Mehta at 513-574-6763.

Deadline for submission of articles and advertisements for the next issue is June 10, 2008

TEMPLE INFORMATION

<div>EXECUTIVE COUNCIL 2008</div> <div>President:</div> <div>Raj Bodalia583-0184</div> <div>V. President:</div> <div>Rameshwar Dayal474-4051</div> <div>Secretary:</div> <div>Siva Shivaganeshan563-2901</div> <div>Treasurer:</div> <div>Amar Sharma742-5725</div> <div>COMMITTEE CHAIRPERSONS</div> <div>Pooja Committee:</div> <div>Bobba Choudhary984-6074</div> <div>Communications/Editor:</div> <div>Meena Mehta574-6763</div> <div>email: minaash@hotmail.com</div> <div>Member:</div> <div>Aashish Shah942-8264</div> <div>email: aashish.shah@yahoo.com</div> <div>Membership & Fundraising:</div> <div>Hari Maddali985-9255</div> <div>Property Management & Maintenance:</div> <div>Shiv Sharma459-9520</div> <div>Cultural Activities:</div> <div>Jyoti Desai745-0876</div> <div>Religious Education & Youth Activities:</div> <div>Manju Gupta232-3331</div> <div>Long Range Planning:</div> <div>Jitu Patel459-8900</div> <div>Youth Member:</div> <div>Surbhi Sharma807-5081</div> <div>Priests:</div> <div>Acharya Kailash Sharma770-0705</div> <div>Shri Chakreshwar Sharma528-0901</div> <div>Sri Srinivas Bhattar528-3714</div> <div>Attorney:</div> <div>Aronoff, Rosen & Hunt241-0400</div> <div>Temple Manager:</div> <div>Laxmi Srivastava474-0533</div> <div>Accountant: Open</div>	<div>RELIGIOUS DISCOURSE</div> <div>Sundays 12:15 - 12:45 PM</div> <div>First Sunday :Upanishads</div> <div>Second Sunday :ChildrenProgram</div> <div>Third Sunday :Sunder Kand Path</div> <div>Fourth Sunday :Shri Ganesh</div> <div>Atharvshirsha Path</div> <div>Fifth Sunday :Open (Please Suggest)</div> <div>Members of the community are invited to speak on topics related to Hindu religion, Philosophy, culture, reformation, Gurus, self-preservation, etc. If you would like to talk or like to suggest someone who may be interested, , please call Bobba Chaudhary at 513-984-6074</div> <div>SPONSORS FOR SUNDAY Pooja</div> <div>Devotees are requested to sit-in Sunday Pooja as well as bring Prasad and Lunch. You may wish to use this occasion to celebrate important events such as wedding anniversaries, birthdays, ishta devata pooja, graduation, and other memorable days. Events can be hosted by individuals, families, groups of families or organizations. Please reserve your Sunday of choice ASAP by putting your name and phone-no in the calendar at the temple and calling Bobba Chaudhary at (513) 984-6074</div> <div>TEMPLE SCHEDULE</div> <div>Monday - Friday :9:00AM-12:00 Noon</div> <div>5:00 PM - 8:00 PM</div> <div>Saturday, Sunday & US Holidays9:00 AM - 8:00 PM</div> <div>SPECIAL PROGRAM ON WEEKENDS</div> <div>9:15 - 9:30 A.M.Suprabhatam</div> <div>9:30 - 11:00 A.M.Daily pooja of Temple Deities</div> <div>11 :00 - 11:30 A.M.Sponsored Pooja</div> <div>11 : 30 - 12:15 A.M.Bhajan</div> <div>12 : 15 -12:45 P.M.Religious discourse</div> <div>12:45-1:00 P.M.Birthday and Anniversary pooja and announcement</div> <div>1 : 00 P.M.Aarti</div> <div>Please Donate Generously for your Temple</div> <div>Your Temple needs</div> <div>1. Sponsors for flower \$50/week</div> <div>2. Sponsors for Sunday pooja</div> <div>3.Your temple needs your support</div>	<div>2008 POOJA COMMITTEE & RELIGIOUS ACTIVITIES MEMBERS</div> <div>To participate in/ sponsor please contact a Pooja Committee chairperson & member or Temple.</div> <div>Bobba Choudhary:984-6074</div> <div>Acharya Kailash Sharma770-0705</div> <div>Shri Chakreshwar Sharma528-0901</div> <div>Sri Srinivas Bhattar528-3714</div> <div>Hindu Temple528-3714</div> <div>Madhu Sharma232-9991</div> <div>Kiran Dayal474-4051</div> <div>Suchitra Mishra573-9775</div> <div>Rani Dhameja984-5777</div> <div>Sameer Rao793-5821</div> <div>Meena Karamchandani683-9454</div> <div>Kalpana Srivastava233-9184</div> <div>Uma Sanguai793-9384</div> <div>Muralee573-0550</div> <div>Minati Bhattacharya272-0361</div> <div>Vasundhra Dasari777-3353</div> <div>Anee Deka336-9554</div> <div>Manju Gupta232-3331</div> <div>Sangita Patel791-0855</div> <div>Temple Manager's Committees</div> <div>Laxmi S. Srivastava- Temple Manager474-0533</div> <div>1.Office Manager</div> <div>Mohan Chopra</div> <div>7. Computer Tech Support</div> <div>Sreedhar Suvarana</div> <div>Aashish Shah</div> <div>2. I/C Swami Lectures</div> <div>Laxmi S. Srivastava</div> <div>Vinay Kumar</div> <div>Devdas Mukerjee</div> <div>Meena Mehta</div> <div>Bobba Choudhary</div> <div>3. Temple Data Base</div> <div>Nandkumar Khemchandani</div> <div>Mohan Chopra</div> <div>Laxmi S. Srivastava</div> <div>4. Anniversary & Birthday Data</div> <div>Raj Agarwal</div> <div>5 E-mail .Data</div> <div>Pradeep Goyal</div> <div>Nandkumar Khemchandani</div> <div>6. Membership & Gift Shop</div> <div>Madhu Sharma</div> <div>Meena Sondhi</div> <div>8. Financial Data</div> <div>Amar Sharma</div> <div>Raj Bodalia</div> <div>Laxmi S. Srivastava</div> <div>9. I/C Temple Web site</div> <div>Bharat Vala</div> <div>Anand Narayana</div> <div>Khush Karamchandani</div> <div>Laxmi S. Srivastava</div> <div>10. I/C Temple Calendar</div> <div>Meena Mehta</div> <div>Ashvin Mehta</div> <div>Acharya Kailash Sharma</div> <div>11. I/C Volunter Services</div> <div>Vijay Kumar</div> <div>Laxmi S. Srivastava</div>
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**Please Donate Generously
for your Temple**

Your Temple needs

- 1. Sponsors for flower \$50/week**
- 2. Sponsors for Sunday pooja**
- 3. Your temple needs your support**

Aradhana is Published Monthly . Circulation: Approx. 1600 Families. **Advertising Rate:** Full Page \$250; Half Page \$125; Quarter Page \$80. and one eighth page \$40. A 10% discount is given for 12 consecutive repetitions of the same advertisement. **Hindu Society of Greater Cincinnati** is a non-profit organization that caters to the needs of a large community. The views expressed by individual authors in Aradhana are their own and may not reflect the policies of **HSGC**.

Pooja Information

RATES FOR POOJA & PRIEST SERVICES |

SERVICE	IN TEMPLE	OUTSIDE TEMPLE
Abhishekam (All Deities)	\$101.00	—
Aksharabhyas	\$101.00	\$151.00
Anna-Prashanam	\$101.00	\$151.00
Ashtottharam (108) Archana	\$21.00	—
AyushyaHomam/B'day Celebra.	\$101.00	\$151.00
Ground Breaking Ceremony	—	\$151.00
Griha Pravesh	—	\$151.00
Kalayana Uthsava (Lord Ram/ Sita)	\$121.00	—
Kesh Khandan (Churakaran)	\$101.00	\$151.00
Naam-Karan	\$101.00	\$151.00
Navagraha Pooja	\$101.00	\$151.00
Nischitartham (Engagement)	\$151.00	\$251.00
Nitya (1 Day) Kainkaryam (Seva)	\$101.00	---
Poolangi Seva (With Flowers)- (Only During Off Winter Season)	\$101.00	---
Regular Archana	\$11.00	—
Sahasranama (1008) Archana	\$51.00	---
Sathyanarayana Pooja	\$101.00	\$151.00
Seemantham	\$101.00	\$151.00
Devi Jagaran	\$75.00	\$101.00
Akhand Ramayan Paath	—	\$151.00
Shashti Poorthi (60th B'day Celeb.)	\$101.00	\$151.00
Anniversary celebration	\$101.00	\$151.00
Suprabhat Seva	\$21.00	---
Unjal (Swing) Seva	\$31.00	---
Upakarma (Thread changing)	\$51.00	---
Upanayam/Brahmopadesham/ Thread Ceremony	\$151.00	\$251.00
Vahan Pooja	\$51.00	---
Yearly Shradham (Barkhi)	\$101.00	\$151.00
Wedding	\$301.00	\$501.00

SPECIAL POOJA RATE

Rates for Mata Ki Chauki performed at another temple will be 15% of the money collected at the temple or a minimum of \$ 501.00.

1. Poojas performed by priests outside the temple will be rated according to the number of poojas performed.
2. 40 Cents/Miles for Travel expanse to the Priest to perform pooja at your home.

Rates are subject to change without notice. Rates of Poojas out of Greater Cincinnati will be \$100.00 more than the rates of outside pooja within greater Cincinnati area.

Temple Rental: Lower Floor Only

	Fullday	Halfday
Monday -Thursday (except holidays)	\$301	\$151
Friday, Saturday & Holidays	\$501	\$351
<u>Sunday after 3PM only</u>	—	\$351

Note: For half day select one of the two:

8:00 AM to 2:00 PM **OR** 4:00PM to 11:00 PM

Temple rental applies to all private reservations for those events/poojas that are performed by private parties and not announced in the temple.

Security/ Cleaning deposit: \$151 required. This deposit will be forfeited if the basement hall bathrooms and kitchen area are not cleaned by the party renting the place.

NOTE: To schedule a Pooja or to rent a temple hall (lower level) please contact pooja Committee chairperson only.

Pooja Committee Announcement:

To schedule a Pooja or to rent a temple hall (lower level)
please contact Babba Chaudhury at 984-6074

If you have any question or suggestion about temple activities contact Babba Chaudhury at 984-6074, any EC Members or Temple at 528-3714.

1. **Archana** performed during temple hours by sponsorship. No Archana on Sundays between 11 a.m.-1 p.m.
2. **Outside poojas** and other religious services will be conducted by appointment only.
3. To **schedule any poojas** please contact Pooja Committee chairperson at least one week in advance.
4. If you would like to bring **food and prasad** in the temple, Please contact Pooja Committee chairperson .
5. **Cancellations** of pooja should be done 3 days in advance or else the full fee for the pooja will be charged.

General Body Meeting

HSGC General Body Meeting is scheduled
for

June 1st, Sunday at 11 AM

The meeting Agenda:

1. President's report
2. Treasure's report
3. Secretary's report
4. Long Range Planning Committee Chair's Report on Community Center Project.
5. Appointment of the chair person for the Retirement Community Center Project

Regular Weekly & Monthly Events at the Temple

Monthly Navgrah Pooja

Every first Saturday of the Month

June 7th Saturday 3 pm to 5:30 pm

Sponsors needed for Pooja \$51.00

For Details please call

Bobba Choudhary: 984-6074; Temple priests: 528-3714

Monthly Murugan Abhishekham /Pooja

Every second Saturday of the Month

June 14th Saturday 4.00pm

Sponsored by Murugan Group.

Please contact Bobba Choudhary :984-6074.

Monthly Satya Narayan Pooja

On Every Purnima of the Month

June 18th Monday 5:00 pm

Sponsorship \$ 51.00

To sponsor pooja please call Bobba Choudhary: 984-6074

Temple priests: 528-3714

Monthly SundarKand Path

June 15th Sunday 10:30 am

Bobba Choudhary: 984-6074 Acharya Kailashji: 770-0705

Temple Priests: 528-3714

Monthly Shri Ganesh Pooja & Shri Ganesh Atharvshirsha Path

Every 4th Sunday of the month: June 22nd Sunday

This pooja is dedicated to each month's

Sankashti Chaturthi to Lord Ganesh.

For more information & Sponsor the pooja please call

Anuradha Kulkarni: 271-2749 Uma Sangvai: 793-9384

Kiran Dayal: 474-4051 Temple Priests: 528-3714

Monthly ABHISHEKAM/KALYANOTSAVAM FOR LORD SRI VENKATESWARA

On 4th Saturday of each month from 10:30 AM-12:30PM.

To sponsor and details please call any of the following:

Anand Konda: 481-4119 Vasundhara Dasari: 777-3353

Suseela Paturi: 867-8591 Vicheta Pemmaraju: 398-9833

Sailaja Gannamraj: 697-1412 Usha Indrakanti: 583-5995

Weekly Shiv Mahiman Stotram

Every Monday at 6:30pm

Weekly Hanuman Chalisa Path

Every Tuesday at 6:30pm

To sponsor pooja please call Bobba Choudhary: 984-6074

Temple priests: 528-3714

Weekly Vishnu Sahasranaam Parayana

Vishnu Sahasranaama Parayana (chanting) will now take place Every Thursday at 7:00 pm in the temple.

Please join us for the chanting.

For more information, please contact Temple priest s: 528-3714

Weekly Venkateswar Pooja

Every Friday at 6:30pm

To sponsor pooja please call Bobba Choudhary: 984-6074

Temple priests: 528-3714

Bhagavad - Geeta Class

For children and parents

(Presented by CHESS Balvihar)

- ⇒ Bhagavad-Gita is the manifest quintessence of all the teachings of the Vedic scriptures. - Adi Sankara
- ⇒ The Bhagavad-Gita is the most systematic statement of spiritual evolution of endowing value to mankind. *It is one of the most clear and comprehensive summaries of perennial philosophy ever revealed; Its enduring value is subject not only to India but to all of humanity.* -Aldous Huxley
- Join us in understanding and appreciating the timeless wisdom of the Bhagavad-Geeta.

When: Fourth Sunday of the month, 11am to 12:45pm

Where: The Hindu Temple

Taught by: Sri Koti Sreekrishna,

Notes with transliteration guide (Sanskrit to English) provided.

Contact

Manju Gupta: 232 - 3331 Vasanta Vemuri: 232- 5767

HSGC NEEDS YOUR HELP

Volunteers are needed for

RAM KATHA

We are inviting you to attend a special meeting for the volunteers. Meeting will be held on June 1st, Sunday, 10 AM to 1 PM, followed by lunch at

Lexington Hotel.

30 Tri-County Parkway, Cincinnati Ohio 45246

Phone 771-7171

Please Call or E-mail to:

Ramkatha08@gmail.com

Jayant Patel 984-6275

Nayan Noticewala 563-2007

Niranjan Shah 791-7300

Amar Patel (Youth volunteers) 407-2359

Note: If you cannot come to the meeting, please contact us ASAP.

General Body Meeting

HSGC Third General Body Meeting will be
Held on

September 21st, Sunday at 11:30 AM

The meeting Agenda:

1. President's report
2. Treasure's report
3. Secretary's report
4. Long Range Planning Committee Chair's Report on Community Center Project.
5. Appointment of the chair person for the Retirement Community Center Project

Upcoming Events at the Temple

June 2008 Events

June 3rd Tues: Vat Savitri Vrat (North)
June 8th Sun: Gradutation Havan
June 14th Sat: Nirjala Ekadashi
June 15th Sun: Sunderkand Path
June 18th Wed: Purnima, Satya Narayan
Pooja, **Vat Savitri Vrat (Guj)**
June 22nd Sun: Ganesh Pooja
Sankat Hara Chaturthi
Sri Karanamayi's Discourse
June 23rd Mon: Sri Karanamayi's Blessings
June 29th Sun: Jagannath Pooja,
Yogini Ekadashi, Kritthikai
June 30th Mon: Yogini Ekadashi Vrat

July 2008 Events

July 5 Sat-13 Sun: Ram Katha by Morari Bapu
for details see page 10 & 11
July 12th Sun: RathaYatra
July 13th Sun: Devshayani Ekadashi
July 14th Mon: Devshayani Ekadashi Vrat
July 18th Fri: Guru Purnima: Shri Vyas
Jayanti, SatyaNarayan Pooja,
July 19th Sat: **108 SatyaNarayan Pooja**
July 20th Sun: Bahuda (Jagnnath) Yatra
July 21st Mon: Shravan Somvar Starts (North)
Sankashti Chaturthi Vrat
July 28th Mon: 2nd Shravan Somvar (North)
Kamika Ekadashi,

108 Satya Narayan Puja

TO CELEBRATE GURU PURNIMA and SHRI VYAS JAYANTI
ON

July 19th Saturday, 2008

TIME: - 5 PM

PLACE: - HINDU TEMPLE OF GREATER CINCINNATI

Sponsorship:-

Pramukh Yajaman \$501.00*

Yajaman \$101.00*

Program

5:00 to 6:30 Pm Puja & Katha

6:30 to 7:00 Pm Bhajan & Aarti

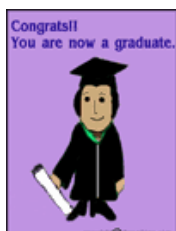
7:00Pm Mahaprasad(Dinner)



We need 108 sponsors / Yajmans to participate in puja. For details & to reserve your place please
Call temple 513-528-3714, Bobba Chaudury 984-6074, Acharya Kailash Sharma 652-5382.

Food & Prasad is Sponsored by- Mr. & Mrs. Pandalai & Family.

* Temple will provide all the puja samagri for puja.



Graduation Havan

On June 8, Sunday 11am to 12 noon
please call Vinod Saggar 531 9010

Bobba Chaudhary: 984-6074 or Temple 528 - 3714
to give your name



HINDU SOCIETY OF GREATER CINCINNATI CELEBRATES RATH YATRA

ON SATURDAY, JULY 12, 2008



The Executive Council of HSGC is planning to invite

PUJYA MORARI BAPU

To come and bless us at the Temple and lead the Rath Yatra of 2008.

Tentative Rath Yatra Program—The Program starts at 4:00PM

4.00 pm	Devotee Archana Vighneshwara Pooja Vastu Pooja
4.30 pm	Pujya Morari Bapu's arrival at Temple Jagannathji Sthapan into Rath
5.00 pm	Rath Yatra Begins from the Temple
5.45 pm	Jagannathji to Temple – Basement Shri Jagannathji Shringar Seva Temple Pooja Committee acknowledgements
6.00 pm	Pujya Morari Bapu's Blessings
6.30 pm	Cultural Program
7.30 pm	Dinner

**This is your Temple, Your Program
Please come, participate and support generously**



MAY GOD BLESS YOU ALL ON THIS HAPPY OCCASION

& BRING HAPPINESS AND PROSPERITY IN YEAR 2008

Marriage Anniversaries (June)*

Haridas Balakrishna, Ranga Brahmamdam, Mahadevan Devanathan, Vishwamitra Halekote, Arvind Kumar, Leenata Maddiwar, Vithal Nemade, Harish Pai, Arvind Patel, Ragesh Rao, Srinivas Reddy, Halekote Viswamitra

Birthday Anniversaries (June)**

Aparna Ambe, Shray Ambe, Narendra Bettedpur, Sudhir Bhardwaj, Prabhu Bhoomreddy, Vinni Chopra, Suman Choudhury, Karisma Desai, Jyoti Diwekar, Gilbert Gillespie, Karhikeyan Gopalasamy, Harsh Gupta, Haresh Hemani, Ramesh Iyer, Khush Karamchandani, Rani Khemchandani, Neelima Kool, Devan Patel, Sanjay Patel, Ritvik Peesapati, Vishnu Ramarathnam, Goury Ramdas, Amith Rao, Kiran Saraff, Amulya Shankar, Mukta Sharma, Neelam Sharma, Gaurav Srivastava, Kalpana Srivastava, Shivani Srivastava, Sunit Srivastava, Gayathri Vadin.

Many Happy Returns of the Day.

*Celebrated on the first Sunday of the month in the temple.

**Celebrated on the second Sunday of the month in the temple.

If you would like to include your name in the above lists, please call Raj or Shakuntala at 733-1537.

Hindu Society of Greater Cincinnati Membership Information

If you are not already a member of HSGC please join in today and participate in all temple activities and enjoy all the festivities.

The membership donations are as follows:

Receive 'Aradhana' Annually:	\$21.00 (suggested donation)
Annual Individual Membership:	\$51.00
Annual Family Membership:	\$101.00
Life Membership:	\$1001.00
Patron:	\$10,000.00

Membership Forms are available at the Gift Shop in the Temple. Please also use the form to update your address.

If you know someone who has moved out of town let us know. We would appreciate it.

For more information please call temple (513) 528-3714 or Any Executive Council.



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Announcement

Sri Karunamayi will be coming to our temple on June 22 and 23, 2008

Sri Karunamayi is revered in India as an embodiment of divine, motherly love due to the love and affection that she shows liberally on people, animals, and even plants, the spiritual knowledge and guidance that she gives freely to all of humanity, and the humanitarian works that she has undertaken. "Amma," as she is affectionately called by her devotees, is simply the Telugu word for "mother," Telugu being Amma's native language.

For more information about her biography, please visit

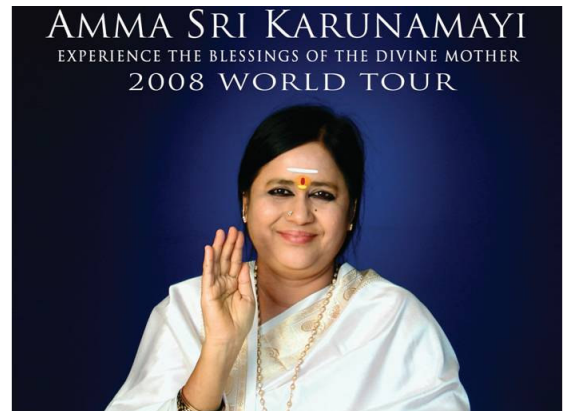
<http://www.karunamayi.org/biography.html>

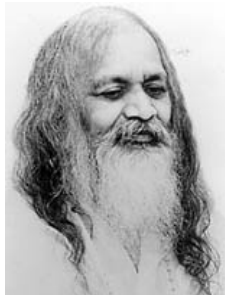
The schedule of her visit is as follows:

Sunday June 22 12:00 Noon Spiritual Discourse
Monday June 23 9:00 AM – 1:00 PM Individual Blessings

For further information in Cincinnati, please contact

(513) 561-0707 or Cincinnati@Karunamayi.org





**His Holiness
Maharishi Mahesh Yogi**



Maharishi SthapatyaSMVeda

"Because the individual is cosmic, everything about individual life should be in full harmony with Cosmic Life. Maharishi Sthapatya Veda design gives dimensions, formulas, and orientations to the buildings that will provide cosmic harmony and support to the individual for his/her peace, prosperity, and good health – daily life in accord with Natural Law, daily life in the evolutionary direction." -- Maharishi

Right Direction/Orientation; Right Placement of Rooms; Right Proportion

In tribute to Shri Maharishiji, this year's HOME-A-RAMA features Cincinnati's first Maharishi Sthapatya Veda Architecture home "Pavan Kunj" at Longcove. Open to the public from June 7-22, 2008.

For more information, please contact **Meena Manek** and **Sue Weller** at:

(513) 398-6744

www.vedicarchitecture.org

www.sthapatyaveda.com



SRI TAX & FINANCIAL SERVICES

JAGDISH KARANDE, CPA, MBA

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TO TELL THEM WHAT TO DO"

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TAX CONSULTATION, LIFE, HEALTH & DISABILITY
INSURANCE WITH REFUND OF PREMIUM.**
- 2. NEW BUSINESS SET-UP & BUSINESS CONSULTATION.**
- 3. GUARANTEED INTEREST TAX-DEFERRED ANNUITIES.**
- 4. HOW TO GET LOANS WITH MINIMUM STRESS?**

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- Free Internet Banking and Bill Pay

Business Services

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- Commercial Real Estate Loans
- Business Lines of Credit
- Business Equipment Financing

usbank.com
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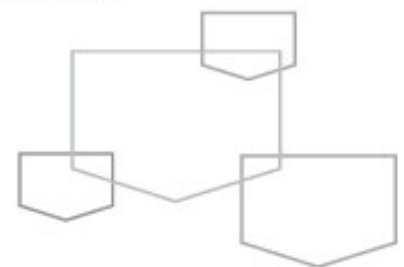
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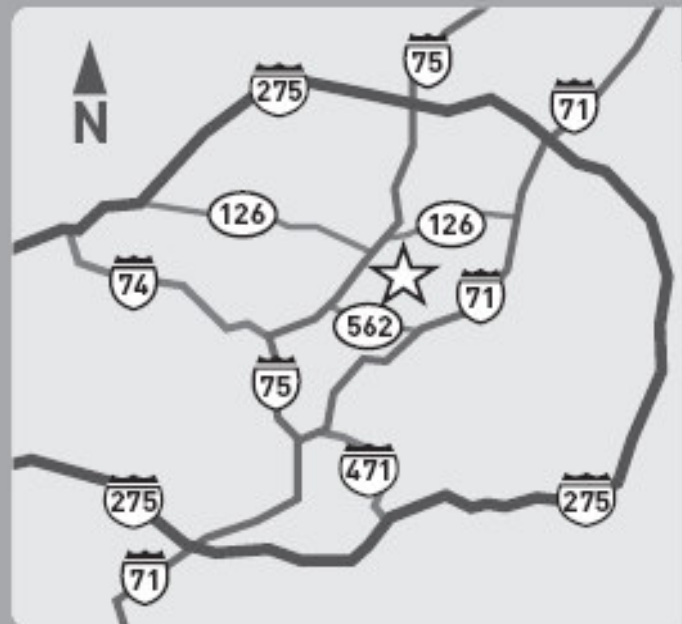
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Maharishi Sthapatya VedaSM – Architecture in Harmony with Natural Law - **By Meena A. Manek**

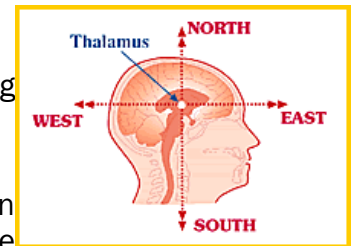
The buildings in which we live and work have a tremendous influence over our health, fortune, peace and happiness. Sthapatya Ved or Vastu Vidya is a science of architecture and planning originating from ancient India and is part of the sacred texts of the Vedas, which date back to about 10,000 years ago. The Indian rishis cognized the laws of physics, the science of nature, and the cosmos, and concluded that the human body is reactive to the movement of the sun, as well as spatial orientation. In recent years, among the many Sthapatya Kala experts, Maharishi Mahesh Yogi, revived these ancient Vedic texts to re-enliven the deep principles of ancient Vedic civilization that have been scattered or lost in the many foreign invasions of India. Maharishi Sthapatya Ved provides extensive knowledge on the principles of building that are in full accord and harmony with Natural Law, that is, in accord with the principle 'Yatha pinde, tatha Brahmande' – as is the atom, so is the universe; as is the body, so is the cosmic body.

Sthapan means "to establish". Ved means Total or Pure Knowledge, and Vedic means that which pertains to the Vedas. The design of Maharishi Sthapatya Ved Architecture entails key principles of orientation, placement, and proportion that require precise mathematical dimensions and formulas, with the objective of providing maximum successful activity within the different functions of each room. All measurements, interior and exterior, are proportionally configured to mirror the geometry, or architecture of the universe, and specifically, according to the solar, lunar and planetary influences on the earth with reference to the north and south poles and the equator.

There are three main principles of Maharishi Sthapatya Veda Architecture - Right orientation, Right placement of rooms, and Right proportion.

Orientation Affects Human Brain Functioning

Research has shown that our brain functions optimally when our house is oriented toward the east, the direction of the morning sun because the rising sun provides the greatest influence of its natural, health-promoting energy. Scientific studies show that the neurons in our brain actually fire differently depending on what direction we are facing. There are also "place neurons" in the brain that signal our body's orientation in a room or environment. When we live or work in buildings with improper orientation or proportion, the firing patterns of the neurons are reset in the wrong way. This can contribute to anxiety, illness, lack of creativity, failure in family and professional life, anti-social behavior, and even criminal tendencies.



Placement of Rooms

The most powerful influence of Natural Law on earth is the sun, which sets daily and seasonal rhythms for life. As the sun moves across the sky, it radiates different qualities of energy that produce specific influences on different parts of the house. Each room is therefore placed in its ideal location for maximum effective activity within the different functions of each room. For example, there is an ideal place for agni (fire element) to enhance digestion; there is an ideal place for meditation, providing deep silence and harmony throughout the home; there is an ideal place for sleep, for more restful and refreshing sleep.

Proportion

Everything in Nature is properly proportioned according to its function. For example, every part of the human body is not only properly placed, it is precisely proportioned, and any deviation can create imbalances and problems. Likewise, there is an ideal proportion for every room in the home and office for Natural Law to provide maximum support for health, wealth, and wisdom.

The very first Maharishi Sthapatya Veda design home in Cincinnati is displayed at this year's HOME-ARAMA, LongCove, June 7 – 22. We hope everyone can come and experience the unique quality and principles of this home.



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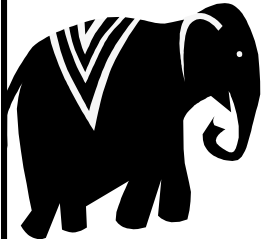
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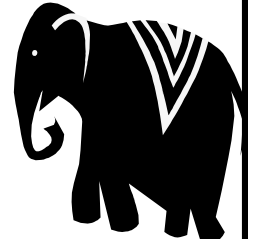
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