

Gayatri Mantra

Just like the Sun annihilates darkness, so does the Gayatri Mantra destroy ignorance. The Gayatri Mantra invokes the power and radiance of the Sun to energize all earthly life, to destroy our sins and to reveal the Supreme Self to us. Krishna in the Bhagvad Geeta says: " Amongst the Mantras, I am the Gayatri"

In a loose translation that cannot possibly do justice to the original it implores: OM, O Lord! You are the all pervading Source of Light, Sustainer, Protector and Bestower of Happiness, Kindle, Enlighten and inspire our Intelligence to possess Eternal Qualities.

Follows the verse in Sanskrit:

Om Bhur bhuvah svahah
Tat savitur varenyam
Bhargo Devasya dheemahi
Dheeyo yonah prachodayaat

The Gayatri Mantra is the essence of the three Vedas. It is the Vedas simplified. The more one contemplates and meditates upon the Gayatri, the more complexities are revealed to one.

AUM	Supreme Lord
BHUR	Protector of the earth, the material sheath, The Life breath of the Universe. From the feet to the navel center.
BHUVAH	One of the meanings is the sky. The Lord who pervades and eliminates all miseries. From the navel to the throat center.
SVAAHAH	One of the meanings is the heavens. He is all Bliss and blesses His devotees with happiness. From above the throat center to the thousand petaled lotus.
TAT That	(That Thou Art)
SAVITUR	The SUN, Creator, Preserver and Self Luminous, the central mantra of the Solar Science.
VARENYAM	Most fit to be worshipped. Most choice worthy.
BHARGO	The burning splendor of the Sun that dispels ignorance, and therefore sorrows and miseries.
DEVASYA	The 'Deva', The God, He who is All Bliss, The Joyful One, The Shining One, The Revealer of All Glory
DHEEMAHI	We meditate upon Him
DHEEYO YO NA	Who our intelligence and Wisdom
PRACHODAYAAT	Inspires

The Gayatri Mantra was traditionally given from the Guru Master to the disciple, while standing mid-stream. Look at the darkness. Visualize the sun rising. Offer water to the sun.

The story goes that once the Devas, the Shining Ones wanted to learn the secrets of the Universe. Since learning about the Scientific aspect 'atoms' etc. did not quite work out, they went to the Lord. The Lord gave them the Rig Veda, The Yajur Veda and the Sama Veda to study. After a couple of eons of study, the Devas lost their patience and wanted to quit. The Lord urged them not to give up and decided to teach the essence of the 3 Vedas in 3 fragments:

Essence of Rig Veda	Tat Savitur Varenyam
Essence of Yajur Veda	Bhargo Devasya Dheemahi
Essence of Sama Veda	Dheeyo Yonah Prachodayaat

The more the Devas practiced and contemplated upon the Gayatri, the more complexities were revealed to them. So they lost patience again and went to the Lord to make it simpler still. So the Lord gave them the essence of the 3 segments, in the 3 words:

Bhur, Bhuvaha, Svaha

The Devas spent a few cycles of Creation, probably a quadrillion human years pondering upon the 'maha vyahritis' ie 'Utterances of the Lord' but became impatient again and urged the Lord to make it simpler yet. So He Said "All right I'll make it simpler"

And He taught them AUM